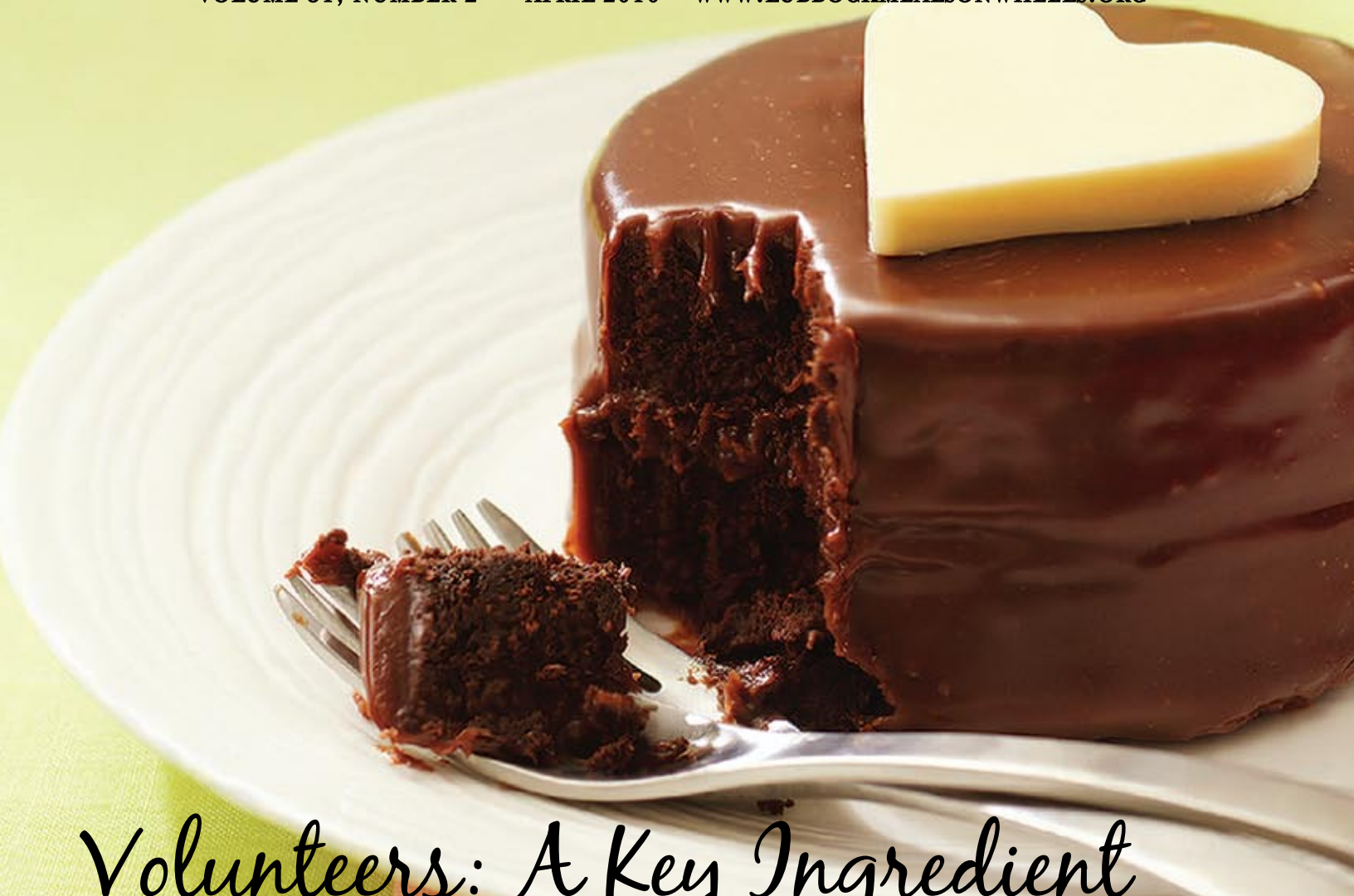


# NEWS ON WHEELS

A QUARTERLY PUBLICATION OF LUBBOCK MEALS ON WHEELS  
VOLUME 31, NUMBER 2 • APRIL 2010 • WWW.LUBBOCKMEALSONWHEELS.ORG



## Volunteers: A Key Ingredient

Lubbock Meals on Wheels is proud to provide a much needed service to the Lubbock community by feeding the homebound, elderly, and disabled. It all sounds simple enough: buy some groceries, cook some meals, and deliver the meals to those who are hungry. Like any great recipe, however, there are many more steps and some extra ingredients needed to make it turn out special. Quality food, hardworking cooks, and dedicated staff are an important start, but to make the entire meal possible requires one more key ingredient - volunteers. For without their help delivering the food, our great recipe could never be realized.

Forty-three volunteers are needed every day to deliver all the routes. Blowing dust, pouring rain, or freezing cold does not stop them from showing up and delivering food to those relying on them. For the homebound people we serve, their Meals on Wheels' volunteer may be the only person they see each day so as many people consider dessert the best part of a meal, our recipients believe their volunteer is the sweetest part of their day. Volunteers add a dash of kindness, a pinch of friendship, and a heaping spoonful of compassion - the most important ingredients to our successful recipe.

In an effort so show our volunteers that

they are truly the icing on the cake, we are inviting them to join us for dessert at the **Volunteer Appreciation Reception on Friday, April 30th** at 7 p.m. at Indiana Avenue Baptist Church, 9507 Indiana Avenue. Beautiful personalized awards will be given to those who have completed 5, 10, 15, 20, 25, 30, and even 35 years of volunteer service. The Advisory Council members and the Top 15 volunteers with the most hours will also be recognized.

Thanks to our volunteers, the homebound, elderly, and disabled need not hunger for food or companionship. Our volunteers deliver much more than just a meal.



Thank you for this wonderful service. I am convinced it speeded up my recovery.  
-Sincerely, Betty

I appreciate all that you did for my sister. I hope my check will enable you to help others.  
-Thanks, Linda

Thank you Meals on Wheels for making us old folks feel comfortable with our life in today's world.  
-Jarvis

The extra donation was made to cover the cost of my beautiful birthday cake! As I was celebrating that day alone, it was doubly appreciated! Thank you so much for that nice surprise.  
-Phyllis



Plans are underway for the "Annie's Chat and Chew" event. This fundraiser was started over twenty years ago by long time volunteer Annie Sanders and continues as a memorial once again this year at the **Mae Simmons Senior Center, 2004 Oak Avenue, on Saturday April 24th, 2010, from 11:00a.m.-1:00p.m.** Guests will enjoy plenty of great food, visiting with friends, and remembering Annie Sanders, a very generous woman. Donations are accepted at the door to help fund the purchase of meals for the homebound community served by Lubbock Meals on Wheels. Please join us and help keep Annie's giving spirit alive by attending this special event.

*mission statement*

Respecting the dignity of every human being, no matter their need or physical condition, Lubbock Meals on Wheels will provide nutritious, home delivered meals to those who are homebound, elderly or disabled. We shall seek to break the social isolation experienced by the homebound by providing warm, caring, friendly contact through our volunteers.

### *Here We Grow Again!*

2010 is turning out to be a year of growth and new programs at Lubbock Meals on Wheels. In February, we began a contract to provide meals for the new La Paloma, Program of All-inclusive Care for the Elderly (PACE). This program will coordinate and provide all needed preventive, primary, acute, and long term care services so that older individuals can continue living in the community. PACE is an innovative model that enables individuals who are 55 years old or older, and certified by their state to need nursing home care to live as independently as possible. For more information about this program, please contact Sarah Looten at 806-767-1721.

As you may know, Lubbock Meals on Wheels has provided meals to the Idalou Meals on Wheels for many years. We are now also contracting with two other nearby communities to provide meals for their new programs. We began providing meals for Abernathy Meals on Wheels at the end of March and to the Buffalo Springs Community Church Meals on Wheels the first part of April. We are excited to have the opportunity to work with these new programs as we are all working together to end senior hunger and allow our clients to live independently in their own homes as long as possible. For more information about the **Abernathy Meals on Wheels** please call **Kay Taylor at 806-298-4040 or 806-787-1658** or **Dean Huffaker at 806-298-5745 or 806-774-8575** and for **Buffalo Springs Community Church Meals on Wheels** please contact **Linda Lacewell at 806-747-4383 or Linda Honeycutt at 806-744-4715.**



### *Everybody Loves a Parade!*

Just a reminder to everyone that Lubbock Meals on Wheels has been chosen as the **2010 Parade of Homes' charity.** We are very excited to work with the **West Texas Homebuilders Association** that sponsors this event. The 2010 Parade of Homes will feature tours of 22 newly built homes in four distinct subdivisions. The locations this year will be in Bacon Crest (76th & Milwaukee), Orchard Park (110th & Miami), Tuscan Villas (98th & Indiana), and LakeRidge South (102nd & Richmond). The dates of the parade are June 5-20, 2010, and a portion of the proceeds will benefit Lubbock Meals on Wheels. The WTHBA has delivered meals for two weeks every August for the past eight years so they are very committed to our mission, and we are thrilled to be a part of their largest event. Many volunteers will be needed to work shifts at the different sites so if you are interested in helping, please call Lubbock Meals on Wheels at (806) 792-7971.





Executive Director  
*Lorrie Lushnat Bellair*

### HOW GREAT IS THE NEED?

Over the last decade, there has been a substantial growth in the elderly population that has increased the demand for meal services. In the West Texas region, seniors, 85 and older, are the most rapidly growing age group. As these numbers increase, so does the strain on the resources for nutrition programs. The demand exists here in Lubbock. We are serving over 600 people Monday – Friday, and we have a grant for a weekend meal program to feed 50-55 people who have no other way to obtain food on weekends.

LMOW is in a growth mode. We were awarded the food contract to provide lunch for the new La Paloma program which is a Program for the All Inclusive Care of the Elderly (PACE). Also,

two of the outlying communities contacted us to negotiate other paid meal contracts to help their aging populations. Both Abernathy and Buffalo Springs will be purchasing meals from us as they attempt to meet their growing needs. They will be providing their own volunteers to deliver meals just as Idalou has been doing for many years.

This is an exciting grass-roots opportunity for LMOW to serve the needs within our area. It allows us to answer a call to service – to feed those who are hungry. I encourage you to invest in our program, and together we can make a difference in our society - so no senior goes hungry.



### *Hot Meals Need Cool Wheels*

Every June, Lubbock Meals on Wheels, in an attempt to raise public awareness of our mission, holds the Big Wheels Deliver Meals promotion in conjunction with Sonic Drive-Ins. On Friday June 18th, local celebrities, chauffeured in classic cars, will deliver a meal of burgers and fries to all Lubbock Meals on Wheels' recipients. It is a treat for our recipients to be visited by these important people, see these nostalgic cars, and enjoy a special lunch. All celebrities and drivers are invited to return to the Lubbock Meals on Wheels' office for lunch (also provided by Sonic). Forty-three classic cars and drivers are needed to accommodate all the routes. It is always a challenge to round up enough cars for the event so if you own a classic or unique car and would like to participate in this very special promotion, please call Lisa or DeAnn at 792-7971.

## upcoming events

**April 24, 2010**

**Annie's Chat & Chew**

Mae Simmons Senior Center,  
2004 Oak Avenue  
11:00 a.m.-1:00 p.m.

**April 30, 2010**

**Volunteer Appreciation Reception**

Indiana Avenue Baptist Church,  
9507 Indiana Avenue  
7:00 p.m.

**June 5-20, 2010**

**2010 Parade of Homes**

Bacon Crest, Orchard Park, Tuscan  
Villas, & LakeRidge South  
Portion of the proceeds to benefit  
Lubbock Meals on Wheels

**June 18, 2010**

**Big Wheels Deliver Meals  
Promotion**

**July 23-25, 2010**

**Lubbock Meals on Wheels  
Annual Doubles  
Tennis Tournament**

### ECONOMIC AND ELECTRONIC MAIL

Due to the constant increases in postage, Lubbock Meals on Wheels would like to offer our newsletter via e-mail. If you would prefer to receive our newsletter in a pdf format (Adobe Acrobat) through your e-mail, please call our office at (806) 792-7971 to sign up!



Many dogs and cats are still benefiting from the Pet Food Program. Dry dog and cat food is sent out to these four-legged companions every other Tuesday. Donations of pet food are always needed and welcomed. Currently, this program feeds 56 dogs and 30 cats. Thank you to all of those who bid on pet items in the silent auction at our Mardi Gras 2010 event raising over \$400 for the Pet Program.

*Thank you*  
to the following for their help  
with this special program  
(January 9 -March 19)

**Pet Memorials:**

- Buddy, beloved dog of Dr. Kenneth (Woody) Reynolds
- Buddy, beloved cat of Lee & Dana Phillips
- Giuseppe, beloved pet of Robert & Sharen Musselman
- Keesha Marie Carver, beloved dog of Marla Carver
- Ruger, beloved dog of Dr. Jim & Melanie Ridenour
- Riley, beloved dog of Linda Bartley
- Taffy, beloved dog of Rita Chamblin

**Donated By:**

- Sue & Johnny Franklin, A-Way with Pets
- Sue & Johnny Franklin, A-Way with Pets
- Dwight & Gwen Sanders, Bruce & Karen Cottrell
- Sue & Johnny Franklin, A-Way with Pets
- Jason & Megan Rehwald
- Craig & Brenda Patterson
- Sue & Johnny Franklin, A-Way with Pets

- Agape United
- Methodist Women
- Anonymous
- Andria Cooley
- Linda Misch
- Pat Sharpe
- Mr. & Mrs. Eugene Stalnaker

**Sincere thanks to the following for making this spectacular event possible:**

- Apple Country
- Aunt Nories
- Bahama Bucks
- Bakery Creations
- Carinos
- Casa Ole
- Chick-fil-A
- Copper Caboose
- COWamongus
- Crawdaddy's Sports Bar & Grill
- Danny's Fins & Hens
- Folgers
- Ozarka's Water
- Furr's Family Dining
- Gandy's
- Gator's Bayou
- Gorditos
- Harrigan's
- Holiday Inn Hotel & Towers
- Holiday Inn Park Plaza
- Honeychild Catering
- Joe's Crab Shack
- Las Brisas
- Pecan Ridge
- Popeyes Louisiana Kitchen

- Quizno's Classic Subs
- Rib Crib
- Rockfish
- Rudy's
- Salvation Army
- Shrimp Galley
- Smoothie King
- Spoil Me Rotten
- Starbucks Coffee
- Stella's
- West Crust Artisan Pizza
- Which Wich Superior Sandwiches
- Zoo-Kini's

**EVENT SPONSORS:**

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- City Bank
- Green Level**
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- Gold Level**
- Affordable Storage
- Andrus Brothers Roofing
- Atmos Energy

- Calvert Home Health
- Caprock Home Health
- Craig, Terrill, Hale & Grantham, LLP
- Crenshaw Dupree & Milam, LLP
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- Lubbock Avalanche Journal
- Mullin Hoard & Brown, LLP
- Platinum Bank
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**Silver Level**

- Alderson Enterprises
- Dennis Bros. Printers
- Home Instead Senior Care
- Lubbock Power & Light
- Lubbock Regional MHMR Center
- McGavock Nissan
- Sanford & Tatum Insurance Agency
- South Plains Electric Coop
- Xcel Energy

**Other Recognized Partners:**

- Aflac - Carrie Blair
- AmeriPride Linens



## The Show Must Go On!

Despite the snow and ice, Lubbock Meals on Wheels held the eleventh annual **Mardi Gras** fundraiser on February 23rd. Fortunately, the sun made an appearance around noon and cleared out most of the snow allowing for a large crowd and a very successful event raising over **\$63,000**. The guests were treated to delicious food from 38 local restaurants, live jazz music by the **Shinn Turner Dixieland Band featuring Hayley Burton**, a large silent auction, spectacular balloon arrangements, a sparkling ice sculpture, and various entertainers including dancers, clowns, and jugglers. Younger guests had a great time on the inflatable bouncers, making crafts, or having their hair and faces painted in the children's activity area. The crowd, adorned in festive beads and masks, was greeted by the Mardi Gras King and Queen (Matt Laubhan of KLBK and Emily Leonard of KAMC) who reigned over the evening in regal attire. Plans are already underway for Mardi Gras 2011 in the Civic Center Exhibit Hall.



Congratulations to **Cowamongus** for winning the first place award for the "Best Decorated Booth." **Crawdaddy's Sports Bar & Grill** and **Popeyes Louisiana Kitchen** received second and third place, respectively. Thank you to King Matt Laubhan and Queen Emily Leonard for judging this challenging contest. Congratulations to the benefit drawing winners Weston Taylor, who won the NASCAR tickets, and Doug Everett, winner of the Southwest Airline tickets!

Finally, thank you to the many silent auction item donors, volunteers, Lubbock Meals on Wheels' staff and board members, and Civic Center staff for all of their efforts and assistance to make this event an incredible success.



Baker Office Products  
Jane Burns  
College Flowers  
Gandy's  
Ann Gilmer  
Grace Medical Center  
Key Animal Clinic  
Liggett Law Group, PC  
Walt Mitchell, Kite & Flag Maker  
Peoples Bank  
Sanders Funeral Home  
SES Southwest Exposition Service: A division of Grady Henly Decorators, Inc.  
Studio West  
Time Plus Payroll  
Wig Trend

**Mardi Gras 2010 Committee**  
April Weems, Event Chairperson  
Lorrie Lushnat Bellair  
DeAnn Britton  
Karen Caddel  
Judy Davis  
Johnny Franklin  
Sue Franklin

Larry Gilliland  
Lisa Gilliland  
Kristi Lowe  
Carrie Monje  
Becky Postar  
David Postar  
Daniela Hernandez-Salas

**Silent Auction Committee**  
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Lorrie Bellair  
DeAnn Britton  
James Bulen  
Lisa Gilliland  
Myranda Hyland  
Christina Styers  
April Weems

**Committee Assistants**  
John Borrelli  
Marlise Boyd  
Steve Braselton  
Herb Craghead  
Brent Guinn  
Fred Harvey

Charles Jacks  
Mike McKaskle

**Entertainers/Artists**  
Christmann Academy of Dance  
Dylan & Mackenzie Carter  
Miss Lubbock, Tiffany Downing  
Hub City Performing Arts Company  
Patrick Murray  
Shinn/Turner Dixieland Band featuring Hayley Burton  
Tribal Rhythm Belly Dancers

**Volunteer Groups**  
Boy Scouts  
City Bank  
College of Human Sciences Recruiters  
LCU Zeta Gamma  
Lubbock County 4H  
Society of Petroleum Engineers  
Texas Tech Gordon Hall  
WSO

# IN LOVING MEMORY {memorials for January 8, 2010 - March 22, 2010}

## MEMORY OF • *Donor(s)*

**Jimmie Adams** • Annie, Betty and Myer Casey;  
*Helen McCauley and Family*

**Gail Aleman** • Jo Hicks

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**Steve R. (Jingles) Davis** • Jody and David  
*McCauley*

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**Margie Fails** • Kathy Masterson

**Cecil Ferguson** • Ardis and Carmen Ferullo

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*Word*

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*Hurt, Doris R. Kochanek, Kim Klotzman, Becky  
Akard, Jan Thomas*

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Hank and Bonnie Crawford*

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**Murry Holditch** • Terry Witter

**Glen Hunt** • Lynn Massingill

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**Margaret Mull** • Newt and Myra Robison

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**Martelle Van Hoose** • Joe F. and Mary Ann  
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**Kenneth Vaughn** • Dannie Boswell Botros

**Jon Wampler** • Julia Wiebusch

**Terry Ware** • Harold Raff; Keith and B.J. Moore;  
*Michael and Betsy Torn*

**Sarah Warren** • Julia Wiebusch

**Jewel Young Warren** • Helen D. Smith

**Imogene Watson** • Ronald and Phyllis Boyer

**Larry Wester** • Jay Jenkins

**Fred Whillock** • George and Peggy Clay, Bob  
*and Wynona Berkeley; Joplin Brothers, Mary Lee  
Galey, Tommy O. Middleton, Standard Sales Co.,  
LP, Renée Hester, Leota Jordan Family*

**Emma Lou White** • "Just Us" Band

**Arthur Wiebusch** • George and Helen Helm-  
*stetler, Jo Alford Gamble*

**Loretta Williams** • Jo Hicks

**Irene Wilson** • Brenda Turner

**Mary Wright** • Caroline Ysasaga

**Lois Velma Pettit Wynn** • Grimes Insurance  
*Agency, Inc., Dan and Wilma Hurley, Service  
Title Company, Glenn and Brenda Williams,  
McWhorter, Cobb and Johnson, Harold Raff and  
B.J. Moore, Barbara Frankhouser, Mary Dopplick*

**Delphene Young** • Maxine Allison

## TRIBUTES {tributes for January 8, 2010 - March 22, 2010}

### TRIBUTE FOR • *Donor(s)*

**Carol Baumgartel** • Sarah Jo Lambert

**Dana Craig** • First UMC Questers SS Class

**Gary Hames** • Sarah Jo Lambert

**Natalie Harvill** • Sarah Jo Lambert

**Matt Henley** • Sarah Jo Lambert

**Charles and Winnie Hunnicutt** • Connie  
*Teague*

**Todd W. Johnson** • Staff at Gristy's Cleaners

**Grace Laski** • Sarah Jo Lambert

**Helen Lupia** • First UMC Questers SS Class

**Dr. Hugo Marple** • First UMC Questers SS Class

**John McCollum** • Dick and Sue Weddige

**The Wonderful MOW Staff** • Dr. Jane Burns

**Dr. Ricardo Rodriguez** • Dick and Sue  
*Weddige*

**Dr. Glenn Shipley** • Dick and Sue Weddige

**Chambray, Ketch and Trey Smith** • Larry  
*and Joni House*

**Jim Spikes** • Southland Baptist Church

**Margaret Talkington** • Glenna Wylie

**Ed and Connye Teal** • Ralph and Ann Wolf

**Irene Thames** • Glenna Wylie

**Grace Thomas** • Dick and Sue Weddige

**Virginia White** • Julia A. Wiebruch

**Larry Williamson** • Sarah Jo Lambert

**Hedi Wise** • Friends honoring her birthday





## EXTRA! EXTRA! READ ALL ABOUT IT!

Lubbock Avalanche Journal continues to provide 180 newspapers per day (Monday – Friday) to be distributed free of charge to clients in Lubbock, the Adult Day Activity Center, and in Idalou. **Caprock Home Health** and **AJ Readers** are generously sponsoring this special project. Lubbock Meals on Wheels is very excited about continuing this partnership and looks forward to providing yet another “extra” to our meal recipients.

## MEMORIALS & HONORARIUM GIFTS

A DONATION TO LUBBOCK MEALS ON WHEELS IS A GREAT TRIBUTE FOR A:  
 Birthday • Anniversary • Holiday • Special Event

### DONATIONS MAY ALSO BE MADE IN MEMORY OF A LOVED ONE

With any tribute or memorial donation, an acknowledgment card will be sent to the person or persons you indicate. For tribute and memorial contributions, please cut out card below, complete, and send to:  
 Lubbock Meals on Wheels  
 2304 34th Street, Lubbock Texas 79411

### YOU CAN ALSO HELP OUR PROGRAM IN THE COMING YEARS BY:

- Remembering Lubbock Meals on Wheels in your will.
- Giving monthly by bank draft.

PLEASE SEND AN ACKNOWLEDGMENT CARD TO: (please print clearly)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

This gift is from \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_ / \_\_\_\_\_ - \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Payment:  MasterCard  VISA  Discover

Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_ / \_\_\_\_ Security Code: \_\_\_\_\_ Authorized Amount: \$ \_\_\_\_\_ OR

Check is enclosed for the amount of \$ \_\_\_\_\_

Special Occasion (Specify the occasion) \_\_\_\_\_

Memorial (Name of person to be remembered) \_\_\_\_\_



*"The West Texas choice for quality home health care!"*

## BUSINESS SPOTLIGHT

Lubbock Meals on Wheels introduced a new article to our newsletter this year. The Business Spotlight will feature a local business that generously supports our agency. We encourage you to support these businesses that truly have our community's best interest at heart.

We are very pleased to spotlight our friends at **Calvert Home Health Care, Ltd.** Co-owners, **Ronnie & Dana Madison** have owned and operated the company since 1999 and now have 12 locations in the Lubbock and West Texas area, providing services to 33 West Texas counties. Calvert Home Health Care is part of our Corporate Volunteer Program delivering meals weekly since 2005. In addition to meal delivery, Dana and some of her staff have assisted with other fundraisers such as Easy as Pie and our booth at the South Plains Fair. Dana has also served on the Board of Directors of Lubbock Meals on Wheels for three years and is currently beginning her second term as a board member. Calvert Home Health Care sponsors our Mardi Gras event, makes other financial contributions throughout the year, and participates in the Twelve Days of Christmas Project. Ronnie, Dana, and their staff truly believe in our mission, and we are so fortunate to have such a caring and generous business involved in our organization. For more information about Calvert Home Health Care, please visit their website at [www.chhcci.com](http://www.chhcci.com).



Please bring recyclable aluminum cans to Lubbock Meals on Wheels. Regular trips are made to recycle these materials, and the money received provides funds for programs.

You can help the environment and Lubbock Meals on Wheels by bringing your aluminum cans to 2304-34th Street during office hours, Monday – Friday, 8a.m.-4:30p.m.

# NEWS ON WHEELS

LUBBOCK MEALS ON WHEELS, INC.  
 2304 34TH STREET  
 LUBBOCK, TEXAS 79411  
 WWW.LUBBOCKMEALSONWHEELS.ORG

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**News on Wheels**  
 Volume 31, Number 2 | April 2010  
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*News on Wheels is available to friends of  
 Lubbock Meals on Wheels as a public service.*

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