



Street Party continues with bands, kids' rides and car show

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Celebrating Zucchini

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East Bay Regional Parks Insert in this issue



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## Cajun/Zydeco Fest brings the heat to Ardenwood

SUBMITTED BY ISA POLT-JONES

The East Bay Regional Park District will host the annual "Cajun/Zydeco Festival" on Saturday, August 15. Bring family and friends for a day filled with the best Cajun/Zydeco music, dancing, delicious Cajun and Creole cuisine and other festival food favorites. Take a tour of the farm, visit the farm animals, shop specialty vendors, and join in dance lessons. Our 19th annual festival features the Grammy-nominated Pine Leaf Boys, Andre Thierry, Corey Ledet and his Zydeco Band, and Andrew Carriere and the Cajun/Zydeco Allstars.

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Pine Leaf Boys - photo by Greg Miles



## A Hot August affair in Niles

PHOTO BY JULIE GRABOWSKI

Before the summer ends, take a stroll down Niles Boulevard from J Street to G Street and enjoy a variety of great cars on display at the "Hot August Niles Car Show." Presented by the Niles Merchants Association, the annual community event returns to the Niles District on Saturday, August 15.

Food and refreshments, as well as a 50/50 raffle (must be present

to win) will be available for spectators. The Hot Rod Band will provide live rock 'n' roll entertainment, so put your dancing shoes on and dance along the streets of Niles. Most shops and restaurants will be open; The Niles Café will be the only food booth.

No car is too old or new. Registration costs \$30 per vehicle until the day of the event. Participants must have their vehicles registered by 9 a.m. Entrance to the car show will be at Niles Boulevard and J Street. To obtain a registration form, visit [www.facebook.com/NilesCarShow](http://www.facebook.com/NilesCarShow) or call (510) 792-8023. All proceeds will help pay for the Festival of Lights Parade in November.

**Hot August Niles Car Show**  
**Saturday, Aug 15**  
**9 a.m. - 3 p.m.**  
**Niles Blvd, Fremont**  
**(510) 792-8023**  
[www.facebook.com/NilesCarShow](http://www.facebook.com/NilesCarShow)  
**Free admission;**  
**\$30 to register vehicle**



## Malan Flower Blooms

BY LINDA-ROBIN CRAIG  
 PHOTOS COURTESY ACPA

"I was so surprised!" Lena Zee, liaison for the Academy of Chinese Performing Arts (ACPA), grinned impishly, describing a stunning discovery that took place after moving from China to America. "Imagine how I felt when I learned that my favorite fairy tale from my youth, my role model, 'The White Snow Princess' who was beautiful, yes, but also kind and caring and courageous was not a Chinese story at all. I was shocked when I was told, Oh, you mean 'Snow White,' that's an American story by Walt Disney."

"As it turned out," Zee giggled, "Snow White" was not an American story and it wasn't written by Walt Disney." She traced her heroine's origins to a Danish and German collaboration, a story first written in 1812 by Hans Christian Andersen that he called "Snowdrop." The tale was later combined in 1823 with other princess stories collected by the Grimm Brothers and renamed, "Snow White." The discoveries about her favorite tale planted an idea that grew into a goal Zee never abandoned - to someday translate a traditional Chinese fairytale for children outside China to love, as she loved "Snow White."

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# Should You Care If Your Cholesterol Levels Are High?

Part 1 of a 2-Part Series On Cholesterol Risks and Management

When most people hear the word “cholesterol,” they automatically link it to cardiovascular disease, including heart attacks, strokes and peripheral vascular disease. Yet it really is not as simple as that.

“People often think that cholesterol is a bad thing, but cholesterol is actually something our bodies need,” says Dr. Lincy Mathew, an internal medicine specialist with Washington Township Medical Foundation.

“Cholesterol is a type of fat known as a lipid,” she explains. “It is an essential building block for cell membranes, hormones such as testosterone and estrogen, vitamin D, and substances we need to digest and absorb foods. The body also needs cholesterol to build the protective sheath that surrounds nerve fibers. Most cholesterol is produced by the liver, but we also get cholesterol from some of the foods we eat.”

Cholesterol is carried through the blood by molecules called lipoproteins that are made up of lipids on the inside and proteins on the outside. There are two kinds of lipoproteins – low-density

lipoproteins (LDL) and high-density lipoproteins (HDL).

“LDL cholesterol is sometimes called the ‘bad’ cholesterol, because a high level of LDL cholesterol can lead to a buildup of hard deposits called plaques that can clog the arteries and make the arteries less flexible,” says Dr. Mathew. “If a plaque ruptures, it can result in a heart attack or a stroke. In addition, plaque buildup also can cause peripheral artery disease that restricts the blood supply to the legs and arms.

“HDL cholesterol is sometimes called the ‘good’ cholesterol, because it carries cholesterol from other parts of the body back to the liver, which removes that cholesterol from the body,” she continues. “So, in general, a high level of LDL cholesterol in your blood increases your chances of cardiovascular disease, while low levels of HDL cholesterol have been shown to increase your risks for cardiovascular disease. A higher level of HDL lowers your chance of developing cardiovascular disease.”

Triglycerides are another type of fat in your blood that the body uses for energy. The combination

of high levels of triglycerides with low HDL cholesterol or high LDL cholesterol can increase your risk for cardiovascular disease. To check your cholesterol levels, including triglycerides, your physician can order a simple blood test called a lipid profile.

“High cholesterol levels usually don’t produce any symptoms,” Dr. Mathew notes. “That’s why it is important to have cholesterol screenings, including the level of triglycerides, at regular intervals, depending upon your risk factors. In general, men should start cholesterol screenings at age 35, and women should start screenings at age 45. If there are significant risk factors for cardiovascular disease – such as a strong family history of cardiovascular disease, or a personal history of high blood pressure, obesity or smoking – then the screenings should begin 10 years earlier, at age 25 for men and age 35 for women.”



## Triglyceride Levels

Less than 150 mg/dL – normal  
150-199 mg/dL – borderline high  
200-499 mg/dL – high  
500 mg/dL and above – very high

“You can’t make a blanket statement about how often to screen for cholesterol,” says Dr. Mathew. “The general recommendation for screening intervals in the U.S. is every five years for people with no risk factors. The frequency of screening should be based on each patient’s risk factors and circumstances, with shorter intervals for persons who have lipid levels close to those warranting therapy and longer intervals for those not at increased risk who repeatedly have had normal lipid levels.”

## Learn More

Part 2 of this series on cholesterol will discuss ways to manage your cholesterol levels and lower your risks for cardiovascular disease.

If you need help finding a personal physician, visit [www.whhs.com](http://www.whhs.com) and click on the link for “Find Your Physician.”

For information about cholesterol from the NIH, visit [www.nih.gov](http://www.nih.gov).

For information about cholesterol from the American Heart Association, visit [www.heart.org](http://www.heart.org).

To calculate your risk for cardiovascular disease using the American Heart Association’s CV Risk Calculator, visit [www.cvriskcalculator.com](http://www.cvriskcalculator.com).

InHealth broadcasts on Comcast Channel 78 in Fremont, Newark and Union City and online at [www.inhealth.tv](http://www.inhealth.tv)



The full schedule of InHealth programs listed below can also be viewed in real time on the Washington Hospital website, [www.whhs.com](http://www.whhs.com)

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
	08/11/15	08/12/15	08/13/15	08/14/15	08/15/15	08/16/15	08/17/15
12:00 PM	Arthritis: Do I Have One of 100 Types?	Voices InHealth: Washington's Community Cancer Program	Arthritis: Do I Have One of 100 Types?	Strengthen Your Back	Crohn's & Colitis	Inside Washington Hospital: The Green Team	Diabetes Matters: Sugar Substitutes - Sweet or Sour?
12:30 PM		Learn About Nutrition for a Healthy Life		Knee Pain & Replacement		Diabetes Matters: What to Expect When Hospitalized with Diabetes	Community Based Senior Supportive Services
1:00 PM	Keys to Healthy Eyes	Learn Exercises to Help Lower Your Blood Pressure and Slow Your Heart Rate	Low Back Pain	Diabetes Matters: Insulin: Everything You Want to Know	Where Have All The Patients Gone?	Community Based Senior Supportive Services	Women's Health Conference: Aging Gracefully
1:30 PM	Kidney Transplants		Washington Women's Center: Cancer Genetic Counseling				Washington Township Health Care District Board Meeting July 8, 2015
2:00 PM		Inside Washington Hospital: Stroke Response Team	Washington Township Health Care District Board Meeting July 8, 2015	Diabetes Matters: Diabetes & Stroke: What's the Connection?	Washington Township Health Care District Board Meeting July 8, 2015	From One Second to the Next	Acetaminophen Overuse Danger
2:30 PM	Crohn's & Colitis	Diabetes Matters: Diabetes Meal Planning	Diabetes Matters: Healthy or Hoax	Diabetes Matters: Protecting Your Heart			
3:00 PM	Cough and Pneumonia: When to See a Doctor	Skin Cancer	Your Concerns InHealth: Senior Scam Prevention	Voices InHealth: Cyberbullying - The New Schoolyard Bully	Sidelined by Back Pain? Get Back in the Game	Turning 65? Get To Know Medicare	Voices InHealth: The Legacy Strength Training System
3:30 PM		GERD & Your Risk of Esophageal Cancer	What You Should Know About Carbs and Food Labels	Sports-Related Concussions			Get Your Child's Plate in Shape
4:00 PM	Living with Heart Failure	Diabetes Matters: New Year, New You	What You Should Know About Carbs and Food Labels	Diabetes Matters: Protecting Your Heart	Getting the Most Out of Your Insurance When You Have Diabetes	Diabetes Matters: When You Care Too Much	Varicose Veins and Chronic Venous Disease
4:30 PM							Diabetes Matters: The Diabetes Domino Effect: ABCs
5:00 PM	Inside Washington Hospital: The Green Team	Community Based Senior Supportive Services	Cough and Pneumonia: When to See a Doctor	Diabetes Matters: Diabetes & Stroke: What's the Connection?	Washington Township Health Care District Board Meeting July 8, 2015	Diabetes Matters: When You Care Too Much	Low Back Pain
5:30 PM	Keeping Your Heart on the Right Beat						Severe Sepsis: Don't Let an Infection Take Over Your Body
6:00 PM	Shingles	Community Based Senior Supportive Services	Cough and Pneumonia: When to See a Doctor	Diabetes Matters: Diabetes & Stroke: What's the Connection?	Washington Township Health Care District Board Meeting July 8, 2015	Diabetes Matters: When You Care Too Much	Do You Suffer From Anxiety or Depression?
6:30 PM							Diabetes Matters: The Diabetes Domino Effect: ABCs
7:00 PM	Washington Township Health Care District Board Meeting July 8, 2015	Vitamins and Supplements - How Useful Are They?	Washington Township Health Care District Board Meeting July 8, 2015	Movement Disorders, Parkinson's Disease, Tremors and Epilepsy	Women's Health Conference: Aging Gracefully	Diabetes Matters: When You Care Too Much	Arthritis: Do I Have One of 100 Types?
7:30 PM							Community Based Senior Supportive Services
8:00 PM	Snack Attack	Dietary Treatment to Treat Celiac Disease	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	Your Concerns InHealth: Sun Protection	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Heart Healthy Eating After Surgery and Beyond	Learn If You Are at Risk for Liver Disease
8:30 PM	Superbugs: Are We Winning the Germ War?	Living with Arthritis	Peripheral Vascular Disease: Leg Weakness, Symptoms and Treatment	Your Concerns InHealth: Sun Protection	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Heart Healthy Eating After Surgery and Beyond	Learn If You Are at Risk for Liver Disease
9:00 PM							Diabetes Matters: Sugar Substitutes - Sweet or Sour?
9:30 PM	Washington Women's Center: Cancer Genetic Counseling	Lunch and Learn: Yard to Table	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Where Have All The Patients Gone?	How Healthy Are Your Lungs?	Kidney Transplants	Your Concerns InHealth: Senior Scam Prevention
10:00 PM		Minimally Invasive Options in Gynecology	Do You Suffer From Breathing Problems? Chronic Obstructive Pulmonary Disease or Asthma	Where Have All The Patients Gone?	How Healthy Are Your Lungs?	Kidney Transplants	Your Concerns InHealth: Senior Scam Prevention

# What Does it Mean to be Mortal?

## Washington Hospital Offers Special Event to Help You Make Important Health Care Decisions



Washington Hospital is hosting a "Being Mortal" video screening on Thursday, August 20, 2015 from 3 to 5 p.m. in the Conrad E. Anderson, MD Auditorium (2500 Mowry Avenue, Fremont). The event will feature the PBS documentary "Being Mortal" and a discussion about the importance of having an advance health care directive. To register for the free event, call (800) 963-7070.

**W**hat does it mean to be mortal? It means that even under the best of circumstances, life on this earth will eventually come to an end. So what do you want the end of your life to look like? Since it's inevitable, why not take some time to think about it and let others know what your wishes are.

That's the focus of an upcoming free event at Washington Hospital, which will feature the PBS documentary "Being Mortal" with Dr. Atul Gawande, and will include a discussion about having an advance health care directive so that others know what your intentions are in case there is ever a time when you can't make those decisions for yourself.

The event will be held on Thursday, August 20, from 3 to 5 p.m. in the Conrad E. Anderson, MD Auditorium, 2500 Mowry Avenue (Washington West), in Fremont. To register, call (800) 963-7070.

"We are all mortal and so we should all be thinking about what we would want and who we would want making health care decisions for us if we couldn't make them for ourselves," said Doug Van Houten, RN, assistant chief nursing officer at Washington Hospital. "Washington Hospital has launched a communitywide effort to get everyone to complete an ad-

vance health care directive because it's the best way for those of us in the medical field to know what our patients want."

Van Houten, who has worked in critical care medicine for more than 30 years, said the scenario is not uncommon: A patient is brought to the hospital after a serious accident or medical emergency and is unable to make decisions about their own care. With no advance directive, families are left to grapple with major health care decisions without the benefit of knowing what their loved one would want.

"We see the strain it puts on families, especially if they've never even talked about these issues," he added. "Unfortunately, accidents and other health issues can happen rather suddenly, and they can happen to young people, too. One of the most frequently disabling conditions is stroke, and that happens in a split second. That's why it's so important to have a designated decision-maker already in place."

### What is an advance directive?

An advance health care directive is a legal document that specifies who will make health care decisions for you and what type of care you would want depending on your medical situation. Everyone who participates in the seminar will receive a packet of information that includes

myths and facts about advance directives, a conversation starter kit, and a legal advance health care directive form.

"Sometimes people tell me they haven't completed an advance directive because they don't want to go to a lawyer or a notary," Van Houten said. "But that is not really necessary. You can do it at home. You just need two witnesses to sign the form."

According to a survey by the California Healthcare Foundation, 60 percent of people say that making sure their family is not burdened by tough decisions is extremely important, yet 56 percent have not communicated their end-of-life wishes. The same survey showed that while 82 percent of people say it's important to put their wishes in writing, only 23 percent have actually done it.

Van Houten said it can be very difficult for people to think about these issues or get the conversation started with loved ones. That's why the packet includes a conversation starter kit that asks a series of questions to help you think it through and talk about it with others.

"It's really important to get the conversation started so you can determine who is the best person to be making health care decisions for you," he added. "Coming to this event with your spouse or other family and friends could be a good way to begin the conversation."

He said sometimes people think an advance directive is similar to a DNR, or do-not-resuscitate order, but that couldn't be further from the truth.

"An advance health care directive empowers you to have a say in your care even if you can't make those decisions for yourself," Van Houten explained. "That could mean you want every treatment option possible to prolong your life. The key is it puts your wishes in writing and designates someone you trust to make those decisions for you. It is a way to ensure that you get the care you want."

For more information and links to advance health care directive forms, visit [www.whhs.com/advance-directives](http://www.whhs.com/advance-directives).

## Ask the Doctor

This is an ongoing column in which Dr. Mary Maish answers your health-related questions. Questions for Dr. Maish should be emailed to Ask the Doctor at: [askthedoctor@whhs.com](mailto:askthedoctor@whhs.com)

### Sun Exposure to Fresh Scars and Pool Safety

Dear Doctor,

I had surgery a month ago to remove my gallbladder. Do I need to worry about exposing my fresh scars to the sun or can I wear a bikini?

Dear Reader,

There is a small but increased risk of getting skin cancer in fresh scars within the first year. The best thing to do is to cover your scars completely with clothing or a Band-Aid. If you must expose your skin to the sun, dab visible drops of sunscreen on the scars so that they are completely covered.

Dear Doctor,

Our neighbors have a pool with a diving board. Is this safe for my children to go on?

Dear Reader,

Although severe injury can occur from diving board accidents, most accidents occur from diving off the side of the pool. I would advocate teaching your children about water safety including the hazards of diving from the side of the pool and off the board. A well-supervised diving board is safe as long as there is limited spring to either the board or the base.

### Mary S. Maish, M.D.



Dr. Maish is a board certified thoracic and general surgeon. She holds a Master's degree from Harvard University and completed her thoracic surgery training at Baylor/MD Anderson in Houston, Texas. Dr. Maish currently serves as the Chief of Thoracic and Foregut Surgery at Washington Township Medical Foundation and is on the Medical Staff at Washington Hospital.

Washington Hospital Healthcare System  
 Investing in the health of the community.

whhs.com

# Health & Wellness

## Understanding the Basics of Pediatric Immunizations

Infectious diseases are a leading cause of illness and yet are preventable through vaccination. At this seminar you will learn more about the safety and efficacy of childhood vaccines.

Tuesday, August 18, 2015  
1 to 3 p.m.

Conrad E. Anderson, M.D. Auditorium, Rooms A & B  
Washington West, 2500 Mowry Ave., Fremont

Free Community Seminars

SPEAKERS

Bhaskari Peela, MD

Pediatrician  
Washington Township Medical Foundation

Amy Tun, MD

Pediatrician  
Washington Township Medical Foundation

Washington Township Medical Foundation

Part of Washington Hospital Healthcare System

To register or for more information, visit [www.whhs.com/](http://www.whhs.com/) events or call 1-800-963-7070.

Seminars may be televised on InHealth, a Washington Hospital Channel (Comcast Channel 78) and online at [www.inhealth](http://www.inhealth).

Stay connected to Washington Hospital through Facebook, YouTube and Twitter. Watch InHealth Channel videos, learn about upcoming events and seminars and see what's happening at your community hospital.



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**Tom MacDonald**  
Founder

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continued from page 1

## Malan Flower Blooms

Now, ACPA has turned their expertise and dedication toward introducing "Malan Flower" in its new incarnation for the 20th anniversary of ACPA and launch of the first California International Youth Arts Festival (CIYAF). The classical Chinese fairytale was first written by Ren Deyao in 1955 as a children's play. It tells the story of the magical Malan flower, tended by Lord Malon, which only blooms once a year and can make wishes come true. When the Wicked Wolf attacks the forest of Mt. Malan to take the flower, all creatures must come together to defeat him.

The play premiered in Moscow and Tokyo in 1958, and in Russia as a ballet, later opening in Sydney, Australia, in 1991. It was also published as a storybook in 1958. The Foreign Press published an English version in 1963, and it appeared in Swahili in 1980. Finally, a committee of

music, dance, and acting professionals (including Zee) under the direction of David Chen rewrote and translated the work into both English and Chinese, and "Malan Flower" bloomed anew as a musical drama with beautifully choreographed singing and dancing.

The lineup of professionals dedicated to this project is nothing short of amazing, beginning with their director, Chen. Formerly a choreographer and dance instructor with the Shanghai Opera and Dance Theatre and a student of martial arts under Shao-Lin grand master Lu Zhen-duo, he is well known in China for his mastery of both classical and folk forms; renowned for his teaching techniques and outstanding swordsmanship.

Chen came to the United States in 1987 to work as an instructor at the American Conservatory Theatre. In 1992, he moved to Fremont and estab-



lished David's Dance Workshop and served as the vice president of the Chinese American Artists Association. Also at that time, Chen and Dr. Christina Yao founded the Bridge and Gate International Culture Foundation where Chen still serves as president. Chen directed no less than twenty top dance, acting, and music professionals of varied backgrounds at ACPA to make "Malan Flower" possible. Notables include choreographer/instructor Xinge Lin (Shanghai Ballet Company), instructor Willie Anderson (soloist with Ballet San Jose), instructor

Preston Dugger III (formerly with Dance Theatre of Harlem), and Haitao Wu and Yunchao Yang of the Peking Opera.

Over the past ten years ACPA has struggled to produce the very best "Malan Flower" possible. So many heartbreaking hurdles beset them, from financial setbacks to the death of their beloved composer, Youdao Ma. Not only professionals dedicated their time, money, and efforts to the realization of this event – parents assisted costumers and young performers consistently gave up summer vacations to perfect their skill levels.

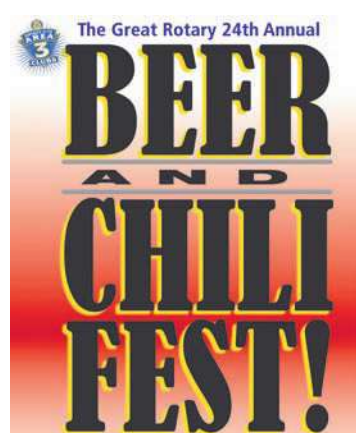
"I have to share something the ballet expert Lin Yangyang said about our struggles with 'Malan Flower,'" said Zee. "He said that seeing our production accepted by many people has been the engine of ACPA – without 'Malan Flower,' he felt that ACPA would not have been able to sustain such systemic reforms. Without it ACPA would not be today's prestigious academy, capable of teaching with such high standards and producing such high-quality performances."

Zee grins and her eyes sparkle as she talks about the other aspect of ACPA's 20th anniversary show – the CIYAF. "We are inviting youth in all the arts to join us in launching the first California Youth Arts Festival. All are welcome. Come out and join us, it is

not too late to call me. We will make a place for you on the stage." When asked who qualified as "youth" Zee laughed and said, "We are all kids at heart. Our youngest cast member is seven years old and our eldest is 70; let's say under 30, this time ... but all are welcome." She gestures excitedly with both hands, "Who knows who will show up for the first ever performance? But, just you watch, before long, we'll be bigger than 'Shrek!'"

The ACPA has a campus in Fremont (40922 Fremont Boulevard) and one in Cupertino/San Jose with nearly 600 students and 20 professional instructors offering dance, art, music, and drama classes. For more information, call (510) 676-4528. Those interested in participating in CIYAF, call Lena Zee at (510) 421-6666.

**Malan Flower & California Youth Arts Festival**  
**Saturday, Aug 15**  
**2:30 p.m. – 7:00 p.m.**  
**Chabot College**  
**Reed L. Buffington Visual and Performing Arts Center**  
**25555 Hesperian Blvd,**  
**Hayward**  
**(510) 676-4528 (510) 683-8701**  
**(408) 865-0981**  
**www.malanflower.org**  
**Tickets: \$25**  
**Parking: pay meters**



**Take part in Beerfest & Chili Cook-off**

**SUBMITTED BY TAMMI SOUZA**

The Area 3 clubs of District 5170 Rotary International will return this year to host "The Great Rotary 24th Annual Beerfest & Chili Cook-off" on Saturday, September 12. The Beerfest & Chili Cook-off will be held at the NewPark Mall parking lot between Macy's and Sears in Newark, and feature a variety of craft beers, chili tasting, and live music by Michael Beck Band. This year brings activities for the kids, arts & crafts, food booths, and wonderful raffle prizes.

The Cook-off will also include booths serving "People's Choice Chili" entries, prepared by Rotary clubs, community and church groups, businesses, and individuals. Chili cooks and vendors are still needed, so if you've got a mean chili recipe, are skilled at arts & crafts, or sell antiques, register and take part! A 10 x 10 vendor space is \$50; bring your own table, chairs, and pop-up. Chili maker entry fee is \$125, which includes booth, eight-foot table, and two chairs. Visit [www.RotaryCookOff.org](http://www.RotaryCookOff.org) and click on Participate for more information and to download forms. Call Audrey

Kearns at (510) 386-1270 with any questions.

This year's fundraising goal is \$40,000, which will benefit the Tri-City Rotary Clinic, Washington on Wheels, Life Elder Care, Area 3 Rotary International Projects and the Viola Blythe Community Services Center.

Major sponsors of this year's Great Rotary 24th Annual Beerfest & Chili Cook-off include Fremont Bank, Washington Hospital Healthcare System, Magnum Dry-wall, James R Griffin Construction Inc., Niles (Fremont) Rotary, Coach Automotive Restyling and DRYCO Construction Inc.

**The Great Rotary 24th Annual Beerfest & Chili Cook-off**  
**Saturday, Sep 12**  
**11a.m. – 5 p.m.**

**NewPark Mall**  
**2086 NewPark Mall, Newark**

[www.RotaryCookOff.org](http://www.RotaryCookOff.org)

**Free admission**  
**Chili Taster Coupon Books:**  
**\$8 online, \$10 at event**

## Vaccinations before school starts

SUBMITTED BY ANITA GORE

California Department of Public Health Director and State Health Officer Dr. Karen Smith reminds parents to make sure that their children are up-to-date on required vaccinations before the school year begins.

"Parents should put vaccinations on their back-to-school checklists," Dr. Smith said. "Vaccinations are the best way to ensure that students are protected and to stop the spread of measles and other serious diseases."

Children are required to have received certain vaccinations in order to attend school or child care in California. Dr. Smith urges parents to make an appointment now with their health care provider to help

protect themselves and their families.

Cost should not be a barrier for childhood vaccinations. If health insurance does not cover the recommended vaccinations, children may qualify for free vaccines under the national Vaccines for Children Program. Talk to your doctor or local health department for more information.

On June 30, Governor Brown signed into law Senate Bill 277, which does not change procedures for the fall of 2015. Under this new law only medical exemptions to required immunization will be allowed for students entering school after January 1, 2016.

To learn more about the law and the immunizations required for child care and schools, visit [shotsforschool.org](http://shotsforschool.org)

## Alameda County Citizens Academy accepting applications

SUBMITTED BY GUY ASHLEY

The Alameda County Citizens Academy is accepting applications for the 2015 class this fall. Formerly known as the Alameda County Leadership Academy, the Citizens Academy is a six-session interactive program that provides insight to County services and operations and offers opportunities for civic engagement in the County.

This will be the 15th year that the County has offered this free program to adults who live, work, or own a business in Alameda County. The Academy will convene bi-weekly on Wednesday evenings from 6 p.m. to 9 p.m. between September 23 and December 2, 2015.

The Citizens Academy includes tours of key County facilities, demonstrations of specialized equipment and hands-on exercises that illustrate how vital government services are provided to the community. Through interactive presentations involving County leaders, the Citizens Academy helps people learn about the workings of Alameda County and acquire knowledge about how to increase civic involvement.

Participants will be selected on a first-come, first-served basis, though the location of an applicant's home or workplace may be considered in order to provide countywide representation.

**Space is limited. To complete an online application, go to <http://www.acgov.org/academies/citizens/>. The application deadline is September 3.**

## Apply for Leadership Hayward

SUBMITTED BY HAYWARD CHAMBER OF COMMERCE

Applications are now being accepted for the 26th annual class of Leadership Hayward to begin this November. With nearly 300 graduates since the class of 1990-1991, this outstanding program develops leaders knowledgeable about the greater Hayward area and prepared to address complex social and economic issues. The program is particularly valuable to representatives of the business community, who learn about Hayward's economic development to enhance their own professional growth and that of their business.

Leadership Hayward features eight monthly, one-day sessions from November through June. Each session will focus on a general topic presented by experts. Topics include team building; heritage and cultural awareness; economic and public policy; community design and transportation; health and human services; education; arts and recreation; public safety and disaster preparedness; and public facilities.

Participants receive professional development credit from the Continuing Education, University Extension Division of California State University East Bay.

The June graduation luncheon includes with the mayor's State of the City address and is attended by local and state elected officials and other dignitaries.

About 20 individuals participate each year representing a cross section of Hayward's diverse private and public sectors, cultures and age groups. Participants have included bankers, retailers, restaurateurs, teachers, professors, police officers, firefighters, medical personnel, nonprofit staff, and city employees. Businesses have been represented by executives, managers and staff.

Selection criteria include a commitment to Hayward's well-being, to regular attendance, and active participation. Tuition for each participant is \$800. This covers meals, materials and certification. Fees may be paid by the individual, an employer or a sponsoring organization. Participants are encouraged to seek tuition assistance from civic and professional organizations. There may be partial scholarship assistance in some cases.

Title sponsor of Leadership Hayward is St. Rose Hospital. To access an application form, visit [www.hayward.org/index.php/community/leadership-hayward](http://www.hayward.org/index.php/community/leadership-hayward).

## Older Adult Survey

SUBMITTED BY RAYMOND GRIMM, PH.D., HUMAN SERVICES DEPT, CITY OF FREMONT

Alameda County is developing a plan for seniors and would like to hear from you. If you are 55 years or older, and live in Alameda County, please complete this 10-15 minute survey at: <http://www.surveymonkey.com/s/ACOlderAdultSurvey2015>

This will help us learn about how Alameda County can be a better place for older adults to live. All information you provide will not be shared with anyone else.

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BY NANCY LYON

**B**iology or the "study of life" implies to many a respect and compassion for life, yet in many classrooms across our nation, the opposite occurs. Every year in middle and high school classrooms, in the pursuit of knowledge, millions of animals are used and discarded. According to the Humane Society of the United States (HSUS) many suffer and die for nothing more than to satisfy the demand for biological "specimens" even when humane alternatives are available.

Kids are quick to spot the contradiction between what adults preach and what they do in the name of convenience. As responsible adults, we teach impressionable youngsters that non-violence is always the best choice, but do we really mean as long as it is expedient or doesn't question tradition?

Studies have shown that humane alternatives such as computer-based programs or videos and 3-D models are comparable or better for learning purposes than using animals. They are less expensive in the long run and can be used multiple times; for the average school, replacing dissection with alternatives can save thousands of dollars.

Yet biology students are often required to use outmoded methods involving dissection of preserved animals specifically killed for classroom use or study. With today's technology, it is possible to learn basic anatomy without killing animals and currently in 11 states, including California, there are choice-in-dissection laws that give

students the right to choose an alternative to dissection.

Many hold that study objectives are best met when biology education focuses on animals as living, sentient creatures, emphasizing their behavior, life history patterns and relationships with their environment. Some educators are caught in the antiquated and abhorrent mind-set that dissecting animals killed specifically for study or the pithing of live frogs – a procedure of inserting a needle into the spinal cord and immobilizing a "specimen" as the best method of teaching biology and physiology. The ethical question arises - does this instill an interest and respect for all living things or just a select few?

There are many reasons why dissection is basically wrong. Most often, frogs and turtles used in dissection are taken by suppliers from the wild in large numbers with removal negatively impacting environmental balance; cats and dogs euthanized in shelters may also be "utilized" (in California this must be visibly posted in compliance with State regulations) with many finding this practice unacceptable. Each year dissection causes millions of animals suffering and death. Investigations into school lab animal suppliers have exposed numerous cruel and inhumane practices while holding live animals or the means of killing of those destined to become "specimens."

What options are available to students that have moral or ethical objections to harming animals either in the classroom or through purchasing those killed commercially? According to HSUS, in one poll, a vast majority of students

(90%) who have these objections believe they must participate in order to pass the class or maintain their grade point average but feel they should be given a choice or an alternative when it comes to dissection.

How can a student express their objection to dissection and request an alternative?

It is suggested that a student make a list of objections and it is important to state that their position is one of valid principle and they will not participate in an act that violates that conviction. While sincere, avoid using terms like unpleasant, icky or gross that weaken their position.

Give teachers a chance to help accommodate sincere beliefs. As soon as possible (preferably before the class begins) ask if dissection is part of the course, if it is, respectfully and firmly voice a request for an alternative project. If a teacher is unaware of alternatives offer to contact HSUS for information on their Humane Education Loan Program.

If a teacher refuses to consider alternatives it may be necessary to enlist the support of parents to speak with the teacher and, if needed, a discussion with the principal. It is extremely important to support a student's sincere and ethically held values, and it may even be a step to the elimination of dissection in the school.

For indepth information on school dissection alternatives and materials: [http://www.humanesociety.org/parents\\_educators/dissection\\_campaign\\_packet.html?credit=web\\_id85537349](http://www.humanesociety.org/parents_educators/dissection_campaign_packet.html?credit=web_id85537349); Phone contact: 301-721-6439

## Horizon Services Inc. seeks new Board of Directors members

SUBMITTED BY DAVID KORTH

Horizon Services, Inc. (HSI), which serves Alameda and San Mateo Counties, is currently seeking individuals interested in serving as a volunteer member of its Board of Directors. HSI programs and services aim to improve the quality of life for individuals, families, and the communities affected by alcohol and drug abuse, and mental health conditions, by providing compassionate and effective prevention, treatment and recovery services.

**The agency seeks individuals who have:**

- A desire to serve
- Knowledge of alcohol and drug issues and mental health challenges
- Knowledge of financial/budgeting matters
- Availability to invest time
- Experience in community relations and local community involvement (in Alameda and/or San Mateo Counties)
- Involvement in previous volunteer position(s)
- Absence of conflict of interest issues

If you, or someone you know, would be a good match for this opportunity, please contact Horizon Services Inc. as soon as possible by calling (510) 582-2100, or emailing: [Contact@hsmail.org](mailto:Contact@hsmail.org)

## National school lunch program

SUBMITTED BY CARLEEN ENGLAND

The New Haven Unified School District (NHUSD) participates in child nutrition programs offered by the U.S. Department of Agriculture (USDA). The school district receives funding for providing nutritious meals for breakfast, lunch and snacks to NHUSD students. Parents who have children in the district are encouraged to fill out a meal application to determine eligibility category for school meals. Information that parents provide is confidential and will be used only for eligibility determinations and verification of data.

To determine eligibility for the meal program, you must apply and provide information regarding household size and income. Households that receive food stamps, California Work Opportunity and Responsibility to Kids (CalWORKs), or Kinship Guardian Assistance Payment Program (Kin-GAP) may be notified of their child's automatic eligibility to receive free meals and do not need to apply. If you are receiving assistance from these programs and do not receive notification of free meal eligibility, please apply online or complete a paper application. These children will be provided free meal benefits unless the school is contacted and the free meals are declined.

Households may apply online for the school year 2015-2016 at [www.nhusd.k12.ca.us](http://www.nhusd.k12.ca.us). Paper applications will be mailed to all district households and will also be available in late August at all school sites; the District Office at 34200 Alvarado-Niles Rd., Union City; and at the Food and Nutrition Services Office at 2831 Faber St., Union City.

Should you have questions, please contact Food and Nutrition Services at (510) 475-3992 ext. 60746.

# Remembering our Pioneer heritage

SUBMITTED BY  
LILA BRINGHURST  
PHOTOS BY BECCA LINDSAY

The year 1846, called by some historians as the "year of decision," marked the beginning of westward migration into California. Because of books written by John C. Fremont after his first two scientific expeditions in 1842 and 1843, early pio-



Robert Blair portrays John Horner, whose success as a farmer in Mission San Jose enticed others to come here. He became wealthy during the gold rush, but lost everything, even his health, in the panic of 1853. He later worked for Claus Spreckles in Hawaii and soon had his own plantations on the Big Island.

neers knew much about the topography, wildlife, available water and weather along the trail.

On Saturday, July 25, 2015, members of the Fremont Stake of The Church of Jesus Christ of Latter-day Saints gathered during "Pioneer Day" celebration to honor those early pioneers. Dressed in pioneer garb, children took a trek around the building as they learned about the Mormon Trail from Nauvoo, Illinois, to the great Salt Lake Valley in Utah. Reenactors from Sacramento arrived to talk about some of the pioneers.

Forced out of Nauvoo by hateful mobs in February 1846, Brigham Young led members of the Church of Jesus Christ of Latter-day Saints (nicknamed the Mormons) across the plains. Ill-prepared, they wintered along the trail. A poignant song titled "Come, Come, Ye Saints" was written by pioneer William Clayton in April 1846 while on the trail in Iowa.

In New York City, under the leadership of Samuel Brannan, some 238 members of the church boarded the ship Brooklyn on February 4, 1846 and arrived in San Francisco Bay on July 31, 1846, where the U.S. Navy already had a presence. Historian Hubert Bancroft wrote that Yerba Buena, now called San Francisco, became for a time, a Mormon town.

Six months later, Brooklyn passengers John and Elizabeth Horner arrived in Mission San



The Toma children, Riuna, Chulasa and Miu (l to r), dressed in pioneer clothes and added charm to the celebration.

1846, the United States Army of the West recruited 500 men on the plains of Iowa, later known as the Mormon Battalion, to build a wagon road from Santa Fe, New Mexico to San Diego where they would help keep the peace and fight if necessary. Under difficult conditions they established the route for the first road into

is now the Tri-City area of Fremont, Newark, and Union City: Origin and Delina Mowry, John and Elizabeth Horner, William and Elizabeth Hopkins, Earl and Letitia Marshall, Simeon and Anna Stivers, Joseph and Jerusha Nichols, Zacheus and Mary Ann Cheney, Horace and Laura Skinner, Daniel and Ann Stark, John



After their expulsion from city of Nauvoo in February 1846, the pioneers crossed the frozen Mississippi River. Here children reenact the crossing of the "ice" to the snowy shore.

Southern California, arriving in San Diego on January 29, 1847.

After mustering out, many of them traveled north to San Francisco and to Sutter's Fort (now Sacramento). Most of the men present at the discovery of gold at Sutter's mill (now Coloma) were former Mormon Battalion members. Battalion reenactors also came to Fremont to tell the little-known story of these early military pioneers and their role in California history.

Schools and streets are named after Mormon pioneers who lived in Washington Township, which

and Mary Naile, Isaac Nash, and Hiram Davis and Harvey Green. Harvey was the first school teacher in the schoolhouse that John Horner built.

Ken Perry, president of the Fremont Stake of The Church of Jesus Christ of Latter-day Saints, stated, "As members of the Church of Jesus Christ of Latter-day Saints, we take great pride in the contributions of the early LDS (Latter-day Saints) pioneers who helped establish much of what is now known as Fremont. Their spirit of industry, community, faith, and family runs in our veins. In turn, we strive to continue contributing to the rich legacy they left behind."

Lorin Hansen is writing a book about John Horner who founded Centerville and Union City and was an important part of our early local history. Brian Barlow, owner of the historic Horner house at 3101 Driscoll Rd., has worked hard to preserve the home and include it on the national register of historic places.



Haskin Family- Front (left to right) Rebecca, Jessica, Aleah (in front), Taylor Tracy (friend), Ellissa, William - Back row: Joshua

Jose. They bought a plot of land and built an adobe home near present-day Chadbourne School. When gold was discovered in 1848, the Horners tried their luck but returned home and planted crops. When the '49ers arrived, John became wealthy and in 1853, at an agricultural fair in San Francisco, he won an award as California's first large-scale commercial farmer.

After President James Polk declared war on Mexico on May 13,



Pioneer Day ended with a hoedown where forty people danced the Virginia Reel and old time square dances.



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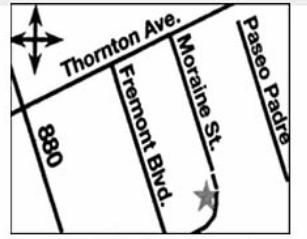
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## 7 Things You Must Know Before Putting Your Tri-City Home Up for Sale

Tri-City – A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report show clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their homes and become disillusioned and – worse- financially disadvantaged when they put their homes on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue, industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollars."

To order a FREE Special Report, visit [www.HomeSellerErrors.com](http://www.HomeSellerErrors.com) or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-800-228-3917 and enter 1000. You can call anytime, 24 hours a day, 7 days a week.

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# Casablanca Meets Texas Hold 'em

SUBMITTED BY  
VICTORIA SANCHEZ DE ALBA

The USS Hornet Museum will host its first-ever Casino Night and Dance for those who like their poker action mixed with a bit of class (and the sense of romance that being onboard a WWII-era ship can provide). The fundraiser, which will raise money for the Hornet's flight deck repair and resurfacing, is set for Saturday, August 22, and will include live music, dancing, and prizes to the top players. Doors open at 6 p.m. and close at midnight.

The centerpiece of the evening is a classic Texas Hold 'em tournament open that starts at 7 p.m. in Hangar Bay 2. For a \$60 buy-in, participants receive \$1,000 worth of playing chips and admission into the Casablanca Lounge once they're eliminated from the tournament. Bonus chips can be obtained through early registration, and additional chips will be offered for buy-in once during the evening.

While the entire table of 10 final players will win prizes ranging from bottles of wine to spa services, the top player will take home a \$500 gift card.

"Dealers will be happy to tutor new players on how to play the Texas Hold 'em," said Tom Hyland, USS Hornet's Director of Development. "There will also be plenty more that guests can enjoy in the Casablanca Lounge, including roulette, blackjack, craps, and of course entertainment. It's a good place for your date to slip off to while you're competing in the tournament."

The Casablanca Lounge and Dance is the evening's designation for the Horner's All-American Café in Hangar Bay 3, which

will be suitably transformed into an establishment exotic enough to make Rick Blaine feel right at home. Yet keeping with the theme of the event, guests can expect to be served up a Texas-style barbecue, along with a cash bar.

"We'll have a full casino feel in the Lounge," said Hyland, "with 10-12 gambling tables and room for dancing."

Guests have the option of skipping the Texas Hold 'em tournament and, for a \$35 ticket price, choose only the Casablanca Lounge, where they'll enjoy live music by the Darlyn Pearl Group, watch dance performances by Salamania, and even get free dance lessons between 7 p.m. and 8 p.m. The admission includes \$10 in playing chips.

While playing chips have no cash value, they can be redeemed before the end of the night for entry into a prize drawing.

Advance registration is required for this event, which is open to guests 21 and over only. Tables of ten can be reserved; early registration is highly recommended. Online registration is open until 5 p.m. on August 17.

For tickets and more information about Casino Night on the USS Hornet, please call (510)521-8448, or visit <http://tinyurl.com/HornetCasinoNight>.

**USS Hornet Museum Casino Night and Dance**  
**Saturday, Aug 22**  
**6 p.m. - 12 midnight**

**USS Hornet Museum**  
707 West Hornet Ave, Alameda  
(510)521-8448  
<http://tinyurl.com/HornetCasinoNight>  
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## National Vinyl Record Day Listening party

SUBMITTED BY  
ANNIE SNELL

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## South Bay Chinese Club Searching for Past Members

The South Bay Chinese Club (SBCC) celebrates 50 years on Saturday, September 12, 2015. Many Tri-Cities residents will remember the Chinese Chicken Salad and Pork Buns being sold by SBCC as part of its Scholarship fundraising activities. Founded in 1965, South Bay Chinese Club serves to preserve the culture and customs of the Chinese heritage and to foster and encourage

better understanding of civic responsibilities and the American way of life.

SBCC is inviting everyone and their families (children, grandchildren, etc) who have been members during the past 50 years to join us on September 12. If you know someone who should be invited to join us at the 50 years event, please send contact information to Lorrie at ronlore1@yahoo.com.



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## City of Fremont News Briefs

SUBMITTED BY  
CHERYL GOLDEN

### Warm Springs/South Fremont Innovation District

Major progress is being made in the transformation of Fremont's jobs-focused, transit-oriented Warm Springs/South Fremont Innovation District. The vision for the Innovation District was set forth in the July 2014 Warm Springs/South Fremont Community Plan and is set to serve as a model for 21st century sustainable, vibrant mixed-use employment centers. Following the anticipated opening of the Warm Springs/South Fremont BART Station this December, the City expects to see remarkable shifts occurring in the Innovation District with a convergence of diversified land uses resulting in more jobs and supporting work force components such as housing and commercial uses, that will aid in reaching a goal of 20,000 new jobs by 2035.

To lead the way, Lennar Homes of California received approval of its master plan in April 2015 and finalized its agreement with Union Pacific in May 2015 to develop a 111-acre parcel of land, centrally located within the heart of the Innovation District. The master plan includes research and development and Class A office space, an urban elementary school and public park as well as a mix of residential units. Lennar plans to break ground on its first phase of construction in early 2016.

Completion of this first phase of work by Lennar will, in turn, enable BART patrons to easily connect to and from existing employment centers, such as Tesla and the BART station.

Toll Brothers also received approval of its master plan to develop 1,000 urban residential units and retail space east of the BART station. Additionally, Valley Oak Partners will soon submit its master plan to develop 800 urban residential units and 300,000 square feet of research and development and office space just north of Lennar's development.

Fremont is also making economic strides in the development of its Innovation District on other fronts. In December 2014, the City hosted an Ecosystem Laboratory (EcoLab), which brought together forward thinking leaders from the community who have a common interest in designing Fremont's emerging Innovation District. EcoLab proved to be an incubator of new ideas, opportunities, and partnerships to pave the way for Fremont to become the next up-and-coming Silicon Valley city.

In addition, the City is experiencing growth within its industry clusters due to significant business expansions that have totaled nearly \$500 million. Companies such as Delta, Seagate, Lam Research, Western Digital, and Thermo Fisher lead the way. The cleantech sectors also remain strong with SolarCity leasing part of the former Solyndra facility.

The Warm Springs Innovation District is taking shape, and the City of Fremont is looking forward to sharing news of improvements within the Innovation District in the months to come. For additional information, please visit [www.Fremont.gov/WarmSprings](http://www.Fremont.gov/WarmSprings).

### Plans for Artist Walk in Centerville

In Fremont's Centerville District, the City is working toward finalizing the sale and development of the Centerville Unified Site, one of the largest properties last held by the former Fremont Redevelopment Agency. The property will be developed with a high-quality, mixed-use development known as Artist Walk. It will feature 28,000 square feet of ground-floor commercial space along Fremont Boulevard, 185 residential apartments, and a privately-owned and -operated community room that will be made available to all residents for art exhibitions and meeting space.

Artist Walk will attract a new mix of retail, restaurants, and business services that can help create a walkable shopping environment, a "sense of place" for the community, and serve as a catalyst for the revitalization of Centerville. We anticipate that this project will break ground by this fall.

### Fremont Launches Residential Solar Discount Program

The City of Fremont has recently launched a new program called East Bay SunShares, designed to help local residents obtain rooftop solar electric systems. In partnership with the nonprofit Vote Solar Initiative and other East Bay cities, East Bay SunShares pools the buying power of local homeowners to get more competitive pricing from solar companies, making going solar easier and more affordable than ever for residents.

Through this program, residents can take advantage of discounted pricing from two local solar firms to purchase rooftop solar systems as low as \$3.50 per watt, which is 15 percent lower than the average cost of installation in the Bay Area. American-made panel and inverter options are also available at a slight cost premium.

East Bay SunShares is a limited-time opportunity that launched August 3 and runs until mid-October. Both residents and people who work in Fremont are eligible for the program, as well as family and friends.

### Two informational workshops are planned at the Fremont Main Library:

• **Saturday, September 12, 10 a.m. to 12 p.m.**

Fremont Main Library  
Fukaya Room A  
2400 Stevenson Blvd.  
<http://sunsharesfremontworkshop1.eventbrite.com>

• **Tuesday, September 29, 7 p.m. to 8:30 p.m.**

Fremont Main Library  
Fukaya Room B  
2400 Stevenson Blvd.  
<http://sunsharesfremontworkshop2.eventbrite.com>

This exciting and innovative program is being offered by the City of Fremont as part of the Fremont Green Challenge—a community-wide initiative to cut local greenhouse gas emissions. The Fremont Green Challenge is designed to help Fremont meet its sustainability goals as well as win the Georgetown University

Energy Prize, a two-year-long national energy reduction competition, with a \$5 Million prize for the community that achieves the deepest energy savings.

Homeowners are invited to take the Fremont Green Challenge and sign up with East Bay SunShares to receive a no cost, no obligation site evaluation and learn how to plug into the sun now to save on utility bills for years to come. Visit [www.Fremont.gov/Sunshares](http://www.Fremont.gov/Sunshares) for more information and to register. For more details about the Fremont Green Challenge, please visit [www.Fremont.gov/GreenChallenge](http://www.Fremont.gov/GreenChallenge).

### Family Fridays at Aqua Adventure

Fremont's Aqua Adventure Waterpark is holding its Family Friday on August 14 from 4 p.m. to 8 p.m. Tickets are \$7 in advance and \$8 at the door! Amazing attractions includes 40-foot waterslides, 700-foot lazy river, the Bucket Bay Kids Play Area, and much more! Aqua Adventure has fun attractions with great food to provide an affordable and amazing experience. Register online using the barcode #225817 at [www.RegeRec.com](http://www.RegeRec.com). For more information about visiting Aqua Adventure, check out our website at [www.GoAquaAdventure.com](http://www.GoAquaAdventure.com) or call 510-494-4426.

### Can't swim?

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Keep cool this summer and learn how to swim! Swimming is an excellent way for adults to stay active, exercise, and learn about water safety. Swimming is a low impact way of engaging several parts of the body without putting strain on the joints. It can be an individual or group sport that can also help improve stamina, balance, flexibility and posture. Swimming is a wonderful recreational activity that has many benefits.

Check out our private swim lessons at the Aqua Adventure Waterpark. Such lessons offer one on one interaction with our instructors. Also, we offer custom levels of classes ranging from beginner to advanced. Our certified staff will teach the building blocks necessary to become confident and safe in the water. On the last day of the lesson, all registrants will receive one free admission ticket to Aqua Adventure Waterpark.

For more information about the swim program, contact registration desk at 510-494-4300 or [RegeRec@fremont.gov](mailto:RegeRec@fremont.gov).

### Movie under the Stars

Join the City of Fremont Recreation Services Division for a Friday night movie this summer. On Friday, August 21, grab your picnic dinner, blanket, and beach chairs and head to the Central Park Performance Pavilion with family and friends for a fun night viewing the film Home on the big screen. There will also be all your favorite movie treats for sale including pizza, hot dogs, popcorn, ice cream, and more. The movie is free for all ages and is scheduled to start after the sun sets. For more information and updates, visit [www.Fremont.gov/MovieNight](http://www.Fremont.gov/MovieNight).

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# BUSINESS

## Amid California drought, fears rise of trees dying, falling

BY CHRISTINE ARMARIO  
ASSOCIATED PRESS

LOS ANGELES (AP)—As Californians and the communities they live in cut back water use and let lawns turn brown, arborists and state officials are worrying about a potentially dangerous ripple effect: City trees going neglected and becoming diseased or even falling.

With cities ordered to reduce water use by 25 percent during the state's four-year drought, many residents are turning off sprinklers — not realizing that trees can be permanently damaged by a sudden reduction in the amount of water they receive.

"You don't want to be cutting back the water to the trees," said Ruben Green, an arborist with Evergreen Arborist Consultants in Los Angeles. "The tree can't adjust."

Across the state, 12 million trees died over the past year due to lack of water, according to the U.S. Forest Service. While the bulk of those deaths occurred outside urban areas, conservationists and officials are now focusing on cities, where mandated water reductions are becoming visible in drying limbs and scorched leaves.

Fears that parched trees could pose a danger were heightened this week when a 75-year-old, 75-foot-tall pine tree fell on a group of kids from a camp at a Southern California children's museum, leaving a boy and girl hospitalized with serious injuries. An independent arborist and another from the city of Pasadena are conducting an investigation into the cause, which has not been determined to be drought-related.

Green visited the site of Tuesday's tree collapse and said it appeared unlikely the drought was to blame because the area around the tree looked well irrigated and its root system appeared compromised — a sign of rot, decay or injury, not necessarily the drought.

Still, the collapse highlighted concerns about the health of urban trees. Los Angeles alone has more than 25 square miles of parks and some 327,000 trees.

Green and other arborists said they have seen an increase in the number of diseased trees in the city. As they get less water, they become more prone to illness caused by pests. In addition to bark beetles, Green has seen a newer pest drilling tunnels in the trunks of "dozens and dozens of trees."

Arborists say the number of falling trees and limbs does not appear to have risen in Los Angeles, but there are concerns that could be next. They also are worried that if a strong El Nino brings a wet California winter, already distressed trees will collapse when a storm hits.

"We're really right on the brink of starting to face more serious issues," said Cindy Blain, executive director of California ReLeaf, a nonprofit network of urban and community foresting groups around the state. "This is a critical time."

A new six-person crew removes potentially hazardous trees from Los Angeles parks. So far this year, it has moved out 550

trees — surpassing the 300 removed in an average year.

"They are starting to fail due to the drought, and we want to make sure these trees don't potentially pose a hazard to the public," said Laura Baurenfeind, principal forester with the city parks department.

Turf areas in city parks are being watered three times a week, down from at least five when drought regulations were not in place. To help nearby trees compensate, the city and nonprofits are installing makeshift basins to filter water to trees.

Meanwhile, a public education campaign is underway. California ReLeaf has partnered with Save Our Water, a coalition of the California Department of Water Resources and Association of California Water Agencies, to better inform residents about proper tree care during the drought.

Blain said many of the people she's spoken with say they have forgotten about their trees or gotten worried and began watering at the tree's base. Trees should be watered from the edge of their canopy.

If a tree goes too long without enough water, it will become unable to soak up liquid at all.

Like many Californians, Bruce Birkett has reduced lawn watering at his childhood home in Los Angeles in response to the drought. Recently, though, he's watched in grief as the giant cedar in the front yard became brittle and brown.

"That was hard," he said, "watching this lovely tree looking poor."

## Silicon Valley Indian Lions Club



(Left to right): James Varghese, President; George Varghese, Secretary; Benzi Alex Mathews, Vice President; Sabu Peter, Treasurer

SUBMITTED BY  
JAMES VARGHESE

A new Lions club, the Silicon Valley Indian Lions Club, comes to Hayward. Club members elected Mr. James Varghese as the first Charter President. Additional club officers are: Mr. George Varghese (Secretary), Benzi Alex Mathew (First Vice President), Sabu Peter (Treasurer), Saju Joseph (Vice President and Charity Chair person), Annie Paul Thottungal (Director), Lisy John (Director), and Divya Varghese (Director).

Club member orientation of about 30 members was conducted in St. Gregorios Church Fellowship Hall in San Lorenzo. Lions Past District Governor Linda Griffins and Lions Past International Director Dr. Bill Ianaccone provided orientation to the new members. Rev. Fr. Mathewkutty of St. Gregorios Church presided over the meeting.

The official Charter Night is scheduled for October 10 at the Golden Peacock Banquet Hall in Hayward. Tickets are \$50 and the public can purchase tickets by emailing: james.varghese@comcast.net

The Lions Club of San Lorenzo is the sponsor club for the Silicon Valley Indian Club. Lions Clubs International is the world's largest service club organization with nearly 1.3 million members in approximately 45,000 clubs in over 206 countries.

**Silicon Valley Indian Lions Club Charter Night**  
**Saturday, Oct 10**  
**6 p.m. – 9 p.m.**  
**Golden Peacock Banquet Hall**  
**24989 Santa Clara St, Hayward**  
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## Booklegger orientation and training

SUBMITTED BY KAREN PACHECO

How would you like to have children hanging on your every word? Bring together books, children, and libraries through community service? If so, become a booklegger, and experience the satisfaction of bringing the joys of reading to children in grades Kindergarten through eighth.

Eight weeks of training at the Fremont Main Library will be held on Tuesday mornings from October 6 through December 1 and will introduce volunteers to booktalking, reading aloud and storytelling skills. Regular visits to schools in the Fremont Unified School District will follow.

An orientation meeting for prospective volunteers will be held at the Fremont Main Library on Tuesday, September 29, from 2 p.m. – 3 p.m. If you can commit 3-4 hours a week to this award-winning

program, now in its 31st year, or have any questions, please call the Children's Desk at the Fremont Main Library, (510) 745-1421.

Come join us for an exciting volunteer opportunity!

### Booklegger Orientation and Training

**Orientation**  
**Tuesday, Sept 29**  
**2 p.m. – 3 p.m.**

**Training**  
**Tuesdays: Oct 6 – Dec 1**  
**9:15 a.m. – 11:45 a.m.**

**Fremont Main Library, Conference Rm A**  
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# Shape Our Fremont

Where Fremont residents can learn about shaping proposed housing developments

## Planning News in Fremont and Beyond

Over the past few months, several development-related activities have taken place in and around Fremont without much public attention. Here are a few of them.

### Irvington BART Study Area

On June 16, the Fremont City Council approved the establishment of an Irvington BART Station Study Area adjacent to the proposed station. Development of properties within the Station Study Area will be subject to special review and possible delay to ensure they do not conflict with the land needed for parking, access, and utility routing related to the station.

Establishing the Study Area is a key step in Fremont's push to have a portion of the Measure BB funds prioritized for design and construction of the Irvington BART station. Voters approved Measure BB to provide funding for a wide range of transportation-related projects in Alameda County, and there is concern that higher-priority projects may deplete funds before work on the station can begin.

Meanwhile, development of properties outside the Station Study Area, but within the Irvington BART Transit-Oriented Development (TOD) Area, will be subject to the normal development review process. One proposal for a five-story condominium building on the west side of Osgood Road, south of the station, has already been approved.

### Designated Neighborhoods

Fremont Planning Department staff met with several residents on June 24 to discuss concerns regarding second-story additions to existing one-story houses in their area. Some of the concerns involved issues of privacy, building setbacks, second-story massing, and solar rights. During the meeting, staff dis-

cussed the possibility of making the area a "designated neighborhood" with special, more restrictive design standards aimed at preserving the original scale and character of the neighborhood. Fremont already has two designated neighborhoods — Glenmoor Gardens in the Centerville Area, and Mission Ranch in the Mission San Jose Area. Houses in those neighborhoods have stricter standards regarding architecture, second-story additions, building heights, setbacks, floor areas, and roof pitches.

City staff is currently reviewing the criteria for establishing designated neighborhoods, as well as the types of design standards that might apply to address specific concerns. A preliminary report is expected soon.

### Solar Rights

The concept of "solar rights" comes up when a multi-story structure is proposed to be built next to an existing single-story dwelling that is equipped with solar panels. If the proposed new construction is going to shade the solar panels, does the affected homeowner have the right to demand full access to the Sun?

Fremont has been a strong advocate of solar energy, so it's an important issue that needs to be addressed. That's exactly what the Planning Department staff is doing right now. A report is expected later this year. Currently, there are no city or state definitions or regulations regarding solar rights.

### Post-War Historic Review

The Fremont Historical Architectural Review Board (HARB) met on August 6 to discuss criteria for evaluating architecture and developments built in the 1945-1970 period. Fremont grew rapidly during the post-war years, and a great number of potentially historically significant structures

from that era are still standing.

All structures that are 50 years old or older are eligible to receive a preliminary evaluation by city staff. If a structure is deemed to potentially have some historical architectural value, staff will ask HARB to conduct a more detailed evaluation and make a recommendation on the structure's preservation. In order to properly evaluate post-war structures in Fremont, an outside consultant was hired to prepare a document covering just that period.

A report on the results of this meeting will appear in Shape Our Fremont.

### News in Other Cities

According to an article in the June 17 issue of the San Jose Mercury News, the Pleasanton City Council "has stopped planning for housing development on the last big empty parcel in town at least until the drought ends." They "decided to suspend planning for at least two years on an environmental report on housing options for the so-called East Side Specific Plan."

On July 28, residents in Walnut Creek were upset when the Contra Costa County Board of Supervisors approved construction of a six-story apartment building next to the Pleasant Hill BART station. Opponents pointed out that the project had originally been presented to the public and entitled as a four-story condominium building back in 2001 after a group of local residents had requested more for-sale units near the BART station. That project failed to move forward at the time, but residents claim the original design should have been followed with the new project to address the public concerns.

To learn more about planning issues and proposed housing developments in Fremont, go to [www.ShapeOurFremont.com](http://www.ShapeOurFremont.com)



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## Application available for

## Santa Clara County Poet Laureate post

SUBMITTED BY GWENDOLYN MITCHELL/ANNE CHANG

The County of Santa Clara in partnership with Silicon Valley Creates has announced the opening of the application process for selecting the 2016-2017 Santa Clara County Poet Laureate. The Poet Laureate is an honorary post. The selected poet's role is to elevate poetry in the awareness of Santa Clara County residents and to help celebrate the literary arts. The application deadline is 5 p.m. on September 30.

The honorary post of Santa Clara County Poet Laureate was created by the County of Santa Clara Board of Supervisors on November 18, 2008 in partnership with Silicon Valley Creates to identify a nominee to fill the two-year post, following appointment by the Board of Supervisors.

Three Poets Laureate have served to date: Nils Peterson (2009-2011), Sally Ashton (2011-2013) and presently David Perez (2014-2015).

Application guidelines are available at [www.sccgov.org/poetlaureate](http://www.sccgov.org/poetlaureate). For more information, please contact Silicon Valley Creates at [grant.apps@svcreates.org](mailto:grant.apps@svcreates.org) or (408) 998-2787 ext. 204.

Applications should be submitted by email to [grant.apps@svcreates.org](mailto:grant.apps@svcreates.org). Paper submissions can be sent to: Santa Clara County Poet Laureate, Silicon Valley Creates, 38 W. Santa Clara St, San Jose, CA 95113.

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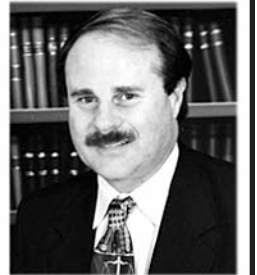
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*Pine Leaf Boys*



*Andre Thierry & Zydeco Magic*



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# Home & Garden

Most people probably think of windows and skylights only when they're buying or selling a house, when they get dirty, when they leak, or when the kid next door lobs a baseball through one. Yet the glass in your home is arguably among its most important features, directly impacting the structure's overall energy efficiency and livability.

Well-maintained, operational windows and skylights provide abundant natural light and passive ventilation, and models are available that maximize insulation values as well. If you've been overlooking the glass in your home even while you've been looking through it, take a moment to reflect on its condition, and whether it's helping you save energy or costing you money.

How windows work in your favor

The advantages glass brings to a home may seem obvious, but a deeper look reveals just how important it really is. Over time, homes have become much more energy efficient - which is good for the environment and your wallet - and better windows and skylights have a lot to do with that improvement.



## Glass Act

### Improving a home's energy efficiency

The National Fenestration Rating Council rates windows based on a number of basic criteria, including the U-factor, which measures heat loss through the glass, and solar heat gain, which indicates how much heat enters a room through the glass. Understanding how those two measures work and what they mean can help you choose the type of window that's best for where you live. For example, if you live in a hot climate you may want to consider selecting windows that minimize solar heat gain.

Many new technologies in glass design have enhanced the efficiency of windows. For example, the insulating effect of double-pane windows gets an added boost with the addition of blinds. Electrostatic film allows homeowners to make window glass clear or opaque with the touch of a button. Another type of window coating admits natural light, but blocks out most of the infrared energy and ultraviolet rays that, along with artificial lighting and other factors, create heat and cause fading of materials inside the home.

In addition to the energy efficiency of the glass itself, the quality and maintenance of the structure surrounding the glass - the framework that makes it a window instead of just a pane of glass - also affect its efficiency. Whatever type of window you choose - vinyl, wood, fiberglass or metal - or the age of existing windows, properly sealing them helps ensure they'll do their job as efficiently as possible. You can learn more about energy performance ratings and energy-efficient windows at [www.energy.gov](http://www.energy.gov).

Fresh air skylights and windows working together provide balanced natural light and passive ventilation contributing to energy efficiency in your home while providing decorating flare to your décor. Programmable remote control units can operate your skylights and blinds 24 hours a day. Solar powered fresh air skylights and blinds, along with installation costs, are eligible for a 30 percent federal tax credit. Get details at [www.whyskylights.com](http://www.whyskylights.com).

#### The advantages of skylights

Skylights have always offered many functional and aesthetic advantages for homeowners. They admit natural light, which can help reduce dependence on artificial light sources. Fresh air skylights can also provide passive ventilation to remove humidity, fumes and excess heat from a home - all of which improves indoor air quality. Today, high-tech, energy-efficient glass in modern skylights also works hard to help your home function optimally.

Manufacturers like Velux America utilize glass in their no leak solar powered fresh air skylights that stays cleaner and clearer, reduces outside noise, and protects the contents of your home - such as carpet and furnishings - from the fading effects of the sun. Velux's "Clean, Quiet & Safe Glass" is laminated with a super-thin coating of titanium dioxide and silicone dioxide to help keep the glass cleaner, and reduce outside noise by up to 25 percent compared to a standard double-pane glass and 50 percent compared to a plastic skylight. The glass sheds water more effectively and has a U-value and UV protection superior to regular tempered glass.

Remote-controlled, solar-powered blinds in decorator styles and colors further improve a skylight's overall energy efficiency. And you may be eligible for a 30 percent federal tax credit on solar skylights, blinds and installation cost. Visit [www.veluxusa.com](http://www.veluxusa.com) to learn more.

Humans have been making glass and using it in windows for thousands of years. Today's windows and skylights draw on thousands of years of human innovation and some very recent modern technological advances to help keep homes comfortable, secure and efficient.



Time to cover the windows in your bedroom? With fresh air skylights you can still have natural light and passive ventilation, along with privacy. And plus gaze at the stars at bedtime. Solar powered fresh air skylights and blinds, along with installation costs, are eligible for a 30 percent federal tax credit. More details are available at [www.whyskylights.com](http://www.whyskylights.com).

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# Become a long-term care ombudsman

SUBMITTED BY RAYMOND GRIMM

The Alameda County Long-Term Care Ombudsman program is holding a volunteer training class from September 16 to October 2. These classes provide an opportunity for volunteers to join the Ombudsman program, receive training, and become certified through the State of California.

The Ombudsmen advocate for the dignity, quality of life, and quality of care for residents of long-term care facilities throughout Alameda County. Ombudsmen ensure that the residents' rights are always respected and report violations to appropriate government authorities.

If you enjoy visiting elders, have a few hours a week to volunteer, are observant, reliable, can hold confidences securely and are unafraid of speaking out when something is not right, you may have what it takes to be an Ombudsman.

There will be an informal Ombudsman Orientation on Tuesday, August 25 in the Department of Adult, Aging and Medical Services Office in Oak-

land. The free training class is held for six days from 9:30 a.m. to 4:30 p.m. on the following dates: September 16, September 18, September 23, September 25, September 30 and October 2.

This is a great opportunity for individuals to serve in their local community. Please feel free to contact Denyse McCowan or Andrea Hall at ombuds@acgov.org or (510) 638-6878 to schedule a time for an interview prior to training.

**Ombudsman Orientation**  
Tuesday, Aug 25  
10 a.m.

Adult, Aging and Medical Services Office  
Big Sur Conference Room  
6955 Foothill Blvd, Ste 300, Oakland  
(510) 638-6878

ombuds@acgov.org  
www.alamedasocialservices.org/public/services/elders\_and\_disabled\_adults/ombudsman.cfm  
Free

# Friends of Children with Special Needs presents 'TOY STORY'

SUBMITTED BY ANNA WANG

Friends of Children with Special Needs (FCSN) will present the abbreviated play, "Toy Story," on Sunday, August 16 at New Hope Community Church in Fremont.

Nearly 50 children, teens, and young adults with disabilities have been working four days a week to produce the stage play about a boy whose toys pretend to be lifeless whenever humans are present. Woody, a pull-string cowboy, is concerned that he will lose his standing as the favorite toy when the boy, Andy Davis, receives a new toy for his birthday. Much of the play focuses on the relationship and adventures of Woody and Buzz.

FCSN has grown to serve more than 800 multi-ethnic families and provides 44 comprehensive programs for thousands of special need individuals of

all ages and their families. This marks the fourth year FCSN has offered a summer musical drama camp. Last year, the group presented an abbreviated version of "Finding Nemo"; other productions include "The Wizard of Oz" and "The Lion King."

The hour-long presentation is free to a supportive public. FCSN is looking to fill the seats of the church for the cast, often identified by their disabilities as they showcase their abilities.

**Toy Story**  
Sunday, Aug 16  
7 p.m.

New Hope Community Church  
2190 Peralta Blvd, Fremont  
(510)739-6900

http://fcsn1996.org/j25/  
Free



Drama camp students rehearse for Friends of Children with Special Needs' "Toy Story."

# 30,000 feet of lawn replaced in Union City parks

SUBMITTED BY LAUREN SUGAYAN

Union City has planted new native trees at the San Andreas Park and the surrounding areas as part of an Alameda County Water District grant to remove lawns and replace them with drought-tolerant plants. The City removed 30,000 feet of underutilized lawn in preparation for the new trees. These native, drought-tolerant trees will not require supplemental watering after a few years of drip watering. Drip watering systems, installed throughout the City over the last few years, are an alternative to the standard lawn sprinkler and are considered to be a controlled and efficient system of water distribution.

This is all part of a continuous effort by the City's Public Works Department to promote water conservation efforts and drought-friendly landscapes, even long before it became a State mandate. In fact, the City has won multiple awards for replacing a total of 300,000 square feet of underutilized lawn over the last five years. More recently, they received the Eagle Scout's Water Master Award for being leaders in the Silicon Valley Area as it relates to water conservation.

The City aims to lead by example in an overall effort to encourage residents to transition their yards to more drought-tolerant landscape. These measures have already saved thousands of gallons of water each year and reduced the loss of plant life in Union City due to the drought.

Residents can get more involved by visiting the City's website, www.unioncity.org, to learn about ways to conserve water at home. Also, Alameda County recently launched "The Drought & You" website to provide people with facts about the Drought, resources and tips on how to conserve water (http://www.acgov.org/drought/).



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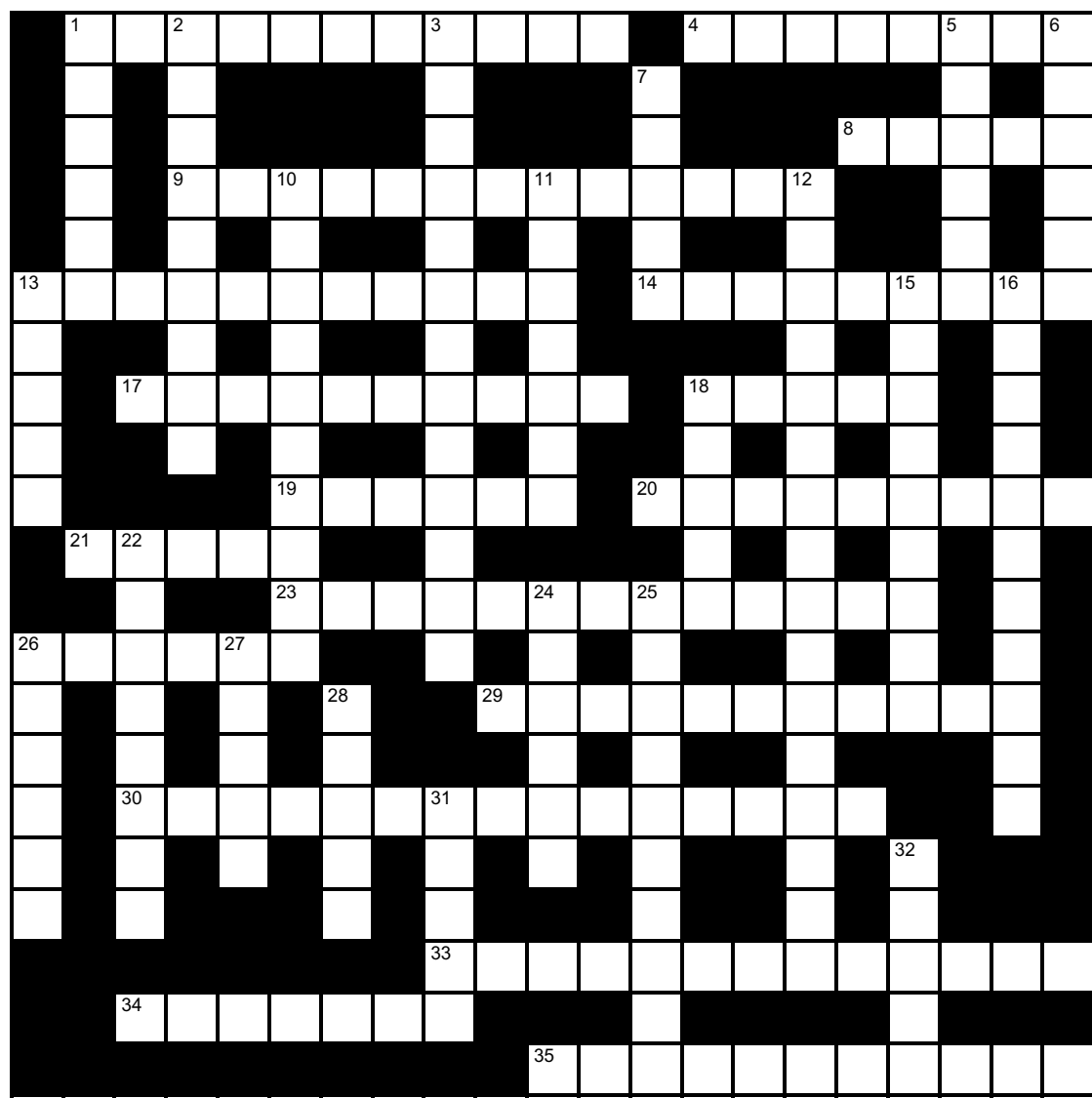


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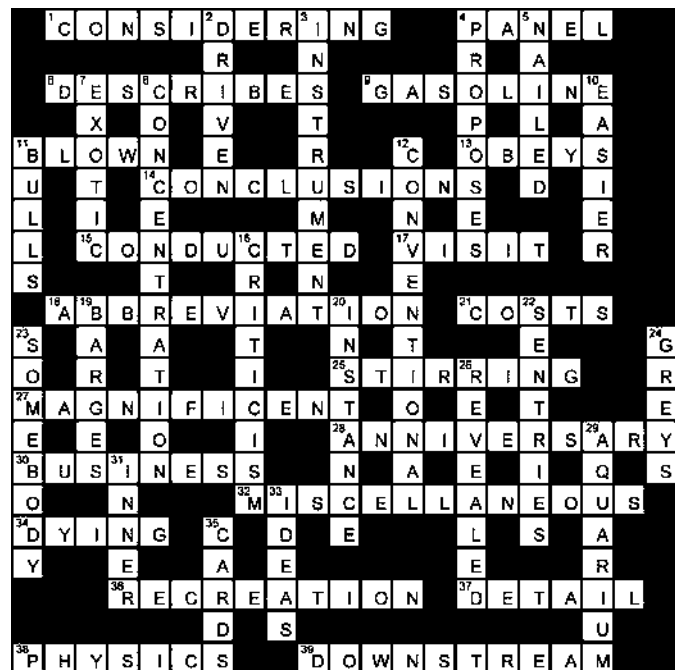
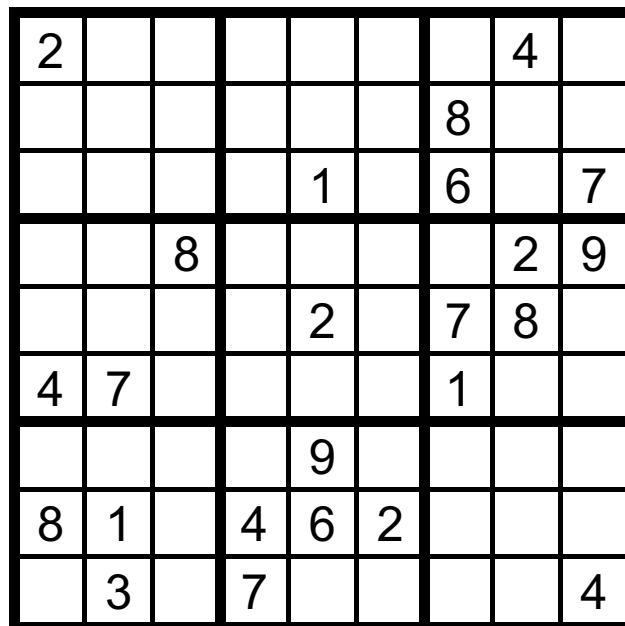
## Crossword Puzzle B 327



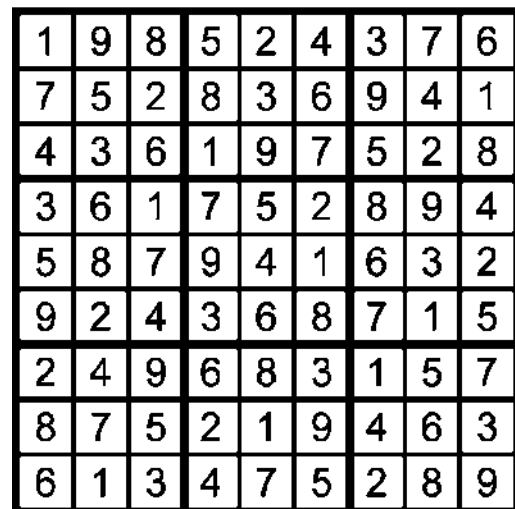
- |   |                                   |                          |
|---|-----------------------------------|--------------------------|
| Across  | 33 public notice (13)             | 18 Colossal (5)          |
| 1 irregular or discontinuous arrangement (11) | 34 compartment (7)                | 22 to point out (8)      |
| 4 general notion or idea (8)                  | 35 autonomous (11)                | 24 nature (6)            |
| 8 Absolute (5)                                | Down                              | 25 to recall (10)        |
| 9 straight up and down (13)                   | 1 Kind of wrestling (6)           | 26 seeing (6)            |
| 13 part of a mixture (11)                     | 2 for a time only (9)             | 27 Postal scale unit (5) |
| 14 family (9)                                 | 3 phonetic transcription (13)     | 28 numeral (5)           |
| 17 reptile (10)                               | 5 starchy crop (6)                | 31 Kind of cycle (5)     |
| 18 guttural sound (5)                         | 6 Magazine feature (6)            | 32 Set, as a price (5)   |
| 19 included (6)                               | 7 uneven (5)                      |                          |
| 20 admission (9)                              | 10 absurd (10)                    |                          |
| 21 "Saturday Night Fever" music (5)           | 11 As a preferred alternative (7) |                          |
| 23 distress (13)                              | 12 accountable (16)               |                          |
| 26 transmission of images (6)                 | 13 The Dow, e.g. (5)              |                          |
| 29 for jumping (11)                           | 15 costumes (9)                   |                          |
| 30 fulfillment (15)                           | 16 tower for guidance (11)        |                          |

## Sudoku:

Fill in the missing numbers (1 – 9 inclusive) so each row, column and 3x3 box contains all digits.



B 326



## Tri-City Stargazer AUGUST 12 - AUGUST 18, 2015 BY VIVIAN CAROL

For All Signs: Saturn, planet of reality, is semi-square to Pluto. I mentioned this aspect in July, but it continues for some time to come. On the personal level, it requires that you work really hard to hold onto your personal power in the face of circumstances that are not at all conducive to your use of it. Perhaps you somehow caught between two sets of conflicting rules. There is a sense of immediacy about it as though the work you are doing could make or break your life. You may have been feeling a clear need to reduce your footprint in the world by elimination of stuff. Indeed, major decisions at the corporate or government levels are being made that will affect many lives on Main Street. The evidence of the power's disregard for the people will be all too vivid but may not be immediate.

**Aries the Ram (March 21-April 20):** You will be more than a little bit tempted to pour everything you've got into your objectives now. This energy requires tender handling. If you push too hard or too fast, you will find others are shoving back. Use your powers of persuasion to get others on board so that they add to the energy for good lest you fail. Watch the accelerator foot.

**Taurus the Bull (April 21-May 20):** There is some emphasis on reviewing the past. An old friend or a relative may seek you out to discuss times gone by. You are drawn to all things beautiful and truly tempted to buy the wonderful items you see, especially those for your home. If you need to watch your dollars, leave your credit cards at home and wait a couple of days before making a big purchase.

**Gemini the Twins (May 21-June 20):** You may be feeling a lack of direction during the first days of this week. After the new moon on the 14th, the energies shift and you become invested in your projects and friends once again. Past work on a significant project related to your home pays off now. You may find the solu-

tion to a financial puzzle this week.

**Cancer the Crab (June 21-July 21):** Much of your time this week may be absorbed in the care of others who need your attention. This may occur on a psychological or physical level. The person needing your assistance may be from your family of origin. It is part of Cancer's place in life to attend to the comfort of loved ones.

**Leo the Lion (July 22-August 22):** Your body wants to express itself in some activity requiring use of muscles. If that is not possible, you might become snappish. Your need to compete is heightened. Activities involving the Internet or travel are favored. You want to expand your territory.

**Virgo the Virgin (August 23-September 22):** You will be prone to tell yourself what you want to think this week. Seek confirmation from others before you draw conclusions. You will have favorable outcomes with education and/or travel at this time. Love life and activities involving children will be rewarding.

**Libra the Scales (September 23-October 22):** Love and social life are high on your priority list now. You may not have the time to attend to all your invitations. Short distance trips, errands, and education - whether it involves teaching or learning - are all on the A-rated list. You have a need to communicate the ideas that rush through your mind.

**Scorpio the Scorpion (October 23-November 21):** You could become embroiled in a battle of wills over whom is right. In order to steer clear of a war, remain aware that the subject matter is what you think, not who you are. If the opposition has authority over the matter, use only persuasive measures. The more ammunition, the better.

**Sagittarius the Archer (November 22-December 21):** Next week your ruling planet, Jupiter, is moving forward into the sign of Virgo. It is probable that you will be singled out for the limelight. People will be telling you how wonderful you are. All this attention is enough to inflate anyone. Keep one foot on the ground so you won't fall too far when this high time has passed.

**Capricorn the Goat (December 22-January 19):** You may feel chained to the ground with all the structure and rules around you. Rules and regulations probably feel overbearing and even unnecessary but there they are. Do your best to not let this environment get you down. When we feel mistreated, sometimes we turn around and mistreat another who had nothing to do with it.

**Aquarius the Water Bearer (January 20-February 18):** It is possible that there are one or more people working against your better interests. Circumstances are such that you cannot face them head on. It would be easier to have a flat out battle than deal with this petty, secretive undercurrent. Bide your time

until the moment comes that you can be open and confront the issues.

**Pisces the Fish (February 19-March 20):** Make a special effort to keep up with keys, tickets, and other small items. Your feelings are easily injured right now. On the other hand, you may be the offender hurting someone else. Try to stay on the planet and think carefully before you speak. If you feel hurt, don't leap to a conclusion before you ask what the meaning is of a behavior or a comment.

Are you interested in a personal horoscope?  
Vivian Carol may be reached at (704) 366-3777 for private psychotherapy or astrology appointments (fee required).



www.horoscopesbyvivian.com

# Think Fremont

## Fremont Youth Empowerment Academy - Graduation of Class of 2015



The Youth Empowerment Academy, wrapping up its third year, is offered through the City's Human Services Department, Youth and Family Services Division. It is designed to help "at risk" and Probation youth develop better decision making, health and life skills, while offering opportunities for summer employment, community service and leadership development. This year, 17 young people from the Tri-Cities participated in the program, with an opportunity to earn both elective and work experience high school credits toward graduation. The program partners with local school districts, the Highway to Work Program, the Alameda County Center for Healthy Schools and Communities, Pro-

batation Department Officers, and other organizations in the community.

During this year's program the youth had an opportunity to work with renowned San Francisco Urban Artist/Muralist, Cameron "Camer1" Moberg to create a community mural which will be mobile and displayed throughout the community. The youth were highly engaged in this project and demonstrated a high commitment to attend the Academy three days each week as well as the Highway to Work program. Participants also designed a new logo for the program showing their ownership in the process.

Congratulations to this year's Youth Empowerment Academy graduates!



## Join us for the West Coast Premiere of "Beyond Bollywood: Indian Americans Shape the Nation"

The City of Fremont's Olive Hyde Art Gallery hosts the West Coast premiere of Beyond Bollywood: Indian Americans Shape the Nation – August 1 through October 10, 2015. This exhibition, created by the Smithsonian Asian Pacific American Center and the Smithsonian Institution Traveling Exhibition Service (SITES), details the history of Indian Americans and their contributions to the United States from the 1700s to the present.

From the builders of some of America's earliest railroads and farms to Civil Rights pioneers to digital technology entrepreneurs, Indian Americans have long been an inextricable part of American life. Beyond Bollywood: Indian Americans Shape the Nation explores the Indian American experience and the community's vital political, professional, and cultural contributions to American life and history. The exhibition moves past pop-culture stereotypes of Indian Americans to explore the heritage, daily experience, and diverse contributions of Indian immigrants and their descendants in the United States. Weaving together stories of individual achievement and collective struggle, Beyond Bollywood uses photography, narrative, multimedia, and interactive stations to tell a uniquely American story, while conveying the texture, vibrancy, and vitality of Indian American communities. Beyond Bollywood: Indian Americans Shape the Nation was created by the Smithsonian Asian Pacific American Center and the Smithsonian Institution Traveling Exhibition Service.

The Olive Hyde Art Gallery is located at 123 Washington Blvd. (on the corner of Mission Boulevard), in the Mission San Jose area of Fremont. Gallery hours are Thursday through Sunday, noon to 5 p.m. For more information call 510-791-4357 or email [gkim@fremont.gov](mailto:gkim@fremont.gov).

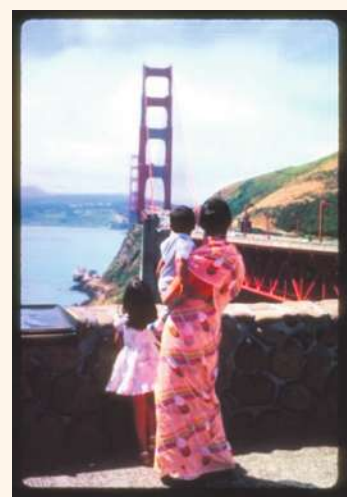


Photo by Prithvi Sharma

survey

## Calling All Older Adults in the Fremont Community

Are you 55 years or older and a member of the Fremont community? If so, the City of Fremont is looking for your input!

Fremont residents can help inform the City of Fremont and Alameda County about the needs of older adults and the best way to create an aging-friendly community. It just takes 15 minutes of your time.

Complete the online survey at [www.surveymonkey.com/s/AColderAdultSurvey2015](http://www.surveymonkey.com/s/AColderAdultSurvey2015) or pick up a paper copy at the Fremont Senior Center, 40086 Paseo Padre Pkwy.

You may also download a printed version of the survey in Cambodian, English, Farsi, Mandarin, Spanish, Tagalog, and Vietnamese at [www.seniorservicescoalition.org/alameda-county-older-adult-survey-toolkit](http://www.seniorservicescoalition.org/alameda-county-older-adult-survey-toolkit).

## Senior Scam Stopper Seminar

The Fremont Senior Center will be hosting a Senior Scam Stopper seminar on Friday, August 21 from 1 p.m. to 3 p.m. Learn how to protect yourself and your loved ones from scams. Seniors, their families, and caregivers are welcome to attend this free seminar. The Fremont Senior Center is located at 40086 Paseo Padre Pkwy. For more information, or to RSVP, call 510-583-8818.

## Sign up for a Free Personal Emergency Preparedness Class



The City of Fremont's Fire Department is offering a free Personal Emergency Preparedness (PEP) class, which will teach you how to take care of yourself and your family before, during and after a disaster.

In just a single three-hour class, you will become an expert in:

- Earthquake and Disaster Awareness
- Gas, Electric and Water Shut-off
- Hazardous Material Awareness
- Fire Extinguisher Types
- Smoke Detector Placement
- Sheltering In-place

Classes are held from 7 p.m. to 10 p.m. on September 24 and November 10. A special Saturday class will

be held from 9 a.m. to 12 p.m. on October 17. All classes will be located at the Fremont Fire Training Tower, located at 7200 Stevenson Blvd., west of Interstate 880.

To register for a free PEP class, please call 510-494-4244 or send an email to [FirePubEd@fremont.gov](mailto:FirePubEd@fremont.gov) noting which date you'd like to attend.

If you are part of a group and would like to schedule your own personal group PEP class, please contact Chuck Guaraglia, Public Education with the Fremont Fire Department, at 510-792-3473 or [guaraglac@comcast.net](mailto:guaraglac@comcast.net).

Fremont

# MOVIES

under the stars!

Bring the family & enjoy a movie in the park!

## Friday, Aug 21<sup>st</sup>

### Movie in the Park

# HOME

Central Park \* Performance Pavilion

Bring a picnic dinner or purchase your favorites at our snack bar! We have pizza, hot dogs, popcorn, ice cream & much more for sale!

Join the Recreation Services Division for one of two Friday Night Movies this Summer! The movies will start in the evening after the sun sets! Both events are FREE, so grab some blankets and low beach chairs to enjoy a great flick this summer season! Featured movies may be subject to change. The film "Home" (2015) is rated PG.

For more information, visit [www.Fremont.gov/MovieNight](http://www.Fremont.gov/MovieNight)

## FREMONT'S FINAL CENTRAL PARK SUMMER CONCERT OF THE SERIES

Join us for the final Central Park Summer Concert on Thursday, August 13 from 6 p.m. to 8 p.m. at the Central Park Performance Pavilion. Rock out to East Bay Mudd (Big Horn Band Playin' R&B Hits)!

Don't forget to bring low beach chairs, blankets, and a picnic dinner for the show. And if you don't want to pack dinner, we've got you covered with mouthwatering barbecue and all your favorite snacks to purchase. This



event is perfect for all ages and will feature a bounce house and other kid-friendly activities. Be sure to check out the Recreation Services booth for a chance to win a family 4-pack to the Aqua Adventure Waterpark! For more information, visit [www.Fremont.gov/Concerts](http://www.Fremont.gov/Concerts).

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*live music*  
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*movie night*  
every Tuesday 7-10 p.m.

*wine tasting*  
Sunday (TBA) 3-6 p.m.

over 50 selected wines / crafted beer / barrel-aged beer  
tapa & snack / panini & sandwich / entree / dessert

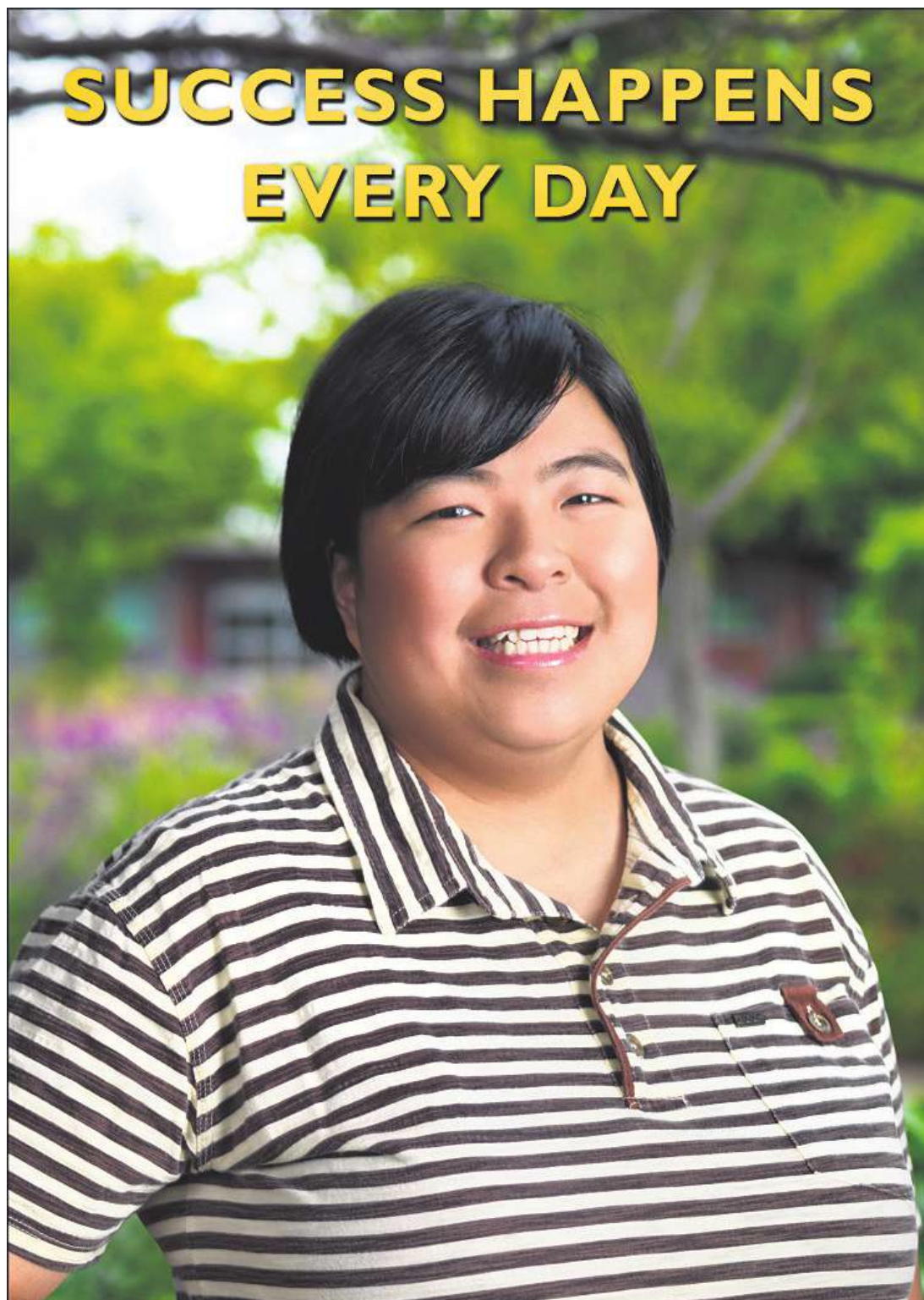


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flightwinebarcafe

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EVERY DAY**

Name: Kate  
Hometown: Union City  
Degrees: A.A. Political Science,  
A.A. International Studies  
Future Plans: Transferring to UCLA

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4:00 to 7:00 PM in Building 700.  
Everyone is welcome and refreshments will be served.




Fall classes start August 17th.  
Register Now! Just \$46 per unit.  
Financial aid is available for those who qualify.

[www.chabotcollege.edu](http://www.chabotcollege.edu)


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38991 Farwell Drive, Fremont

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124249 Hesperian Blvd., Hayward 510-264-9669

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## I need a Forever Home



Pinto is a lively, playful and inquisitive little black and white kitten He's a friendly boy who is happy being held and loved. Meet Pinto and his brother Cowboy at the Hayward Animal Shelter. Info: (510) 293-7200.



Sir Lancelot is a young, laid-back mellow bunny. He loves vegetables and Timothy hay. Meet him and he'll steal your heart. Neutered and ready to go home. Meet Sir Lancelot at the Hayward Animal Shelter. Info: (510) 293-7200.

Enrich Your Life - Become a Volunteer!

### Hayward Animal Shelter

www.facebook.com/haywardanimalshelter  
510-293-7200  
16 Barnes Court (Near Soto & Jackson) Hayward  
Tuesday - Saturday 1pm - 5pm

\$ = Entrance or Activity Fee  
R= Reservations Required  
Schedules are subject to change.  
Call to confirm activities shown in these listings.



### CONTINUING EVENTS

**Monday, Jun 22 - Friday, Aug 13**

**Ohlone for Kids \$R**  
8 a.m.  
Summer enrichment program for teens  
Registration begins April 1  
Ohlone College  
43600 Mission Blvd, Fremont  
(510) 979-7597  
www.ohloneforkids.com

**Fridays, May 1 - Oct 30**

**Fremont Street Eats**  
4:30 p.m. - 9:00 p.m.  
Food Trucks offers culinary treats  
No smoking and no alcohol  
Downtown Fremont  
Capitol Ave., Fremont  
www.fremont.gov/Calendar

**Tuesdays, Jun 2 thru Sep 29**

**Street Eats**  
5 p.m. - 9 p.m.  
Variety of food trucks and entertainment  
San Leandro Street Eats  
Davis St. and Hayes St.,  
San Leandro  
thefoodtruckmafia@gmail.com  
www.thefoodtruckmafia.com

**Thursdays, Jun 4 thru Sep 24**

**Food Truck Mafia**  
5 p.m. - 9 p.m.  
Variety of food trucks and entertainment  
San Lorenzo Street Eats  
Hesperian Blvd. and Paseo Grande, San Lorenzo  
thefoodtruckmafia@gmail.com  
www.thefoodtruckmafia.com

**Thursdays, Aug 20 - Oct 29**

**Citizen Police Academy - R**  
5:30 p.m. - 9:00 p.m.  
Volunteers train to assist Newark Police  
Application due 7/15  
Newark Police Department  
37101 Newark Blvd., Newark  
(510) 578-4352  
beverly.ryans@newark.org

**Wednesdays, Jul 1 - Aug 26**

**Walk This Way \$**  
9:30 a.m. - 11:00 a.m.  
Integrates walking, flexibility, and balance  
Ages 50+  
Kennedy Community Center  
1333 Decoto Rd., Union City  
(510) 657-5329  
www.UnionCity.org

**Wednesday, Jul 9 - Sunday, Aug 16**

**Tattooed and Tenacious: Inked Women in California History \$**  
10 a.m. - 4 p.m.  
Exhibit details circus sideshows and tattoos dating from 1882  
Hayward Area Historical Society  
22380 Foothill Blvd., Hayward  
(501) 581-0223  
www.haywardareahistory.org

**Tuesday, Jul 28 - Thursday, Aug 27**

**Canned Food Drive**  
Mon & Wed: 12 noon - 4 p.m.  
Tus & Thurs: 9 p.m. - 1 p.m.  
Donate canned and nonperishable items  
Viola Blythe Community Service Center  
37365 Ash St., Newark  
(510) 794-3437  
violablythe@sbcglocal.net  
www.violablythe.org

**Tuesday, Jul 28 - Friday, Sep 18**

**Landscapes, Portraits and Other Things Beautiful**  
8 a.m. - 5 p.m.  
Art based on biology  
Phantom Art Gallery  
457 E. Calveras Blvd., Milpitas  
(408) 586-3409  
http://www.ci.milpitas.ca.gov/government/recreation/phantom\_art.asp

**Saturday, Aug 1 - Sunday, Oct 10**

**Beyond Bollywood: Indian American Shape the Nation**  
12 noon - 5 p.m.  
Smithsonian traveling exhibit  
Olive Hyde Art Gallery  
123 Washington Blvd., Fremont  
(510) 791-4357  
www.olivehydeartguild.org

**Tuesdays, Aug 4 thru Sep 1**

**Family Caregiver Education Series - R**  
8 p.m.  
Strategies in providing care to loved ones  
Washington Hospital  
2500 Mowry Ave., Fremont  
(800) 963-7070  
www.whhs.com/events

**Friday, Jul 31 - Sunday, Aug 30**

**Smokey Joe's Café \$**  
8 p.m.; Sundays at 6 p.m.  
A night of Leiber and Stroller songs  
Chanticleers Theatre  
3683 Quail Ave, Castro Valley  
(510) 733-5483  
www.chanticleers.org

**Tuesdays, Aug 4 thru Aug 25**

**Hot August Nights**  
5 p.m. - 9 p.m.  
Classic cars, food trucks, and beer tasting  
Dale Hardware  
3700 Thornton Ave, Fremont  
(510) 797-3700  
www.dale-hardware.com

**Monday, Aug 10 - Friday, Aug 14**

**National Health Center Week**  
9 a.m. - 5 p.m.  
Health screenings, immunizations and physicals  
Tri-City Health Center  
39500 Liberty St., Fremont  
(510) 252-6800  
http://tri-cityhealth.org/

**Monday, Aug 17 - Friday, Aug 21**

**Summer Tech Splash - \$R**  
3:30 p.m. - 5:30 p.m.  
Robotics and website building for girls  
Fremont Adult School  
4700 Calaveras Ave., Fremont  
(510) 794-2538  
www.techgirlsrev.com/splash



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**Fri 8/14 Black Cat and The Ro'Doggs Zydeco**

**Sat 8/15 Ruckatan**

**Fri 8/21 Rockin' Johnny with Aki Kumar**

**Sat 8/22 Frank Bey and Anthony Paule**

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# Farmers' Markets

## FREMONT:

**Centerville Saturdays**  
9 a.m. - 1 p.m.  
Year-round  
Bonde Way at Fremont Blvd., Fremont  
(510) 909-2067  
www.fremontfarmersmarket.com

**Downtown Fremont Farmers' Market Wednesdays**  
3 p.m. - 7 p.m.  
May thru October  
Capital Ave. between Liberty St. and State St.  
www.westcoastfarmersmarkets.org

**Kaiser Permanente Fremont Farmers' Market Thursdays**  
10 a.m. - 2 p.m.  
Year-round  
39400 Paseo Padre Pkwy., Fremont  
800-949-FARM  
www.pcfma.com

**Irvington Farmers' Market Sundays**  
9 a.m. - 2 p.m.  
Year-round  
Bay Street and Trimboli Way, Fremont  
800-949-FARM  
www.pcfma.com

**Niles Farmer's Market Saturdays**  
9 a.m. - 2 p.m.  
Year-round  
Niles Town Plaza  
37592 Niles Blvd., Fremont  
www.westcoastfarmersmarket.org

## HAYWARD:

**Hayward Farmers' Market Saturdays**  
9 a.m. - 1 p.m.  
Year-round  
Hayward City Plaza  
777 B. St., Hayward  
1-800-897-FARM  
www.agriculturalinstitute.org

**South Hayward Glad Tidings Saturdays**  
9 a.m. - 3 p.m.  
Year-round  
W. Tennyson Rd. between Tyrell Ave. and Tampa Ave., Hayward  
(510) 783-9377  
www.cafarmersmarkets.com

## SAN LEANDRO:

**Kaiser Permanente San Leandro Wednesday**  
10 a.m. - 2 p.m.  
June 11, 2014 to December 31, 2014  
2500 Merced St, San Leandro  
www.cafarmersmarkets.com

**MILPITAS: Milpitas Farmers' Market at ICC Sundays**  
8 a.m. - 1 p.m.  
Year-round  
India Community Center  
525 Los Coches St.  
800-949-FARM  
www.pcfma.com

**NEWARK: Newark Farmers' Market Sundays**  
9 a.m. - 1 p.m.  
Year-round  
NewPark Mall  
2086 NewPark Mall, Newark  
1-800-897-FARM  
www.agriculturalinstitute.org

**Bayfair Mall Saturdays**  
9 a.m. - 1 p.m.  
Year-round  
Fairmont and East 14th St., San Leandro  
(925) 465-4690  
www.cafarmersmkt.com

## UNION CITY:

**Kaiser Permanente Union City Farmers' Market Tuesdays**  
10 a.m. - 2 p.m.  
Year-round  
Kaiser Permanente Medical Offices  
3553 Whipple Rd., Union City  
800-949-FARM  
www.pcfma.com

**Union City Farmers' Market Saturdays**  
9 a.m. - 1 p.m.  
Year-round  
Old Alvarado Park  
Smith and Watkins Streets, Union City  
800-949-FARM  
www.pcfma.com

# UNION CITY APOSTOLIC CHURCH Annual Family Fun Festival

**Free Admission Aug. 22 10am - 6pm**  
Live Entertainment Food & Clothing Give Away Fun Games & More  
**33700 Alvarado-Niles Rd. Union City**  
corner of Western & Alvarado-Niles Rd.

## THIS WEEK

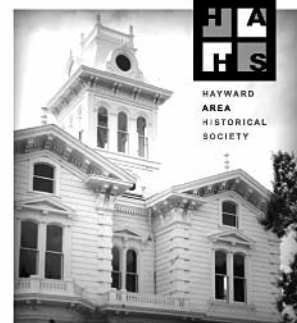
**Saturday, Aug 11**  
**Cajun Zydeco Music Festival \$**  
10 a.m. - 7 p.m.  
Music, dancing and Southern Cajun food  
Ardenwood Historic Farm  
34600 Ardenwood Blvd., Fremont  
(510) 544-2797  
www.ebparks.org

**Wednesday, Aug 12**  
**Get Loud**  
2 p.m. - 4 p.m.  
Listen to vinyl records music  
Hayward Weekes Branch Library  
27300 Patrick Ave., Hayward  
(510) 293-5566  
http://www.library.hayward-ca.gov/

**Thursday, Aug 13**  
**Life Drawing Drop In Session \$**  
7 p.m. - 9 p.m.  
Nominal fee for model and no instructor  
Fremont Art Association  
37697 Niles Blvd., Fremont  
(510) 792-0905  
www.FremontArtAssociaion.org

**Thursday, Aug 13**  
**Indo American Heritage Celebration**  
7 p.m. - 8 p.m.  
Classical Indian dance performance  
San Leandro Public Library  
300 Estudillo Ave., San Leandro  
(510) 577-3971  
www.aclibrary.org

**Thursday, Aug 13**  
**Peter Apel in Concert**  
11:30 a.m.  
Songs, stories and magic for preschoolers  
Fremont Main Library  
2400 Stevenson Blvd., Fremont  
(510) 745-1400  
www.aclibrary.org



## Summer Days at Meek Mansion Saturday, August 15

History tours of Meek Mansion at 10am, 12pm, 2pm, and 4pm. \$15 for adults, \$10 for HAHS members, seniors and students. Tickets must be purchased in advance. Free family fun begins at 6pm with the HARD recreation vehicle, face painting, the movie *Strange Magic*, and refreshments.

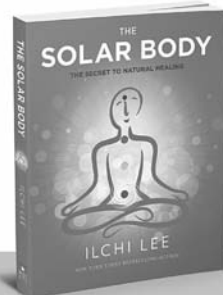


In partnership with Cherryland Community Association and Hayward Area Recreation and Park District.  
VISIT US ONLINE AT [HAYWARDAREAHistory.org](http://HAYWARDAREAHistory.org) • 510-581-0223

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## HEALTHIER TOGETHER SAT AUGUST 15TH 1:00 PM-3:00 PM. IMMUNITY BOOST: Energize your immune system

Call Fremont Body & Brain Center or email to reserve your seat.  
39360 Fremont Blvd. Fremont  
(510) 742-9642  
email [Fremont@BodynBrain.com](mailto:Fremont@BodynBrain.com)

**FREE Adult Reading and Writing Classes** are offered at the Alameda County Library  
**Tell A Friend** Call Rachel Parra 510 745-1480

## Church of Christ of Fremont

4300 Hansen Ave. Fremont

510-797-3695

[www.fremontchurchofchrist.org](http://www.fremontchurchofchrist.org)

Whoever Drinks Of The Water That I Will Give Him Shall Never Thirst; But The Water That I Will Give Him Will Become In Him

A Well Of Water Springing Up To Eternal Life  
John 4:14

AA Meetings Every Tues and Thurs Evenings 7:30-9:30pm In Spanish In the Fellowship Hall

## Services

Sunday: 10:45am and 6pm  
Wednesday: 7:30pm

**Thursday, Aug 13**  
**Summer Concert Series: Easy Bay Mudd**  
6 p.m. - 8 p.m.  
Big horn band plays R & B hits  
Fremont Central Park  
4000 Paseo Padre Parkway, Fremont  
(510) 494-4300  
www.fremont.gov

**Friday, Aug 14**  
**Family Friday \$**  
4 p.m. - 8 p.m.  
Enjoy water slides and lazy river  
Aqua Adventure Water Park  
40500 Paseo Padre Pkwy, Fremont  
(510) 494-4300  
www.RegRec.com

**Friday, Aug 14**  
**Friday Teen Festivities \$**  
4:45 p.m.  
Sharks and Minnows seafood night  
Silliman Activity Center  
6800 Mowry Ave., Newark  
(510) 578-4620  
www.newark.org

**Friday, Aug 14 - Saturday, Aug 15**  
**Summer Shorts \$**  
8 p.m.  
10-minute original plays  
Broadway West Theatre Co  
4000-B Bay St, Fremont  
(510) 683-9218  
www.broadwaywest.org/

**Saturday, Aug 15**  
**Twilight Marsh Walk - R**  
7:30 p.m. - 9:15 p.m.  
Easy 1.3 mile stroll along tide lands  
Not suitable for young children  
SF Bay Wildlife Refuge  
1 Marshlands Rd., Fremont  
(510) 792-0222 x362  
<http://donedwardstwillight.eventbrite.com>

**Saturday, Aug 15 - Sunday, Aug 16**  
**Family Overnight Sundown Safari \$R**  
5 p.m. - 10 a.m.  
Dinner, twilight zoo tour, camp-out and breakfast  
Oakland Zoo  
9777 Golf Links Rd., Oakland  
(510) 632-9525 x220  
educationreservations@oakland-zoo.org  
www.oaklandzoo.org

**Saturday, Aug 15**  
**Costume Drama Night \$**  
7:30 p.m.  
*Thief of Baghdad, Call the Witness and Yukon Jake*  
Niles Essanay Theater  
37417 Niles Blvd, Fremont  
(510) 494-1411  
www.nilesfilmuseum.org



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**St. Edward Catholic School OFFERS Transitional Kindergarten!**



St. Edward School is excited to announce Transitional Kindergarten beginning in August 2015. Students will discover a love for learning through monthly themes, letter of the week learning and math concepts presented in a play-based and hands-on environment. We welcome children who are potty trained and 4 years of age as of September 1, 2015.

The TK school day is from 8 a.m. to 3 p.m. If you feel your child isn't ready to begin in August, applications will be accepted throughout the school year. St. Edward School, a TK-8th grade Catholic school, is accepting applications for all grades.

**Please call 510-793-7242 or visit [www.stednewark.org](http://www.stednewark.org)**

**St. Edward School - 5788 Thornton Ave., Newark**



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43693 Mission Blvd., Fremont  
Across from Ohlone College at the intersection of Mission & Pine St.



continued from page 1



Hailing from southwest Louisiana, the Pine Leaf Boys have made a name for presenting their own inimitable brand of Cajun music with youthful exuberance. Nominated for a Grammy four times, the Pine Leaf Boys were described in the New York Times as "... the link that connects the young and the old generations," and "the best new, energetic, and fun Cajun band in a very long time." The Pine Leaf Boys have been invited on three occasions by the U.S. State Department to tour the world and present true music to Saudi Arabia, United Arab Emirates, Jerusalem, Latvia, Denmark, Slovenia, Uzbek, Tajik, and Kyrgyz. The variety and energy they release evolves through their shows, bringing multi-faceted angles to Cajun, Creole, and Zydeco.

Andre Thierry has been a crowd favorite with his finely-honed blend of traditional Zydeco music, hip-hop, blues, jazz, and rock. While Thierry was born in Richmond, California, his family roots are from Louisiana. His

grandfather, Houston Pitre, encouraged Thierry to take up the accordion after a visit from the "King of Zydeco," legend Clifton Chenier. By age 12 Thierry had formed Zydeco Magic and was performing with bands visiting from Louisiana. While playing Washington, D.C., in 2003, the Washington Post called Andre a "master" at "pumping out fast, funky rhythms on an instrument not usually associated with earthy syncopation." Andre Thierry and Zydeco Magic received the West Coast Blues Hall of Fame award for "Best Zydeco Group" in 2008.

Corey Ledet and His Zydeco Band was founded in 2003 by Ledet, who spent his summers with family in the small town of Parks, Louisiana, which inspired him to move to Louisiana after he graduated. Ledet fuses old and new styles of Zydeco from all musicians that have influenced him, making his own unique sound. The band has toured overseas to France, Germany, and Russia. Ledet was a Grammy



Corey Ledet, photo courtesy of the artist



Andrew Carriere, photo courtesy of EBRPD

nominee for his sixth record "Nothin' But the Best."

Andrew Carriere and The Cajun/Zydeco Allstars are led by the 74-year-old accordion player, who loved listening to Zydeco while growing up but didn't become a serious musician himself until after he landed in California in the early 1970s. Eventually he began singing and playing triangle with the California Cajun Orchestra, then moved on to the accordion. Andrew Carriere and the Cajun/Zydeco Allstars feature Zydeco and traditional French music as well as country and rock 'n' roll.

Enjoy the day at Ardenwood Historic Farm, surrounded by fields of organic produce and the historic Patterson House Museum. Stroll shaded pathways or take the

train from the entrance to the festival site. Bring a blanket, low-back lawn chair, sunblock, and hat. Low canopies are welcome in the back or side areas (please be courteous and do not block views of the stage). Wear your dancing shoes! Please purchase beverages inside the festival. Fabulous food will also be available for purchase. No pets allowed.

Proceeds benefit Parks Express Transportation, a District outreach program for schools and groups that serve children from low-income families, seniors, and people with disabilities visiting the East Bay Regional Parks. Additional donations welcome.

Gates open at 10 a.m.; dance lessons start at 10:30 a.m. with live music from 11 a.m. until

6:30 p.m. Advance tickets are \$20 for adults and \$5 for youth (4 to 15 years) and can be purchased through August 11 at 1-888-EBPARKS (888-327-2757), option 2 or online at [EBParksOnline.org](http://EBParksOnline.org). Day of event tickets are \$24 for adults, \$7 youth. Kids three and under are free.

**Cajun/Zydeco Festival**  
**Saturday, Aug 15**  
**10 a.m. - 6:30 p.m.**  
**Ardenwood Historic Farm**  
**34600 Ardenwood Blvd, Fremont**  
**1-888-EBPARKS**  
**[www.ebparks.org](http://www.ebparks.org)**  
**Tickets: \$20 adults, \$5 youth in advance; \$24 adults, \$7 youth day-of event**  
**Free parking**

## Original Plays take center stage at Summer Shorts

SUBMITTED BY MARY GALDE

Broadway West Theatre Company proudly presents our 11th annual "Summer Shorts Staged Readings." The audience will be treated to a collection of 10-minute original plays written by budding playwrights from the Bay Area and

beyond, and performed and directed by local actors and directors.

Two evening performances will feature work by Courtney Antonioli, Tess Black, Paul Braverman, Brett Hursey, Vaughn Hovanessian, Richard Lau, Rhea MacCallum, Earl T. Roske, and Rich Ruben, directed by Mary Galde, Greg Small, Kyle

Smith, and Jim Woodbury. Actors include Dawn Cates, Ambera DeLash, Elizabeth Lowe, Greg Small, Kyle Smith, and Jim Woodbury.

Tickets are \$10, first come, first seat, and will be sold at the door. Refreshments are included.

**Summer Shorts**  
**Friday, Aug 14 & Saturday, Aug 15**  
**8 p.m.**  
**Broadway West Theatre Company**  
**4000-B Bay St, Fremont**  
**(510) 683-9218**  
**[www.broadwaywest.org](http://www.broadwaywest.org)**  
**Tickets: \$10**



## The sweet sounds of Summer Concerts

When summer rolls back into town, so do the great series of summer concerts. From Milpitas to Castro Valley the Tri-Cities offer several opportunities to get your groove on, whether your preference is country, '80s hits, R&B, or that good 'ole rock 'n roll. Grab a blanket or lawn chair, pack a picnic, and sweeten your summer days with a little music.

### CASTRO VALLEY

**Chouinard Summer Concert Series**  
4:30 p.m. – 8:30 p.m.  
Chouinard Vineyard and Winery  
33853 Palomarea Rd, Castro Valley  
(510) 582-9900  
[www.chouinard.com/winery-event-calendar/](http://www.chouinard.com/winery-event-calendar/)  
[www.brownpapertickets.com](http://www.brownpapertickets.com)

Cost: \$45 per car (six people max.)  
Sunday, Aug 16: Sugarbeat  
Sunday, Aug 23: Von Trapps

### FREMONT Central Park Summer Concert Series

6:00 p.m. - 8:00 p.m.  
Central Park Performance Pavilion  
40000 Paseo Padre Pkwy, Fremont  
(510) 494-4300  
[www.fremont.gov](http://www.fremont.gov)  
Free  
Thursday, Aug 13: East Bay Mudd (Big horn band playin' R&B hits)

### Concert on the Plaza

2 p.m. – 5 p.m.  
Niles Town Plaza

37592 Niles Blvd, Fremont  
(510) 742-9868  
[www.niles.org](http://www.niles.org)  
Free  
Danny Click & The Hell Yeahs  
Sunday, Sep 13: New Orleans style benefit and celebration, The Zydeco Flames, St Gabriel's Celestial Band (noon – 5 p.m.)

### Niles Home Concert Series

6:00 p.m. - 9:30 p.m.  
Historic Niles  
37735 Second St, Fremont  
(510) 825-0783  
[www.facebook.com/NilesHomeConcert](http://www.facebook.com/NilesHomeConcert)  
Tickets: \$20 suggested donation; attendance by advanced RSVP only  
Saturday, Aug 29: Rusty Springfield, Garrin Benfield

### HAYWARD

### Hayward Street Party

5:30 p.m. - 8:30 p.m.

B Street (between Foothill Blvd and Watkins St), Hayward  
(510) 537-2424  
[www.hayward.org](http://www.hayward.org)  
Free  
Thursday, Aug 21: Patron, Hayward High Marching Band

### Hayward Municipal Band Concerts in the Park

2:30 p.m.  
Tony Morelli Bandstand, Memorial Park  
24176 Mission Blvd, Hayward  
(510) 569-8497  
[www.haywardmunicipalband.com](http://www.haywardmunicipalband.com)  
Free  
Sunday, Aug 23: Sezu with Kari & the Sweetspots (benefitting South Hayward Parish)  
Sunday, Aug 30: Jazz concert: What's Up Big Band (benefitting Hayward-La Honda Music Camp)

## Call for Art at Olive Hyde Art Guild

SUBMITTED BY ROBERTA MOODY

The Olive Hyde Art Guild is soliciting artists and craftsmen as participants in the 33rd Holiday Show and Sale to be held December 4, 5, and 6, in the Olive Hyde Art Gallery located on the corner of Mission Blvd. and Washington Blvd in the Mission San Jose area.

Artists are invited to visit the guild's website: [OliveHydeArtGuild.org](http://OliveHydeArtGuild.org) for more information about the event and online applications. New artists and returning artists with new work will need to submit their work for screening on September 12. Deadline for new artists is August 15. For further questions or concerns, contact Roberta Moody (Artist Contact) through [ArtistContact@OliveHydeArtGuild.org](mailto:ArtistContact@OliveHydeArtGuild.org)

## Hot "Pawgust" Nights Pet adoption and fundraising Car Show

SUBMITTED BY  
HAYWARD PD

Hayward Animal Shelter's Hot "Pawgust" Nights adoption event and fundraising car show takes place on Saturday, August 15. Come meet the purrfect companion, enjoy seeing cool classic cars, and support the shelter by adopting, donating a wish-list item, or just hanging out.

**All adoptions are only \$20 to qualified homes.**  
Visit the Hayward Animal Shelter Volunteer facebook page or [www.Petharbor.com](http://www.Petharbor.com) to view

some of the animals we currently have that are patiently waiting for new families.  
For more information, contact the shelter at: (510) 293-7200.

**Hayward Animal Shelter's  
Hot "Pawgust" Nights  
Saturday, Aug 15  
Car Show: 11 a.m. – 3 p.m.  
Adoptions: 11 a.m. – 5 p.m.**

Hayward Animal Shelter  
16 Barnes Ct, Hayward  
(510) 293-7200  
[www.haywardanimals.org](http://www.haywardanimals.org)  
\$20 adoptions (if qualified)

## Summer TECH SPLASH

SUBMITTED BY FREMONT  
UNIFIED STUDENT STORE

Fremont Unified Student Store (FUSS) is proud to sponsor the "2015 Summer Tech SPLASH" presented by Tech Girls Rev and put together by Fremont Unified School District alumni and student volunteers to help 6th-8th grade girls. Girls entering 6th-8th grade are invited to attend the "Intro to Tech" computer workshop from August 17-21 at Fremont Adult School.

A team of college and high school volunteers, Tech Girls Rev aims to introduce young girls to the world of tech through a dis-

covery into the basics of website building, tiny monster building (aka robotics) and more.

It is free to attend the workshop; however, donations will be much appreciated. Twenty-five percent of the proceeds go to FUSS. To register, visit [techgirlsrev.com/splash](http://techgirlsrev.com/splash).

**Summer Tech SPLASH  
Monday, Aug 17 through  
Friday, Aug 21  
3 p.m. – 6 p.m.  
Fremont Adult School  
4700 Calaveras Ave, Fremont  
[techgirlsrev.com/splash](http://techgirlsrev.com/splash)  
Donations requested**

## Free dental examinations

SUBMITTED BY  
SHITAL KAZI

Lewelling Dental Care presents the fourth annual free dental event on Wednesday, August 19. Patients will get x-rays and examinations for free. They will be seen on a first-come, first-served basis and may choose one of the following treatments: cleaning (plus fluoride for kids), filling, or simple extraction.

Patients are encouraged to arrive early, dress appropriately for the weather and bring chairs, blankets, water, and snacks as they may be outside waiting to be

seen. The first 75 patients, or as many as possible until 5 p.m., will be served. Registration starts at 6 a.m.

Please park in the former Orchard Supply Hardware store across the street. For more information, visit [www.lewellingdental.com](http://www.lewellingdental.com) or call Sujay Kazi at (510) 402-5984.

**Free Dental Event  
Wednesday, Aug 19  
6 a.m.: Registration  
Lewelling Dental Care  
10 Lewelling Blvd, San Lorenzo  
(510) 402-5984  
[www.lewellingdental.com](http://www.lewellingdental.com)**



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**Sunday, August 16 9am - 4pm Fremont Elks**


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Susan Peters 510 656-6848

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**Fremont Art Association**  
37697 Niles Boulevard Fremont, CA 94536 (510)792-0905

**50th Annual Art Show**  
**September 22-October 17 2015**

**The association is celebrating its 50th Annual Art Show. Members and the general public are invited to submit two and three-dimensional art for this juried show. For the first time all applications, submissions and payments will be done on line.**

**The general public is welcome to submit entries. Works for the show will be selected through a juried process.**

<http://tinyurl.com/faannualshow>

# SPORTS

## Barbara Pierce steps down as CSUEB Softball Coach

SUBMITTED BY  
STEVE CONNOLLY  
PHOTO BY KELLEY COX



Former Cal State University East Bay (CSUEB) softball head coach Barbara Pierce has stepped down from her position after nine years with the Pioneers. Pierce won 183 games during her tenure and departs from Hayward as the second winningest coach in the program's 38-year history.

"It has been an honor to lead this program. I have had an amazing opportunity to coach some fantastic young women and work with some of the best coaches I know," said Pierce.

"However spending more time with my family is my priority and a major reason for this decision."

Pierce led the Pioneers to winning seasons in each of the past two years, and three of the past four. In 2014 her squad finished with a .500 record in California Collegiate Athletic Association (CCAA) play for the first time since joining the league in 2010.

In Pierce's final season the Pioneers tied an NCAA record for turning five double plays in a single game. The program was officially named the NCAA Division II statistical champion for double plays turned per game following the conclusion of the 2015 season.

## Local Cribbage club prepares for another season

SUBMITTED BY AMERICAN  
CRIBBAGE CONGRESS  
GRASS ROOTS CRIBBAGE  
CLUB #43



2014-2015 Club Champion Ben Holder of Fremont

Combining luck and skill, cribbage is a 2-player card game invented in the 17th century and still played today by young and old alike. Members of Christopher's Crusaders, formally known as the American Cribbage Congress (ACC) Grass Roots Cribbage Club #43 in Fremont, one of 185 clubs in North America sanctioned by the ACC, compete every Wednesday evening in a 9-game round-robin tournament.

The Grass Roots (GR) official season consists of 36 weeks of play between September 1 and May 31 each year. This season marks the 29th season since GR 43 was chartered in 1987. The tournament players are a mix of male and female, young and old, with skill levels that include novice, intermediate and advanced.

With a strong start, slow mid season, and a strong finish, Ben Holder of Fremont battled his way to become the 2014-2015 Club Champion. Ben finished the season with 184 GR points, followed by Roy Kaufmann from San Leandro with 151 GR points to secure second place. In his second season with the club Loren Lookabill from Fremont scored 149 GR points for the season,

just edging out Bob Zahn from Castro Valley with 147 points and Reginald Lennie of Newark with 145 GR points. The race was close, until the end when Ben pulled away. Ben was recognized as Club Champion at the club's annual banquet.

Congratulations go to Ben Holder also, for earning his Silver Award (2,500 GR points lifetime) and to Ray Mink of Fremont for earning his Bronze Award (1,000 GR points lifetime) last season. We look forward to Bob Zahn of Castro Valley soon earning the Bronze Award that eluded him last season.

The club welcomed new members Dale Delillo, Lyle Lydick and Craig Rothbach last season and hopes to see some new faces join this year. Many players arrive up to 90 minutes early to have dinner, catch up with friends, discuss movies, books, gardening, Sudoku and maybe even play a warm-up game or two. Visitors from the Grass Roots Cribbage Club #337 in Livermore, Stan and Vicki Billingsley of Hayward, also participate on a regular basis. Margaret Christensen-Deutsch and Ira Deutsch come all the way from Half Moon Bay to play.

For those who don't feel they know enough to play the game on Wednesday nights, there is a

"Minor League" on Tuesday evenings at the same Round Table. Those attending can build their confidence and learn more about the game in an easygoing atmosphere. Members Reginald Lennie and Theo Mattingly show players how to play the odds, predict their opponent's cards and play the hand. There is no need to join the ACC to play on Tuesday nights. The emphasis is to learn the game, get up to speed and join the club on Wednesday nights.

The club plays year round and welcomes new members at any time. ACC Grass Roots Club #43 welcomes all players of all skill levels to join us. Tuesday evenings are open to everyone who already enjoys the game or would like to learn how to play while Wednesdays are for intermediate to advanced players who are capable of playing a game in 15 - 20 minutes. For more information, email ACCGR43@gmail.com or simply show up any Tuesday before 6:15 p.m. at Round Table Pizza (Centerville), 37480 Fremont Blvd., Fremont.

**Cribbage Club**  
**Tuesdays (Beginners)/ Wednesdays (Intermediate/Advanced)**  
**6:15 p.m.**  
**Round Table Pizza**  
**37480 Fremont Blvd, Fremont**  
**ACCGR43@gmail.com**

## Prenatal immunization urged to combat Whooping Cough

SUBMITTED BY ANITA GORE

California Department of Public Health (CDPH) Director and State Health Officer Dr. Karen Smith warned parents about the continued dangers of pertussis (whooping cough). The disease has already caused one infant death and at least 126 infant hospitalizations in California this year.

"Vaccinated mothers pass protective antibodies to their infants during pregnancy," said Dr. Smith. "Right now, it's estimated that fewer than half of all pregnant women in California are vaccinated against whooping cough. We need to increase that number to help improve the health of our children and of our communities."

CDPH urges expecting mothers to receive a pertussis vaccine (called Tdap because it covers tetanus, diphtheria, and pertussis). Prenatal vaccination will help protect newborn children until they are old enough to receive their own vaccination against pertussis. Because immunity decreases over time, women should receive the pertussis vaccine in the last trimester of each pregnancy.

Pertussis continues to spread at above-normal

levels in California following a major epidemic in 2014, when reported disease rates were the highest seen since the 1950's. Disease rates and risks of hospitalization and death are highest for infants under the age of one.

Pertussis can cause a severe, persistent cough. Historically, unvaccinated children with pertussis would cough hard enough to cause vomiting or a "whooping" breath after a coughing spell.

Symptoms of pertussis vary widely by age and vaccination history. Young infants may not have typical pertussis symptoms and may not appear to cough. Instead, they may have difficulty breathing, episodes in which they stop breathing, or their faces turn purple.

CDPH is working closely with local health departments, schools, media outlets and other partners to inform providers and the public about the importance of vaccination against pertussis, especially for pregnant women during the third trimester of every pregnancy. CDPH also reminds parents that Tdap vaccination is a requirement for advancement into the 7th grade.

Pertussis data, including the number of cases in each county, can be found on the CDPH website: [www.cdph.ca.gov](http://www.cdph.ca.gov)



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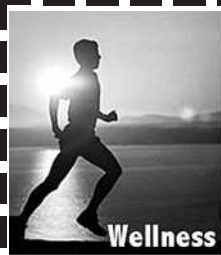
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\*sign up for full weeks and 2nd  
child is 50% off; Family off 3 or  
more for full week is \$200 flat

**Full Day Camp**  
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\*sign up for full weeks and 2nd  
child is 50%off; Family of 3 or  
more for full week is \$400 flat

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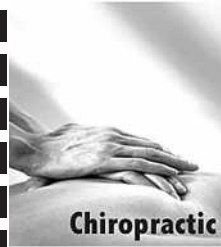
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# Park It

If you've noticed trees turning color already, you are not imagining things. California buckeyes, alders, big-leaf maples and other native deciduous trees – as well as many non-natives – are dropping their leaves early this year due to the drought.

East Bay Regional Park District biologists have noted the phenomenon throughout the East Bay parklands. Trees are turning bright yellow, red or orange weeks earlier than usual as a way to conserve energy and nutrients during this extended dry period.

And it's not just trees: many species of wildlife have also adjusted their schedules to account for the shortage of water.

"Terns, turtles, frogs, newts – they all nested early this year," said Dave "Doc Quack" Riensche, a wildlife biologist for the District. "They want to get their young out before there's no water left."

The East Bay's native trees have evolved to tolerate drought fairly well, and shedding leaves early is one way they survive during dry spells. Once the rains begin again, assuming they ever do, the trees should rebound nicely, Riensche said.

Non-native trees have a tougher time. Eucalyptus and Monterey pines, when stressed due to lack of water, are more prone to disease and infestations. Other trees, like fruit trees, simply can't make it without water.

So if you're hankering for a sneak peak of autumn colors, head to just about any East Bay park and consider it a small upside to the drought.

If birds are more your thing, the Park District is offering sev-

eral upcoming bird-watching outings. Set your alarm and prepare for coffee, though – some of the best avian observations are just after dawn.

On Aug. 18, join a naturalist and other bird enthusiasts for a tranquil walk at Garin/Dry Creek Regional Park in Hayward. Meet at 7:30 a.m. at the Red Barn Visitor Center, 1320 Garin Ave.

A nice afternoon outing is scheduled at Big Break Regional Shoreline on Aug. 16. This will be a great chance to learn about some of the Delta species that one might not see elsewhere in the East Bay. Topics include: fratic feathers, big beaks, tough talons, whistling wings and exotic eggs. Meet at 2 p.m. at the Big Break Visitor Center, 69 Big Break Road, Oakley.

Contra Loma Regional Park is also hosting a bird excursion. Meet at the main parking lot, 1200 Fredrickson Lane, Antioch, at 8 a.m. Aug. 29 to learn about the birds that frequent the park's reservoir. With its grassy expanses and proximity to Carquinez Strait as well as the freshwater reservoir, Contra Loma is a favorite spot for waterfowl, songbirds and raptors of all types, including peregrine falcons and bald eagles.

"The Chicken or the Egg?" will offer a different sort of bird watching: at a farm. Swing by Little Farm at Tilden Regional Park at 10 a.m. Aug. 23 to learn about chickens, eggs and the eternal mystery of science.

All four of these events are free (although parking fees may apply) and no registration is required. Bring binoculars, water and sunscreen, and have fun!

Contra Loma is hosting another interesting outing on Aug. 22. Anyone who's been there in the summer can probably guess the topic: reptiles. The Contra Costa park is well known for its abundance of snakes, lizards, salamanders and frogs (all of which are food for its above-mentioned birds). This is a great chance to learn about our cold-blooded friends and maybe help the more skittish among us to overcome their fear of slithery things. The outing is from 9 to 10:30 a.m.

It's not too late to buy tickets for the 19th annual Cajun/Zydeco Music Festival on Aug. 15 at Ardenwood Historic Farm in Fremont. The line-up includes four live bands, Cajun and Creole food offerings, specialty vendors, dance lessons and plenty of fun.

Advance tickets are \$20, \$5 for youth. Same-day tickets are \$24 for adults, \$7 for youth. Children under 3 are free. Go to [www.ebparks.org](http://www.ebparks.org) to purchase tickets.

The festival is from 10 a.m. to 7 p.m. at Ardenwood, 34600 Ardenwood Blvd.

A quick note about fires: Due to the drought, wildfires continue to rage across California, scorching hundreds of thousands of acres. The East Bay Regional Park District's Fire Department closely monitors our 118,000 acres of open space, especially after lightning storms, and works closely with other fire agencies in the East Bay and statewide. If you see smoke, don't hesitate to report it, and take precautions when enjoying the outdoors. With everyone's cooperation, we hope to escape this fire season with relatively little damage. Thanks in advance from the Park District's fire crews.

## Fremont Elks entertain residents of Hillside Senior Center

SUBMITTED BY JOAN WHITE

Delores Jones, lodge organist and bingo chair, and Wanda Lanouette represented the Fremont Elks Lodge recently with a visit to Hillside Senior Center to provide residents with musical entertainment.

Using charity funds, the lodge had previously donated \$800 to the center for purchase of a keyboard. During the visit, Jones played the keyboard providing well-known musical hits covering several decades for the residents to enjoy. Assisting with the coordination of this event from Hillside were Agnes Santos, Activities Director, and volunteers Kaethe Langs and Shelley Bartley.

Community service and paying it forward are commitments Fremont Elks Lodge 2121 has made in keeping with the motto, "Elks Care, Elks Share." ([www.fremontelks.org](http://www.fremontelks.org))



Fremont Elks entertain residents of Hillside Senior Center

## Solar Suitcase Program

SUBMITTED BY TAMAR SARKISSIAN

Pacific Gas and Electric Co. (PG&E) recently selected 19 Northern and Central California schools to participate in the inaugural year of the Solar Suitcase Program. Under the program, students will build portable solar units, share their commitment to sustainability by participating in local projects, and have an opportunity to share the solar suitcases with students in Kenya.

Two of the schools selected were from the Tri-City area: Cesar Chavez Middle School (Hayward) and Tennyson High School (Hayward).

Announced at We Day California earlier this year, the program is part of the company's \$250,000 sponsorship to provide sustainable energy project opportunities for local high schools. California's Lieutenant Governor Gavin Newsom helped launch We Day California 2015, and is a key partner in supporting the PG&E's Solar Suitcase Program.

The solar suitcase, created by We Share Solar and supplied by the nonprofit Green Tech, is a small, portable photovoltaic lighting system, powerful enough to illuminate a small room. PG&E is sup-

plying 100 solar suitcase units to 19 high schools throughout Northern and Central California. Green Tech will offer trainings on how to assemble the suitcases so that students can learn firsthand the basic principles of clean energy technical education.

Encouraging students to "act locally and think globally," PG&E's program includes both a local sustainability project and international community service opportunity. Examples of local sustainability projects include park cleanups, water and energy conservation teams, and community gardens.

The international opportunity offers students from the 19 selected schools the chance to join a humanitarian solar suitcase delivery mission to orphanages, schools and medical clinics in Kenya with international charity Free the Children. Four students will be selected based on videos they submit of their own local sustainability project success stories. This unique global opportunity for local high school students adds a new dimension to PG&E's commitment to education and renewable energy.

To learn more about the Solar Suitcase Program, visit <http://www.pge.com/solarsuitcas>

## Retirement Doesn't Mean Inactive

So, you've punched that 8:00 to 5:00 time clock for the last time and you are ready for retirement. Retirement should mean no more time clocks, but it shouldn't mean you just stop all activity!

Now is the time to do those things you have always wanted to do, make new friends, try new things, associate with like-minded men, catch up on the things that interest you.

Why not join your local SIR organization?! Sons In Retirement is a state-wide organization of local branches for men to meet and mutually enjoy the benefits of retirement. SIR conducts a monthly luncheon meeting where you can associate with other retired men, listen to topical speakers, sign up for activities of interest, make new friends, and keep happily active.

**Fremont/Newark/Union City Branch 59, meets the third Thursday of the month at the Newark Pavilion on Thornton Ave and Cherry St in Newark. Socializing is from 11:00 to 12:00, and there is time to look over an extensive library of books, sign up for activities, and meet new people or shoot the breeze with old friends. The formal meeting starts at 12:00 with club announcements, birthday wishes, a sing-a-long, and lunch, followed by a selected speaker. Meetings usually end about 1:30.**

Activities run the gamut from golf, bowling, computers, wine tasting, bridge, bocce, and couples dining out, and more are being added as interest dictates.

There are also activities which can include your wives or girlfriends, and the ladies seem to enjoy getting their retired men out of the house on occasion.

**SIR Branch 59 is looking for new members. Visit their website at [www.sirinc.org](http://www.sirinc.org) or call Jim Ulam at (510) 797-9357 or email [time4golf@snakebite.com](mailto:time4golf@snakebite.com) for more information.**

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## Government Briefs

City Council summaries do not include all business transacted at the noted meetings. These outlines represent selected topics and actions. For a full description of agendas, decisions and discussion, please consult the website of the city of interest: Fremont ([www.fremont.gov](http://www.fremont.gov)), Hayward ([www.hayward-ca.gov](http://www.hayward-ca.gov)), Milpitas ([www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)), Newark ([www.ci.newark.ca.us](http://www.ci.newark.ca.us)), Union City ([www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)).

### City Council/Public Agency MEETINGS

Readers are advised to check websites for special meetings, cancellations, minutes, agendas and webcasts

### CITY COUNCILS

**Fremont City Council**  
1st/2nd/3rd Tuesday @ 7 p.m.  
City Hall, Bldg A  
3300 Capitol Ave., Fremont  
(510) 284-4000  
[www.fremont.gov](http://www.fremont.gov)

**Hayward City Council**  
1st/3rd/4th Tuesday @ 7 p.m.  
City Hall, second floor  
777 B Street, Hayward  
(510) 583-4000  
[www.ci.hayward.ca.us](http://www.ci.hayward.ca.us)

**Milpitas City Council**  
1st/3rd Tuesday @ 7 p.m.  
455 East Calaveras Blvd., Milpitas  
(408) 586-3001  
[www.ci.milpitas.ca.gov](http://www.ci.milpitas.ca.gov)

**Newark City Council**  
2nd/4th Thursday @ 7:30 p.m.  
City Hall, 6th Floor  
37101 Newark Blvd., Newark  
(510) 578-4266  
[www.ci.newark.ca.us](http://www.ci.newark.ca.us)

**San Leandro City Council**  
1st/3rd Monday @ 7 p.m.  
835 East 14th St., San Leandro  
(510) 577-3366  
[www.sanleandro.org](http://www.sanleandro.org)

**Union City City Council**  
2nd/4th Tuesday @ 7 p.m.  
City Hall  
34009 Alvarado-Niles Rd., Union City  
(510) 471-3232  
[www.ci.union-city.ca.us](http://www.ci.union-city.ca.us)

### WATER/SEWER

**Alameda County Water District**  
2nd Thursday @ 6:00 p.m.  
43885 S. Grimmer Blvd., Fremont  
(510) 668-4200  
[www.acwd.org](http://www.acwd.org)

**East Bay Municipal Utility District**  
2nd/4th Tuesday @ 1:15 p.m.  
375 11th St., Oakland  
(866) 403-2683  
[www.ebmud.com](http://www.ebmud.com)

**Santa Clara Valley Water District**  
2nd/4th Tuesday @ 6:00 p.m.  
5700 Almaden Expwy., San Jose  
(408) 265-2607, ext. 2277  
[www.valleywater.org](http://www.valleywater.org)

**Union Sanitary District**  
2nd/4th Monday @ 7:00 p.m.  
5072 Benson Rd., Union City  
(510) 477-7503  
[www.unionsanitary.com](http://www.unionsanitary.com)

### SCHOOL DISTRICTS

**Castro Valley Unified School Board**  
2nd/4th Thursday @ 7:00 p.m.  
4400 Alma Ave., Castro Valley  
(510) 537-3000  
[www.cv.k12.ca.us](http://www.cv.k12.ca.us)

**Fremont Unified School Board**  
2nd/4th Wednesday @ 6:30 p.m.  
4210 Technology Dr., Fremont  
(510) 657-2350  
[www.fremont.k12.ca.us](http://www.fremont.k12.ca.us)

**Hayward Unified School Board**  
2nd/4th Wednesday @ 6:30 p.m.  
2441 I Amador Street, Hayward  
(510) 784-2600  
[www.husd.k12.ca.us](http://www.husd.k12.ca.us)

**Milpitas Unified School Board**  
2nd/4th Tuesday @ 7:00 p.m.  
1331 E. Calaveras Blvd., Milpitas  
[www.musd.org](http://www.musd.org)  
(406) 635-2600 ext. 6013

**New Haven Unified School Board**  
1st/3rd Tuesday @ 6:30 p.m.  
34200 Alvarado-Niles Rd., Union City  
(510) 471-1100  
[www.nhusd.k12.ca.us](http://www.nhusd.k12.ca.us)

**Newark Unified School District**  
1st/3rd Tuesday @ 7 p.m.  
5715 Musick Ave., Newark  
(510) 818-4103  
[www.newarkunified.org](http://www.newarkunified.org)

**San Leandro Unified School Board**  
1st/3rd Tuesday @ 7:00 p.m.  
835 E. 14th St., San Leandro  
(510) 667-3500  
[www.sanleandro.k12.ca.us](http://www.sanleandro.k12.ca.us)

**San Lorenzo Unified School Board**  
1st/3rd Tuesday @ 7:30 p.m.  
15510 Usher St., San Lorenzo  
(510) 317-4600  
[www.slzsd.org](http://www.slzsd.org)

**Sunol Glen Unified School Board**  
2nd Tuesday @ 5:30 p.m.  
11601 Main Street, Sunol  
(925) 862-2026  
[www.sunol.k12.ca.us](http://www.sunol.k12.ca.us)

### Milpitas City Council Meeting

August 4, 2015

#### Public Hearings:

- Hold public hearing to consider request from the Pakistan American Culture Center to host a flag ceremony at City Hall on August 14.
- Hold a public hearing and adopt a resolution confirming weed abatement assessments to be entered on tax assessment bills.
- Hold a public hearing and adopt a resolution approving a site development permit amendment allowing various site and building modifications to an existing hillside home.
- Hold a public hearing to consider protests against proposed sewer rate increase. Sewer rate increase depends on property category.
- Receive staff briefing on new water rate study and move to continue scheduled public hearing and adoption of proposed ordinance to establish water rates.

#### New Business:

- Consider request from St. Elizabeth Catholic Church to waive fees for its parish festival on August 16.
- Remove alternate member of the Economic Development Commission due to lack of meeting attendance.
- Approve re-opening Capital Improvement Program projects.
- Receive City of Milpitas investment portfolio status report for the quarter, which ended June 30, 2015.
- Review and adopt citywide strategic plan vision, mission and values.

#### Resolutions:

- Adopt a resolution supporting temporary street closure on Technology Drive, South McCarthy Boulevard and Tasman Drive for the American Heart and Stroke Walk.
- Adopt a resolution approving the sole source purchase of Asphaltic Material and authorizing city staff to execute agreements with Granite Construction Company and Reed and Graham Inc. for a combined not-to-exceed annual amount of \$80,000.

- Adopt a resolution approving an agreement between the City of Milpitas and the Santa Clara Valley Transportation Authority for the funding of sole source purchase of Paratech, Inc. Urban Search and Rescue Trailer and equipment from L.N. Curtis & Sons for \$165,359.81.
- Adopt a resolution awarding a contract to George Bianchi Construction Inc. for 2014 Soundwall Renovation Project and authorize the director of engineering to execute contract change orders.

#### Agreements & Bids:

- Award the bid to J.J.R. Construction and authorize the city manager to execute a contract for on-call sidewalk repair, curbs and gutters for the annual amount not to exceed \$326,250.
- Award the bid to Battalion One Fire Protection and authorize the city manager to execute a contract for citywide fire extinguisher maintenance and repair service annually not to exceed \$23,008.
- Award the bid to Simplex Grinnell and authorize the city manager to execute a contract for citywide fire alarm and fire suppression system inspection, testing and maintenance and repair service for the annual not-to-exceed amount of \$35,868.
- Approve amendment to the agreement with JP Graphics increasing the value for city printing services annually by \$65,000 for a total annual amount not to exceed \$135,000.
- Authorize the city manager to renew the agreement between the county of Santa Clara and the city of Milpitas for emergency medical dispatch services.
- Approve amendment to the agreement with ACCO Engineered Systems, Inc. for emergency repairs to City Hall heat, ventilation and air conditioning system for an amount not to exceed \$113,768.01
- Approve amendment to the agreement with law firm of Burke, Williams & Sorensen, LLP for legal services regarding elimination of odor.  
Mayor José Esteves: Aye  
Vice Mayor Carmen Montano: Aye  
Debbie Indihar Giordano: Aye  
Garry Barbado: Aye (via telecom)  
Marsha Grilli: Aye

### TAKES FROM SILICON VALLEY EAST



**About Takes From Silicon Valley East**  
*TheDailyBeast* called Fremont the 2nd best U.S. city for innovation. Whether it's manufacturing, clean tech, Fremont or the Silicon Valley scene itself, we're telling the stories that are advancing business here.  
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## Come for Art Stay for BART

BY KELLY KLINE,  
ECONOMIC DEVELOPMENT  
DIRECTOR

At last weekend's Festival of the Arts event — a street fair extravaganza spanning two days, 700 booths, and more than 300,000 people — the City of Fremont teamed up with BART to highlight the upcoming opening of the Warm Springs/South Fremont Station.

Warm weather and good food attracted the usual crush of festival-goers in Fremont last weekend and over 50 volunteers talked to hundreds of residents about the changes that are on tap as a result of BART's expansion toward Santa Clara County.

Here are some common questions we heard throughout the weekend:

- "It's going to be completed when?" Give or take a few weeks, BART is scheduled to pull into the Warm Springs station this December — a fact that astounded visitors stopping by the joint City/BART booth. We're in the home stretch, and the public couldn't be more pleased. BART is already well-utilized by Fremont residents, and now employees who work in South Fremont can arrive in the heart of the Innovation District.
- Kids had fun playing on the "BART-mobile" — although we had to explain that this was not a replica of the next-generation BART cars currently on order!
- "When can I live in Downtown or Warm Springs?" We all know that housing opportunities connected to transit are hot commodities. Even more popular are housing options that are connected

to transit AND have pedestrian-friendly public amenities, active public spaces, and yes — jobs. The lifestyle shift to more urban living interests everyone from all ages and walks of life.

Music acts were well-attended, showing community support of the arts in all forms

• "When will BART connect with San Jose?" People understand the importance of BART reaching San Jose and the rest of Silicon Valley. Both the Milpitas and Berryessa stations are currently under construction, and completion could happen as soon as 2017/18. With the Warm Springs station offering a mid-point connection to a major employment center, Fremont provides the opportunity for BART to function as a real two-way system by being able to draw riders to and from in both directions.

Overall, the community is enthusiastic that it will soon be even easier to get around. There was a general sense of appreciation on local efforts concentrating on quality development at transit nodes. We look forward to sharing the evolving story at future festivals.

A few more festival factoids courtesy of the Fremont Chamber:

- 2015 marked the 32nd anniversary of the Festival of the Arts. The first festival was held in 1983 in the Fremont Hub.
- Folks consume 18,526 ice cream bars at the festival.
- The Festival of the Arts is the largest two-day street festival west of the Mississippi.
- On average, servers pour 23,552 mugs of ice-cold beer during the festival.

## Haggerty recognizes fire fighter and police officer

SUBMITTED BY  
DAWN ARGULA

Alameda County Supervisor Scott Haggerty recognized a police officer from the Livermore Police Department and a member of the Alameda County Fire Department as the recipients of the 2015 Law Enforcement Officer and the 2015 Fire Fighter of the Year Awards at Haggerty's 19th annual barbecue held July 31 at the Fairgrounds in Pleasanton.

"I am pleased to honor public safety personnel with this award," said Haggerty. "The sacrifices and contributions of our firefighters and law enforcement officers are not taken for granted and this is a small but special gesture to highlight these heroes."

Receiving the 2015 Law Enforcement Officer of the Year, was Sergeant Elaine Briggs of the Livermore Police Department. Sergeant Briggs has served 15 years in the LPD, rising through the ranks of patrol officer, Field Training Officer, and Detective

before her promotion as sergeant. While serving in the Criminal Investigations Bureau, Sergeant Briggs became one of the most tenured detectives in the history of the Livermore Police Department. Sergeant Briggs earned an outstanding reputation solving an array of cases ranging from robberies to financial crimes. The most recent case involved an employee of a local bank forging the signature of an elderly customer, draining his bank account of his life savings.

Even after his death, the man's daughter encountered continued resistance from the bank in investigating the suspected crime, until Sergeant Briggs was assigned the case. Her involvement resulted in the arrest of the perpetrator and after months of court appearances, the defendant accepted a guilty plea to three felony counts including grand theft and elder abuse. "Sergeant Briggs demonstrated not only professionalism and dedication to solving this case but also empathy

towards the victim and his family," said Haggerty. "With a growing population of aging adults many of which are vulnerable to such crimes, the public is well served by officers such as Sergeant Briggs."

Engineer Jim Derickson of the Alameda County Fire Department was recognized with the 2015 Firefighter of the Year award. Derickson has been with ACFD since February 1993. Originally hired by the Eden Consolidated Fire Protection District, five months later the Alameda County Board of Supervisors established the district as the Alameda County Fire Department. In March 1999 Jim was promoted to Fire Engineer responsible for ensuring fire equipment is well-maintained, functioning and readily available for firefighting activities. Jim's mechanical aptitude earned him the respect of fellow firefighters and a well-deserved reputation throughout the organization for the care and reliability of its life-

saving equipment.

In addition to his routine duties, Derickson has taken on the challenge of restoring the ACFD's 1915 Seagrave Fire Engine and 1935 Ford Fire Engine, beautiful relics of the ACFD firefighting heritage. Jim Derickson, himself is of proud firefighter heritage with his father having served in the City of Berkeley Fire Department; his brother is also an ACFD firefighter serving the City of Newark and the newest member joining the ACFD firefighter family this year, his son Brian. "We are fortunate to find among firefighter ranks, generations of families who strengthen the image of the firefighting profession as one of sacrifice, contribution and purpose," said Haggerty. "Engineer Derickson epitomizes the legacy of this heritage."

Scott Haggerty represents the First District communities of Fremont, Livermore, Dublin and the eastern unincorporated areas of the five-member Alameda County Board of Supervisors.

### Milpitas Police Camera Registry program

We have just started a new program which will allow Milpitas residents and business owners

to register their privately-owned security camera systems to help solve crime. As crimes occur, the Milpitas Police Department may be able to use information from footage gathered from security cameras to assist the investiga-

tion. Often times security camera footage helps identify suspects and/or provides additional investigative leads.

The Milpitas Police Department WILL NOT have remote access to your home or business

security camera systems. Camera footage is provided to us solely at the owner's discretion. If you're interested in signing up for this program, you can sign up at [www.ci.milpitas.ca.gov/camera-registry](http://www.ci.milpitas.ca.gov/camera-registry)

# OPINION

## Runaway Train



WILLIAM MARSHAK

The theme of a fictional hero desperately chasing a runaway train to avoid catastrophe has been used over and over in action novels, movies and plays. As tension reaches a climax, typically mass annihilation is narrowly averted and, with a sigh of relief, viewers/readers can return to a calm state of mind. However, in reality, when such events occur subsequent events are not always so neatly resolved.

In our area, the cost of living, especially housing, has escalated with little pause. Even the Great Recession was unable to put much of a dent in prices. While market rate costs are astronomical, rental pricing has not only kept pace but squeezed those in low-level and mid-level

jobs to the point of collapse. How can a multi-level economy sustain itself when a critical component of the work force is unable to live in proximity to jobs? Housing near the new Warm Springs/South Fremont BART station is touted as a relief mechanism for such workers, but not all jobs are conveniently located next to inter-city connections such as BART stations.

The runaway train of housing, transportation and living costs has been moderated by low inflation rates but continued economic stasis is an illusion. Housing has barely slowed its march to new heights while dependence on mass transit is helpful but not a complete answer. If attention is primarily focused on fixed rail transit, variable movement and those who depend on intra-city travel without the support of mega companies may find it impossible to continue to reside here. Just navigating through our cities has become difficult, not always a pleasant adventure.

Looking for a fictional hero is out of the question, but attention to an infrastructure that is not only safe and convenient, but affordable too, should be a high priority. How do we expect people to move about in cities beset with gridlock and poor transportation systems? Key nodes of commerce, recreation and entertainment are necessary for citizens to have access to a

healthy and safe lifestyle. Emphasis on travel within our cities should be a high priority, encouraging and strengthening our internal economy.

Instead of deleting commercial districts, our leaders should explore the possibility of a variety of neighborhood venues that can relieve pressure from central shopping districts, enliven districts and reduce congestion. Rushing toward consolidation and, in Fremont City speak terms, "pruning," is not conducive to encouraging small, unique shops to locate and thrive in smaller, neighborhood settings.

Some who work for well endowed corporations are fortunate enough to have a seat on the train and barely feel its inexorable rush toward a perilous future. Others have been left standing beside the tracks, watching the train fade into the distance. The question is, how much track is left and how can the engine be slowed to allow bystanders to get on board.

William Marshak  
PUBLISHER

## Verizon will drop phone contracts, end discounted phones

BY ANICK JESDANUN  
AP TECHNOLOGY WRITER

NEW YORK (AP), Verizon, the nation's largest wireless provider, will stop offering phones at discounted prices when customers sign two-year service contracts.

The move was made in the name of simplification, but it could result in some customers paying more.

All wireless carriers have been trying to wean customers off subsidies, in which a \$649 iPhone 6 goes for \$200 with a two-year contract. Instead, carriers have been encouraging people to buy phones outright by paying the full retail price in monthly installments. A few carriers, namely Sprint, also offer leasing options for a lower monthly fee, but the customer doesn't get to keep and resell the phone without additional payments. Verizon is the second national carrier, after T-Mobile, to end subsidies entirely for new customers.

Existing customers will be able to keep current plans. Verizon says there will be restrictions, but it didn't elaborate. For instance, it wasn't immediately clear whether customers keeping the current plan will still qualify for subsidized phones.

Under the new plans, which take effect Aug. 13, prices for voice, text and data serv-

ices will drop by roughly \$20 per month compared with subsidized plans. But customers will no longer get the subsidies on the phone, valued at about \$19 for an iPhone 6. But there are variations, so some will pay a bit more, others a bit less.

Verizon is also streamlining its data plans to four main options, ranging from "small" at 1 gigabyte to "x-large" at 12 gigabytes, all sharable under family plans. Verizon currently has 15 options ranging from 0.5 gigabyte to 100 gigabytes. Two gigabytes is plenty for most single-line customers, though a few hours of streaming video could eat that up.

Customers will no longer have two-year commitments, but they might be stuck with Verizon for two years anyway as monthly installments for the phone stretch over that time.

Here's a look at how the changes affect various customers. These monthly prices are for unlimited calling and texts and a set amount of sharable data. The phone costs extra.

### INDIVIDUALS:

Those with contracts paid \$60 a month for 1 gigabyte of data and \$90 for 3 gigabytes. Subtract the \$19 worth of subsidies on the iPhone 6, and the monthly cost was \$41 for 1 gigabyte and \$71 for 3 gigabytes.

Those who were already buying their own phones paid \$45 for 1 gigabyte and \$75 for 3 gigabytes.

Under the new plans, customers will pay \$50 for 1 gigabyte (a price increase for both groups) and \$65 for 3 gigabytes (a price cut). The 2 gigabyte plan is being discontinued, so customers will have to choose more or less.

### COUPLES:

For two lines, couples paid \$130 a month for 3 gigabytes and \$150 for 6 gigabytes under subsidized plans. Subtract the value of the subsidies (\$38 for two iPhones), and you got \$92 for 3 gigabytes and \$112 for 6 gigabytes.

Couples who bought or brought their own phones paid \$100 for either 3 gigabytes or 6 gigabytes, thanks to steeper discounts Verizon had offered to customers who declined subsidies and chose larger data plans.

Under the new plans, that couple will pay \$85 for 3 gigabytes (a price cut) and \$100 for 6 gigabytes (a price decrease from subsidized rates, but no change for others).

### FAMILY OF FOUR:

Four lines sharing 10 gigabytes cost \$240 a month under subsidized plans, or \$165 after subtracting the \$75 value of subsidies on four iPhones. Those who weren't on subsidized plans paid \$140 a month.

There will no longer be a 10 gigabyte option. A new 12-gigabyte plan will cost \$160. So that's a price cut for those on subsidized plans and an increase for others (but those customers are also getting more data to share).

PUBLISHER  
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# Salvation Army in Newark to move into temporary facility

SUBMITTED BY  
THE SALVATION ARMY TRI-CITIES CORPS

Starting August 7, The Salvation Army Tri-Cities Corps will temporarily move its social services offices in Newark across the street to 36601 Newark Blvd. while construction of a new permanent operations building takes place. The temporary facility will serve Newark residents seeking food, rental and utility assistance, along with other social services programs.

"We are thankful to find a temporary spot for us to continue our work in Newark," said Capt. Dan Williams, Salvation Army Alameda County Coordinator. "The City of Newark and its leadership have been vital in this process, and we are grateful for their partnership."

The construction of the 11,000 sq ft permanent building will be located at 36700 Newark Blvd. That is the same site where The Salvation Army had operated its social services and church activities for more than 20 years until it was finally demolished last month. The construction is scheduled to start as soon as next month or October, and it will be at least a 12 month-long project. The project will be funded by donations through a \$4 million capital campaign. Currently,

there is a \$1.5 million gap in the fundraising goal.

"This new building will allow The Salvation Army to continue its mission of doing the most good by expanding the services it currently offers to the city of Newark," Capt. Williams said.

Along with the temporary social services offices in Newark, The Salvation Army Tri-Cities Corps will still operate its normal year-round food pantry programs in Fremont and Union City.

Appointment Only Food Pantry Information for the Tri-Cities area:

- Newark residents can receive food pantry services every Friday at 11 a.m.
- Union City residents can go to Los Robles Apartments every Monday at 1 pm or go to Centro De Servicios (produce only) every Thursday at 2 p.m.
- Fremont residents can go to Harbor Light Church every Tuesday at 12:30 p.m.

To make an appointment, call (510) 383-9300.

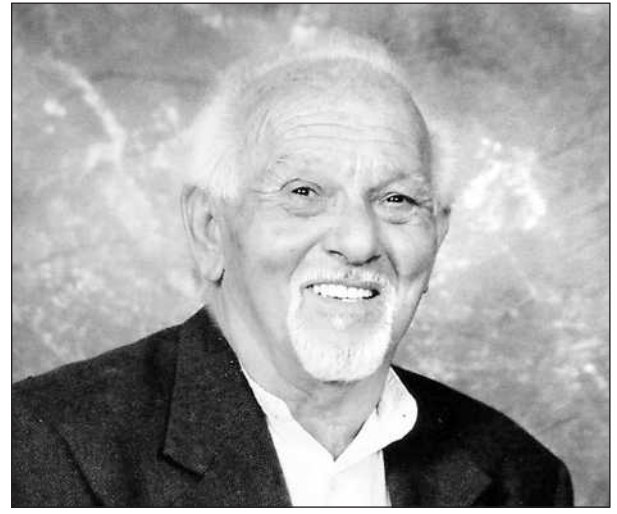
For additional information about Salvation Army Tri-Cities programs and services, go to [www.salarmytricity.org](http://www.salarmytricity.org)

## Obituary

### Fred "Freddie" G. Sanchez, Jr.

May 20, 1934 - July 25, 2015

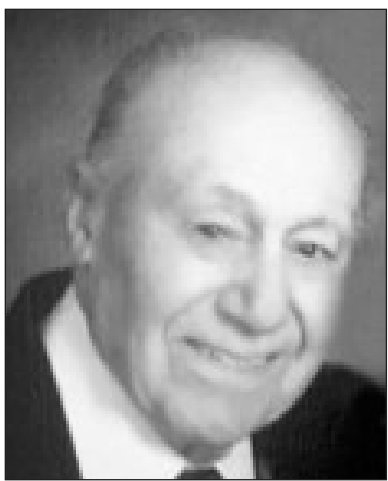
Resident of Fremont



Born May 20th, 1934 in Niles, CA, and entered into rest on July 25th, 2015 in Fremont, CA surrounded by family at the age of 81. Survived by his children: Michael Sanchez (Cathy), Monica Sanchez, and Jeanette Balentine (Bob); grandchildren: Michael Sanchez (Annette), Matthew Hickox, Christopher Hickox, and Austin Balentine; and his first great-grandchild is on the way. Also survived by his sisters: Rita Martin, and Evelyn LaKomy; and many cousins, nieces and nephews. Predeceased by his parents: Fred and Minnie Sanchez; and his wife Patricia "Pat" Sanchez on January 28th, 2010. Freddie graduated from Washington High School in 1954 where he played baseball. He was in business with his father for years through Sanchez Brothers Produce. He was in the National Guard stationed in Idaho and was a Local 70 Teamster for 20 years. He was a diehard Oakland Athletics and San Francisco 49er fan. He enjoyed league bowling at Holiday Bowl, gardening, cruises, trips to Las Vegas, and watching his grandsons play sports. A Memorial Service will be held on Saturday, August 22nd, 1pm at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536.

## Obituary

### Harold Jerome Torquemada



Harold Jerome Torquemada, 91, of Fremont, California, passed away peacefully at home on August 5, 2015 surrounded by his loving family. Friends and family are invited to a visitation on Friday, August 14, 2015 at 5:00pm to 9:00pm (Rosary at 7:00pm) at Chapel of the Chimes, Hayward, CA. A mass will be held on Saturday, August 15, 2015 at 9:30am at Corpus Christi Church in Niles, CA. Interment to follow at Holy Sepulchre, Hayward, CA. A celebration of Harold's life will be held at a family home following interment. In lieu of flowers donations can be made to Wounded Warrior Project: [woundedwarriorproject.org](http://woundedwarriorproject.org).

## Obituary

### William Marsh

Sept. 26, 1923 - July 30, 2015

Former Resident of San Jose

William "Bill" Marsh died on July 30th after a brief illness. He was preceded in death by Millie, his beloved wife of 71 years. His passing is mourned by his children: William, Robert, James, and Nancy Marsh Pope; many grandchildren and great grandchildren. Bill served in the Navy for 27 years and later served Santa Clara County in several roles, eventually retiring as Treasurer and Tax Collector in 1984. Bill and Millie enjoyed retirement years in Lake Almanor, Penn Valley, Gridley, and the Masonic community at Acacia Creek in Union City. Bill was an avid gardener, golfer, and genealogy hobbyist. He devoted his greatest attention to his membership in the Masons and Shriners, and to his extended family. His final resting place is at Sacramento Valley National Cemetery in Dixon, CA.

## Obituary

### Marie Margaret Pratt Kontich

November 29, 1923 - July 31, 2015



Peter Kontich, and they were married on November 19, 1944.

Shortly after the war United Airlines transferred them to Burbank, California and then on to the Bay Area where they lived in Millbrae and Santa Clara. During these years the family grew with the birth of 4 children. In 1960, the family moved to Fremont, California where she lived until her passing. From 1960 until 1982 she worked at Mervyn's and Emporium/Capwells Department stores and was active in many roles with the PTA, Girl Scouts and Boy Scouts. Later in life she contributed many volunteer hours to the Newark League of Volunteers. She enjoyed traveling with her husband on trips to Japan, Australia and throughout Europe and on outdoor trips until his passing in 1975.

More than anything, she treasured her time with all of her 26 grand and great grandchildren. They were the love of her life and she loved being entertained by them.

Marie is survived by her sister Georgia Brommer (Gerald), children Petar Kontich (Jeanne), Pamela Silcox (Gary), Mark Kontich (Susan) and Melinda Ballard (Randy).

A celebration of her life for family and friends will be held in the near future.

Tri-City Cremation & Funeral Service, Newark  
510-494-1984

After an eventful life of 91 years, Marie passed away peacefully after a prolonged bout with dementia and respiratory complications.

Born in Yukon, Oklahoma on November 29, 1923 of Ladislav and Antonia Pratt she was one of five children. Her family moved to Bee, then Seward, Nebraska where she completed high school. After graduating she moved to Cheyenne, Wyoming where she worked at a World War II military facility preparing aircraft to be sent overseas. It was there that she met the love of her life,

We've lost our loving and devoted husband, father, and grandfather. Louis Wagoner was born in Loogootee, Indiana. He was the son of John and Margaret Wagoner and part of a family of 9 siblings. He succumbed to his illnesses brought on in recent weeks due to a recent fall.

After serving in the Army for 5 years and retiring as a Sergeant, Louis settled in the Midwest. There he met his wife of 61 years. After living a few years in Missouri, they moved to California where he worked both in the automotive and aircraft industries, eventually joining and working for McDonnell Douglas which later became part of Boeing. He retired from Boeing after 27 years as a Quality and Reliability Engineer concentrating in the areas of electronics and safety systems.

In retirement, Louis really enjoyed living near his grandchildren and was fortunate enough to be able to be a part of their lives, attending all of their school, sporting, and family events through the years, all the way until their adulthood.

Louis was an avid reader, skilled handyman, and very much enjoyed helping friends, neighbors, and family.

Prior to moving to Fremont, Louis and his family were longtime residents of Gilroy, CA.

Louis Wagoner is survived by his loving wife, Emma Jean Wagoner, his son Jim Wagoner and daughter-in-law Angela Wagoner, his two grandchildren, Chris and Acacia Wagoner and his sister Theresa Mattingly.

## Obituary

### Carolyn Campbell

August 3, 1934 - August 3, 2015

Resident of Fremont

Carolyn was born on August 3rd, 1934 in Oakland, CA and entered into rest on August 3rd, 2015 in Fremont, CA at the age of 81. She is survived by her 3 loving children: Greg Campbell of Fremont, Doug Campbell and his wife Michelle of Lodi, and Cathleen Doble and her husband Joe of Colusa; 2 grandchildren: Christopher Doble of Colusa, and Matthew Doble of Phoenix, AZ; and 2 step grandchildren: Christopher Hyden of Sacramento, and Nicole Hyden of Lodi. Carolyn was a lifelong bay area resident where she worked in health care for over 50 years. She loved life and she loved to help people in need. She would always give to any charity dealing with veterans. She had a passion for bay area sports and could carry on a conversation on any topic under the sun. Carolyn loved her work but most of all she loved her family. A private burial was held at Irvington Memorial Cemetery in Fremont, CA.

# LIFE CORNERSTONES

For more information  
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Birth

Marriage

Obituaries



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**Fred "Freddie" G. Sanchez Jr.**  
RESIDENT OF FREMONT  
May 21, 1934 – July 25, 2015

**Renee Morris**  
RESIDENT OF UNION CITY  
November 5, 1959 – July 28, 2015

**William "Bill" Marsh**  
RESIDENT OF UNION CITY  
September 26, 1923 – July 30, 2015

**Allen E. Sprague**  
RESIDENT OF FREMONT  
March 13, 1935 – July 31, 2015

**Carolyn C. Campbell**  
RESIDENT OF FREMONT  
August 3, 1934 – August 3, 2015

**Francine "Lovely" Day**  
RESIDENT OF FREMONT  
October 12, 1947 – August 4, 2015

**Epitacio "Pete" L. Moreno**  
RESIDENT OF UNION CITY  
May 19, 1915 – August 4, 2015

**Louis "Lou" Wagoner**  
RESIDENT OF FREMONT  
November 17, 1929 – August 5, 2015

**Norma Jean Drew**  
RESIDENT OF UNION CITY  
June 9, 1935 – August 6, 2015



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**Fannie "Delta" Chamberlin**  
RESIDENT OF FREMONT  
May 8, 2015 – July 17, 2015

**Jose R. Barrera**  
RESIDENT OF FREMONT  
September 9, 1924 – July 16, 2015

**Samuel R. Hufstedler**  
RESIDENT OF FREMONT  
March 25, 1934 – July 16, 2015

**Lal K. Vaswani**  
RESIDENT OF FREMONT  
March 13, 1933 – July 19, 2015

**Parameswaran Hariharan**  
RESIDENT OF PENNSYLVANIA  
December 26, 1926 – July 26, 2015

**Ju Kan Ru**  
RESIDENT OF FREMONT  
June 30, 1940 – July 30, 2015

**Robert M. Legnon**  
RESIDENT OF NEWARK  
March 21, 1955 – July 30, 2015

**Martin Kyung Min Hinsberg**  
RESIDENT OF FREMONT  
December 16, 1990 – August 6, 2015

**Michael J. Moller**  
RESIDENT OF VACAVILLE,  
FORMERLY OF FREMONT  
February 10, 1949 – August 7, 2015

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## Obituary

### Epitacio "Pete" L. Moreno

May 19, 1915 - August 4, 2015

Resident of Union City



Our beloved father entered into eternal rest surrounded by his family on August 4th, 2015.

Pete was born in Irapuato, Mexico and later moved with his family to St. Joseph, Missouri. He returned to Mexico in his youth and served in the Mexican Armed Forces. He lived in the state of Tamaulipas where he met his wife Gloria who became his life's companion of 68 years. Together they raised eight children. He worked in farming and joined with groups of farmworkers in struggles to improve living and working conditions. A strong advocate for education, Pete played a leading role in building a school for children in a rural area of Mexico. He later joined the Bracero Program and lived in Texas working in the farming and cattle industries. Pete moved to California and settled in Union City where he worked in agriculture and construction.

In 1967 he became a construction laborer and joined the Construction and General Laborers, Local 304. He used his organizing skills to become a Field Agent, and later was elected Recording Secretary, Business Manager, and member of the Northern California District Council of Laborers. Under Pete's leadership, Local 304 flourished and became a growing, financially stable, and a highly respected union. Pete also joined efforts with the United Farm Workers (UFW) in support of local nursery workers' rights to unionize.

Pete was a self-made man and a life-long learner who self-taught and explored a variety of subjects including drawing, musical instruments, and computer technology. He was a deeply compassionate man, and an ardent supporter of projects promoting human and voting rights throughout the world. He was an avid reader who followed local and world news, and enjoyed discussing politics and watching sports, especially the Oakland A's. A playful man by nature, with a good sense of humor, Pete enjoyed playful verbal exchanges and discussing current events with his children and grandchildren. Pete was, above all, a family man, who thoroughly relished spending time with his children, grandchildren, nephews and nieces.

Survived by his wife of 68 years Gloria Moreno; children: Silvia Moreno, Beatriz Moreno, Gloria Flores and her husband Andrew, Sonia Moreno-De Leon and her husband Bernie, Rene Moreno and his wife Teresa, Jose Moreno and his wife Sonia Peña, and Carlos Moreno; grandchildren: Sofia, Carlos, Victor, Diana, Sergio, Jesus, David, Monica, Cassandra, Arturo, Andrea, Angelica, Marisol, and Analysia; and great grandson Angelino. Also survived by many nieces and nephews. Preceded in death by his son David Moreno.

A Funeral Mass was celebrated on Monday, August 10th.

## Obituary

### Allen Everett Sprague

March 13, 1935 - July 31, 2015

Resident of Fremont



Allen E. Sprague, beloved son, brother, husband, father, uncle, grandfather, friend, and servant, now rests in peace with God. Allen was born and raised in San Francisco with his siblings Bruce and Carol. He graduated from Cal Berkeley in

1957; earning his law degree from Boalt Hall in 1960. Allen retired as City Attorney of Fremont in 1995, having faithfully served Fremont since 1962. Allen and his beloved wife Judy raised their four daughters: Ursula, Suzan, Julie, and Nancy in their Fremont home, where they reside to this day. Be it backpacking or ministering, Allen was equally devoted to all of his passions. First and foremost were his family and friends, with whom he shared his love of literature, history, music, art, the outdoors, wildlife, sports, food, and drink. Allen wore many hats in his eight decades; key among them were St. Anne's Episcopal Church, Kiwanis International, Pathways Hospice, S.I.R.S., Boy Scouts, Fremont Symphony, and Don Edwards Wildlife Refuge. Allen will always be loved and remembered as a man of knowledge and character. A Celebration of Life will be held for Allen on Saturday, August 15th, 1pm at St. Anne's Episcopal Church, 2791 Driscoll Rd., Fremont, CA 94539. In lieu of flowers or gifts, please consider a donation to: Elwyn Inc. www.elwynnc.org; Leukemia & Lymphoma Society www.lls.org; or the Don Edwards San Francisco Bay Area National Wildlife Refuge www.fws.gov/refuge/don\_edwards\_san\_francisco\_bay/

## Obituary

### Francine "Lovely" Day

Oct. 12, 1947 - Aug. 4, 2015

Resident of Fremont

She entered into rest on August 4th, 2015 in Fremont, CA at the age of 67. Preceded in death by her parents, Natalie and Peter Lepore. Survived by her husband, of 47 years, Eugene Raymond Day, Jr. Beloved mother of Wayne Vincent Day and Eugene Raymond Day III (wife Kimberly Day). Grandmother of Connor and Gavin Day. Wonderful sister of Geri, Mary Lou, and Shelley. Best friend of Fran Kennedy. She has many nieces and nephews that she just adored. Born October 12th, 1947 in Boston, MA. Francine was a parishioner at Holy Spirit Catholic Church. She was a gourmet cook of all different cuisines especially Italian. She loved to gamble in Las Vegas and Reno. She also loved scary movies. A Celebration of Life will be held for Francine "Lovely" on Sunday, August 23rd, 11am at Fremont Memorial Chapel, 3723 Peralta Blvd., Fremont, CA 94536.



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## Street Party *continues with* BANDS, KIDS' RIDES AND CAR SHOW

SUBMITTED BY KIM HUGGETT

The 2015 downtown Hayward Street Party season continues Thursday, August 20 with bands on five stages, the third of three summer car shows, street entertainers, food, and family fun.

The Bank of the West Stage will feature the salsa band Patron, Zebop will be on the Buffalo Bills stage, Mitch Polzak and the Royal Deuces will be on the Bistro Patio Stage, and Third Sol on the Newman Park Stage. The Hayward High School Marching Band will perform on B Street near City Hall.

Additional fun will be provided by street entertainers, face painters, and an entire city block of rides for kids. Adults can enjoy more than 100 hot rods and classics at the car show on Main Street, with special guest vehicles from GoodGuys, AutoNation Toyota Scion



Hayward, and San Leandro Ford and Lincoln.

Great brews will be served in a beer and soda garden between Bank of the

West and Bijou Restaurant.

The Street Party series is made possible through a partnership of the Downtown Business Improvement Area, the City of

Hayward, and the Hayward Chamber of Commerce. Corporate sponsors include the Bay Area News Group, Buffalo Bills Brewery, PG&E, Kaiser Permanente, Wells Fargo Bank, Russell City Energy Center, Comcast/Xfinity, and Horizon Beverage Service.

A limited number of exhibitor spaces are available. For more information, contact the Hayward Chamber of Commerce at (510) 537-2424.

**Hayward Street Party**  
**Thursday, Aug 20**  
**5:30 p.m. - 8:30 p.m.**  
**Downtown Hayward**  
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### Tesla's loss triples in 2Q as it lowers delivery forecast

BY DEE-ANN DURBIN AP AUTO WRITER

DETROIT (AP) — Tesla Motors' upcoming Model X SUV cast a long shadow over the company's second-quarter results.

Tesla's net loss nearly tripled to \$184 million in the April-June period as it invested in tooling and factory capacity for the new SUV, which is scheduled to go on sale next month.

The Palo Alto, California, maker of electric cars also lowered its expectations for full-year sales because it's not confident suppliers will be able to meet its production goals for the Model X in the fourth quarter. It now expects to sell between 50,000 and 55,000 Model S sedans and Model X SUVs this year, down from a previous target of 55,000.

"We do think that it's going to be quite a challenging production ramp on the X," Tesla CEO Elon Musk told analysts on a conference call Wednesday. "We only want to deliver great cars, so we don't want to drive to a number that's greater than our ability to deliver high-quality vehicles."

Tesla's shares fell \$18.13, or 6.7 percent, to \$252 in after-hours trading following the release of the earnings report.

Musk later mused that the Model X could be "the hardest car to build in the world." Its tricky features include unique side doors that open out and upward.

Tesla sold a quarterly record 11,532 Model S electric cars in the second quarter. It said sales grew more than 50 percent in Europe despite two price increases in the last six months, and they were up 30 percent in the U.S. Revenue rose 24 percent to \$954.9 million.

But Tesla also increased spending on its Fremont, California, factory, which makes the Model X, and on its battery plant, which is under construction in Nevada. It's opening five more stores in China and expanding its network of fast-charging Supercharger stations, which now total 487 globally.

Tesla has said it plans to invest \$1.5 billion in capital expenditures this year.

Tesla also spent more on research and development. Among its projects is a highway autopilot system, which will keep vehicles in their lane and automatically control speed and braking on the highway. That system is due out later this year. Tesla also said its Tesla Energy home battery packs will start production in Fremont during the third quarter.

Tesla's net loss, of \$1.45 per share, was wider than the loss of 50 cents per share a year ago.

Tesla says unadjusted figures do not reflect its true performance because accounting rules limit how it records revenue for leases. On an adjusted basis, the company lost \$61 million, or 48 cents per share, in the April-June period. That beat Wall Street's forecast of a 60 cent loss per share, according to analysts polled by FactSet.

Tesla's adjusted revenue of \$1.2 billion beat analysts' forecast of \$1.18 billion.



### Relax & Play at Water Gala

SUBMITTED BY BOLDLY ME  
PHOTO BY BECKETT GLADNEY

Boldly Me would love for you to come join us, play at the water park, and celebrate you! We believe everyone is imperfectly perfect, and our "Water Gala" on August 30 is designed so you can come as you naturally are.

Our founder, Alanna Powell, dreamt of a day when she could take off her wig and just swim without any fears. She has made that a reality for everyone who is afraid of wearing a bathing suit in public and being in the water. No matter what the fear is, we will embrace it together and just enjoy a day at the park. Please come, rock out with DJ Hightop, eat a delicious lunch, watch dazzling entertainers, and play with us at the water park. Smiles and laughter bring you joy and help you stay healthy!

A special thank you to our generous event sponsors and donors—Kaiser Permanente, Niles Rotary, Republic Services, Whole Foods Market, Washington Hospital Healthcare, Rising Phoenix/Fridaze Inc., Charles Schwab, Dr. Andrew Wong, Kristin and Chris Goldthorpe, Anna Varzar, Massimo's Restaurant, SellYourHomeFromHome.com, and Alanna and Jason Powell.

Boldly Me has had enormous community support from donors since our inception in 2012. We would like to recognize our 2015 supporters including Fremont Chamber of Commerce, Fremont Bank Foundation, East Bay Community Foundation, the

Candlelighters, Fremont Police Association, Cargill, Dutra Enterprises, Royal Ambulance, Dahn Yoga, Fremont Flowers, Fremont Association of Management Employees, Well Chosen Words, Robson Homes, Friedman & Perry Accounting, MAACO Fremont, Rouse Properties, Dr. Brad Piini Dentistry, Primerica Financial, New Creation Designs, Infinity Productions, Global Women's Empowerment Network (GWEN), David Filo of YAHOO!, the Stanford Distinguished Careers Institute and many more. Please see our website for a complete list.

If you are interested in coming to the Water Gala, sponsoring the event, donating a dessert for our auction, or simply learning more, please go to [www.boldlyme.org](http://www.boldlyme.org) or call (408)768-9257. If you would like to come but cannot afford to, please contact Alanna Powell directly.

Purchase tickets before August 16 for a discounted price; adults are \$33 and kids \$28. Tickets bought after August 16 are \$40 for adults and \$34 for kids. All funds raised from this event help us run our self-esteem building programs.

**Water Gala**  
**Sunday, Aug 30**  
**12:30 p.m. - 5 p.m.**  
**Fremont Aqua Adventure**  
**40500 Paseo Padre Pkwy, Fremont**  
**(408) 768-9257**  
**[www.boldlyme.org](http://www.boldlyme.org)**

**Tickets: \$33 adults, \$28 kids until Aug 16; \$40 adults, \$34 kids after Aug 16**



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Faculty, Santa Clara University School of Law 1987  
Editor, University of Illinois Law Review  
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## Fremont Police Log

SUBMITTED BY  
**GENEVA BOSQUES,  
FREMONT PD**

### Friday, July 31

Between 1:30p.m. and 3:00p.m., unknown suspect(s) entered a residence in the 34300 block of Gadwall Common through an unlocked window. The losses were cash, jewelry and electronics.

At 4:03 p.m., officers were dispatched to Safeway in regards to a disturbance. A female suspect entered the store, selected items and exited without paying for the items. The female was contacted outside of the store by employees and an altercation occurred. Officers arrived on scene and arrested the 30-year-old female from Fremont for robbery.

At 5:24 p.m., officers were dispatched to the area of Mowry Avenue/Hastings Street regarding a robbery. A female victim was walking west on Mowry Avenue on the sidewalk with her headphones on. The suspect approached her from behind and forcibly ripped the gold chain off her neck, knocking her to the ground. The suspect ran to a vehicle parked along the curb on Hastings Street where suspects 2 and 3 were seated. The vehicle was last seen fleeing east on Mowry Avenue. Suspect 1 was described as a light-skinned black female, 5'4" and heavy set. Suspects 2 and 3 were described as black males. The vehicle was described as an older, brown four-door vehicle.

### Saturday, August 1

Between 5:08 a.m. and 5:39 a.m., unknown suspect(s) entered a business in the 2900 block of Bayview Drive by breaking the front glass window. The loss was an electric bicycle.

At 8:18 a.m., officers were dispatched to the 43000 block of Starr Street in regards to a suspicious vehicle. Officers arrived and located the vehicle. The vehicle license plate revealed the vehicle was reported stolen. The 32-year-old male driver was arrested for

possession of a stolen vehicle.

Between 6:30 p.m. and 9:45 p.m., unknown suspect(s) entered a residence in the 60 block of Mowry Avenue through the front door. The loss was unknown at the time of this report.

### Sunday, August 2

Between 1:00 p.m. on Saturday, August 1, and 7:34 a.m. on Sunday, August 2, unknown suspect(s) entered a business in the 50 block of Whitney Place by prying the door open. The loss was unknown at the time of this report.

Between 9:00 p.m. and 10:00 p.m., unknown suspect(s) entered a business in the 47600 block of Lakeview Boulevard by forcing entry into a side metal garage door. The loss was video graphic cards.

### Monday, August 3

At 11:22 a.m., Ofc. O'Neal contacted a known male near Os-good Road/Washington Boulevard. The 31-year-old male from Fremont was arrested for possession of a known stolen property.

Between 1:30 p.m. and 2:30 p.m., unknown suspect(s) entered a residence in the 35800 block of Caxton Place by shattering a rear sliding glass door. The loss was jewelry.

At around 3:30 a.m., officers were dispatched to a business alarm in the 45400 block of Fremont Boulevard. Upon arrival, officers noticed the front glass double doors were shattered. The loss was cash.

### Tuesday, August 4

At 5:04 p.m., officers were dispatched to the area of Deep Creek Road and Ridgewood Drive for a chain snatch robbery that just occurred. A female victim was walking on Ridgewood Drive with her husband when a female suspect ran up to the victim and forcibly grabbed a gold chain from around her neck. While the female suspect grabbed the chain, three other male suspects held the victim's arms and legs, preventing the victim from defending herself. The female was described as Hispanic, 20 years old, 5'04", 200 lbs., shoulder length hair with back headband, sunglasses, wearing a gray sweatshirt and jeans. Suspect 2 was described as a black male adult, 27-28 years old, 5'10", 180 lbs., wearing a khaki shirt and

black hat. Suspects 3 and 4 were described as black male adults.

Between 1:30 p.m. and 7:30 p.m., unknown suspect(s) entered a residence in the 4300 block of Sweetwood Street through an open window. The losses were cash and jewelry.

### Wednesday, August 5

Between 6:00 p.m. on August 4 and 8:00 a.m. on August 5, unknown suspect(s) entered a residence in the 5400 block of Curtis by removing the front metal screen door. The loss was tools.

At 12:13 p.m. officers were dispatched to the shopping center at Fremont Blvd/Paseo Padre Pkwy for a disturbance regarding a known male. Officers arrived and contacted the male who was standing in the parking lot ripping up the yellow pages and throwing it all around. The male (52 years old/Fremont) was arrested for being drunk in public.

Between 9:30 a.m. and 11:20 a.m. unknown suspect(s) entered a residence in the 41000 block of Chiltern through an unlocked rear window. The loss was electronics and jewelry.

Between 1:30 p.m. and 2:30 p.m. unknown suspect(s) entered a residence in the 100 block of Castro by shattering a rear glass door. The loss was jewelry.

At 7:40 p.m. Officer Roberts conducted a vehicle stop near 880/Auto Mall Pkwy and contacted three occupants in the car. The female driver (35 years old/Union City) was arrested for possession of drug paraphernalia.

The front female passenger (20 years old/Redding) was arrested for possession of burglary tools. The rear female passenger (39 years old/Fremont) was arrested for possession of suspected methamphetamine.

At 9:03 p.m. Officer J. Kennedy was dispatched to the 38000 block of Athy in regards to a disturbance. Officers arrived in the area and contacted a known male. The male (44 years old/Fremont) was arrested for being under the influence of a controlled substance.

Between 7:00 a.m. and 10:00 p.m., unknown suspects entered a residence in the 700 block of Glenhill Dr. through an unlocked sliding glass door. The loss was jewelry.

## Union City Police Log

SUBMITTED BY  
**UNION CITY PD**

### Monday, July 27

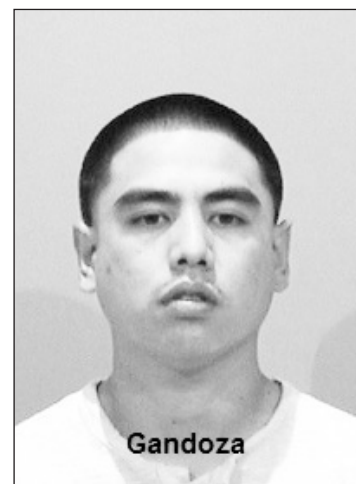
A residential burglary occurred on the 4900 block of Bridgepointe Place between Monday, July 27, 2015 at 11:30 p.m. and Tuesday, July 28, 2015 at 4:20 a.m. A front window was smashed and the residence was ransacked. The losses included a stolen vehicle, electronics and clothing. The vehicle was recovered a few days later.

### Wednesday, July 29

Ofc. Cota was dispatched to James Logan High School on reports of a student brandishing a knife at another student. The incident actually happened the previous day at a shopping center on Decoto Road. The suspect, who was known to the victim, pulled out a folding knife and threatened the victim with it. The 14-year-old Hayward resident was arrested and released to an adult male relative.

### Thursday, July 30

At around 6:00 a.m., Ofc. Rivas was dispatched to the area of Lewis Avenue and Western Avenue on the report of a subject who brandished a firearm after a road rage incident. The suspect



was not located, but the vehicle was described as an older model white Buick.

### Friday, July 31

A residential burglary occurred at the 31300 block of Santa Ana Way between 6:00 a.m. and 8:45 a.m. A window was smashed and one bedroom was ransacked. The loss is unknown at this time.

A residential burglary occurred at the 4700 block of Valencia Way between 1:00 a.m. and 2:00 p.m. Electronics were taken from an unlocked garage.

### Saturday, August 1

At around 1:00 p.m., Ofc. Parodi conducted a consensual encounter with the driver of a parked vehicle. A consensual search of the vehicle yielded an il-

legal stun gun. Jeremy Gandoza, a Union City resident, was arrested.

At around 5:30 p.m., Ofc. Mangan was dispatched to the area of Decoto Road and Meyers Drive on the report of a robbery. Two victims were sitting in a vehicle when two suspects opened the front passenger door and demanded their phones and wallets. The victims refused, so the female suspect forcefully removed a necklace from a victim's neck. The two suspects fled on foot on Meyers Drive. The first suspect was described as a black female in her mid-30s, 5'8" to 5'10" and 150-180 lbs., with a cornrow hair style. The second suspect was described as a white male in his mid-30s, 5'7" to 5'9" tall and 150-170 lbs.

An attempted residential burglary of an unlocked storage shed occurred at the 1800 block of Travertine Way around 10:00 p.m. No loss was reported.

A commercial burglary occurred at the 1700 block of Atlantic Street between Friday, July 31, 2015 at 5:30 p.m. and Saturday, August 1, 2015 at 7:15 a.m. Propane tanks were stolen from a storage area.

# COMMUNITY BULLETIN BOARD

<p><b>Rotaract Club of Greater Fremont</b> Community service &amp; business club for young professionals and students ranging from ages 18 to 30. Meetings on 1st &amp; 3rd Wednesdays at 7 pm. Find our events on <a href="http://meetup.com/rotaractfremont">meetup.com/rotaractfremont</a></p>	<p><b>AMERICAN LEGION POST 837</b> Meets third Tuesday each month - 6:30-8:30pm Social, Program, General Meeting Historic Niles Veterans Hall 2nd &amp; E. Street, Fremont <a href="http://www.POST837.org">www.POST837.org</a> ALL VETERANS WELCOME</p>	<p><b>The League of Women Fremont-Newark-Union City</b> <a href="http://www.lwvfnuc.org">www.lwvfnuc.org</a> Free meetings to inform the public about local, regional and statewide policy issues. Participate in non-partisan in-depth, discussions with guest speakers at our meetings. All sites are wheelchair accessible</p>	<p><b>10 lines/\$10/ 10 Weeks \$50/Year</b> <b>510-494-1999</b> <a href="mailto:tricityvoice@aol.com">tricityvoice@aol.com</a></p> <p><b>Shout out to your community</b> Our readers can post information including: <b>Activities</b> <b>Announcements</b> <b>For sale</b> <b>Garage sales</b> <b>Group meetings</b> <b>Lost and found</b> For the extremely low cost of \$10 for up to 10 weeks, your message will reach thousands of friends and neighbors every TUESDAY in the TCV printed version and continuously online. TCV has the right to reject any posting to the Community Bulletin Board. Payment must be received in advance.</p> <p>Payment is for one posting only. Any change will be considered a new posting and incur a new fee.</p> <p><b>The "NO" List:</b></p> <ul style="list-style-type: none"> <li>• No commercial announcements, services or sales</li> <li>• No personal services (escort services, dating services, etc.)</li> <li>• No sale items over \$100 value</li> <li>• No automobile or real estate sales</li> <li>• No animal sales (non-profit humane organization adoptions accepted)</li> <li>• No P.O. boxes unless physical address is verified by TCV</li> </ul>	
<p><b>TRI-CITY DEMOCRATIC FORUM MEETING</b> <b>Every Third Wednesday 7:00 pm</b> Chandni Restaurant 5748 Mowry School Rd Newark, CA 94560 <a href="http://www.tricitydems.com/">http://www.tricitydems.com/</a></p>	<p><b>Tri-City Ecology Center</b> Your local environmental leader! Eco-Grants available to Residents &amp; Organizations of the Tri-City area working on Environmental projects. <a href="http://www.tricityecology.org">www.tricityecology.org</a> Office open Thursdays, 11am-2pm 3375 Country Dr., Fremont 510-793-6222</p>	<p><b>Soroptimist International Tri-Cities</b> Improving the lives of women and girls in our community and throughout the world. Meetings: Third Monday every month at 6:00pm Papillon Restaurant 37296 Mission Blvd Fremont Call 510-621-7482 <a href="http://www.sitricities.org">www.sitricities.org</a></p>	<p><b>FREMONT COIN CLUB</b> Established 1971 Meets 2nd &amp; 4th Tues 7pm At the Fremont Elks Lodge 38991 Farwell Dr., Fremont All are welcome, come join us <a href="http://www.fremontcoinclub.org">www.fremontcoinclub.org</a> 510-792-1511</p>	
<p><b>Tri-City Society of Model Engineers</b> The TCSME located in Niles Plaza is currently looking for new members to help build &amp; operate an N Scale HO layout focused on Fremont &amp; surrounding areas. We meet Fridays 7:30-9:30pm. Please visit our web site: <a href="http://www.nilesdepot.org">www.nilesdepot.org</a></p>	<p><b>ABWA-Pathfinder Chap. American Business Women's Assoc.</b> provides opportunities for women personally &amp; professionally thru leadership, education, networking Dinner Meetings: 3rd Wednesday each month. Sinodino's Rest. (Newark): 6:30-9:00 pm Call Karen 510-257-9020 <a href="http://www.abwa-pathfinder.org">www.abwa-pathfinder.org</a></p>	<p><b>Fremont Cribbage Club</b> teaches cribbage to new players &amp; tournament cribbage to all players of any skill level every Tues. 6:15pm at Round Table Pizza 37480 Fremont Blvd., Centerville Email: <a href="mailto:Accgr43@gmail.com">Accgr43@gmail.com</a> American Cribbage Congress <a href="http://www.cribbage.org">www.cribbage.org</a></p>	<p><b>OLIVE FESTIVAL 2015</b> <b>OCTOBER 3rd &amp; 4th (Sat &amp; Sun) 10am-5pm</b> Live Music Beer - Wine - Food Olive Oil &amp; Specialty Vendors Kids Area Behind the Mission @ Dominicans' Olive Grove <a href="http://www.msjchamber.org">www.msjchamber.org</a></p>	
<p><b>Come Join Us Tri Cities Women's Club</b> Meets on the third Tuesday Elk's Club on Farwell Dr. 9:30 - Cards, 12:00 - Lunch 1:00 - Program and Meeting We also have bridge, walking, Gourmet dining groups, And a book club. For info. Call 510-656-7048</p>	<p><b>Afro-American Cultural &amp; Historical Society, Inc.</b> Sharing ur culture and history in the Tri-Cities and surrounding area Meetings: Third Saturday 5:30pm in member homes Contact: 510-793-8181 <a href="http://www.aachis.com">www.aachis.com</a> We welcome all new members</p>	<p><b>SparkPoint Financial Services</b> <b>FREE financial services and coaching for low-income people</b> who want to improve their finances. SparkPoint Info Session 3rd Thursday, 6-7pm City of Fremont Family Resource Center To reserve a seat: 574-2020 <a href="http://Fremont.gov/SparkPointFRC">Fremont.gov/SparkPointFRC</a></p>	<p><b>OLIVE FESTIVAL 2015</b> <b>OCTOBER 3rd &amp; 4th (Sat &amp; Sun) 10am-5pm</b> Live Music Beer - Wine - Food Olive Oil &amp; Specialty Vendors Kids Area Behind the Mission @ Dominicans' Olive Grove <a href="http://www.msjchamber.org">www.msjchamber.org</a></p>	
<p><b>Soiree Singles For People Over 60 Many Activities!</b> Dancing, Dinners, Luau's Potlucks. Great Fun! email: <a href="mailto:llochmil@att.net">llochmil@att.net</a> or Call: Lois for FREE Newsletter 510-581-3494</p>	<p><b>The Friendship Force San Francisco Bay Area</b> Experience a country &amp; its culture with local hosts; meet global visitors here. August -visitors from Brazil, Nov. to Costa Rica, Holiday Party, Hotel Kikko in San Francisco <a href="http://www.ffsfa.org">www.ffsfa.org</a> <a href="http://www.thefriendshipforce.org">www.thefriendshipforce.org</a> Call 510-794-6844 or 793-0857</p>	<p><b>FREE AIRPLANE RIDES FOR KIDS AGES 8-17</b> Young Eagles Hayward Airport various Saturdays <a href="http://www.vaa29.org">www.vaa29.org</a> Please call with questions (510) 703-1466 <a href="mailto:youngeagles29@aol.com">youngeagles29@aol.com</a></p>	<p><b>Sun Gallery FREE Art Saturday Classes For families on the 2nd &amp; 4th Sat. of each month and Summer Art Camp</b> Gallery Shows &amp; Exhibits FREE admission to all shows 1015 E. St. Hayward 510-581-4050 <a href="http://www.SunGallery.org">www.SunGallery.org</a></p>	<p><b>New Dimension Chorus Men's 4 Part Vocal Harmony In the "Barbershop" style</b> Thursdays at 7pm Calvary Luther Church 17200 Via Magdalena SanLorenzo Contact: <a href="mailto:ndchorus.org">ndchorus.org</a> 510-332-2481</p>
<p><b>Help with Math &amp; Reading</b> You can make a difference by helping Newark children with Math and reading. If you can give one hour a week, you can give a life-long gift of learning to a child. Contact 510-797-2703 <a href="mailto:momwalk77@gmail.com">momwalk77@gmail.com</a></p>	<p><b>VOLUNTEERS WANTED MUSEUM OF LOCAL HISTORY GUILD</b> No experience needed! Enjoy helping students on school tours - work on exhibits Accession artifacts flexible days &amp; hours Call Dianne: 510-673-4813 <a href="http://www.museumoflocalhistory.org">www.museumoflocalhistory.org</a></p>	<p><b>Scholarships for Women</b> Our Fremont philanthropic organization, PEO, offers many scholarships for women entering college, earning another degree or returning to school after 2+ years. Low interest education loans available, also. 510-794-6844 <a href="http://www.peointernational.org">www.peointernational.org</a></p>	<p><b>Alder Ave. Baptist Church 4111 Alder Ave., Fremont</b> Serving GOD Southern Baptist Tradition - Pastor-Randy Walters Sunday Bible Study -9:30am Worship Service - 11am Community Sing-Along First Friday every month 510-797-3305 <a href="http://www.Alderavenuebaptist.com">www.Alderavenuebaptist.com</a></p>	<p><b>St. Paul UMC Flea Market Saturday, Aug 15 8am-4pm</b> 33350 Peace Terrace, Fremont X Alvarado Blvd. &amp; Lowry Rd. Baby items, clothes, house items, crafts, food, drinks, games etc. Contact Kristine 510-754-3709 or Clare 510-673-3800</p>
<p><b>The American Assoc. of University Women</b> AAUW advances equity for women and girls through advocacy, education, philanthropy and research We are all inclusive, welcoming, smart and fun. <a href="http://fremont-ca.aauw.net">fremont-ca.aauw.net</a></p>	<p><b>Deliver a smile and a meal to homebound seniors LIFE ElderCare - Meals on Wheels</b> Mon - Fri, 10:30-12:30 Choose your day(s) Call Tammy 510-574-2086 <a href="mailto:tduran@fremont.gov">tduran@fremont.gov</a> <a href="http://www.LifeElderCare.org">www.LifeElderCare.org</a></p>	<p><b>Most Joyful Volunteer work LIFE ElderCare - VIP Rides</b> Drive seniors to appts/errands 4 hrs/month Flexible scheduling. Call Valerie 510-574-2096 <a href="mailto:vdraeseke@fremont.gov">vdraeseke@fremont.gov</a> <a href="http://www.LifeElderCare.org">www.LifeElderCare.org</a></p>	<p><b>FLASH FICTION WRITING CONTEST</b> <b>Subject: Must be a non-human</b> <b>Sat. September 26, 2015 10 AM to 4 PM</b> Deadline to enter, Saturday September 19 See details at: <a href="http://www.fremontculturalartscouncil.org">www.fremontculturalartscouncil.org</a> send entries to: <a href="mailto:FCACwriters@gmail.com">FCACwriters@gmail.com</a></p>	<p><b>Boutique &amp; Hand Made Items</b> <b>Saturday, Nov 7th 9:30-3:30</b> <b>38325 Cedar Blvd Newark cbcnboutique@gmail.com</b></p>
<p><b>SAVE's Domestic Violence Support Groups</b> FREE, compassionate support Domestic violence survivors Drop-in, no reservations needed Every Tues &amp; Thurs 6:45-8:45 pm Every Friday 9:15 to 11 am 1900 Mowry Avenue, Fremont (510) 574-2250 or 24-hour Hotline (510) 794-6055 <a href="http://www.save-dv.org">www.save-dv.org</a></p>	<p><b>Ohlone Humane Society</b> Love animals &amp; want to help? OHS is a nonprofit, volunteer supported animal welfare organization. Includes wildlife rehabilitation, companion animal rescue, animal assisted therapy, spay/neuter assistance and more. For info call 510-792-4587 <a href="http://www.Ohlohnehumanesociety.org">www.Ohlohnehumanesociety.org</a></p>	<p><b>SAVE's Restraining Order Clinics</b> Free for domestic violence survivors Seeking protective orders Locations: Fremont, Hayward &amp; San Leandro Every Monday, Tuesday &amp; Thursday Call SAVE's 24-hr Hotline (510) 794-6055 for details <a href="http://www.save-dv.org">www.save-dv.org</a></p>	<p><b>FLASH FICTION WRITING CONTEST</b> <b>Subject: Must be a non-human</b> <b>Sat. September 26, 2015 10 AM to 4 PM</b> Deadline to enter, Saturday September 19 See details at: <a href="http://www.fremontculturalartscouncil.org">www.fremontculturalartscouncil.org</a> send entries to: <a href="mailto:FCACwriters@gmail.com">FCACwriters@gmail.com</a></p>	<p><b>Boutique &amp; Hand Made Items</b> <b>Saturday, Nov 7th 9:30-3:30</b> <b>38325 Cedar Blvd Newark cbcnboutique@gmail.com</b></p>
<p><b>SAVE's Empowerment Ctr. Services</b> FREE for domestic violence survivors. If you're seeking healing, strength, support or referrals, SAVE can help! Yoga, therapeutic art, advocacy 24-hour Hotline (510) 794-6055 Empowerment Ctr (510) 574-2250 1900 Mowry Ave, #201 Fremont. <a href="http://www.save-dv.org">www.save-dv.org</a></p>	<p><b>VOCALISTS &amp; MUSICIANS WANTED</b> Hayward First Church of the Nazarene is looking for volunteer vocalists &amp; musicians for Sunday service worship team! 26221 Gading Rd., Hayward 510-732-0777 619-840-3402 <a href="mailto:HayNaz@pacbell.net">HayNaz@pacbell.net</a> Facebook.com/Hayward Nazarene</p>	<p><b>CALLING ALL ARTISTS and HISTORIC CRAFTERS ARTS &amp; HISTORIC CRAFTS SUN., SEPT. 20, 2015 10 AM - 4 PM</b> SHINN PARK, 1251 PERALTA BLVD., FREMONT TO RESERVE A SPACE/GET MORE INFORMATION CONTACT: <a href="mailto:alminard@comcast.net">alminard@comcast.net</a> Or write to MPH, PO Box 3078 Fremont, CA 94539</p>	<p><b>FLASH FICTION WRITING CONTEST</b> <b>Subject: Must be a non-human</b> <b>Sat. September 26, 2015 10 AM to 4 PM</b> Deadline to enter, Saturday September 19 See details at: <a href="http://www.fremontculturalartscouncil.org">www.fremontculturalartscouncil.org</a> send entries to: <a href="mailto:FCACwriters@gmail.com">FCACwriters@gmail.com</a></p>	<p><b>Washington High School Class of 1950 is having a re-union on Sept 25, 2015</b> a luncheon at Papillons restaurant, Fremont. Guest are welcomed. For more information, please contact Marilyn Bernard 793--1904 or Jim Griffen 792-6515.</p>
<p><b>OLIVE FESTIVAL 2015</b> <b>OCTOBER 3rd &amp; 4th (Sat &amp; Sun) 10am-5pm</b> Live Music Beer - Wine - Food Olive Oil &amp; Specialty Vendors Kids Area Behind the Mission @ Dominicans' Olive Grove <a href="http://www.msjchamber.org">www.msjchamber.org</a></p>			<p><b>HOME CRAFT FAIR</b> <b>Sept 30, Oct. 1, 2, 3</b> <b>Wednesday 11-4</b> <b>Thursday 10am-6pm</b> <b>Friday 10am-6pm</b> <b>Saturday 10am -4pm</b> 1608 Via Sarita, San Lorenzo Follow signs on Bockman Road Hundreds of local crafters and artists - Toys, Jewellery, and much more</p>	<p><b>CRAFT FAIR AND FLEA MARKET</b> <b>Sat. Oct. 10 - 9am-3pm</b> Hayward Veterans Bldg. 22737 Main, Hayward American Legion Auxilliary contact Dorothy Castillo 510-581-1074 <a href="mailto:Dorothycastillo61@yahoo.com">Dorothycastillo61@yahoo.com</a></p>

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**Fremont**

## Possession of heroin for sale and weapons violations

**SUBMITTED BY**  
**SGT. MATTHEW MILLER,**  
**MILPITAS PD**

On June 30, at approximately 2:44 a.m., a Milpitas Police Department officer conducted a traffic enforcement stop on a 2004 black Cadillac CTS for a vehicle code violation. The Officer contacted the driver of the vehicle, Lloyd Lee Cracraft and two passengers, Javier Palacios and Elisabeth Contreras. Cracraft did not have a California driver's license and had a suspended driver's license in Arizona. Cracraft and Palacios displayed signs of being under the influence of a controlled substance and were convicted felons in the state of Arizona for narcotic related offenses.

During the course of the investigation, Officers searched the 2004 Cadillac CTS and located approximately 2 ounces of heroin with a street value of approximately \$4200, digital scales, an unloaded Glock 9 mm pistol and two loaded pistol magazines. It was later determined that the pistol was reported stolen out of Phoenix, Arizona.

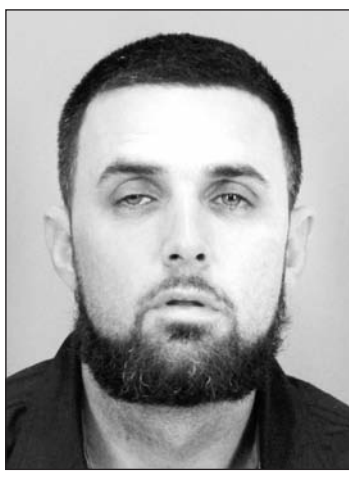
Lloyd Lee Cracraft (34 year-old male, Buckeye, AZ resident), and Javier Palacios (26 year-old male, Phoenix, AZ resident), were booked into the Santa Clara County Jail for transportation and possession of heroin for sales, being a convicted felon in possession of a firearm and ammunition, possession of stolen property and being under the influence of a controlled substance. Elisabeth



Elisabeth Contreras



Javier Palacios



Lloyd Lee Cracraft

Contreras (18 year-old female, Glendale, AZ resident), was booked into the Santa Clara County Jail for transportation and possession of heroin for sales, possessing a concealed firearm in a vehicle and possession of stolen property.

Anyone with any information regarding this investigation or other similar incidents occurring in Milpitas is encouraged to call the Milpitas Police Department at (408) 586-2400. Information can be given anonymously by calling the

Crime Tip Hotline at (408) 586-2500 or via the Milpitas Police Department website at: [http://www.ci.milpitas.ca.gov/government/police/crime\\_tip.asp](http://www.ci.milpitas.ca.gov/government/police/crime_tip.asp)

## Hayward Homicide update

**SUBMITTED BY SGT. RYAN CANTRELL, HAYWARD PD**

On Tuesday August 4, about 1 a.m., the victim, an unidentified male and his female companion were walking in the area of Arf Avenue and Morningside Drive when they were confronted by several Hispanic males. After a brief exchange, one of the Hispanic males shot the victim and the Hispanic males fled in a white SUV. Emergency medical services were summoned for the victim, but he succumbed to his injuries at the scene.

The victim has been identified as a 17 year old male from Hayward. The suspect(s) were (three) Hispanic male Juveniles/Adults ages 17-18 years old last seen fleeing in a silver or grey SUV. The suspect(s) were individually described as:

- Suspect (1) 5'7", short black hair.
- Suspect (2) 5'9" - 5' 10", 175 - 200 pounds.
- Suspect (3) 5'6", 150 pounds.

A motive in the homicide is unclear; the victim had no criminal record and recently graduated from Mt Eden High School. The male was accompanied by a 17 year old companion who was unharmed during the homicide. Detectives are still investigating the incident and encourage anybody with information regarding this crime to contact the Hayward Police Department at (510) 293-7034.

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# Registration opens for new Tri-City Youth Chorus

SUBMITTED BY ANN MELIIOUS

Children who sing in choruses have academic success and gain valuable life skills, according to a 2009 study by the research and training organization, Chorus America. "They also have fun," explained Joy Magalit Suh, director of the newly formed Tri-City Youth Chorus.

The Tri-City Youth Chorus, for youngsters in grades 5 through 8, will hold its first rehearsal session on Thursday, September 17 at Niles Discovery Church. Registration for the fall session is open now through September 15. Children do not need a background in music to participate.

The 13 weekly rehearsal sessions will include vocal training and music theory, culminating in a performance of contemporary and multi-cultural music. A spring session will commence on January 7. The tuition cost for the 13 sessions plus performance is \$130 per student.

Ms. Suh has directed the Glee Club of Kimber Hills Academy and for the past six years has volunteered as a Docent for Music for Minors II at John Gomes Elementary School, teaching music in the classrooms. At Gomes,

she directed the musicals "How the West was Really Won," "The Adventures of Lewis and Clark" and "Dig It!" Suh was also the music director for StarStruck Theatre's summer camp production of "Mulan, Jr."

"The church wants to share the joy of choral singing with the community, and we have fabulous new facilities with wonderful acoustics in which to rehearse and perform," said Marilyn Singer, an organizer of the chorus.

**Rehearsal for Tri-City Youth Chorus**  
**Thursday, Sept 17**  
**4 p.m. – 5 p.m.**  
**Niles Discovery Church**  
**36600 Niles Blvd, Fremont**  
**(510) 797-0895 ext. 1**  
**www.tricityyouthchorus.weebly.com**  
**Must register by Sept. 15**  
**For students in grades 5 through 8**  
**\$130**



## Fremont Elks provide books and brunch



SUBMITTED BY JOAN WHITE

Les Mensinger represented the Fremont Elks Lodge in June by delivering 553 books and two bags of magazines to the Palo Alto Veterans Hospital. The lodge rotates deliveries of books to area veterans' hospitals on a regular basis; books are donated by lodge members.

On Father's Day, the lodge hosted brunch for first responders. Approximately 20 members of police, sheriff and fire departments from throughout the area attended. The lodge invites these individuals as a way of thanking them for their service to the community.

Community service and paying it forward are commitments Fremont Elks Lodge 2121 has made in keeping with the motto "Elks Care, Elks Share." For more information, visit [www.fremontelks.org](http://www.fremontelks.org).

## Good Samaritans to be honored

SUBMITTED BY  
**LT. MATIAS PARDO, UNION CITY PD**

On Tuesday, July 28, two Union City residents will receive Good Samaritan Proclamations from the City Council for their assistance in apprehending a robbery suspect during the June 3 incident.

On June 3, 2015, around 6:03 p.m., officers were dispatched to Safeway, 1790 Decoto Rd, to ascertain the problem which involved a customer being held down and assaulted.

Upon arrival, they discovered the person being held down was in fact a robbery suspect that had been detained by Good Samaritans.

The investigation revealed that while the 85 year old victim was shopping inside the store a subject reached into his rear pocket and stole his wallet. The victim attempted to retrieve his wallet but the subject

fought back and they engaged in a physical altercation. A witness saw the struggle and intervened at which time the subject started running out of the store.

Another witness saw this and tackled the subject and detained him until police arrived.

The subject detained was positively identified as the suspect in the robbery. He was arrested for robbery and battery on an elderly subject and booked at Fremont Jail.

The suspect was identified as Theodore Levy, (BM DOB 03/04/67 Transient).

The victim sustained minor injuries as a result of the assault. He was treated and released on scene.

The quick action of the witnesses to assist the elderly man resulted in the quick apprehension of the suspect.

The two Union City Good Samaritans will be recognized on July 28 for their willingness to assist someone in need. For more information, email: [mpardo@unioncity.org](mailto:mpardo@unioncity.org)

## Upgrades for American High School

SUBMITTED BY ROBIN MICHEL

At its July 14 meeting, Fremont Unified School District (FUSD) Board of Education awarded an architectural design services contract to LCA Architects for a package of American High School construction projects funded through Measure E, the \$650 million school facilities bond approved by Fremont voters in June 2014.

The architectural design services at American High School are for a new HVAC (Heating Ventilation Air Conditioning) system, IT (Information Technology) infrastructure upgrades, flooring repair and exterior lighting. The scope of work covers the project phases from design through completion of construction and closeout.

"LCA Architects designed the Mission Valley ROP campus adjacent to Kennedy High School," said FUSD Superintendent James Morris. "The district is very happy with the quality of their work and we are looking forward to working with them at American High School."

All of these projects at American High School are Series A Bond projects, approved by the Board of Education on November 12, 2014. By bundling them together, greater cost savings will be realized. The first bond issuance took place November 18, 2014, and the District successfully sold \$140 million in Measure E general obligation bonds. Other Series A 2015 projects include technology infrastructure upgrades at Arden-

wood, Brookvale and Vallejo Mill Elementary Schools and Kennedy High School, completed last spring, and the Classroom Addition projects at Azevada, Mattos and Warm Springs Elementary Schools, as well as Irvington High School, and many others.

For more information, visit the District's website at [www.fremont.k12.ca.us](http://www.fremont.k12.ca.us) and click on Measure E Bond Update.



Matt McClain, FUSD Energy Conservation Supervisor, points out some of the deficiencies of the current American High School HVAC system

## Newark Police Log

SUBMITTED BY  
**CMDR. MIKE CARROLL, NEWARK PD**

### Thursday, July 30

At 2:23 a.m., Ofc. Jackman investigated a hit-and-run collision involving two parked vehicles on Ruschin Drive. While at the scene, he located a divot in the road which led around the block to the driveway in the 5400 block of McDonald Avenue. The vehicle in the driveway was missing the front passenger tire. The driver of the vehicle was identified as a 23-year-old male from Newark. Ofc. Jackman will be sending the investigation to the District Attorney's Office for a possible warrant for hit and run.

### Friday, July 31

At 7:15 p.m., Ofc. Khairy investigated a theft of a white Chevrolet Blazer (CA license plate # 5DKJ243) taken from the 37000 block of Cherry Street. There is no suspect information at the time of this report.

At 11:35 p.m., Ofc. Rodgers interrupted a fight in progress that resulted from an attempted robbery. A 27-year-old male from Newark attempted to rob a female; he sat in her vehicle in the Newark Square parking lot. The suspect likely did not see the female victim's boyfriend who was reclined in the passenger seat when he put two fingers to her head and told her to give him everything. The suspect was confronted by the boyfriend. The suspect and boyfriend began to fight when Ofc. Rodgers contacted them in the parking lot near 7-Eleven. The suspect was arrested for attempted robbery and transported to Santa Rita Jail.

### Saturday, August 1

At 10:08 a.m., Ofc. Nobbe investigated a commercial burglary at Public Storage, located at 38290 Cedar Blvd. The losses were a TV, cooking equipment, and women's clothing.

### Sunday, August 2

At 9:08 a.m., Ofc. Neithercutt investigated a stolen Buell motorcycle (CA license # 16G7517). The motorcycle was parked in front of a residence in the 5100 block of Tenaya Street.

At 6:57 p.m., Ofc. Simon investigated a residential ransack burglary that occurred at a residence in the 6200 block of Joaquin Murrieta Boulevard between Friday, July 31, 2015 to Sunday, August 2, 2015. Entry was made by shattering a rear slider. Losses were miscellaneous electronics and personal items.

### Monday, August 3

At 2:25 p.m., officers responded to Home Depot for a reported theft in progress. Staff at Home Depot had been following a male who was wearing a red backpack and motorcycle vest, and carrying a motorcycle helmet. The store reported the male had stolen some items from the store and concealed the items in his backpack. The suspect left the business without paying and walked toward a silver motorcycle. As he approached the motorcycle, the suspect, identified as a 27-year-old male from Fremont, was contacted by Ofc. Nobbe. While speaking to the suspect, a records check of the motorcycle was completed. The motorcycle had been reported stolen out of San Francisco. A records check of the suspect found he was on searchable probation. A search of his backpack resulted in the recovery of stolen property from Home Depot, two ID cards belonging to other people, and several shaved car keys. He was booked at Fremont jail for possession of stolen property, possession of someone else's identification, possession of burglary tools, petty theft, possession of drugs, and possession of drug paraphernalia.

At 7:55 p.m., Ofc. Mapes responded to the front counter regarding an assault with a deadly weapon that had occurred earlier in the day at NewPark Mall. The female victim sustained a laceration on her chin from a knife. This investigation is ongoing.

### Tuesday, August 4

At 11:15 a.m., Ofc. Johnson located a stolen 1996 Honda Accord on Auburn Avenue near Ebbetts Street. The vehicle was unoccupied, and the victim responded and took possession of their car.

### Wednesday, August 5

At 8:03 a.m., Community Service Officer (CSO) Verandes investigated an auto burglary that occurred at Homewood Suites, located at 39270 Cedar Blvd. Entry was via a window smash that occurred between 7:15 a.m. and 7:30 a.m.. Loss was an ASUS brand laptop.

At 9:50 a.m., CSO Verandes investigated an auto burglary that occurred in the 35200 block of Lido Boulevard. Entry was via a window smash that occurred between 9:30 p.m. on Tuesday, August 4, 2015 and 10:00 a.m. on Wednesday, August 5, 2015. Loss was a bag containing paperwork.

# CAMP KID SCOOP™

## BUG-A-PALOOZA

www.kidscoop.com



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### Weekly Writing Corner



#### THE FLYSPECK FLYER

## BUG OLDER THAN DINOSAURS

By Nellie Fly  
WORLD'S SMALLEST REPORTER

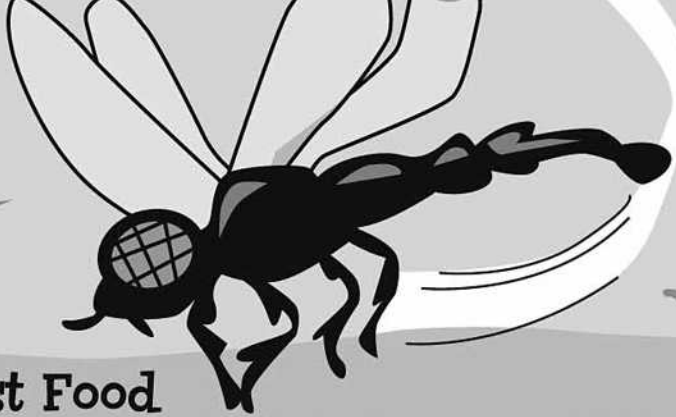
Dragonflies have been around since before the dinosaurs! In fact, dragonflies were flying across the landscape about one hundred million years before dinosaurs walked the earth.

And, they were BIG bugs. Prehistoric dragonfly wings measured nearly three feet across! Scientists claim these were the largest insects that the world has ever seen.

Center for the study of insects... to the... survey... inside... counts... for the...



# Dancing Dragons



### Fast Food

Dragonflies knew about fast food long before humans did. While flying, the dragonfly positions its legs and the bristly spines growing on the legs to form a basket scoop. It collects mosquitoes and other bugs in this bristly basket and then munches its catch, all while still airborne! — The dragonfly's approach to dinner is like picking up and wolfing down an order of "bugs in a basket" to go!

Standards Link: Life Science: Students know that organisms have distinct structures that serve specific functions in survival.

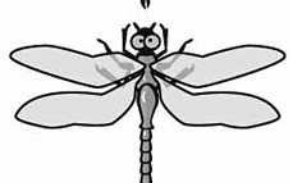
### Dragonflies Today

Dragonflies are still some of the world's largest flying insects. They have wingspans measuring 1 to 5 inches. There are more than 4,000 kinds or species.

Many are colored like jewels. Their shiny colored bodies and wings reflect the sunlight, making them a delight to watch in flight.

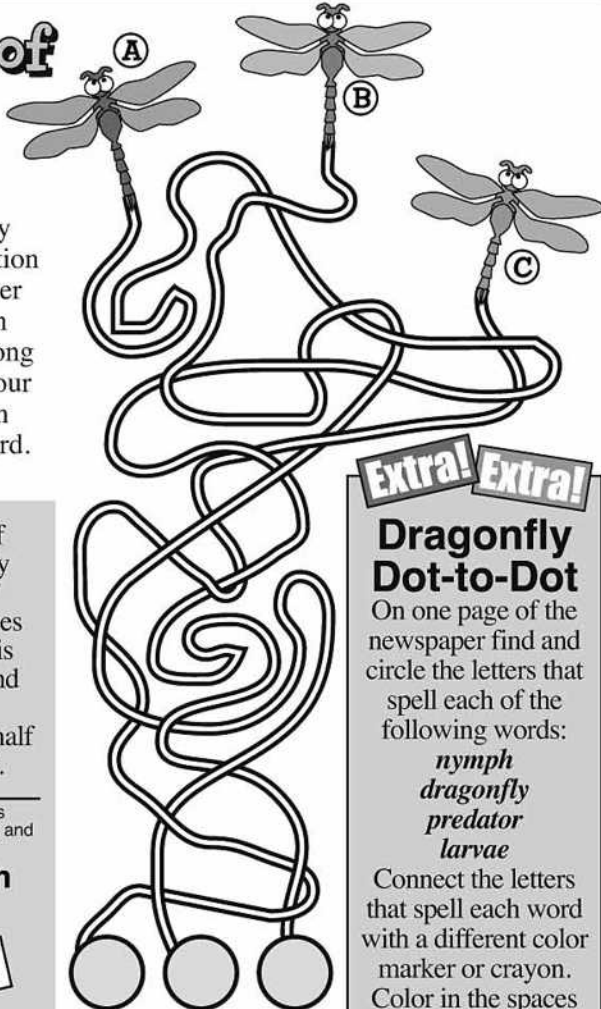


Find the two identical dragonflies.



### Flights of Fancy

Dragonflies are famous for their flying skills. They can change direction in an instant, hover like helicopters in mid-air, zoom along at 35 miles per hour and dart up, down and even backward.



Extra! Extra!

### Dragonfly Dot-to-Dot

On one page of the newspaper find and circle the letters that spell each of the following words:

- nymph
- dragonfly
- predator
- larvae

Connect the letters that spell each word with a different color marker or crayon. Color in the spaces in your dragonfly designs and share with a friend!

Standards Link: Spelling: Spell grade-appropriate words correctly.

Follow each dragonfly trail and write the correct letter in each circle.

### POND MONSTER

After a dragonfly egg hatches, a tiny, wingless creature called a nymph wriggles out. The dragonfly nymph breathes with \_\_\_\_\_ located at the rear of its abdomen.

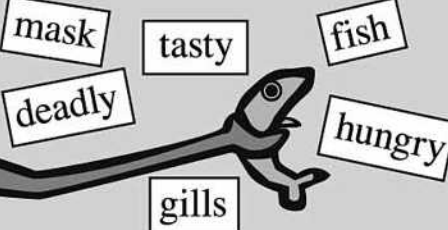
The nymph is a \_\_\_\_\_ predator that eats mosquito larvae, worms, tadpoles and even small \_\_\_\_\_. It hides in the mud or weeds and waits for supper to wander by. When a \_\_\_\_\_ morsel comes into view,

the nymph shoots out a large lower lip with lightning speed and pulls the food into its mouth.

This \_\_\_\_\_ lower lip is one of the things that has earned dragonfly nymphs the name "pond monster." The lip is made of two hinged pieces that fold up under its face. The lip is so large, it partly covers the face and is sometimes called a \_\_\_\_\_. When it shoots out, the lip can be half as long as the nymph's entire body.

Standards Link: Life Science: Animals progress through life cycles of birth, growth, development and reproduction.

Draw a line to where each word belongs.



### Catch the Reading Bug at Your Library This Summer!

When a dragonfly lands on her toothbrush, Eliza and her Aunt Doris decide to take it to a nearby pond. There they find an "awful green creature" about the size of a paperclip. What will it become?

Unscramble the title of this book. Then, check it out at your library this summer!



- Bert Bookworm



Standards Link: Reading Comprehension: Read age-appropriate text in a variety of genres.

### Double Double Word Search

- DRAGONFLY
- LARVAE
- NYMPH
- BASKET
- SPECIES
- ABDOMEN
- CYCLE
- STAGES
- WORMS
- POND
- HOVER
- MORSEL
- DART
- TRAIL
- SHARE

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

D	S	R	H	O	V	E	R	D	A
L	S	E	G	P	L	T	R	A	D
E	E	O	I	M	A	N	S	N	
L	G	S	A	C	G	Y	M	H	E
C	A	R	R	O	E	R	N	A	M
Y	T	R	N	O	O	P	D	R	O
C	S	F	V	W	M	A	S	E	D
N	L	C	B	A	S	K	E	T	B
Y	D	N	O	P	E	I	N	G	A

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

### FROM THE Kid Scoop LESSON LIBRARY

#### Life Cycles

Look through the newspaper for pictures of people and animals in different stages of life. Cut out these pictures to show the life cycle of each. Draw pictures or find images on the Internet to depict any life stages you can't find in the newspaper.

Standards Link: Life Science: Animals progress through life cycles.



## Why did the dragonfly cross the playground?

ANSWER: To get to the other slide.

### Write On!

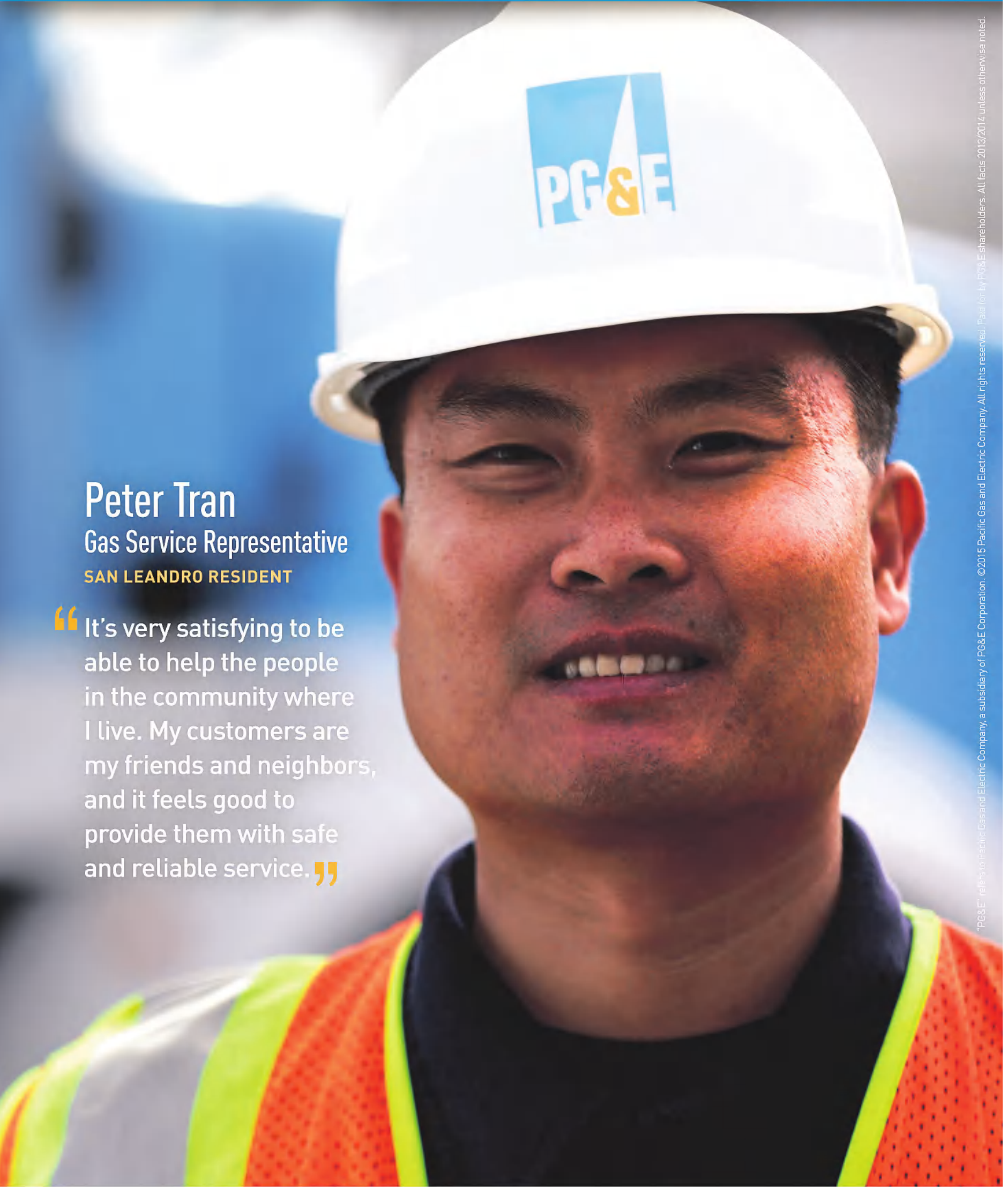
## Why the truth?

Tell about a time you were tempted to lie but had the courage to tell the truth.

Deadline: September 13  
Published: Week of Oct. 11  
Send your story to:

Please include your school and grade.

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# Sunday Brunch is Back

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[www.spinayarnsteakhouse.com](http://www.spinayarnsteakhouse.com)

**45915 Warm Springs Blvd., Fremont**



### Celebrating Zucchini

Stuffed, baked, or fried, seasoned or au naturel, the prolific zucchini provides innumerable dining options. And there is just one place to get a sampling of all this summer squash can offer — the “Hayward Zucchini Festival.” Sponsored by the South Hayward

Lions Club and celebrating its 33rd annual event, the festival is a hot spot for foodies and anyone who loves a great summer party.

While the two-day event has numerous dining options, there are also two entertainment stages with a full lineup of music and community talent, several arts and crafts booths, kid’s games and rides, face



painting, and cooking demonstrations. Gardeners who might be tending an impressive zucchini specimen in their yard can enter the zucchini growing contest and win a prize for most unusual shape, heaviest, or best color variation. Forms are available at [www.zucchini-fest.org](http://www.zucchini-fest.org) and entries must be brought to the growing booth by 11 a.m. Sunday.

So raise a zucchini smoothie to the “Hayward Zucchini Festival” and the waning days of summer.

Tickets are \$10 general admission, \$5 seniors (55+), juniors (5-12), and handicapped; and free for kids five and under. Pre-sale tickets can be purchased at The Cobblers, 22443 Foothill Boulevard in Hayward. Attendees who purchase tickets at the festival and bring one can of non-perishable food to donate to the Salvation Army on August 15, will receive \$1 off the ticket price. Or step up your status for \$30 for a two-day VIP pass which will admit one carload of attendees

with VIP parking for both festival days. \$20 VIP is available for one day attendance.

**Hayward Zucchini Festival**  
**Saturday, Aug 15 & Sunday, Aug 16**  
**10 a.m. - 8 p.m.**  
**Kennedy Park**  
**19501 Hesperian Blvd,**  
**Hayward**  
**(510) 278-2079**

[www.zucchini-fest.org](http://www.zucchini-fest.org)  
**Tickets: \$10 general admission; \$5 seniors (55+) juniors (5-12), and handicapped; free for kids 5 and under**  
**Free parking**

### Entertainment Schedule:

Main Stage:  
Saturday, Aug 15:  
10:30 a.m. - 11:45 a.m.: Gnar - Gnar  
11:45 a.m. - 1:00 p.m.: Elliot Schneider  
1:00 p.m. - 2:15 p.m.: The Kaye Bohler Band  
2:15 p.m. - 3:30 p.m.: Patron  
3:30 p.m. - 4:45 p.m.: Flock of Seagirls  
4:45 p.m. - 6:00 p.m.: Rick Stevens & Love Power  
6:00 p.m. - 7:30 p.m.: Run 4 Cover

Sunday, Aug 16:  
10:30 a.m. - 11:45 a.m.: Bro-Jazz  
11:45 a.m. - 1:00 p.m.: Blues Bottle Band  
1:00 p.m. - 2:15 p.m.: Blue Voodoo  
2:15 p.m. - 3:30 p.m.: South 46 Band  
3:30 p.m. - 4:45 p.m.: K.Flav  
4:45 p.m. - 6:00 p.m.: Gary Puckett & The Union Gap  
6:00 p.m. - 7:30 p.m.: Willie G

Bohannon Stage:  
Saturday, Aug 15:  
10:00 a.m. - 10:45 a.m.: Acoustic Rock & Soul  
11:00 a.m. - 11:45 a.m.: True Fitness  
12:00 p.m. - 12:45 p.m.: Vivify (Classic Rock)  
1:00 p.m. - 1:45 p.m.: Estellar Martial Arts  
2:00 p.m. - 2:45 p.m.: C.V. Jazz Quintet  
3:00 p.m. - 4:00 p.m.: Bedford Studios  
4:15 p.m. - 5:00 p.m.: Garage Band Spyzers

Sunday, Aug 16:  
10:00 a.m. - 10:45 p.m.: HARD Dancers  
11:00 p.m. - 11:30 p.m.: Phil Santos Violins  
11:30 p.m. - 12:00 p.m.: Rachele's Belly Dancers  
12:00 p.m. - 1:00 p.m.: Bedford Studios  
1:15 p.m. - 1:45 p.m.: Bedazzled Dancers  
2:00 p.m. - 2:45 p.m.: Bedford Studio Presents  
3:00 p.m. - 3:45 p.m.: True Dance Studios  
4:00 p.m. - 4:45 p.m.: Pallen Martial Arts  
5:00 p.m. - 6:00 p.m.: The Landbirds (Classic Beatles & '60s Rock)

# BANDEFEST

Bands4Bands, in association with Hayward Area Recreation and Park District (HARD), presents “BandFest 2015” on Saturday, August 15 at Hayward Memorial Park Amphitheater featuring local artists and bands. Among those performing are Hayward-based Razor Train (rock/metal/punk), Madmen (rock/progressive/indie), Luminous News (pop-rock/progressive rock), singer-songwriter

Jessica Leia (“Rockicana” pop/Americana) and more.

BandFest is presented by Bands4Bands, a nonprofit organization that provides music programs, education, and preservation of music to the community. “What we like about Bands4Bands events is that they support local bands who create and play original music. They provide excellent support for these bands, work hard to get



Luminous News



them exposure to the Bay Area music scene, and coordinate opportunities to perform mostly in the East Bay,” stated Dawn Huddleston, vocalist and keyboardist for the band Madmen, who rehearse and record at Elf Corps Studios in Fremont.

Other than providing live music, Bands4Bands intends to host a canned food drive during the event. This is a great opportunity to give back to the community while also enjoying the Bay Area music scene. The event is sponsored by Bands4Bands, Infinitart, Music Depot, Salvation Army, and

Madmen

HARD. For more information, visit [www.facebook.com/Bands4BandsOrganization](http://www.facebook.com/Bands4BandsOrganization).

**BandFest**  
**Saturday, Aug 15**  
**1 p.m. - 5 p.m.**  
**Hayward Memorial Park Amphitheater**  
**(behind Hayward Plunge)**  
**24176 Mission Blvd, Hayward**  
**(510) 278-9695**  
[www.facebook.com/Bands4BandsOrganization](http://www.facebook.com/Bands4BandsOrganization)  
**Free;**  
**bring canned good(s) to donate**