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## RIVER ADVENTURES

	ADULTS	YOUTH (under 16)
<b>FULL-DAY RIVER ADVENTURE</b> World-famous scenery and a barbecue lunch rafting the Colorado River. 8:15am - 4:00pm (min age: 5)	\$85	\$65
<b>COLORADO RIVER A.M. HALF-DAY</b> Raft the river from Fisher Towers to Rocky Rapid. 8:15am - 12:30pm (min age: 5)	\$54	\$44
<b>COLORADO RIVER P.M. HALF-DAY</b> Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)	\$65	\$55
<b>WESTWATER CANYON FULL-DAY</b> Enjoy exciting whitewater rapids & lunch in this unique Canyon. 7:30am - 6:00pm (min age: 10)	\$175	\$175
<b>TWO-DAY RAFT &amp; CAMP</b> All meals and camping equipment provided, rafting moderate rapids, relax into the scenery. (min age: 5)	\$255	\$185

## HUMMER SAFARIS

	ADULTS	YOUTH (under 16)
<b>SLICKROCK SAFARI</b> Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 2pm (2 hrs)	\$81	\$49
<b>GRAND SAFARI</b> Further explore the backcountry in the world's most serious 4x4. Departure times vary by season. (4 hrs)	\$169	\$122
<b>SUNSET SAFARI</b> The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)	\$91	\$69

## MOUNTAIN BIKING

	ADULTS	YOUTH (under 16)
<b>HALF-DAY MOUNTAIN BIKING</b> Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs)	\$95	\$95
<b>CANYONLANDS SUNRISE DOWNHILL</b> Relaxing downhill ride w/ breakfast. Enjoy grand vistas at every turn. Departure times vary. (5 hrs)	\$110	\$95

## ARCHES N.P. TOURS

	ADULTS	YOUTH (under 16)
<b>ARCHES FIERY FURNACE HIKE</b> Explore a maze of astounding hidden chasms with one of our guides on this unique hike. 7:15am - 12:30pm	\$81	\$61
<b>ARCHES SUNSET TOUR</b> Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)	\$71	\$48

## CLIMBING & CANYONEERING

	ADULTS	YOUTH (under 16)
<b>EPHEDRAS GROTTO CANYONEERING</b> Excellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 4 hrs (min age: 10)	\$99	\$84
<b>DESERT ROCK CLIMBING</b> Climbing, instruction, and fun on rope and rock! All equipment provided. 5 hrs (min age: 5)	\$99	\$84
<b>HIGH ROPES COURSE</b> Challenge course, safety gear & instruction, and southern Utah's highest swing! 2 hrs (min age: 10)	\$60	\$50

## FLIGHTS & HORSEBACK

	ADULTS	YOUTH
<b>HOT AIR BALLOON RIDES</b> Soar over the sandstone valleys and spires of Moab from an unforgettable perspective. (Approx 3.5 hours)	\$259	\$259
<b>CANYONLANDS SCENIC FLIGHT</b> See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am	\$173	\$173
<b>CASTLE VALLEY HORSEBACK RIDE</b> 2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 4pm (min age: 8)	\$80	\$80

## JETBOAT TOURS & MORE

	ADULTS	YOUTH (ages 4-15)
<b>CANYONLANDS JETBOAT</b> Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)	\$89	\$79
<b>SUNSET JETBOAT &amp; DINNER</b> 1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP.	\$79	\$69
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# MOAB HAPPENINGS

Volume 25 Number 4 JULY 2013  
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# MOAB HAPPENINGS

## MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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Cover photo courtesy of Patrick Paul René

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## Tom Till 2014 Calendar: Magnetic Moab

After decades of co-producing a Utah calendar, Tom Till decided to retire the statewide Utah calendar. Since Tom continues to shoot actively in the Moab area and the Colorado Plateau, replacing the Utah calendar with



one focused solely on the Moab area is indicative of what Tom wants to shoot, and where his heart really lies now. Also, responses from Facebook show a keen interest in Tom's images of Moab from those who have come under Moab's magnetic spell.

Though the gang at Tom Till Photography and Gallery had published four books over the past decade, this was the first time the team had tried a calendar. Since Tom was shooting in Brazil, Saudi Arabia, and the Western Balkans recently, Marcy Till, Tom's daughter Mikenna, and Gallery manager Clare Solawetz, with help from designer Jenn Reilly and Moab printing expert

Dan Norris brought the project to fruition. Everyone was also very keen on having the calendar printed in the USA, which we were finally able to accomplish.

This aesthetically engaging calendar features Tom's photos and the natural history writing of daughter Mikenna Clokey. Clokey's words are wonderful personal essays about living in and loving the Canyon Country. Each 11x14 monthly photo includes a short essay about how Moab's magnetism "attracts" many things.

As a local family-run business, Tom Till Photography and Gallery have been supporting and supported by the Moab community for more than 35 years. The images and words in our new product are dedicated to the magnificent region we hold closest to our hearts. Through the pages of this publication, we hope to brighten your year with images of everything from forest fires to some of the largest claret cup cactus in existence, and to send a part of this singular place home with those who treasure it as we do.



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**LIVE SHOW!**  
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**SATURDAY JULY 27<sup>TH</sup> - 8PM** ★  
**AUGUST 3<sup>RD</sup> - 8PM**

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 MAGIC, COMEDY, MUSIC, BELLY DANCERS, FIRE DANCERS, AND MORE!

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# WESTERN HAPPENINGS

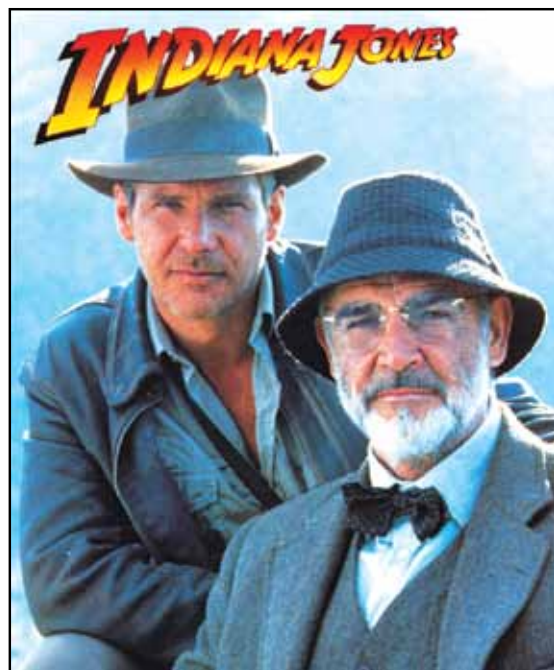
## Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



**A partial list of stars that have made movies in Moab**

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.

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# MOAB AREA EVENTS CALENDAR



**Adventure Tours \$55 2hrs**

Call for info:  
Jet boat/4x4 - \$130 5hrs  
Scenic - \$89 3½ hrs  
Custom

435-259-5538 www.moabjett.com  
50 W. 400 North Moab info@moabjett.com

## July Events

- 2 Moab Garden Club Meeting.** Open to anyone with an interest in Gardening. 6:30 p.m. For location of this month's meeting please contact: moabgardener@yahoo.com, Patty Larson 435-259-7941, Tricia Scott 435-249-4959
- 2-5 La Sal Mountains Explorer Base Camp:** An eco-adventure for kids that want to combine a fun time outdoors with learning cool stuff about our woods and wildlife. 4 days, 3 nights camping in the La Sal Mountains. For kids entering grades 5-8. Small groups, 1:6 instructor to youth ratio. \$150 per 3-day session, \$100 for Grand County students. Trip includes: Transportation, tents, meals, land use permits, and fun hiking, games and nature activities. 10% discount for siblings. Scholarships available for qualifying Grand County students. <http://cfimoab.org/trips/la-sal-mountains-explorer-base-camp/> or call Canyonlands Field Institute at 435-259-7750.
- 2-6 Buck's Grill House Live Music-** Tues July 2 Dave Steward Trio, Fri July 5 Sand & Sunnie Sheff, Sat July 6 Scott Ibex. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).
- 4 INDEPENDENCE DAY**
- 4 Patriots on Parade** Full day of Fun July 4th Celebration in Swanny City Park. We will kick off the day with our Parade. The parade will start at MC's on the Corner, 4th North & 5th West at 9:30 am. No need to register; just show up, decorate yourself, your bike, your car and join in. Other events include: Free Swim Moab Aquatic Center 1:30 – 5:00 pm, watermelon eating contest, vendors, games for kids, dunk tank and live entertainment! Sponsored by the Moab Chamber of Commerce, 435-259-7814.
- 4 4th of July Fireworks Display** sponsored by Grand County, the Grand County Recreation District, and the City of Moab. Fireworks will be choreographed to a playlist and aired on 97.1 KCYN and showcased from Lions Back at dark, approximately 10pm. Rain/wind date: within 2 days.
- 4 Big Horn Gallery at Dead Horse Point State Park-** opening reception from 2-5pm. Featuring original art by 24 of Moab's working artists. Exhibit runs from July 4-August 25. For more info visit [www.moabstudiotour.com](http://www.moabstudiotour.com) or call the Dead Horse Point Visitor Center at 435-259-2614. See ad on 14A & article on 9B.
- 5-6 Woody's Tavern Live Music** - 221 South Main Street. Fri & Sat featuring Jack and Jill. For more info call 435-259-9323.
- 5-6 Blu Pig Live Music** – Fri July 5 Scott Ibex - open mic, Sat July 6 Jenna Talbott. Music starts at 7:00 pm at 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).
- 6 First Annual Classic Car Show** Shine em up 8-10 and join the Torrey Apple Days Parade at 10am. Show at 10am-3pm. Prizes 3pm. \$5 registration. Contact April 435-219- 5530 or Kermit 435-201-9754. Hosted by the La Cueva Restaurante Mexicano, 875 N SR 24, Torrey, UT.
- 9-12 La Sal Mountains Explorer Base Camp:** An eco-adventure for kids that want to combine a fun time outdoors with learning cool stuff about our woods and wildlife. 4 days, 3 nights camping in the La Sal Mountains. For kids entering grades 5-8. Small groups, 1:6 instructor to youth ratio. \$150 per 3-day session, \$100 for Grand County students. Trip includes: Transportation, tents, meals, land use permits, and fun hiking, games and nature activities. 10% discount for siblings. Scholarships available for qualifying Grand County students. <http://cfimoab.org/trips/la-sal-mountains-explorer-base-camp/> or call Canyonlands Field Institute at 435-259-7750.
- 9-13 Buck's Grill House Live Music-** Tues July 9 Bridget Otto, Thurs July 11 Frank & Jeff, Fri July 12 Sand & Sunnie, Sat July 13 Eric Jones. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).
- 11 Prehistoric Rock Art and Cultures of the Moab Area~** Sally Cole. Images of storytelling and history! In the deep and colorful sandstone outcroppings of the Colorado Plateau, the petroglyphs and rock paintings of the ancient inhabitants of the West are an enduring record of past ideas and practices. Join author, Sally Cole, as she traces connections between art on canyon walls, rock shelters, and boulders and designs on pottery, basketry and other artifacts. Canyonlands Natural History Association (CNHA) ~ Museum of Moab Lecture Series. Moab Information Center, Corner of Center & Main, 6:00 pm.
- 11 WabiSabi Nonprofit Network: BBQ Social.** All Nonprofits are invited to share lunch together, invite a friend! BBQ provided, sides are welcome. We love RSVPs! 435-259-2553. Noon-1pm, Rotary Park.
- 12-13 Blu Pig Live Music** – Fri July 12 Hell Hound Express Blues Trio, Sat July 13 Scott Ibex - open mic. Music starts at 7:00 pm at 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).
- 12-13 Woody's Tavern Live Music** - 221 South Main Street. Fri & Sat featuring Zolopht & the Destroyers. For more info call 435-259-9323.
- 13 Nature Photography Boot Camp** - Join local pro photographer Bret Edge on a fun and intensive one day photography workshop designed to give novices the tools needed to make dramatic landscape images. For more info visit [bretedge.com](http://bretedge.com) or call 602-571-4170.
- 13-14 The Lost World of Range Creek:** Archaeological paradise: rare opportunity to see pristine prehistoric Fremont rock art and sites in-depth with plenty of time to explore. Two days with vehicle tour, hikes, and camping, evening program, all meals. Located in the Book Cliffs between Green River and Price, Range Creek Canyon has been recently opened to research and restricted vehicle access after careful protection by local ranching family for many years. Small group, comfortable vehicle supported camp, longer trip allows quality time for exploring, hiking, discussion. \$400 Adults and youth 16+ <http://cfimoab.org/trips/range-creek-archaeology-jul/> or call Canyonlands Field Institute at 435-259-7750.




**Activity Booking Center**

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471 S. Main Street #8  
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[www.MoabTourismCenter.com](http://www.MoabTourismCenter.com)



**Edge of the Cedars State Park Museum**

660 West, 400 North, in Blanding, Utah.  
For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload  
\$3 Children 6-12  
Tour Buses \$3 per person  
Annual Passes are \$75  
Park Hours: 9 a.m. to 5 p.m. Year-round  
Open Monday-Saturday. Closed Sundays  
Holiday Closures: Thanksgiving, Christmas Day, and New Years Day



**Moab Golf Course**  
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**Moab's Ancient Past Rock Art Tour**  
Fridays, Saturdays, Sundays  
8:30am to 12:30pm

**Sunset Tour of Arches NP**  
Fridays, Saturdays, Sundays  
4:00pm to 8:00pm\*  
\*Tour time changes with the seasons.

**CANYONLANDS FIELD INSTITUTE** Call CFI to register:  
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CFI is an outdoor education nonprofit organization.



**Moab Recreation & Aquatic Center**

**Fitness Center** • Fitness Classes  
• Lap Swim  
• Water Aerobics

• Group Cycling Classes  
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374 Park Ave (435) 259-8226  
Visit website for fees & schedules  
[www.moabcity.org/mrac](http://www.moabcity.org/mrac)

**Fallen Arches Square Dance Club**  
Thursday Nights 7:30 - 9:30 p.m.  
**Except NO Dance July 4th**  
The Grand Center  
182 N. 500 West, Moab, Utah

**All Square Dancers & Visitors Welcome**

Please call to verify dance and for lesson information:  
Bob or Flora 435-259-2724  
Tom or Sandy 435-719-4169

**Moab Farmers' Market**  
every Thursday evening 5-8pm!  
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Featuring local and regional produce, meat & cheese, handcrafted goods, fine art, baked goods & other prepared food, and live music.

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Lunch: Mon., Tues., Wed. & Fri.  
Under 60 \$6.00/ over 60 \$2.50  
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**DEADLINE for AUGUST Events Calendar: JULY 20, 2012**

**Listings in the Moab Happenings Events Calendar are FREE!!**

**Do you know of an event for the Happenings calendar??**

**Call (435) 259-8431 or fax us at (435) 259-2418**

**e-mail: [info@moabhappenings.com](mailto:info@moabhappenings.com)**

# MORE MOAB AREA EVENTS

- 16-20 Buck's Grill House Live Music-** Tues July 16 Dave Steward Trio, Thurs July 18 Eric Jones, Fri July 19 Frank & Jeff, Sat July 20 Scott Ibex. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or www.bucksgrillhouse.com.
- 17 An Evening of Poetry and Conversation** - Shel Silverstein, American poet, singer-songwriter and cartoonist - presented by Mike Duncan at 6:00 pm at the Grand County Library in the large meeting room. This event is sponsored by Moab Poets And Writers and the Grand County Library.
- 17-19 Teen River Skills Clinic:** For teens entering 7th-12th grades. Learn to navigate whitewater rivers through a hands-on rafting and ducky trip with CFI's experienced Naturalist Guides. In the heat of the summer, spend three awesome days paddling and rowing the classic "Daily" stretch of the Colorado River outside Moab. Three daily sessions start and end at the CFI warehouse in Moab; lessons from 8 am to 5 pm. All participants help in prepping gear, rigging the boats at the boat ramp, and paddling downstream through 14 miles of Class I-II rapids. \$150 (\$100 for students in Grand County School District.) 10% discount for siblings. Trip includes: Transportation, lunches, all river equipment, instruction and hiking, games and nature activities. <http://cfimoab.org/trips/rockin-river-camp-for-teens/> or call Canyonlands Field Institute at 435-259-7750.
- 19-20 Blu Pig Live Music** - Fri July 19 Scott Ibex - open mic, Sat July 20 Jenna Talbott. Music starts at 7:00 pm at 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).
- 19-20 Bicknell International Film Festival** - The festival's overall theme is "Better Living Through Bad Cinema." Focusing on the worst of "B" films, each year the BIFF committee selects three movies that reflect the worst of a particular theme. For more info visit [www.thebiff.org](http://www.thebiff.org).
- 19-20 Woody's Tavern Live Music** - 221 South Main Street. Fri & Sat featuring Matt Lewis Band. For more info call 435-259-9323.
- 20 Canyonlands Community Recycling Paper Drive** Saturday July 20 at the Post Office, 50 E. 100 North, from 9am-Noon. More info at [www.moabrecycles.com](http://www.moabrecycles.com).
- 20-21 Downstream Community Leadership Training-** In partnership with Green Action for Health and Environmental Justice, we'll be training Southeastern Utahans, downstream Colorado River tribes, and other downstream users (AZ, NV, CA, & Mexico) for non-violent direct action, civil disobedience, and creative communication. Issues focus on tar sands, oil shale, the proposed Green River Nuclear Power plant, & indigenous fights downstream. Contact [Kate@beforeitstarts.org](mailto:Kate@beforeitstarts.org) or visit [BeforeItStarts.org](http://BeforeItStarts.org).
- 23-27 Buck's Grill House Live Music-** Tues July 23 Bridget Otto, Thurs July 25 Frank & Jeff, Fri July 26 Sand & Sunnie, Sat July 27 Eric Jones. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).
- 24 PIONEER DAY UTAH STATE HOLIDAY**
- 24 Museum of Moab Ice Cream Social - join us for music, games & ice cream at 6pm, 118 E. Center Street.** For more info call 435-259-7985 or visit [www.moabmuseum.org/icecream](http://www.moabmuseum.org/icecream).
- 24-29 Canyon Country Action Camp** - to stop the first tar sands mine planned in the United States. A Canadian petroleum company is planning to open the first US tar sands mine in Utah, & people from across the country & region are descending on Green River, Utah to make sure this project, and others like it, never breaks ground. Big oil has already paid their way to regulatory approval, but will only move forward if they can prove that digging up tar sands makes financial sense. That's where we come in — with peaceful resistance we will show them that we can't afford this dangerous project. Organized by: Peaceful Uprising, Canyon Country Rising Tide, and local community members. For more info & to apply, visit [CanyonCountryActionCamp.org](http://CanyonCountryActionCamp.org).
- 25 Cleaning Up Moab After the Cold War** ~ Lee Shenton ~ Grand County's UMTRA (Uranium Mill Tailings Remedial Action Project) liaison, Lee Shenton describes the legacy of the "Cold



War" in the Moab area. Taking us from Moab as a uranium boomtown in the 1950's to the Department of Energy's ongoing efforts to remediate the site of the old Atlas Uranium Mill and vicinity properties. Learn what can be done to return this beautiful location to beneficial public use. Canyonlands Natural History Association (CNHA) ~ Museum of Moab Lecture Series. Moab Information Center, Corner of Center & Main, 6:00 pm.

- 26 Blu Pig Live Music** - Fri July 26 Scott Ibex - open mic. Music starts at 7:00 pm at 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).
- 27 Live Entertainment. Moab's Dog and Pony Show-** Magic with Rick Boretti, live music, Comedy with the Uranium Players, Fire Dancing with Blazing Outlaws, With host Sand Sheff-- at Moab Backyard Theater 56 West 100 South (behind Zax downtown). Kids are Free. Adults \$10 at the door. 7:30pm. See ad on 2A.
- 27-28 Mile Hi Barrel Horse Association-** presents "Trifecta Race Series" at the Old Spanish Trail Arena, 3641 S. Hwy 191. For more info: [www.MileHiBarrelHorse.com](http://www.MileHiBarrelHorse.com).
- 26-27 Woody's Tavern Live Music** - 221 South Main Street. Fri & Sat music to be announced. For more info call 435-259-9323.
- 30 Buck's Grill House Live Music-** Tues July 30 Dave Steward Trio. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).

## August Events

- 1 Japanese Relocation Camps of Utah** ~ Join archaeologist and historian, Sheri Murray-Ellis, as she discusses the fall out of President Roosevelt's Executive Order 9066. This order provided for the forcible relocation of anyone of Japanese ancestry from specific areas of the country to inland internment camps. Included in this discussion will be the Moab Isolation Center. This isolation camp was opened at the abandoned Civilian Conservation Corps camp at Dalton Wells. Canyonlands Natural History Association (CNHA) ~ Museum of Moab Lecture Series. Moab Information Center, Corner of Center & Main, 6:00 pm.
- 2-10 San Juan County Fair** - San Juan County Fairgrounds, E Highway 491, Monticello, Utah.
- 3 Live Entertainment. Moab's Dog and Pony Show-** Magic with Rick Boretti, live music, Comedy with the Uranium Players, Fire Dancing with Blazing Outlaws, With host Sand Sheff-- at Moab Backyard Theater 56 West 100 South (behind Zax downtown). Kids are Free. Adults \$10 at the door. 7:30pm. See ad on 2A.
- 4-5 Westwater Canyon: Whitewater Drops in the Black Rocks:** Explore this wonderful canyon, a Wilderness Study area, with CFI Naturalist-Guides; small group, side canyon hike, behind the scenes stories, history, geology and exciting whitewater too! 17 mile river trip offers an insider's perspective on Westwater Wilderness Study Area at a slower pace. Geology for the layman, how the river now flows through the black rock "roots of the Ancient Rockies!" For younger folks, we do some of our fun-to-learn science activities and games. 6 miles of exciting Class III-IV rapids. Trip meets at 9 am at CFI headquarters in Moab and returns by 6 pm the second day. \$400 Adult \$320 Youth 12- 17 plus \$10 BLM Special Area Fee. <http://cfimoab.org/trips/westwater-canyon-river-trip/> or call Canyonlands Field Institute at 435-259-7750.
- 6-9 La Sal Mountains Explorer Base Camp:** An eco-adventure for kids that want to combine a fun time outdoors with learning cool stuff about our woods and wildlife. 4 days, 3 nights camping in the La Sal Mountains. For kids entering grades 5-8. Small groups, 1:6 instructor to youth ratio. \$150 per 3-day session, \$100 for Grand County students. Trip includes: Transportation, tents, meals, land use permits, and fun hiking, games and nature activities. 10% discount for siblings. Scholarships available for qualifying Grand County students. <http://cfimoab.org/trips/la-sal-mountains-explorer-base-camp/> or call Canyonlands Field Institute at 435-259-7750.
- 9-10 George Geer Memorial Car Show** - Friday at Angel's End Zone 309 N. Broadway, Saturday at Centennial Park. Show proceeds will be donated to the families of American servicemen & women. For more info call Sandi 970-560-2572. See ad 5B.

## 2013 MOAB EVENTS

- Aug. 29-Sept. 9 . . . Moab Music Festival  
 August 23 & 24. . . The Lane Frost Bull Ride Challenge  
 September 20-22 . . . Moab Century Tour  
 September 25-29 . . . Red Rockin' Rendezvous  
 September 25-29 . . . Mother of All Boogies (skydive)  
 September 27-28 . . . Moab Pride Festival  
 October 4-12 . . . PleinAir Moab  
 October 10-12 . . . Rock Gem & Mineral Show  
 October 20 . . . The Other Half  
 October 27-Nov. 2 . . . Moab Folk Festival  
 November 1 . . . Day of the Dead Celebration  
 November 2 . . . Moab Trail Marathon  
 December 7 . . . Winter Sun 10K

**9-10 Women's Redrock Music Festival** - "Music by Women for Everyone" Friday 6pm-10pm, Saturday 1pm-10pm. Torrey, Utah. Robber's Roost Bookstore (outdoor venue). 185 West Main, Torrey Utah 84775 - Friday \$35, Saturday \$45, Both \$80 - To purchase tickets and for complete details please visit our website at [www.redrockwomensfest.com](http://www.redrockwomensfest.com). See article on 7A and ad on 4B.

**23-24 Moab Bull Challenge** - A 2 day event of pro-level bull riding, this is the Lane Frost Challenge Tour Finals of 2013. Old Spanish Trail Arena (3641 S. Hwy 191) - Gate opens @ 6pm, show starts @ 7pm. For more info visit [lanefrostchallenge.com](http://lanefrostchallenge.com) or call 435-454-3549. See ad on 17B.

**8/31-9/1 Moab Artists Studio Tour** - visit the homes and professional studios of 23 artists at 15 locations. It is an opportunity to observe and ask questions of your favorite artists. Tour runs from 10am-4pm both days. For more info visit [www.moabstudiotour.com](http://www.moabstudiotour.com). See article on 9B and ad on 14A.

**8/29-9/9 21st Annual Moab Music Festival** - the Moab Music Festival brings world-class musicians to stunning red rock venues around Moab, UT for a feast of chamber music, jazz, and traditional music concerts. We call it "music in concert with the landscape," celebrating old and new chamber music, jazz with a Latin flavor, and traditional music from around the globe. For more info visit [www.moabmusicfest.org](http://www.moabmusicfest.org).

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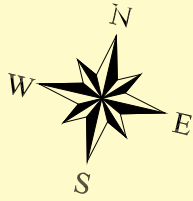


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 Colorado River Hwy 128

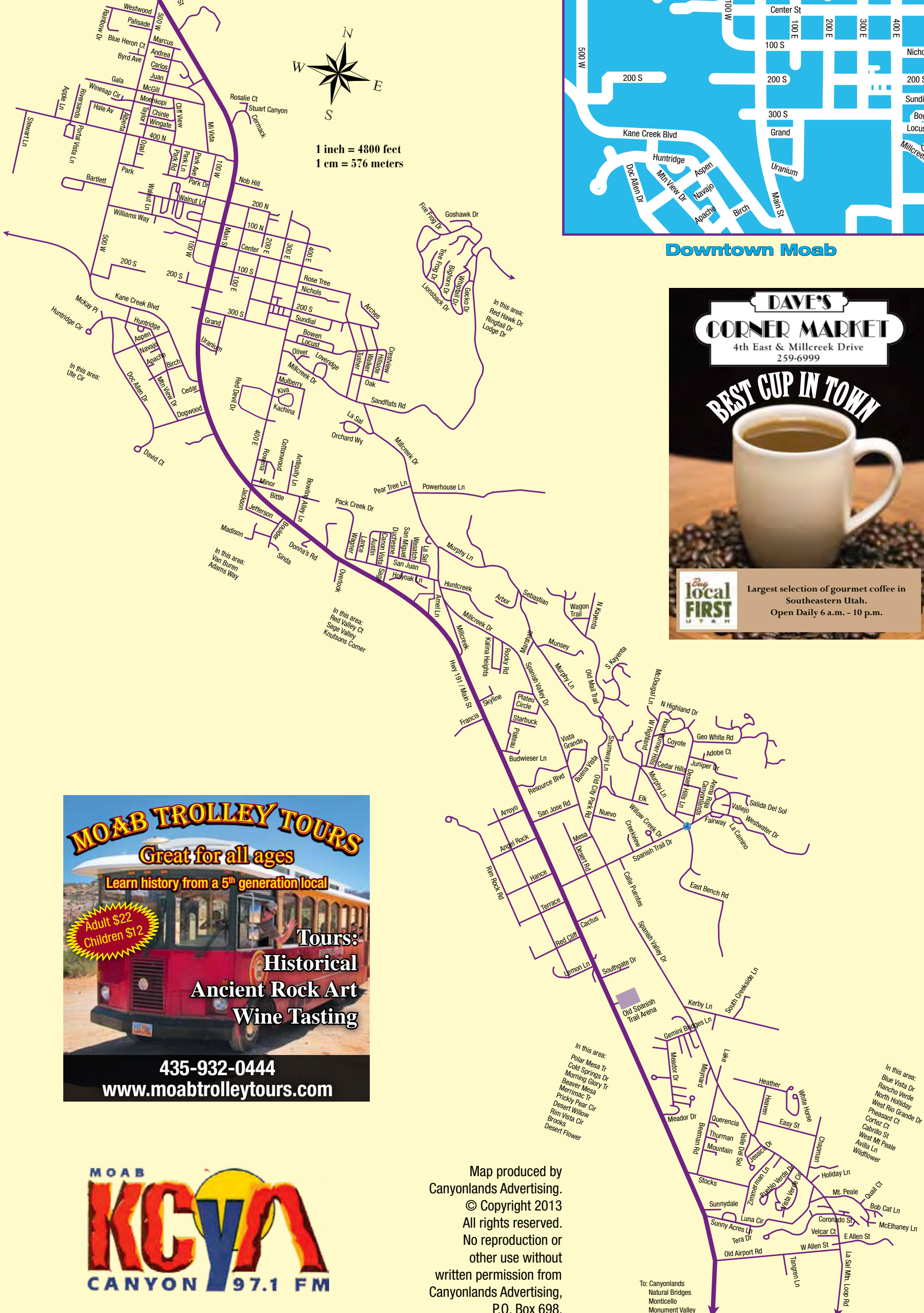
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To: Canyonlands Natural Bridges Monticello Monument Valley

# MUSIC FESTIVAL HAPPENINGS

## 7th Annual Women's Redrock Music Festival - Torrey, Utah

by Julie Trevelyan

On August 9<sup>th</sup> & 10<sup>th</sup> for the seventh year in a row, the Women's Redrock Music Festival will deliver this simple yet excellent premise: music just sounds better when it's performed outside. When that outside place happens to be in a small, high desert town nestled between two mountains, on a wooden stage situated between tall pines and rustling cottonwoods, and enhanced by booths filled with intriguing items to buy and delicious things to eat, the music becomes part of a saga of laughter, relaxation, energy, safety, and plain old fun for audience and performers alike.

Founded in 2007 as a lively and welcoming space for female singers and musicians, as well as anyone who wants to listen to them, the premier music festival in tiny Torrey, Utah (population: 175), now draws dozens of performers and food and art vendors, and around 600 attendees. Festival-goers can expect anything from rockin' to soul-stirring music, tunes to tap the feet to, and songs to join in audience harmony.

Founders Carol Gnade, Jeri Tafoya, Lu Prickett, and Laurie Wood began the festival as a collaborative project. They view its wild success as being a direct result of that group harmony spirit. As Wood says, "Working with Carol and Jeri and Lu is, for me, the most magical part of the festival. Amazing what women can accomplish when we let each play to her strength."

Drawing not only musicians but fans from all over the world, the festival operates as a nonprofit organization and benefits Utah women via donations and scholarships. With its motto of "Music by women...for everyone," the festival delivers exactly that in its two days of fabulous and fun events.

### 2013 Performers

#### TOBY

"Energetic, raw, and feisty" Australian TOBY rocks it on stage. Her earthy voice and fabulous guitar licks draw the ear, while her instinctive ability to connect to audiences has made her a favorite on the music festival scene. Returning for a third time to the Women's Redrock Festival, TOBY is the heartfelt Saturday night headliner.



#### ANTIGONE RISING

Alternately crooning or belting out their catchy rock/country tunes, Antigone Rising is known for their spirited live shows and three-part harmonies. They recently toured the Middle East as United States Embassy cultural ambassadors, performing in Israel and the West Bank. Having graced both The Today Show and The Tonight Show, Antigone Rising is prepared to get feet stomping as the Friday night headline act.



#### ELLIS

First appearing at Women's Redrock in 2011, ELLIS is back with her signature heart-opening, soulful, and joyful folk music. Always an audience favorite for the way her music and very presence lightens and brightens everything and everyone, she has been described by the press as "unequivocally a lyrical marvel." (Rick Farrant, Journal Gazette, Fort Wayne)

#### Michelle Malone

Take a bluesy voice, add searing heartbreak, sprinkle in the promise of redemption, and you've got the music of Michelle Malone. With "the soul of a bluesman, the heart of a folk singer, and the guts of a rock and roller all wrapped up in one fiery bad ass" (Nashville Rage), she sings directly to listeners' hearts as she musically explores all the pain of living—yet makes them glad they lived it.

#### God Des & She

With their blend of hip-hop, pop, and soul, this Midwestern-bred duo brings their addictive sound to worldwide venues. After they received national exposure on Showtime's hit show The L Word, their sometimes satirical, sometimes political, always spot on lyrics command attention with their intensity and rapid-fire delivery.

#### Jen Foster

With a voice reminiscent of Tracy Chapman or Sheryl Crow and a sense of humor distinctly her own, Jen Foster captivates audiences at her sold-out shows. Utilizing an "intensely confessional approach to rock and pop," (Ft. Lauderdale Sun Sentinel), she reaches out to the crowd with an intimacy that makes it seem like a tuneless yet deeply honest conversation with her best friends.

#### Lisa Ferraro and Erika Luckett

Known as the "Ambassadors of Kindness," this beautifully harmonic duo manages to inspire and uplift audiences while entertaining with voices that are passionate, graceful, and powerful. Combining Lisa's jazz vocals with Erika's clever guitar chords has created a mesmerizing, intoxicating sound as they pursue their mission statement: "nurturing the spirit and sparking the love of wisdom in every human being."

#### Wayward Molly

Blues? Jazz? Celtic harmonies? Bluegrass? A beautiful convergence of all those musical influences and more, Wayward Molly blends the voices of Mona Stevens, Allison Ottley, Janie Gamble, and the instruments of multi-talented Nicki Singleton. The results are nothing short of magical with the "tight harmonies, great song selection, and fine musicianship." With their star on the rise, Wayward Molly is definitely a band to watch.



#### Awna Teixeira

Still a part of the highly respected Po'Girl, roots music maven Teixeira recently embarked on her first solo album. Known for her seemingly incongruous yet perfectly blended use of instruments as diverse as the accordion, organ, glockenspiel, guitars, and ukulele, Teixeira's voice is reminiscent of that belonging to "the elfin sister of Emmylou Harris and Stevie Nicks."

#### Jess Furman

If a musical mash-up happened between Aimee Mann, Adele, Ani DiFranco, and Lily Allen, it would come out sounding like Jess Furman. Carrying the audience through a blend of indie, pop, and acoustic melodies, Furman's voice lends a soulful hope to songs filled with heartache and loss. Jamming on her guitar or piano, she lights up the stage with her presence.

#### Moon

Adept at an eloquent rendering of the darker spaces in the human continuum, Moon taught herself how to play the guitar at 16 and, a mere six years later, is expanding her musical skill set every day. Whether writing songs or playing them, she explores the awkward and funny moments of life with the power of her stunning singing voice and a wisdom that belies her youth.

#### Sophia Dion

As an authentic prodigy, 13-year-old Sophia wows her audiences with her musical chops. Using folk, country, and pop as her springboard, this amazingly accomplished young teen can belt it out with her voice and her guitar. With a vocal range that belies her age, her performances are sure to garner ever-increasing attention as she seriously pursues her very bright future.

To see more about the 2013 performers see [www.womensredrockmusicfest.com](http://www.womensredrockmusicfest.com)



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		contact us: <a href="http://www.kzmu.org">www.kzmu.org</a>							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00		<b>KZMU OVERNIGHT</b>		Art of the Song		<b>KZMU OVERNIGHT</b>		7:00	
8:00	Native Spirit	<b>DEMOCRACY NOW</b>					Desert Diva	8:00	
9:00		<b>MOAB MORNING BLEND</b>							
10:00	Jah Morning Reggae	Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	Apocalypse Cabbage/ Mixed Tape	Blue Plate Special (blues/rock)	Shine Time (Children)	10:00	
11:00							Trailer Park Companion / Wayward Wind	11:00	
Noon								Noon	
1:00	Grass is Greener (Bluegrass)	The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	The Trading Post (call-in Buy/Sell)	Ain't Live Grand? (live recordings)	1:00	
2:00						1-2-3 (funky world soul)		2:00	
3:00	Red Rock/ Potluck (Classical)	Radio Mundial Radio MOONDial	Planet Picante	Bait and Switch	Roots, Music Express		Belagaana Review (fruit and nuts)	3:00	
4:00			<b>WORLD MUSIC</b>				Tween Time (pre-teen fun)	4:00	
5:00		Alternative Radio	Pirates & Poets	Drive Time	Moab Drive Time	Fire on the Mountain		5:00	
6:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)				Free Speech Friday Public Access	Big River/ Ranch Exit (twang)	6:00	
7:00								7:00	
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz) The Watering Hole (blues)	Moab City Council Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room/ Funky Soul Jam	Main Street Cruise!	8:00	
9:00								9:00	
10:00	Entre Las Piedras (Between the Rocks)	Transitions Radio	Conscious Party	Liberty Jam	Pandora's Box	Beat Monkey	Ill Beats Radio	10:00	
11:00								11:00	
12:00		<b>KZMU OVERNIGHT</b>					Seti TranceMissions	11 <sup>th</sup> hour or music from underworld	12:00

**KEY:**  Talk Shows  Electro, Dance Easy Mix, Jazz  Blue Grass, Country, Folk  Eclectic/World  Rock, Blues  Heavy, Hard

# COWBOY HAPPENINGS

## Make Great Memories at the Bar-M Chuckwagon!

Are you looking for an exciting, entertaining evening that includes a great supper and more rib-tickling fun than

you've had in a long time? Look no more! Step back in time to when the west was really wild and re-live the days of the "American Cowboy" at the Bar-M Chuckwagon. More than just a tasty meal, the Bar M Chuckwagon offers three fun-filled hours of delicious chuck wagon food, great cowboy music and wonderful memories. An evening at the Bar M is good time for folks of all ages.

Set in an old west town, the Bar-M Chuckwagon is Moab's own unique western dinner theater and includes old west games, a gunfight, a hearty Cowboy Supper and a live western stage show featuring the music and comedy of the "Bar-M Wranglers."

The Bar M is located 7 miles north of Moab on Highway 191. Pick up your tickets at "Doc's Medicine Wagon" in the parking area, and then head down the trail to the "Bar-M town." The ticket booth and grounds open at 6:30 PM. Be sure to arrive early enough to belly up to the Saloon for a cold one, pitch a game of horse shoes, rope the steer or browse through the gift shop full of western souvenirs and more.

The always-entertaining gunfight begins around 7:00 so be sure to have your camera ready! After the smoke clears, everyone enters the large dinning hall to get ready for the Cowboy Supper. The decor includes a dusty saddle or two and many other western memorabilia. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail style with metal plates and cups. You'll have a choice between sliced roast beef in barbecue sauce or barbecue chicken, baked pinto beans, baked potato, cinnamon applesauce, buttermilk

biscuits and spice cake, with cowboy coffee, lemonade and iced tea to drink. A vegetarian option is also available with advance notice.



Alan Brown, Valerie Hunt Brown, Dave Steward, Clay Maxam

Right after dinner, the "Bar-M Wranglers" take the stage for an hour to entertain you with ranch-style comedy and old cowboy songs like "Cool Water" and "Ghost Riders in the Sky." The "Bar-M Wranglers" are a professional 4-piece band that has recorded two CD's. The "Wranglers" are David Steward, Clay Maxam, and Alan and Valerie Brown.

Originally from New Jersey, Singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid bass playing and vocals for the "Bar-M Wranglers" and has lived in Moab for 26 years. He does the vocal arrangements for the group. Dave has been a guitarist most of his life and enjoys playing many styles of music. He also has a jazz group called the Dave Steward Trio. Dave has recorded

three music CD's.

Clay Maxam hails from the Northwestern United States and now resides in Moab with his wife Judy. Clay shines on the intricate pedal steel guitar and occasionally plays Dobro in the Bar-M show. He is an integral part of the Bar-M operation and is featured nightly in the shootout. The other members of the "Bar-M Wranglers" are your hosts and owners of the Bar-M Chuckwagon, Alan Brown and



Valerie Hunt Brown. Valerie and Alan both sing, yodel and play several musical instruments. Valerie and Alan met and married in Nashville, Tennessee. Valerie was a recording artist on MCA Records with the music/comedy trio "Ethel & the Shameless Hussies." Originally from Illinois, Alan was a singer/song writer and once toured with the internationally famous group "Up With People." In 1992, Alan and Valerie moved from Nashville to Moab, bought the

Bar-M Chuckwagon and have been performing with the "Bar M Wranglers" ever since.

The Bar-M Chuckwagon's season runs April through mid October. Dates open vary with the season, please call for schedule. There is year-round availability for special events. The Bar-M operates rain or shine to serve you and your family, group, banquet or party in a big, beautiful, climate-controlled, indoor facility. Large groups are always welcome!

Admission price includes dinner, live western show, games, gunfights, and gratuity: \$31.78 for adults, children four to twelve years old are half price and kids three and under is free. Make sure to call ahead for reservations so you don't miss out on all the fun! Call 435-259-BAR-M (2276) to make your reservations or reserve on line at www.barmchuckwagon.com. Tell them you read about the Bar-M in the "Moab Happenings."



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## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar, Moab Brewery beer is available at other restaurants in town.



Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area. Two upscale lounges are in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m. - November 1st to May 1st). They are closed on Sundays and Holidays. Moab Brewery now has a package agency open every day at 11:30 am where you can purchase their new higher volume beer selection.



Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

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# RESTAURANT GUIDE



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 Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

**The Blu Pig**  
 811 S. Main 435-259-3333  
 Lunch • Dinner • Take Out  
 Open Daily 11:30-close

Moab's Newest - The Blu Bar - Opening in July. Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. LIVE MUSIC-Fri.-Sat. Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HD TV's. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license. Moab's largest selection of Uinta Brews.

**Brewed Awakenings**  
 1146B South Hwy 191 435-260-8045

**Broken Oar**  
 53 West 400 North 259-3127  
 Open Nightly at 4pm  
 Closed Sunday

Come join us on our lit patio or dine by our stone fire place. New this 2013 the high side loft with hot wing specials and other pub style food with flat screens to be sure you don't miss the big game! Enjoy a local beer or glass of wine, and experience our wide variety of home made food and desserts. We are proud to have many gluten free items on our menu and vegetarian options as well.

**Buck's Grill House & Vista Lounge**  
 1393 North Highway 191 259-5201  
 Dinner  
 Open Daily at 2:00 pm till close.

Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Serving full dinner menu and early bird BBQ. Vista Lounge is a sophisticated adult environment offering cocktails along with dining. Check website for live music schedule. [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com)

**Burger King**  
 606 South Main 259-2700

**Cabo Grill**  
 396 South Main St. 259-6565

**China Cafe**  
 812 South Main 259-7933

**City Market**  
 425 South Main 259-5181

**CK Desert Ice**  
 89 North Main

**Cowboy Grill at Red Cliffs Resort**  
 16 Miles up Highway 128 259-2002  
 Breakfast • Dinner

River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

**Crystal's Cakes & Cones**  
 26 West Center St. 259-9393

**Denny's**  
 989 North Highway 191 259-8839  
 Breakfast • Lunch • Dinner

Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

**Desert Bistro**  
 36 South 100 West 259-0756  
 Dinner

Open Tuesday - Sunday 5:30 pm - 9:30 pm  
 Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Covered and open outdoor patio dining. Full liquor license. Reservation highly recommended.

**Eddie Mcstiff's**  
 59 South Main Street 259-2337  
 Open Lunch • Dinner

Established in 1991, Eddie Mcstiff's is a long time local favorite with a variety of comfortable indoor and outdoor family friendly environments. Eddie's boasts Moabs largest selection of microbrews and high point bottled beers, come and enjoy one in our newly remodeled bar and lounge. We strive to use the best organic ingredients and the freshest local produce when available. We are known for our tasty house ground burgers and fresh salads, and steaks, but we also offer several delicious vegan, vegetarian and gluten free options.

**EklectiCafe**  
 352 North Main Street 259-6896  
 Breakfast • Lunch  
 Mon-Sat 7:00 a.m. - 2:30 p.m.  
 Sun 7:00 a.m.-1:00 p.m.

Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! "Wakame" recently featured in Sunset Magazine, April 2012.

**Fiesta Mexicana**  
 202 South Main Street 259-4366  
 Sun - Thur 11am - 10pm • Fri & Sat 11am - 11pm

Experience the close-up magic of Rick Boretti Thursdays and Fridays 7-9pm  
 Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. [FiestaMexicanaRestaurants.com](http://FiestaMexicanaRestaurants.com)

**Frankie D's Bar & Grill**  
 44 West 200 North 259-2654  
 Lunch • Dinner

Open Daily 12 am Sundays 11am  
 Late night kitchen open until 1 am  
 Friendly service, covered outdoor patio, steaks, burgers, BBQ. Over 21 can enjoy a full range of beers, wines and alcohol beverages. Take out orders welcome. Live Weekend Entertainment, 5 flat screen TV's. [www.moabfrankieds.com](http://www.moabfrankieds.com)

**Jailhouse Cafe**  
 101 North Main Street 259-3900  
 Open 7am - Noon

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

**Jeffrey's Steakhouse**  
 218 North 100 West 435-259-3588  
 Open at 5:00pm Call for reservations

Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. We are proud to serve local organic produce when available. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. [www.jeffreyssteakhouse.com](http://www.jeffreyssteakhouse.com)

**La Hacienda**  
 574 North Main 259-6319  
 Lunch • Dinner

Open Daily 11am  
 CELEBRATING 33 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

**Leger's Sandwiches**  
 817 So Main (inside the Moab Chevron) 259-2212  
 Deli Open 5 a.m. - 8 p.m.

Feed your car and your belly 24 hours a day. Featuring Leger sandwiches, a favorite since 1977 and much more. Call in orders welcome. Bio-Diesel also available seasonally May-Sept. Store & Fuel open 24 hrs. Deli & call in orders open 5am-8pm.

**Los Dos Amigos**  
 2728 South Hwy 191 259-1123  
 Lunch • Dinner

Open Sun. - Thurs. 10am to 10pm  
 Open Fri. - Sat. 10am to 11pm

Our family owned and operated restaurant serves a range of traditional dishes and some family favorites. Our menu includes appetizers, salads and desserts along with a large selection of main course dishes. Our beverage list includes Jarritos, Tamarindo and Mexican bottled CocaCola. Our banquet room can be reserved for large or small parties. Come enjoy our Family Mexican Restaurant. Full service liquor license. Best Margaritas

**Love Muffin Cafe**  
 139 North Main 259-6833

**McDonald's**  
 640 South Main 259-8800

**Mi Ranchito y Mexicano**  
 812 South Main Street, Suite B 259-0550

**Miguel's Baja Grill**  
 51 North Main 259-6546  
 Dinner

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Gluten free & Vegetarian options available. Proud to cook with zero trans fat.

**Milt's Stop & Eat**  
 400 East and Millcreek Drive 259-7424  
 Lunch • Dinner

Open Daily 11am - 8pm  
 Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! [www.miltstopandeat.com](http://www.miltstopandeat.com)

For more information about these restaurants pick up a "Moab

**Moab Brewery**

686 South Main 259-6333  
Lunch & Dinner  
Open 11:30 AM DAILY.

Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food & Beer to go. Moab's only onsite brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu, house made gelato & root beer. State Liquor Licensee.

**Moab Coffee Roasters**

90 N. Main St. 259-2725  
Open everyday 7:00am - 9:00pm

On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference! Now offering fresh made pastries, sandwiches and salads from Sweet Cravings Bakery.

**Moab Diner & Ice Cream Shoppe**

189 South Main 435-259-4006  
Breakfast • Lunch • Dinner

Mon-Sat: 6:00 am - 10:00 pm  
Fri-Sun: 6:00 am - 11:00 pm

Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners. Our Ice Cream Shoppe features Blue Bunny ice cream.

**Moab Grill**

540 South Main 435-259-4848  
Breakfast • Lunch • Dinner

Open 6am

Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to steaks and seafood for dinner. Our homemade soups, cobblers and espresso and our crazy juicy burgers are good any time of day. Friday Cajun Seafood Boil. Saturday and Sunday - Slow Roasted Prime Rib. Small private meeting room. Internet service, and catch up on the news on 2 flat screens. Full wine and beer menu. Vegetarian and gluten free dishes. Live Music Fri & Sat. New menu items.

**Pancake Haus**

196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**

98 East Center 259-0200  
Mon-Sat 11:00am-close  
Closed Sunday

Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Catering available. Now serving homemade soda.

**Paradox Pizza**

702 South Main St 259-9999  
Sunday - Thursday 3-9pm  
Friday & Saturday 3-10pm

At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

**Pasta Jay's**

4 South Main 259-2900

**Pizza Hut**

265 South Main 259-6345  
Dine-In & Carryout 10:30am - 11pm  
Delivery 10:30am - Midnight

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up, Dine-in and All Day Delivery. OPEN EVERY DAY

**Portal Grill at Moab Regional Hospital**

450 West Williams Way

**Quesadilla Mobilla**

83 S. Main 260-0289

**Red Rock Bakery & Net Cafe**

74 S. Main Street 259-5941

Breakfast • Lunch

Open Daily at 7am

Serving fresh Moab coffee, milk & espresso, lighter & healthier breakfast & lunch. Great lunches for the trails. Free wifi. Featuring artwork from Kris Kelley & James McKew.

**Rio Sports Bar & Grill**

1 block west of Main on Center 259-6666

**Sabuku Sushi**

90 East Center 259-4455

**Singha: Authentic Thai Cuisine**

92 East Center 259-0039

Lunch • Dinner

Lunch: Mon - Sat 11-3 Dinner: Mon - Sat 5-9:30

Closed Sunday

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemongrass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

**Slickrock Cafe**

5 North Main 259-8004  
Lunch - Dinner  
11:30 - close

Our legendary restaurant will provide a fun experience in a casual atmosphere. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Now serving Hand tossed Pizza, Italian pasta dishes. Cassano's has merged with Slickrock.

**Sorrel River Grill Restaurant**

17 Miles Northeast on Scenic Hwy 128 259-4642

**Subway Sandwich Shop**

299 South Main 259-SUBS  
Breakfast & Lunch

Open 7 a.m. everyday

NOW SERVING BREAKFAST ALL DAY! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside 7/11 Convenience Store (corner of 300 South and Main)

**Sunset Grill**

900 North Highway 191 259-7146  
Dinner

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

**Susie's Branding Iron**

2971 South Highway 191 259-6275

(3 miles south of Moab)

Lunch • Dinner

Open 11am - 10pm

Karaoke - Every Saturday night

Welcome to my ranch cookhouse. Come in, take off your hat, and sit a spell. Relax and enjoy a home cooked, hearty cowboy meal. Our signature Prime Rib is served every Wednesday, Friday and Saturday night after 5pm. Ribs served Tues. & Thurs. nights. To go orders are welcome. Backdoor Bar - Now Open.

**Sweet Cravings Bakery & Bistro**

550 North Main 259-8983

Breakfast • Lunch

Open Daily

7am - 5pm

A yummy, fun little restaurant, offering baked goods (cinnamon rolls, breads, cookies, pies, etc) with incredible breakfast burritos and build your own paninis for lunch. Stop for breakfast and grab lunch to go along with a treat for later! Now delivering.

**Szechuan Restaurant**

125 North Main 259-8984

**Twisted Sistas' Café**

11 E. 100 N. Main Street 435-355-0088

Lunch • Dinner

Open Tuesday-Sunday at 11:15am

TWISTED SISTAS' CAFE WILL MAKE YOUR TASTE BUDS DANCE!! Featuring fresh Tapas, Small Plate Entrees, Soups, Salads, Wraps, Sandwiches & Burgers! We also offer a selection of homemade desserts. BEST ROOF TOP PATIO IN TOWN! Enjoy fabulous cocktails @ our Trail Bar! www.twistedsistascafe.com

**Village Market**

702 South Main 259-3111

**Wake and Bake Cafe**

59 S. Main #6, McStiff's Plaza 259-2420

**Wendy's**

260 North Main 259-2595

**Wicked Brew Drive Thru**

132 North Main

Open at 7 am Daily

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

**Zax**

96 South Main Street 259-6555

Lunch • Dinner • Family Dining • Catering

We have it all! We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated. Also think of Zax for your catering needs.

**Sweet Cravings**

Bakery + Bistro

Breakfast/Lunch

Coffee & Lattes

Sandwiches & Salads

Endless Homemade Pastries

Boxed Lunches • Catering

Now Delivering

Open Daily

7am - 5pm

435-259-8983 • www.cravemoab.com

550 N. Main Street, Moab, UT 84532

The Legendary  
**SLICKROCK CAFE**

Family Owned & Operated

Now serving

Hand Tossed Pizza

Italian Pasta Dishes



Open at 11:30

Burgers

Wraps

Steaks

Seafood

Cassano's

has merged

with Slickrock

and a whole lot more...

Kids Menu, Daily Specials

Lunch & Dinner Menu

Full Service Liquor License

CORNER OF CENTER & MAIN

(435) 259-8004 • www.slickrockcafe.com



EAST COAST STYLE, STRAIGHT FROM MOAB

**WE DELIVER**

EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER

**SLICES! HOMEMADE SOUPS, BREADS & DESSERTS**

**702 SOUTH MAIN ST. 435-259-9999**



www.ZAXMOAB.com

96 S Main St

Moab, Utah

(435) 259-6555

Largest selection of local

Utah microbrews on tap!

**Zax is catering!!**

**We have offsite menus available,**

**Or dine in with our special**

**group menu!**

**Give us a call or email us at**

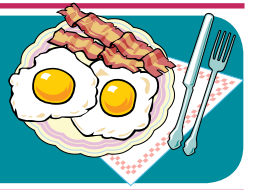
**Info@zaxmoab.com**

GREAT OUTDOOR PATIO • LARGE GROUPS WELCOME  
COME QUENCH YOUR THIRST AT THE WATERING HOLE

**Menu Guide" And tell them you found them in "Moab Happenings"**



# RESTAURANT GUIDE



**Denny's**

*New*  
Red, White & Blue Pancakes Breakfast

989 North Hwy 191    OPEN 24 HOURS    FREE WiFi

Open Daily at 7am

**RED ROCK BAKERY**  
Moab's Oldest Scratch Bakery  
Serving Locally Roasted Fresh Moab Coffee & Espresso  
Dine-in or Take-out  
74 South Main • Moab, UT 84532 • 435-259-5941

*Desert Bistro*  
Casual Fine Dining  
Contemporary Southwestern Cuisine

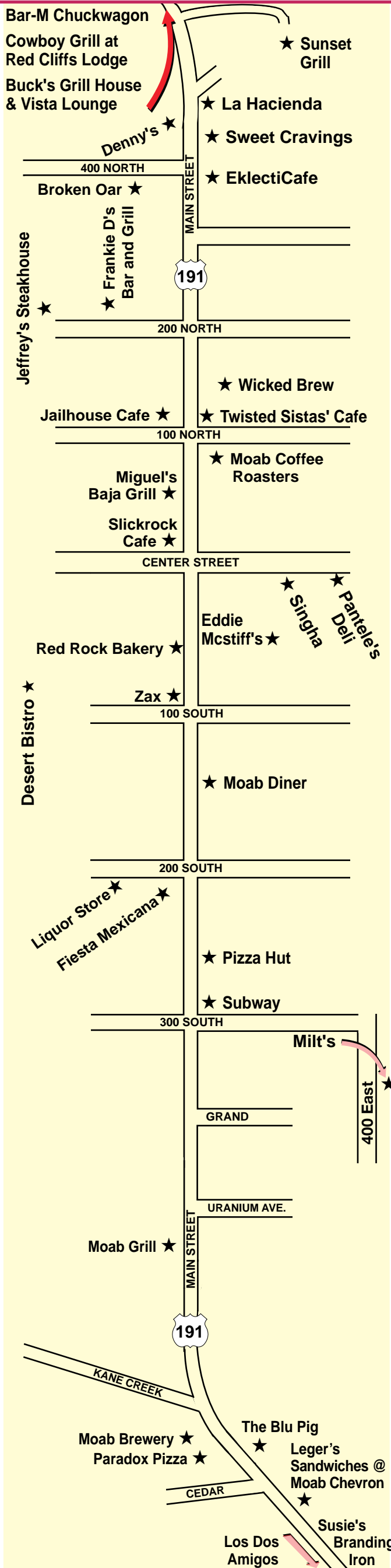
Now located  
in the heart of downtown  
**36 South 100 West**  
Open Tuesday - Sunday 5:30 pm - 9:30 pm  
Closed Monday  
Reservations Highly Recommended  
259-0756    FULL LIQUOR LICENSEE

**SUBWAY** eat fresh.

Located inside 7-Eleven Convenience Store

**COUPON • COUPON**

Buy a 6 Inch Sandwich and a 30 oz Drink and get a 6 Inch Sandwich (of equal or lesser value) FREE.  
Expires August 15, 2013  
Coupon valid at your Moab Subway  
299 South Main • 259-SUBS



**SUNSET GRILL**

"Dining with a Million Dollar View"

Steaks • Pastas  
Prime Rib  
Fresh Seafood

259-7146

Patio • Catering  
Family Dining

Open Nightly at 5:00 pm - Closed Sundays

Espresso  
Coffee  
Gelato

90 N. Main St.  
Moab, UT  
259-2725

**MOAB COFFEE ROASTERS**

Pastries  
Smoothies  
WiFi

FRESH ESPRESSO AND COFFEE BY THE CUP OR BY THE BAG, AND 18 FLAVORS OF FABULOUS GELATO  
NOW OFFERING FRESH MADE PASTRIES FROM SWEET CRAVINGS BAKERY  
open everyday 7am - 9pm

Established 1954

**Milt's Stop & Eat**

LOCATED AT 400 EAST AND MILLCREEK DRIVE ON THE WAY TO THE SLICKROCK TRAIL.

FEATURING  
LOCAL GRASS-FED, HORMONE-FREE BEEF BURGERS  
NATURAL BUFFALO BURGERS  
HAND-CUT FRIES  
CLASSIC DINER SANDWICHES  
FRESH DELICIOUS SALADS  
HOMEMADE SHAKES & OLD-FASHION MALTS

OPEN DAILY 11 AM - 8 PM

WWW.MILTSTOPANDEAT.COM  
EAT IN OR TAKE OUT: 435-259-7424

20<sup>th</sup> year

**JAILHOUSE CAFE**

101 NORTH MAIN STREET

**Moab's Breakfast Place**

"Good Enough for a Last Meal"



# RESTAURANT GUIDE

# RESTAURANT GUIDE

**MOAB GRILL** Open daily at 6am  
Breakfast, Lunch & Dinner

**CAJUN SEAFOOD BOIL**  
Live Music  
FAMILY FUN  
STYLE DINNER  
EVERY FRIDAY

Live Music - Fri. & Sat.  
Full Wine & Beer Menu

540 S. Main  
(next to the Big Horn Lodge)  
435-259-4848 www.themoabgrill.com  
Bring in this ad for 10% OFF any meal.  
Dine between 4-5pm and receive additional 10% OFF

Saturday & Sunday  
Slow Roasted  
Prime Rib

Saturdays  
\$1 a pancake Day

NEW MENU  
ITEMS



Moab's Newest  
The Blu Bar  
Opening in July

**Blues, Brews  
and BBQ!**

- State Liquor License
- Large Screen HD TV's
- Uinta Craft Brews on tap

The Blu Pig  
A BBQ and Blues Joint

• Take out  
• Private Parties  
• Catering Services

OPEN DAILY  
11:30 - Close

LIVE MUSIC!  
Fri. - Sat.

Phone 435-259-3333  
www.blupigbbq.com

811 South Main Street  
Moab, Utah 84532

When The Food Matters, Let 'Em Eat BBQ!  
Between Moab Valley Inn and La Quinta

**Leggers**  
Sandwiches

**CHAMPS Chicken**  
Baked Fresh Daily

BAKED GOODS

TACO BAR

Chicken Pot Pie

Bread Sticks

Sack Lunches  
Orders to go

Made to order • Call in Orders  
5 a.m. - 8 p.m.  
259-2212

LOCATED INSIDE THE MOAB CHEVRON  
817 South Main Street

OPEN 24 HOURS

Chevron  
FOOD COURT & DELI

**Pioneer Day** is an official holiday celebrated on July 24 in the U.S. state of Utah, with some celebrations in regions of surrounding states originally settled by Mormon pioneers. It commemorates the entry of Brigham Young and the first group of Mormon pioneers into the Salt Lake Valley on July 24, 1847, where the Latter-day Saints settled after leaving Nauvoo, Illinois, and other locations in the eastern United States. Parades, fireworks, rodeos, and other festivities help commemorate the event. Similar to July 4, most governmental offices and many businesses are closed on Pioneer Day.

In addition to being an official holiday in Utah, Pioneer Day is considered a special occasion by many members of The Church of Jesus Christ of Latter-day Saints (LDS Church). On Pioneer Day, some Latter-day Saints walk portions of the Mormon Trail or reenact entering the Salt Lake Valley by handcart. Latter-day Saints throughout the United States and around the world may celebrate July 24 in remembrance of the LDS Churches' pioneer era, with songs, dances, potlucks, and pioneer related activities.

While the holiday has strong links to the LDS Church, it is a celebration of everyone, regardless of faith and nationality, who emigrated to the Salt Lake Valley during the pioneer era, which is generally considered to have ended with the 1869 arrival of the transcontinental railroad.

The holiday generates a great deal of road traffic; Utah Department of Public Safety statistics demonstrate that Pioneer Day has the second highest holiday traffic fatality rate in Utah, with the earlier July 4 Independence Day having the highest rate.



**Wicked Brew**  
DRIVE-THRU

A tasty experience of Organic Fair-trade coffees & espresso, 100% fruit smoothies & Italian sodas

Your day starts Right here!  
In the heart of town

132 N Main - Caffeinating daily @ 7am - 2pm

**Frankie D's**  
Bar & Grill

200 N 44 W Moab, UT  
435-259-2654

Live Entertainment  
Dance Floor, Pool Tables, Horse Shoes

Great Food  
To go orders, welcome  
Patio seating

Large or Small groups, catering available

www.moabfrankies.com

**LOS DOS AMIGOS**

Open  
10am-10pm Sun-Thurs  
10am-11pm Fri-Sat

Family Mexican Restaurant  
LUNCH • DINNER

Daily Specials  
Banquet room  
Best Margaritas

FULL SERVICE LIQUOR LICENSE  
FAMILY OWNED AND OPERATED  
2728 SOUTH HWY 191  
435-259-1123

**EDDIE MCSTIFF'S**  
RESTAURANT & BAR

Moab's Largest Selection of Micro-Brews & High Point Beers

Moab's Finest

- Classic -
- Strawberry -
- Blueberry -

Mojitos

Quality Ingredients

Locally Sourced

Homemade Organic  
Gluten-Free

Full Bar  
HD Sports Everyday  
Foosball & Pool Table  
Lounge Area  
Thurs - Sat CASINO NIGHT

59 South Main St. 259-2337 WiFi

Pick up a copy of the  
**Moab Menu Guide**  
at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at [www.moabmenuguide.com](http://www.moabmenuguide.com)

MOAB MENU GUIDE  
2013

**COWBOY GRILL**  
MOAB, UT

- BUFFET BREAKFAST 6:30 - 10 AM
- SUNDAY BRUNCH 11:30-2 PM
- FULL MENU PATIO DINING 5PM

RIVERFRONT PATIO DINING

16 Miles east of Moab on Hwy 128  
435-259-2002 • 866-812-2002

# SUMMER SAFETY HAPPENINGS

## Avoid Heat Exhaustion and Heat Stroke When Enjoying the Summer

Summer is a season best spent outdoors, and many people anxiously await their opportunity to soak up some sun in the warm, summer air. But the summer heat can be relentless, posing a potentially significant threat to those who aren't careful when the dog days of summer arrive.

Heat exhaustion and heat stroke are two of the biggest concerns for those spending time under the summer sun. Differentiating between the two and understanding the causes and symptoms of each can help revelers survive the summer heat.

### What is heat exhaustion?

Those who work or exercise in humid or hot conditions might have experienced some level of heat exhaustion. When a person is suffering from heat exhaustion, their body is losing its fluids through sweat, and that loss causes dehydration. The body will also overheat, with its temperature rising as high as 104 F.

### What is heat stroke?

Heat stroke can be life-threatening. When a person is experiencing heat stroke, his or her body's cooling system stops working, and the body's temperature can rise to 105 F or higher. The cooling system is controlled by the brain, so heat stroke can even damage the brain and/or additional internal organs.

### What causes heat exhaustion?

Many people who suffer from heat exhaustion are not used to exercising or working in hot or humid environments, an unfamiliarity that makes them susceptible to heat exhaustion. Gardeners, for example, might be able to work in the garden in late spring and feel no ill effects. However, once summer arrives with its humidity and higher temperatures, those same gardeners are not accustomed to such conditions and might develop heat exhaustion as a result. Especially humid days make it difficult for the body to properly evaporate sweat, and the body will lose fluids and electrolytes. As this is happening, people who do not adequately replace those lost fluids are more likely to suffer from heat exhaustion.

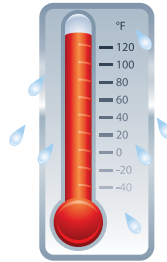
### What causes heat stroke?

Unlike heat exhaustion, which is largely caused by external conditions, heat stroke can result from an existing medical condition or medications. People with certain conditions or on medications that hinder the body's ability to sweat may be predisposed to heat stroke because their cooling mechanisms are already impaired or compromised. But heat stroke can also be caused by anyone exerting themselves in a hot environment, even if those people do not have a preexisting medical condition.

### What are the symptoms of heat exhaustion?

Heat exhaustion symptoms vary but can include:

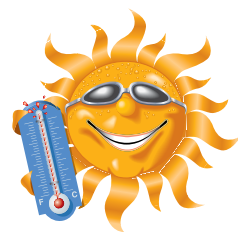
- \* sweating profusely
- \* feelings of dizziness
- \* muscle cramps or pains
- \* fainting
- \* dark-colored urine (dehydration)
- \* nausea
- \* pale skin
- \* rapid heartbeat
- \* headache



### What are the symptoms of heat stroke?

A body temperature of 105 F or above is a telltale indicator of heat stroke, but additional symptoms may include:

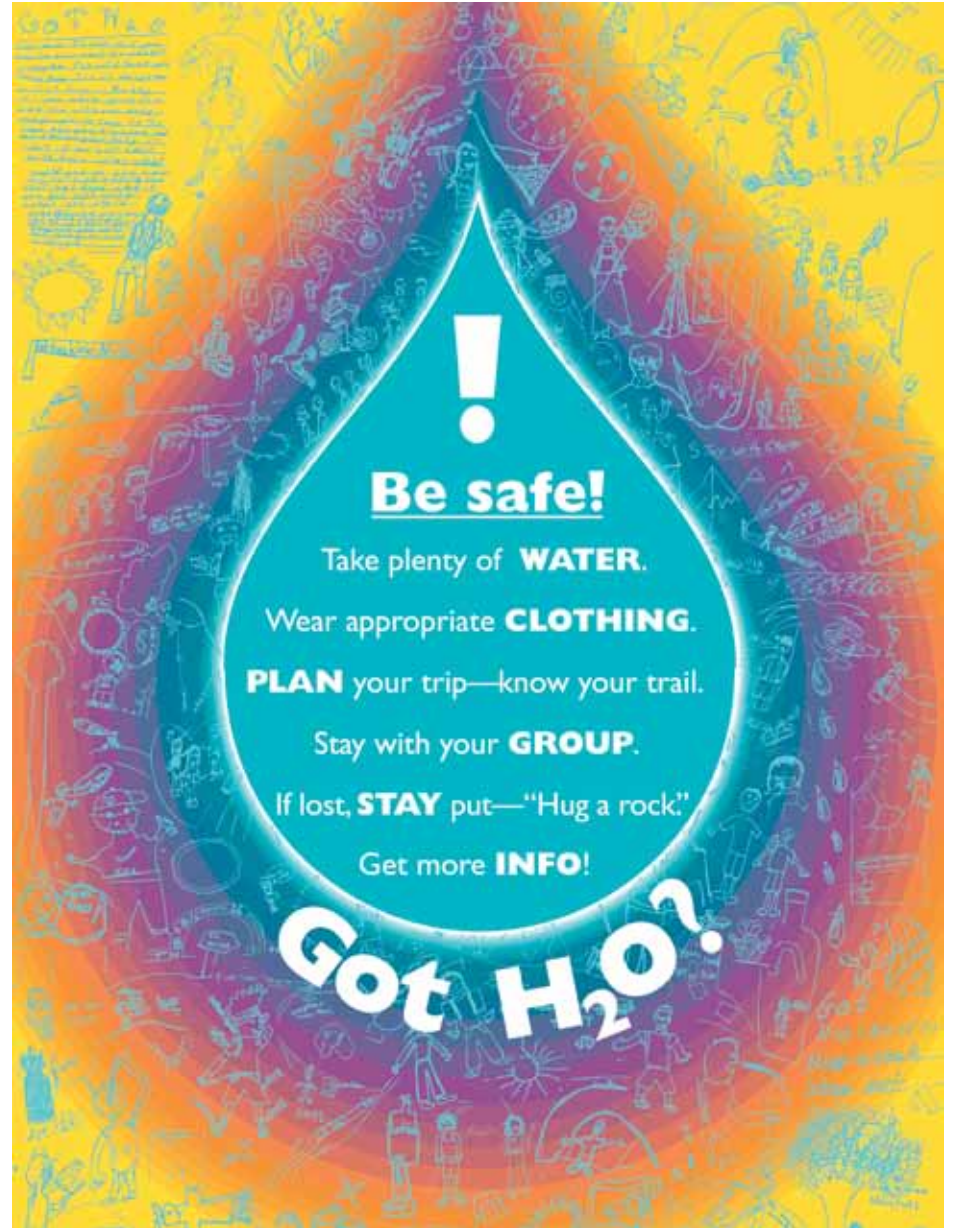
- \* throbbing headache
- \* flushed, hot and dry skin
- \* slightly elevated blood pressure
- \* dizziness and light-headedness
- \* nausea and vomiting
- \* rapid, shallow breathing
- \* lack of sweating despite the heat
- \* rapid heartbeat that is strong or weak
- \* unconsciousness



### What do I do if I suspect I am suffering from heat exhaustion?

If heat exhaustion is suspected, get out of the heat immediately, ideally into an air-conditioned room but under a tree in the shade if that's the only option. Call a doctor if you cannot keep fluids down or if you seem incoherent.

Those who can keep fluids down should drink plenty of noncaffeinated and nonalcoholic beverages, and remove any tight or unnecessary clothing. In addition, take a cool shower or bath, but ideally only do so if someone is around to monitor you.



### What should I do if I suspect I am suffering from heat stroke?

Heat stroke is potentially life-threatening, so immediately dial 911 if you feel you have heat stroke. If you suspect someone else has heat stroke, administer some first aid while waiting for an ambulance to arrive. Move the person to an air-conditioned room, and try to get his or her body temperature down to a more manageable 101 F or 102 F. Wet the person's skin and apply ice packs to the armpits, groin, neck, and back, as these areas have an abundance of blood vessels close to the skin, and cooling them can help lower body temperature.

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# ADVENTURE HAPPENINGS

## Moab Air Adventures

“If riding in an airplane is flying, then riding in a boat is swimming. If you want to experience the element, then get out of the vehicle.” –Anonymous

### Normal is boring.

Experience the extraordinary at Moab Air Adventures with Skydive Moab, Utah’s most referred skydiving center and Moab’s original drop zone! Celebrating its 10th year in business with over 30,000 recorded jumps, Skydive Moab is eager to share with you the exhilaration of human flight!

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And what better way to experience this one-of-a-kind adventure than with a one-of-a-kind business?

In 2010, Skydive Moab was hailed by Blue Skies Magazine as the Best Cessna Drop Zone in the country. And the DZ continues to uphold its awesome reputation, using only the most advanced equipment on the market, including United Parachute Technologies Sigma rigs and Automatic Activation Devices (AADs).

Furthermore, Skydive Moab now offers the United States Parachute Association’s (USPA) Advanced Freefall Program (AFP), allowing aspiring skydivers the chance to obtain their “A” license.

So whether you’re planning your first tandem jump or honing your skills as an experienced skydiver, choose Moab Air Adventures, where Skydive Moab is now defying gravity alongside Moab B.A.S.E Adventures, Redtail Aviation, and Canyonlands Ballooning.

For more information, call 435-260-0494 or stop by Moab Air Adventures’ new office, located at the corner of South Main and East 300 South (downstairs from Verizon and Moab Realty).

Mark your calendars, jumpers. Skydive Moab is celebrating its 10-year anniversary with its biggest boogie yet! From September 25 - 29, over 300 skydivers from around the world are expected to attend Skydive Moab’s 10th annual Mother of All Boogies (M.O.A.B.)!

### Boogie boogie!

Both tandem students and experienced jumpers are invited to take part in the exhilarating rides, stellar views, and nightly activities. This year, Skydive Moab is bringing in at least two twin-turbine airplanes, allowing participants to jump from 17,500 feet MSL. That’s 60 seconds of free-fall at 120 MPH!



Make a tandem skydive at the Boogie for only \$235 (\$200 if you’ve jumped with Skydive Moab before)! Registration for skilled jumpers is \$45 for all five days of fun, or \$15 for a one-day pass (plus the cost of jump tickets).

Stay tuned for more on this year’s nightly festivities and accommodations, vendors, and offsite jump locations. At last year’s Boogie, experienced skydivers took full advantage of jumping into Moab’s more remote areas, including Caveman Ranch, Mineral Bottom, and Castle Valley.

For more details or to register for M.O.A.B., visit [www.skydivemoab.com](http://www.skydivemoab.com) or call 435-259-JUMP (5867).

**Hosting a local event this year?**

Enhance your upcoming event by hiring the experts at Skydive Moab to kick things off with a demonstration jump! For \$500 (covers the cost of insurance, staff, and airplane fuel), Skydive Moab’s professional skydivers are sure to give your event participants and spectators an exciting show! Call 435-259-JUMP (5867) for more information.





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# HIKING HAPPENINGS

## Hell's Canyon Trail – A Long Way Down

by Marcy Hafner

Hell's Canyon with its rugged, sharp-edged walls rightly deserves its name, as a scramble through its deep, brush-choked chasm would be a hellish passage. Fortunately, the trail follows the ridgeline that divides the Hell's Canyon drainage from Pack Creek. Originally known as Pack Saddle Creek, this intermittent stream, which originates on the western slope of the La Sal Mountains, was named after two men fleeing from a band of Indians. In their haste to lighten their load, they left their packs along the creek.



Creeping along on the rubbly-rock surface of the La Sal Pass Road – a bumpy, bone-rattling ride – we are en route to the upper entrance of the Hell's Canyon Trail. As we slowly move along, the big drop-off just outside my window is making me very nervous. On this long narrow portion of our jolting keep-you-wide-awake drive, I am relieved that we do not meet any oncoming vehicles - backing up on this one-way road would be a logistical nightmare!



After bouncing along at a snail's pace for 5.5 tedious miles, we finally arrive at the Squaw Springs trailhead; the sudden lack of momentum feels amazingly good. At last we're back to the high country and the pine-scented air is cool and refreshing as I stretch to work out the kinks in my stiffened body. Summer has finally blossomed in the La Sal Mountains and I savor once again the rhythmic sway of the aspen leaves, the lush green meadow protected by a rail fence and the soothing trickle of a nearby stream.



For a long time I've wanted to hike the entire length of the Hell's Canyon Trail, and with my husband running the shuttle, that opportunity has

arrived. A sign a short distance up the road marks the beginning of my long journey, a four mile hike that culminates in a dramatic drop in elevation to the desert floor.



At 8600 feet, I begin my strenuous uphill climb along the ridgeline to the highest point on the trail. At this elevation the alpine country is advertising its special attractions – boggy

stream crossings – wild roses that thickly flank the trail - yellow blooms of the golden pea - groves of aspens - the remarkable repertoires of the warbling vireos - tiny shy violets - and the nodding charm of bluebells.

Crawling under a log, I press onward as the steep climb continues. Gradually the dense vegetation gives way to wide-open meadows filled with dandelions, where sassy Steller's jays are darting around.

Finally I top out at 9,130 feet! By then I am breathing hard and more than ready for the downward portion, where at a fork I stay on "Trail 029," following the sign

that indicates the more difficult mountain biking route.



Soon, a cool carpet of green with a watering trough and great views of Mount Tukuhiwivatz and Tuk N are too appealing to pass up and so I linger. It's been a long wait since last summer and I am delighted to see the aspens come alive again. Comfortably stretched out on the grass in this lovely meadow, I cherish a long break that enables me to absorb those oval leaves charismatically dancing against an incredibly blue sky while listening to their breeze-tossed rustle, nature's wind chime that never gets too loud.

Eventually I push myself up for the continuation of the long trek down. The further on I go, the more incredible the long distance views – Spanish Valley, the inviting greenness of the pastures surrounding upper and lower Pack Creek, the sheer jagged skyline of Behind The Rocks, miles and miles of canyonlands followed by the far distant Henry Mountains and the Bookcliffs.

Gradually leaving the aspens, I enter a thick forest of oaks, which are just barely leafing out. Before long, in the open areas where the green grass grows, an enchantingly lush cornucopia of flowers with a wealth of brilliant



colors envelops me: purple larkspur, brilliant red Indian paintbrush, blue flax, blue pentstemon, tiny white cutleaf daisies, the bright yellow daisy-like balsamroot and Colorado loco,

which is a magenta colored flower in the bean family. Flowers attract hummingbirds and a male broad-tailed hummer buzzes by so close he almost gives me a haircut!

When I reach the pinyons and junipers, the trail becomes very steep – slide-out-from-under-your feet steep! How can mountain bike riders possibly do this? Constantly slamming



on the brakes, I struggle to stay upright and only tumble three times, which I considered not too shabby considering the loose marbles I'm walking on! At a downed tree, I throw my pack and walking stick over and then heave myself up and over.

Needing a distraction, I don't mind pausing now and then to listen to the melancholy chant of the mourning dove and the trumpety call of the red-breasted nuthatch. The bird watching prize for the day, however, goes to a dazzling male western tanager with his iridescent red head and striking black and yellow body. He and his lady friend, clad mostly in yellow, are engaged in a steady conversation.

As the day warms up, this downhill with its wide-sweeping switchbacks seems to go on forever, but at an elevation of 6,900 feet I have finally bottomed out! In approximately four miles, I have ascended 530 feet and descended 2,230 feet!

My ride is waiting and gratefully I hop in. After that tremendous workout sitting down on a cushy seat feels so good and pulling boots off my battered, smoking feet is divine! Driving out, we're once again traveling on a rough route for several miles until it ends at the road through Pack Creek Ranch, where we now have smooth-sailing all the

way home.



To get to the La Sal Pass Road from Moab, go south on Highway 191 for approximately eight miles and then turn left at the Ken's Lake-La Sal Loop Road sign. At the dead-

end, turn right and drive approximately six more miles to the turn off for Pack Creek Ranch. The next three potholed miles to the picnic area are suitable for any vehicle, but after that for the 5.5 miles to the Squaw Springs trailhead, the La Sal Pass Road is a serious high-clearance, four-wheel drive route.



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# SKY HAPPENINGS

## The Sky for July 2013

By Faylene Roth

**SUNRISE AND SUNSET TIMES FOR JULY** (The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

Date	Sunrise	Sunset
1	5:58am	8:46pm
2	5:58am	8:46pm
3	5:59am	8:46pm
4	5:59am	8:46pm
5	6:00am	8:46pm
6	6:00am	8:45pm
7	6:01am	8:45pm
8	6:02am	8:45pm
9	6:02am	8:44pm
10	6:03am	8:44pm
11	6:04am	8:44pm
12	6:04am	8:43pm
13	6:05am	8:43pm
14	6:06am	8:42pm
15	6:06am	8:42pm
16	6:07am	8:41pm
17	6:08am	8:41pm
18	6:09am	8:40pm
19	6:09am	8:39pm
20	6:10am	8:39pm
21	6:11am	8:38pm
22	6:12am	8:37pm
23	6:13am	8:36pm
24	6:13am	8:36pm
25	6:14am	8:35pm
26	6:15am	8:34pm
27	6:16am	8:33pm
28	6:17am	8:32pm
29	6:18am	8:31pm
30	6:18am	8:30pm
31	6:19am	8:29pm

Look for the Summer Triangle high in the eastern sky—formed by 0-magnitude Vega (Lyra) and 1<sup>st</sup> magnitude stars Deneb (Cygnus) and Altair (Aquila). Overhead 0-magnitude Arcturus (Boötes) outshines Vega. Hercules can be identified by the blockish trapezoid halfway between Arcturus and Vega. The Great Square of Pegasus soon rises above the eastern horizon.

**Moab UT (at City Hall)**  
38°34' N Latitude - 109°33' W Longitude  
4048 ft - 1234 m Elevation

**MAJOR CONSTELLATIONS OF JULY**

- Overhead**  
Boötes  
Corona Borealis  
Hercules  
Ophiucus
- Northward**  
Cassiopeia  
Cepheus  
Draco  
Ursa Major  
Ursa Minor
- Eastward**  
Aquila  
Cygnus  
Lyra  
Pegasus
- Southward**  
Libra  
Sagittarius  
Scorpius
- Westward**  
Corvus  
Leo  
Virgo

**DAYLENGTH**

The period of daylight shortens by 39 minutes this month. However, with the sun still far northward on the ecliptic, twilight continues to linger for nearly two hours both before sunrise and after

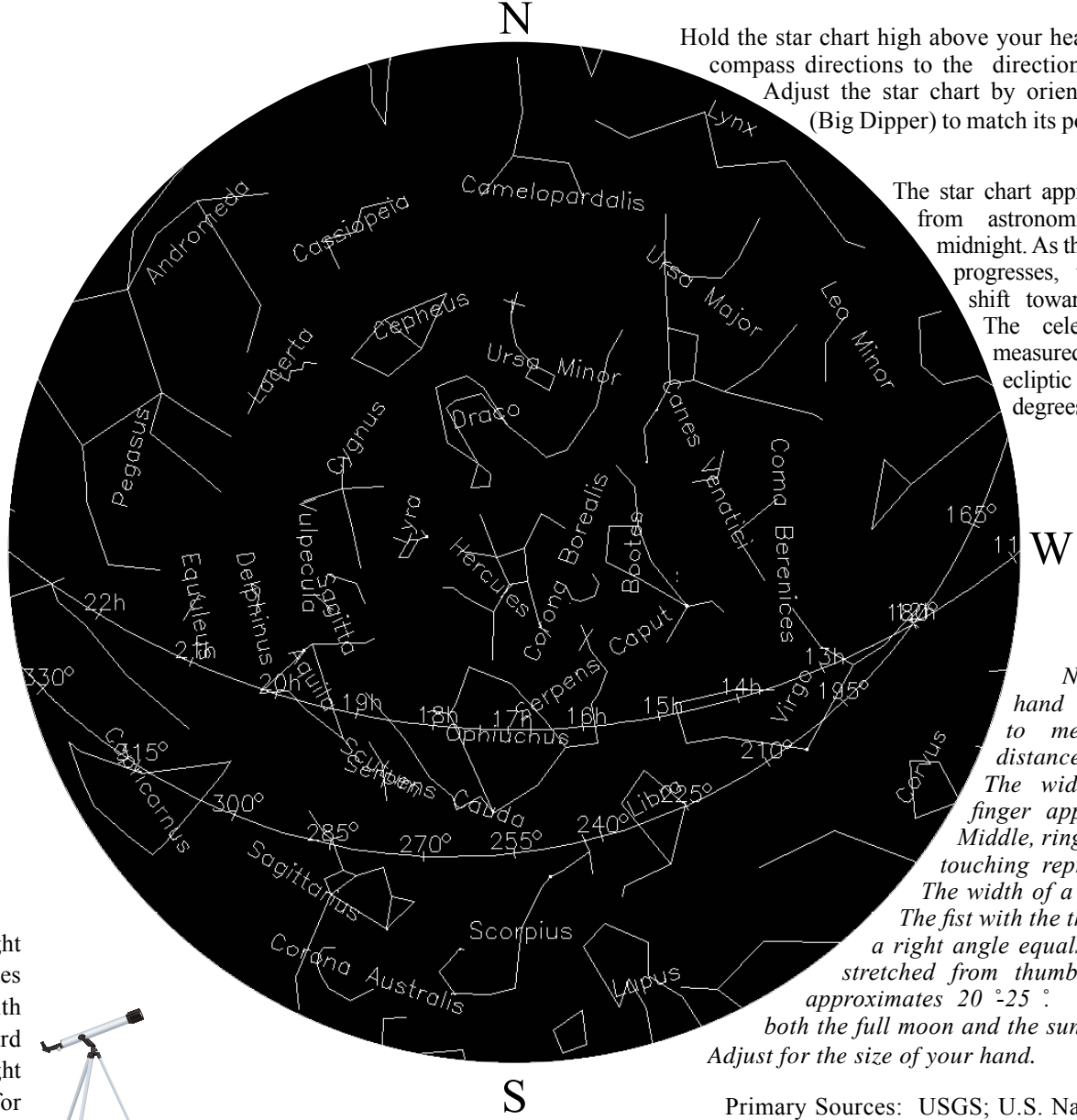
sunset. Twilight progresses through three stages. Civil twilight begins at sunset and continues until the sun reaches six degrees below the horizon. Adequate light for most activities remains across the sky. During the next stage, called nautical twilight, the overhead skies darken. First magnitude stars pop into view, but light lingers on the western horizon where only the brightest planets are likely to be seen. Nautical twilight continues until the sun descends to twelve degrees below the horizon. During July nautical twilight lengthens to nearly 40 minutes beyond civil twilight. Color and detail fade from the horizon. Astronomical twilight then begins. Once the sun reaches 18 degrees below the horizon, truly dark skies overtake the night sky (10:45pm on July 1/10:15pm by month's end) and reveal the grandeur of the Milky Way.

**CREPUSCULAR SUNRAYS**

Increased amounts of dust, smoke, water vapor, and aerosols in summer skies create conditions for crepuscular sunrays. Look for these visible rays of light shooting out from the horizon from gaps in the clouds or between cracks in the mountain or canyonlands skyline. The rays appear to radiate from a focal point, but they are actually parallel rays. They can be seen either morning or evening during civil twilight when conditions are right. Sometimes they are quite colorful and often a faint reflection appears on the opposite side of the sky.

**APHELION**

On July 5 at 9:00am the Earth reaches its farthest point from the sun (aphelion) for the year but don't expect to feel any cooler. The tilt of the northern hemisphere towards the sun allows so much heat to reach the Earth's surface that the extra three million miles goes unnoticed. Aphelion will not always occur at this time of year. Due to precession of the equinoxes (a wobble in the direction of the Earth's axis), the time of aphelion is delayed by about 25 minutes each day, which amounts to one day every 58 years. The current timing of aphelion does contribute to the length of the seasons. Earth's velocity slows as it passes through aphelion which lengthens the summer season in the northern hemisphere by about five days compared to its winter season. Conversely, the southern hemisphere experiences a longer winter and a shorter summer.



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5°. Middle, ring, and little finger touching represent about 5°. The width of a fist is about 10°. The fist with the thumb extended at a right angle equals 15°. The hand stretched from thumb to little finger approximates 20°. The diameter of both the full moon and the sun spans only 0.5°. Adjust for the size of your hand.*

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

**MOON HAPPENINGS**

- July 8** – New Moon occurs at 1:14am.
- July 15** – First Quarter Moon sets soon after midnight.
- July 22** – Full Moon occurs 12:15pm and rises at 8:27pm.
- July 29** – Last Quarter Moon rises soon after midnight. (The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

**METEOR EVENTS**

Predictable meteor activity begins again with the Delta Aquarid Meteor Shower. It peaks July 27-30 as a gibbous moon fades towards last quarter phase. The Delta Aquarid Shower produces faint meteors fairly consistently from mid-July to mid-August, so look during periods when the moon is absent from the sky or opposite its radiant in Aquarius. Best viewing occurs when the radiant is overhead which begins around midnight in Canyon Country.

**VISIBLE PLANETS**

- Jupiter** – Midmonth Jupiter emerges from its sojourn beyond the sun and reappears in the morning sky. Look for it due east in early twilight below Mars. A high vantage point improves chances to see it. (Magnitude -1.6)
- Mars** - Early morning stargazers may notice the reddish star Aldebaran (in Taurus's horn) in the eastern sky. Look for the red planet Mars about 60 degrees below just before twilight brightens the sky. On July 22 Mars and Jupiter rise within one degree of one another. Within a few days Mars will lag behind Jupiter. (Magnitude +1.7)
- Saturn** – As nautical twilight spreads across the evening sky, look overhead. Orange-hued Arcturus (0 magnitude) will be the first star to pop into view—high but west of the meridian. Within a few seconds, Saturn appears about 60 degrees below. Its steady golden light distinguishes it from the white twinkling light of Spica (Virgo) which soon appears about 10 degrees west of Saturn. (Magnitude +0.9)
- Venus** – Watch the western evening sky as brilliant Venus maneuvers around 1<sup>st</sup> magnitude Regulus (Leo). On July 22 they are within two degrees of one another. (Magnitude -3.8)

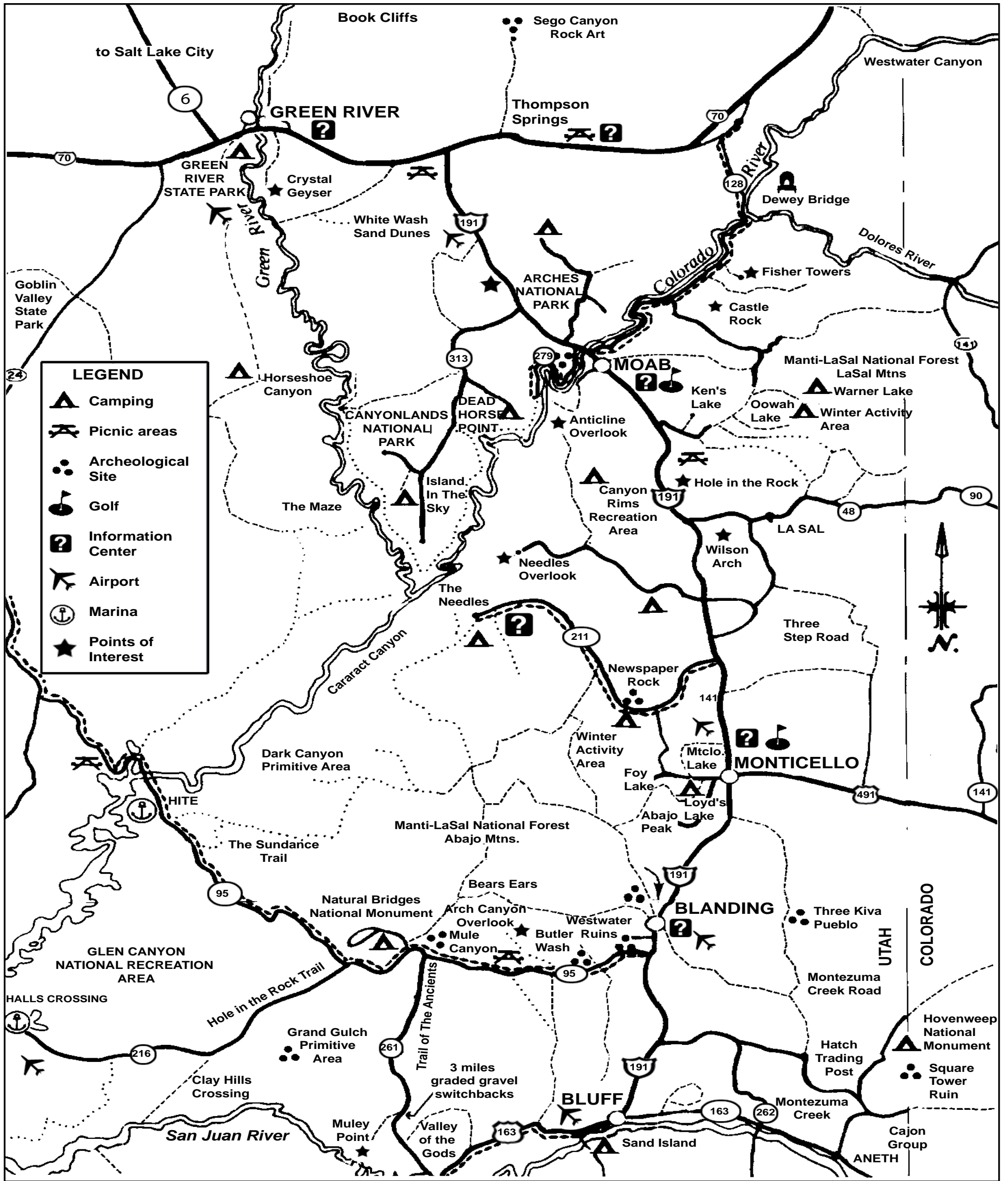
*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

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# SCENIC SAN JUAN

## Weird & Wonderful Scenery in San Juan County

In 1919, Noble Warrum the editor of *Utah Since Statehood, Historical and Biographical*, wrote, "Probably no region of the same size in the United State presents as great a variety of weird and wonderful scenery as San Juan County." It's still true today.

San Juan County, just to the south of Moab, is replete with hidden red rock canyons, juniper and cedar woodlands, mountains and high plateaus. Choose a high mountain trail and hike among the aspen and fir to overlooks of the Four Corners region. Or decide on an intimate canyon experience and



drop into one of our hidden gems for a day of exploration among ruins and rock art. If you want more comfort with only a little less excitement, drive one of our state designated scenic byways or backways or pick the Trail of the Ancients National Scenic Byway to visit ancient sites. All in all, a visit to San Juan County is an adventure in the World's Greatest Outdoor Museum!

Discover pre-history as you explore the Ancestral Puebloan culture that thrived in southeast Utah over 700 years ago. Edge of the Cedars State Park & Museum, the premier facility for learning about that culture, is a world-class museum with insightful exhibits, exciting educational programming, and unique 'visible storage'. Climb into the kiva or spend time viewing the many intriguing displays inside the museum.



Edge of the Cedars joins seven other museums in the county to provide a comprehensive look at the area's past: Hole N' the Rock Home, the Frontier Museum, the Pioneer Museum, Huck's Museum, the Dinosaur Museum, the Bluff Fort, and Gouldings Museum are all open on a regular basis and offer a look at both the ancient pre-history and more recent history of the area and its people. The Bluff Fort records the history of the Anglo settlement of the village of Bluff in the late 1800s. And trading posts offer

exquisite Native American art.

San Juan County is home to most of Canyonlands National Park, Hovenweep and Natural Bridges National Monuments, Edge of the Cedars and Goosenecks State Parks, Monument Valley Navajo Tribal Park, one quarter of the Four Corners Monument, Glen Canyon National Recreation Area, and Rainbow Bridge National Monument. Days can be happily spent visiting all of these stimulating park facilities. Natural Bridges NM shelters three of the world's five largest natural stone bridges and offers summer night sky programs as the first International Dark Sky Park. The fourth largest natural bridge is Rainbow Bridge found in

Glen Canyon and accessible from Lake Powell. And, of course, Monument Valley, with its quintessential western scenery, offers tours of the valley, Gouldings Lodge where delicious food, Native American arts & crafts, a museum of the original home and trading post, and films about the valley and the people are found.

Uncover layers of time in the exposed geology of Canyon Country's Goosenecks State Park where the oldest visible layers are 300 million years old. View the San Juan River from Goosenecks which overlooks the Goosenecks of the San Juan, the largest entrenched river meander on the North

American continent. River trips through the Goosenecks are available from the community of Bluff.

Visit San Juan County, just down the road, and enjoy five national park facilities, two state parks, two tribal parks, and seven private museums. Spend some time hiking or 4 wheeling in the canyons or on the mountain and enjoy ancient sites and rock art. The world's greatest outdoor museum, just waiting for you to explore!




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SHOPPING  
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# MOAB HAPPENINGS

LODGING  
EVENTS

Volume 25 Number 4

Section B

July 2013

## ENJOY the WATER with a STAND UP PADDLE BOARD

It's hot outside and folks are turning to the water for relief and recreation. Stand up paddle boarding is a new fun way to recreate on the water here in Moab. It is all the rage worldwide. Luckily for us, we have two key players: the Colorado River and Canyon Voyages Adventure Company.

Stand up paddle boarding originated as early as 5000 B.C. Historical standing paddlers rode waves in Peru on reed rafts, in China on fishing boats and in Polynesia on dugout canoes. Recent history has revived this sport in Hawaii, California and other coastline areas. It has also found its way onto inland waters like lakes and rivers.

You don't have to go far to get a taste of stand up paddling. Canyon Voyages Adventure Company has a variety of stand up paddleboards, or SUPs, for rent and SUP trips on the Colorado River to book.

If you are curious about how SUPs handle and want to give one a try then I suggest that you book a SUP trip, receive a quick training and then go floating.

Canyon Voyages SUP guide Sarah Lininger says that guests unfamiliar with the sport often surprise themselves at how well they do. The trip starts with practice in the back eddy. Guests start out lying on the board, then kneeling, and

can relieve pain associated with a lot of other water sports that involve sitting, bending and twisting. Paddle board yoga is another popular form of exercise in this genre. You can maximize your balance and core strength while holding positions on the board.

Want to do it yourself and rent a board? Not sure what type of board to use? Thinking about buying a board, but want to try one first? Canyon Voyages can help. We are the exclusive SUP rental business in the area. We have 7 brands to choose from. Come on down and talk to one of our knowledgeable staff members and we will get you out the door, on a board, and paddling downstream.

Canyon Voyages stocks accessories for SUP recreation. We have paddles, leashes, repair materials, gear tie downs and more. A variety of personal flotation devices are available for rent or purchase at the store to keep you safe on the water.

Stand Up Paddle Boarding is a new and enjoyable activity available for your entertainment and health. Canyon Voyages would like to help you with SUP needs this summer.



finally standing up. After practice getting off and on the boards you are on your way paddling down the Colorado River. The trips are approximately 6 miles on flat water, starting below Big Bend and ending at the Moab Bridge.

Stand up paddling is fun and is earning a reputation as a great way to get fit. Proper paddling form activates your core body muscles toning and strengthening your abdomen. This in turn strengthens your back and



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## Dive into Summer

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5:30 - 7:30 am - Monday, Wednesday & Friday  
11:15 am - 1:15 pm - Every Day  
5:30 - 7:00 pm - Monday through Thursday

#### Open Swim:

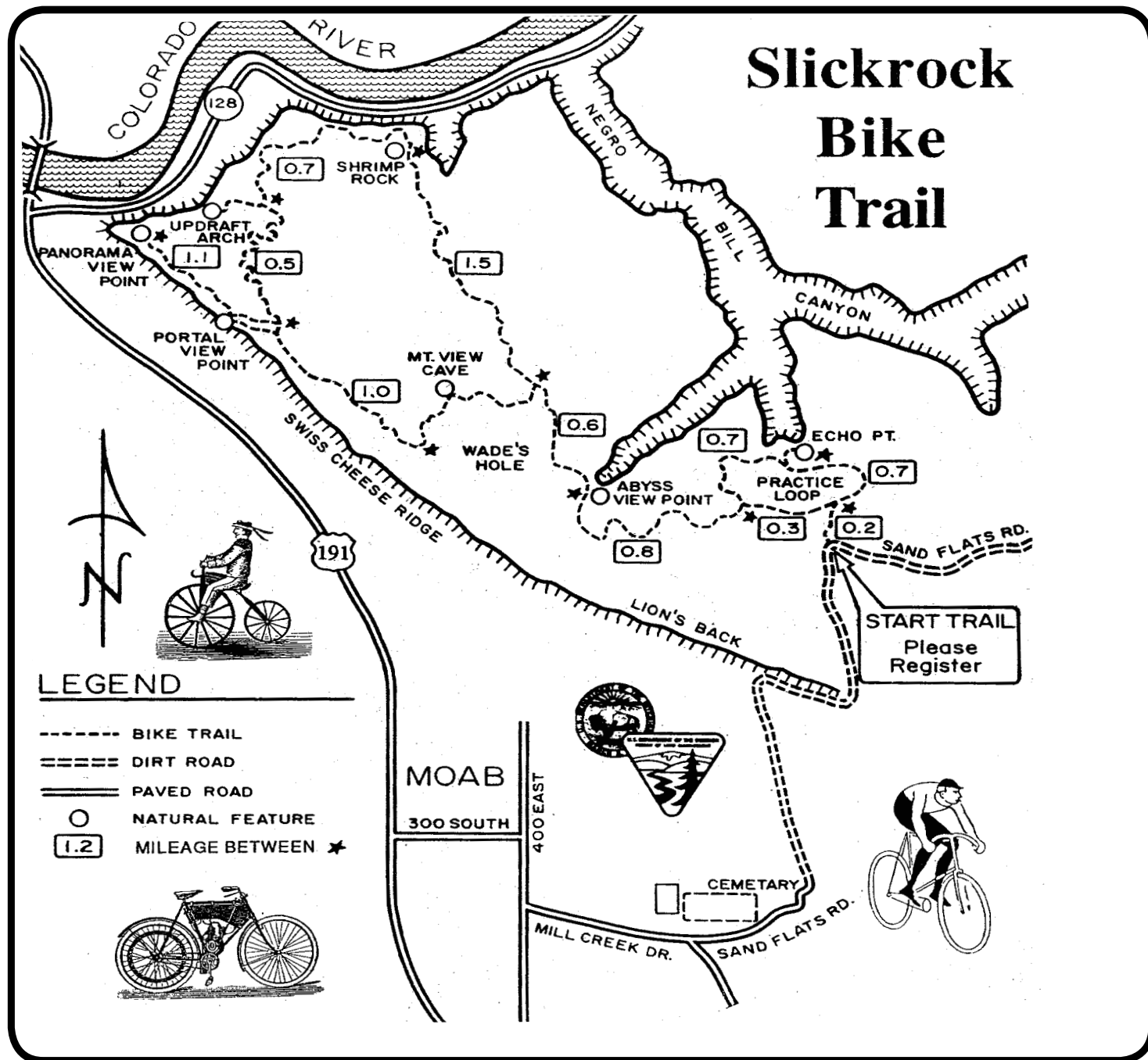
1:30 - 5:15 pm - Monday through Thursday  
1:30 - 7:00 pm - Friday and Saturday  
Parent/Tot (under 5) Open Swim  
11:45am - 1:15pm - Monday - Thursday  
1:30 - 5:00 pm - Sunday

#### Fitness Center Hours of Operation

5:30 am - 7:00 pm - Monday through Friday  
9:00 am - 7:00 pm - Saturday  
11:00 am - 5:00 pm - Sunday



# MOUNTAIN BIKING



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

• **MOAB CENTURY TOUR September 20-22, 2013** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

• **OUTERBIKE October 2-6, 2013** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected

loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to [www.outerbike.com](http://www.outerbike.com).

• **MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL - October 24-27, 2013** Presented by ChilePepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit [www.moabardown.com](http://www.moabardown.com) for more information.

• **POISON SPIDER BICYCLES SPRING THAW - March 2014** A fun, long weekend with demo bikes, women's ride, shuttles, frame giveaway and guided group rides on the Bar-M and the Mag 7 Trails. Food and parties included for \$40. Preregister for free t-shirt! For more info visit [poisonspiderbicycles.com](http://poisonspiderbicycles.com) or call 435-259-7882.

• **SKINNY TIRE FESTIVAL March 8-11, 2014** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

• **4<sup>TH</sup> ANNUAL GRAN FONDO MOAB May 2014** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

• **MOONSHADOWS IN MOAB May 2014** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.



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# TRAIL HAPPENINGS

## There's No Trail Like Nome

Article by Kathy Grossman  
 Photos by Brooks Carter and Kara Hellige  
 Map by Geoff Freethey

Yeah, it's July and it's hot, but you can still enjoy an early-morning or breezy-evening bike ride on the Moab area's newest trail: Nome. Best post-summer-solstice bet? Do a climb-and-cruise through Nome's spectacular slickrock in the cool of sunrise.



Named after a small gold rush town in far western Alaska and part of the North Klondike Trails system, the Nome Trail rewards locals and visitors with the vistas and physical thrills you'd expect to find on the Salt Valley anticline just west of Arches National Park.

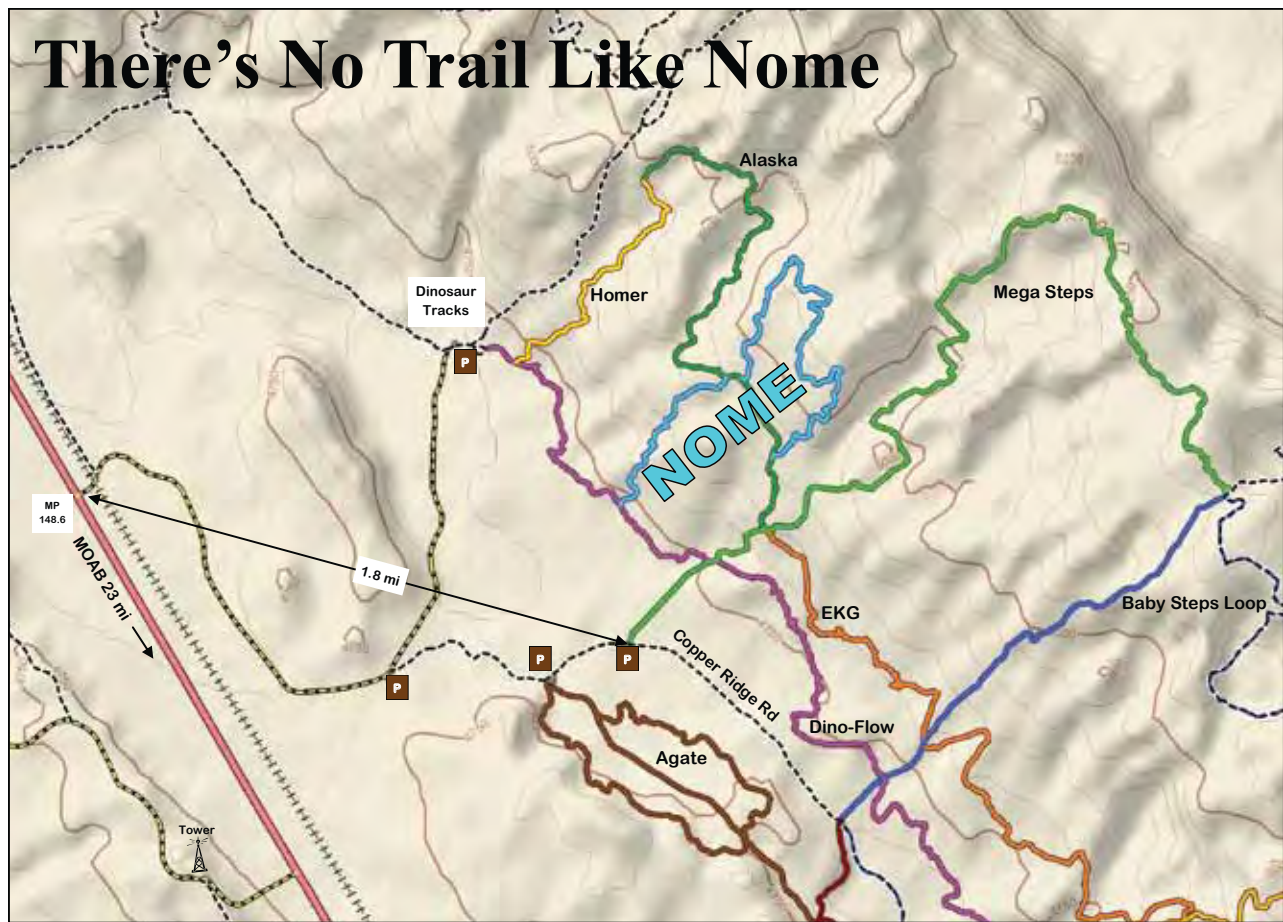


When the Trail Mix crews started following the trail scout's flags to build the Nome Trail loop, the south-facing claret cup cacti were just starting to thrust their scarlet blooms into the spring air. Accessed at the Mega Steps Trailhead

and a loop off of the Alaska Trail, the Nome Trail offers bumps and flows, racy straight-ons, and technical mini-jumps and angled grinds for experienced intermediate and expert riders. Trail designer and biking guide Brooks Carter says, "Whether you want a fun, short loop, or a few extra smiles just off of the Alaska Trail, head up Nome for some flowy singletrack and some fun, big rollin' on the camel humps. And be sure to save the food in your pack for the spectacular, scenic lunch spots!"

To keep bikers on the dirt and slickrock and to protect cryptobiotic soils, trail crews define trail boundaries with rocks, dead juniper branches, and paint stripes: the Alaska Trail is Kelly green, the Nome a bright Bering Sea blue.

But Nome is more than just a trail name to me. In the mid-1990s, I lived in Nome, Alaska, with my family, homeschooling my sons while my husband managed an environmental cleanup. Just below the Arctic Circle, Nome hugs the southern coast of the Seward Peninsula (a peninsula the size of Pennsylvania) and sits on the gold-rich beach sands of the Bering Sea. A gold rush in 1899 put this tiny Inuit village on the map, and the Great Serum



Run of 1925 put Nome into the history books.

Nome is not Moab's Sister City (that honor goes to Rossland, British Columbia, the Mountain Bike Capital of Canada), but Nome has ravens as Moab has ravens. Nome has about 3,600 people; Moab has about 5,000 people. Both are remote small towns and both have obscure name origins:

Moab is likely named for the Bible's Kingdom of Moab, and Nome most likely began as a cartographer's notation, "Cape name?" Both have been the settings for John Wayne movies, and both are famous for trails: Nome as the finish line for the Iditarod sled-dog race and Moab for world-class mountain-biking trails.

To get to the Nome Trail: Go north on Highway 191 from Moab about 20 miles (and 4.7 miles north of the airport), and

turn west at the brown "North Klondike Trails" sign onto the Copper Ridge ("CR") 4x4 Road (about mile 148 1/2). Cross

the railroad tracks, pass the Dinosaur Tracks road that turns off to the north, continue on the CR through the scrubby hills and occasional knot of cattle, pass the southside post-and-cable parking lot for the Agate and Jasper Trails, and stop at the parking lot for Mega Steps (about 2.3 miles from your 191 turn-off.) Bike up Mega Steps to the Alaska Trail, and



then turn onto the second Nome Trail loop entrance. Trail experts Carter and Scott Escott recommend going clockwise on the Nome, and Geoff Freethey's color-coded maps are posted at intersections along the way. The dirt singletrack portions of the trail will be a bit loose until we have a few rain-and-ride cycles, but after burn-in they should be cement hard. We're also working on other trails in the area.

By the time we opened the Nome Trail in May, the claret cup blooms had withered into blood-red crepey fingers, but pinky barrel cactus blooms, lupines, butterfly bottlebrush bee plants, and those Beehive State divas the sego lilies were bursting on the scene. Whether to view wildflowers or bike or hike our new trail, I extend a special invitation to the citizens of Nome and Rossland. Just remember to be safe, fill up those Camelbaks, and honor the altitude (about 5,000 feet) as you see for yourself that there's no trail like Nome.

Kathy Grossman lived in Nome, Alaska, with her family 1994-1995, and her column, "At Home in Nome," appeared in the weekly newspaper, The Nome Nugget. Kathy now writes, paints, and builds mountain bike trails in Moab. She is the Trail Mix Secretary and edits the "Trail Happenings" column.

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**Trail Mix** is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at [www.grandcountyutah.net/trailmix/](http://www.grandcountyutah.net/trailmix/). You may also reach us at [moabtrailmixinfo@gmail.com](mailto:moabtrailmixinfo@gmail.com).

# NATURE HAPPENINGS

## In the Fields of Summer

Nothing shouts Summer! like a field of subalpine wildflowers hosting a pollinator convention. Blazes of yellow and orange and splashes of white and pink are punctuated by patches of blue as the flowers race against the short summer season. Neck and neck with this floral extravaganza are the insects that forage on available nectar and pollen, and who are also trying to keep pace with the brief flowering period.

The summer season is short in the high country of the La Sals, Abajos and Henry Mountains of southern Utah. Some flowers poke up through areas barely devoid of snow, while others await their release below the melting snowpack. But once free of winter, these plants burst into action. The race is to produce flowers, set seed and die back before the onset of winter.

Although the lower flanks of the mountains have been in bloom for awhile, the higher subalpine and alpine meadows have just come alive with lupine, daisies, yarrow, delphiniums, columbine, and other flowers. The diversity of form and color in turn attracts various insect and bird pollinators. Butterflies and sphinx moths, beetles and bees, hover flies and hummingbirds are just some of the pollinators attracted to these flowers.

Flower form, nectar or pollen rewards, and color are several factors that attract pollinators. Flat-topped clusters of white and yellow flowers attract a wide variety of insects, while blue tubular flowers entice bees to rewards of pollen or nectar. Of course, the trade off

for the rewards is pollination – transferring pollen from one plant to another. Insects that are more specialized, like bees, butterflies or hummingbirds, will seek out specific plants and these pollinators exhibit a greater tendency to visit individuals of the same flower species. People and dogs aren't the only creatures to exist on a reward system.

You would think that the floral party in the mountains would be enough, but don't forget to look up every now and then for some of the larger, charismatic fauna that roam the mountains.

Black bears, mule deer, elk, mountain lions and coyotes are just a few species of wildlife one might encounter in the La Sals or Abajos. The Utah Division of Wildlife Resources has considered a program of introducing Rocky Mountain goats into the high crags, although wild goats haven't been in the area since the Pleistocene's

Harrington's mountain goats roamed the landscape.

On a more "microfauna" scale, there are American pika and yellow-bellied marmots that live in the rocky scree. Although the marmots hibernate the winter away, the pikas spend the summer hauling plant material and making "hay piles" in protective locations for winter consumption. Sometimes, one sees some of the lovely summer blossoms being consumed by these non-pollinating herbivores.



By Damian Fagan



Two reminders for exploring up high in the mountains. When traveling in the subalpine and alpine areas, remember to follow established trails where possible.

A portion of the La Sals is a designated Research Natural Area (RNA) which highlights the unique and sensitive nature of the alpine community. Also, wildflowers are not the only things that bloom in the mountains; summer thunderheads also blossom over the peaks. These clouds may belt the peaks with rain and blast them with lightning, so beware on your travels and avoid those hair-raising encounters!



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Sophia Dion  
**EMCEES:**  
Georgette Leventis  
& Steph Pappas



# MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

## MILEAGE CHART

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Goosenecks	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico	367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575	
Arches National Park	367	81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404	
Blanding, Utah	329	81		26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	47	199	393	192	321	322
Bluff, Utah	355	107	26		301	139	84	100	180	82	137	477	152	30	296	220	222	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296
Bryce Canyon National Park	608	361	279	301		310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86
Canyonlands National Park	398	31	113	139	310		109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435
Canyonlands N.P. Needles	359	62	58	84	347	109		70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	308	390
Canyon Rims Rec. Area	353	80	74	100	353	86	70		236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396
Capitol Reef National Park	487	244	158	180	100	275	230	236		244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	509	134	257	217
Cortez, Colorado	249	119	83	82	361	151	106	112	244		149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404
Dead Horse Point	396	29	111	137	418	2	107	84	273	149		375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375		339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339		183	450	337	170	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413
Goosenecks	389	142	56	30	331	169	114	130	209	139	167	462	183		266	261	252	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266		214	505	404	277	404	401	237	509	434	270	396	344	236	361	370	123	347	466	413	127
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214		417	372	255	324	321	283	555	357	194	320	268	169	287	263	139	217	434	583	297
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246	170	252	505	417		101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101		175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175		127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127		90	562	838	201	134	164	112	155	43	137	281	471	171	411	400
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90		559	831	198	131	161	109	152	40	134	278	468	96	408	397
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559		272	595	432	451	506	307	525	512	281	287	460	419	121
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272		867	704	717	779	579	797	784	553	376	602	691	393
Mesa Verde N.P., Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867		163	144	89	188	158	115	314	504	259	388	433
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163		129	74	25	91	99	151	341	240	373	270
Moab, Utah	362	5	74	103	356	36	73	50	239	115	34	361	160	101	396	320	115	53	122	164	161	451	717	144	129		54	151	120	53	280	475	115	235	294
Monticello, Utah	307	60	22	48	301	91	46	52	184	60	89	416	105	78	344	268	170	108	67	112	109	506	779	89	74	54		99	72	28	225	415	168	299	344
Monument Valley	324	159	73	51	277	190	145	151	227	159	188	519	168	32	236	169	248	203	86	155	152	307	579	188	25	151	99		118	125	126	316	265	394	245
Natural Bridges Natl Monument	376	129	47	65	232	150	115	121	111	129	148	493	174	92	361	287	243	177	84	43	40	525	797	158	91	120	72	118		94	244	432	136	368	363
Newspaper Rock	335	58	47	74	327	89	20	50	209	85	87	414	130	188	370	263	168	106	92	137	134	512	784	115	99	53	28	125	94		231	440	168	334	370
Page, Arizona	456	285	199	173	151	316	271	277	353	285	314	638	294	158	123	139	395	329	210	281	278	281	553	314	151	289	225	126	244	231		272	391	420	119
Phoenix, Arizona	449	480	393	367	378	506	451	467	509	475	504	826	520	348	347	217	590	519	402	471	468	287	376	504	341	475	415	316	432	440	272		663	645	382
Price, Utah	548	110	192	214	280	142	188	165	134	220	140	408	333	248	466	434	163	62	237	171	96	460	602	259	242	115	168	265	136	168	391	663		123	281
Salt Lake City, Utah	730	230	321	343	324	262	308	285	257	359	260	512	404	377	413	583	285	182	366	411	408	419	691	388	373	235	299	394	368	334	420	645	123		306
Zion National Park	575	404	322	296	86	435	390	396	217	404	433	764	413	277	127	297	493	241	331	400	397	121	393	433	270	294	344	245	363	370	119	382	281		306

Moab Happenings is online at [moabhappenings.com](http://moabhappenings.com)



## GEORGE GEER MEMORIAL CAR SHOW

Friday, August 9 Angel's End Zone  
309 N. Broadway  
5:30PM - Dark: Pre-Registration  
6:00PM: Burn Off Contest

Saturday, August 10 Centennial Park  
8:00AM - Noon: Registration & Parking  
10:00AM - 3:00PM: Car Show  
3:30PM - 4:00PM: Awards





shopcortez.com

Show proceeds will be donated to the families of American servicemen and women.

For more information: Call Sandi at 970-560-2572

## CAR RENTALS

# MOAB AREA LODGING GUIDE



**3**

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**2**

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**1**

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**4**

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**5**

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**6**

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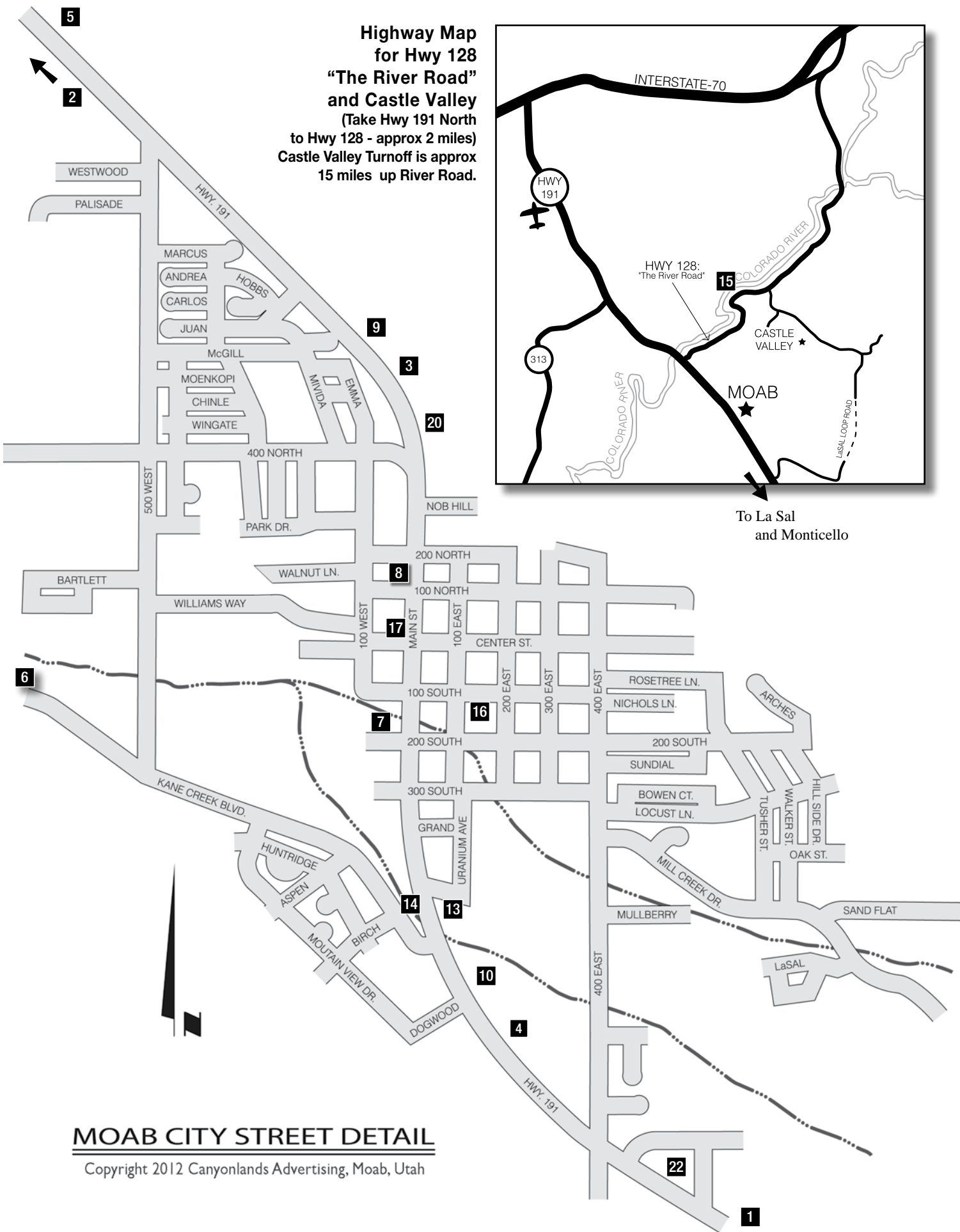
778 W. Kane Creek Blvd  
 Phone 435-259-7716 Cell 435-260-2932  
 email: info@adobeabodemoab.com  
 www.adobeabodemoab.com

**7**

**GONZO INN**  
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 435-259-2515  
 www.gonzoinn.com

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**8**

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**9**

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**20**



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STARTS HERE!** **17**

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## Key to Lodging Guide

1	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
2	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3	Hampton Inn	435-259-3030	www.hampton.com
4	La Quinta	435-259-8700	www.lq.com www.lq.com/moab
5	Moab Springs Ranch	435-259-7891	www.moabspringsranch.com
6	Adobe Abode Bed and Breakfast	435-259-7716	www.adobeabodemoab.com
7	Gonzo Inn	435-259-2515	www.gonzoinn.com
8	Bowen Motel	435-259-7132	www.bowenmotel.com
9	Inca Inn	435-259-7261	www.incainn.com
10	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
12	This Space Could be Yours!	435-259-8431	www.moabhappenings.com
13	Red Stone Inn	435-259-3500	www.moabredstone.com
14	Big Horn Lodge	435-259-6171	www.moabbighorn.com
15	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
16	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
17	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
20	Days Inn	435-259-4468	www.daysinn.com
21	This Space Could be Yours!	435-259-8431	www.moabhappenings.com
22	Sleep Inn	435-259-4655	www.moabsleepinn.com



• Close to Downtown  
• Kitchenettes  
• BBQ area  
• Pool  
• Laundry  
• Internet  
• Bikes ok in room  
• Recently remodeled  
• Adjacent to bike path

Quiet off Main location

**MOAB RUSTIC INN**

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**16**



**RED CLIFFS LODGE**  
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**15**



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- ★ Barbeque Patio Area
- ★ Mid town location
- ★ Pets OK

AAA APPROVED

535 S. MAIN • MOAB, UT 84532  
435-259-3500  
www.moabredstone.com

**13**

## Moab Worship Services Directory

Assembly of God • 1202 South Boulder Avenue.....259-7747	Grace Lutheran Church 360 West 400 North ..... 259-5017
Bahá'í Faith ..... (435) 650-5778 or (575) 649-8381	Jewish Interfaith Beit Moabi www.beitmoabi.org ..... 260-0241
Canyonlands Fellowship 111 East 100 North.....260-2434	Kingdom Hall of Jehovah's Witnesses 25 West Dogwood..... 259-7363
Church of Jesus Christ of Latter-Day Saints First & Second Wards • 475 West 400 North.....259-5566 Third, Fourth & Fifth Wards • 701 Locust Lane.....259-5567	Moab Baptist Church • 356 West Kane Creek Blvd. .... 259-8481
Community Church • 544 MiVida Drive ..... 259-7319	Quaker Worship Group • 81 North 300 East..... 259-8178
Episcopal Church of St. Francis 250 South Kane Creek Blvd ..... 259-5831	River of Life Christian Fellowship 2651 East Arroyo Rd..... 259-8308
First Baptist Church SBC • 420 MiVida Drive..... 259-7310	St. Pius X Catholic Church • 122 West 400 North..... 259-5211
Four Corners Faith & Worship Ministries ..... 259-0041	Seventh Day Adventist 4581 Spanish Valley Drive..... 259-5545
Friends in Christ Free Lutheran Church 1240 South Highway 191..... 259-4378	The Church of Christ • 456 Emma Boulevard..... 259-6690

# POTTERY HAPPENINGS

## Native American Art: Success Blooms in the Southwestern Desert

**True to its Roots, Authentic Native American Pottery Promotes Cultural Respect and Hope in a Struggling Economy.**

Thirty-Two years ago, while Joe B. Lyman was in Europe, his father recognized that a Native American pottery factory run by members of the Ute tribe with whom he was working could be transformed into a profitable business with proper management. Until then, the shop had been fraught with difficulties, producing Native American art pottery but struggling financially and being subsidized

unique appeal. But it hasn't been easy to survive.

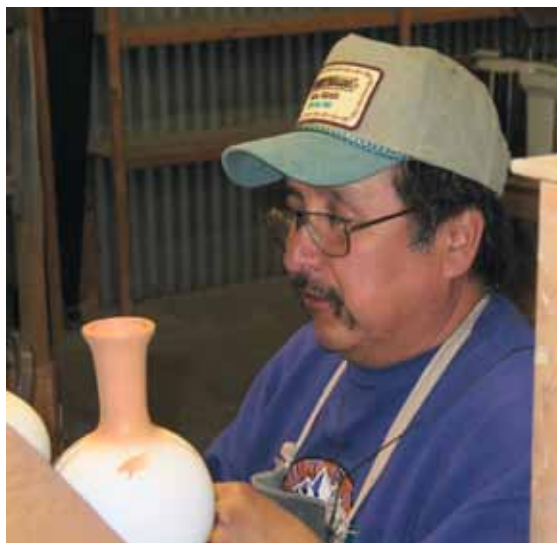
In the 80's, a nationwide fascination with southwestern art saw the birth and growth of many southwestern art companies, but cheap imported imitations flooded the market and eventually put most of them out of business. Never straying from his father's ideals or philosophy of management, Joe helped Cedar Mesa stay afloat through those tough times.

The company supported its artists with training and emphasized the expression of each of their unique individual qualities. Supporting them required running the company with a very conservative fiscal approach to weather any bad storms.

"We never paid ourselves a lot," says Lyman. "Our purpose has always been to help Native American artists to get ahead, by providing them with meaningful employment. So we positioned ourselves to survive when times weren't good."



Christina



James



Elsie

by other tribal enterprises.

Under these circumstances management turned a deaf ear to Lyman's words of hope and promise. They wouldn't believe that the kind of success he spoke of was possible, nor would they sell him the company or have him attempt to manage and revive it. So he gathered his life savings of \$7000, bought his own kiln, rented some space and in 1981 Cedar Mesa Pottery was born.

Thirty-Two years later, Cedar Mesa is like a flower blooming in the arid desert of Utah. Specializing in gorgeous, one-of-a-kind, carefully hand crafted pottery which embodies the rich Native American cultural heritage and combines artists' natural talents and creative genius with such traditional Native American pottery designs as the Wedding Vase, the Wind Bell, the Bear Fetish and Kokopelli, the humpbacked flute player, Cedar Mesa has

Lyman foresaw the appeal to interior designers, gift shop owners and individuals savvy enough to want only uniquely crafted and designed, authentic Native American art.

"Each of the Cedar Mesa pieces comes with a certificate of authenticity, and is signed or trademarked by the artist along with their tribal affiliation," says Lyman.

Cedar Mesa now produces the well-known Themes

and Hozoni pottery lines as well, providing a huge selection of competitively priced items. "People come to Cedar Mesa because they like our price, our quality, our service and our timely delivery," says Lyman. "In this struggling economy, this really helps us fulfill our promise of providing as many jobs as possible to Native American artists and other workers."

Cedar Mesa Pottery's website [www.cmpottery.com](http://www.cmpottery.com) displays an ever-changing view of their Native American art and showcased artists. Free factory tours are available through the gift shop located at 333 South Main Street in Blanding, Utah. Wholesale buyers and individuals can also contact them at (435) 678-2241.

## PLANNING AN HOUR, A DAY, A WEEK OR A LIFETIME IN MOAB?

Pick up your copy of these Moab publications available at many businesses in town.

# GALLERY HAPPENINGS

## James Haas

Savage Spirit! features the final works of the late Moab jewelry artist James Haas (1958-2012). Jim's passion were the stones, which he cut & polished. He taught himself silversmithing and kept the settings clean & simple to show off Mother Nature's art.

Jim grew up in the Denver area. As a young boy, he loved exploring nature. He would find cool rocks and share them with his friends. He attended Western State University in Gunnison, CO to study geology. Circumstances did not allow him to complete his degree, and he spent many years logging in the summer and working at Crested Butte ski resort in the winter. As he realized that he would not be able to continue that lifestyle indefinitely, he went to Gemological Institute of America (GIA) in Santa Monica, CA where he graduated at the top of his class and became a Certified Gemologist. After a few years appraising jewelry, Jim realized the suit and tie life was not for him and began creating his own jewelry which he sold at art festivals. For the past 20 plus years, Jim pursued his passion; cutting and polishing the stones he loved, creating beautiful jewelry where the stone was the focus, traveling to art festivals where he could talk about the stones he loved and educate people.

Jim met his wife, Cathya Savage-Haas (owner of Savage Spirit!), at an art festival in 1998 and they settled in Moab, which Jim thought was the most beautiful place on earth. They opened a store, Cave Dreamers, selling their work & handcrafted items made by friends. But Jim



missed the open road and the adventure, so they closed the store and returned to art festivals. He developed an international clientele that love the clean, classic lines and impeccable workmanship of his Stoneage Jewelry. Jim participated in many prestigious art shows and received awards for his jewelry at the Indian Wells Arts Festival & the St. George Art Festival.

The first and most crucial step in the creation of Stoneage Jewelry was the selection of stones. Jim sorted through tons of rough gemstones to select only the highest quality and most beautiful stones.



rough chunks of stones into slices or slabs. Jim would carefully study each unique slab and cut it into smaller pieces to best showcase the distinctive beauty of each stone. Each piece was then hand shaped by coarse grinding on a flat lap machine. Through a process of successively fine grinds, Jim polished each stone to perfection.

Jim then handcrafted sterling silver settings for each stone. Since each stone was individually hand cut and polished, no two are the same. Therefore each stone required a custom made setting. These were then made into pendants, earrings, and rings. Jim produced a line of jewelry where his classic, sophisticated styles showcased the natural beauty of the stones.

Jim died on June 4, 2012 at age 53 after a brief illness. It appears that the major culprit was undiagnosed, untreated diabetes which lowered his immune system.



After successfully surviving a severe bacterial infection, Jim developed pneumonia and sepsis. Despite valiant efforts by the ICU staff at St. Mary's in Grand Junction, Jim's immune system was unable to combat the infections and eventually everything shut down.

Jim's guiding principle was to do what he loved and share that with others. He was fulfilled that he had found a way to make a living doing what he loved.

Stop by  
Savage Spirit!  
87 N Main,  
to check out Jim's Stoneage Jewelry.



## Big Horn Gallery Displays the Moab Studio Tour

The Moab Artists Studio Tour celebrates its first decade with a special group show at the Bighorn Gallery at Dead Horse Point from July 4th through August 24th. The opening reception for the exhibit is July 4th from 2-5 pm and the community is invited to join the party and help celebrate our community of creativity.



Still There. Painting by Tim Morse

The Bighorn Gallery exhibit will include all 24 of the 2013 Studio Tour artists. Participating Moab artists are Robin Straub & Phil Wagner, Sarah Hamingson, Helen Becker, Nick Eason, Jacci Weller, Bruce Hucko, Bob Ridges, Jonathan & North Frank, Gail Darcey, Eleanor Inskip, Scott Anderson, Tim Morse & James McKew, and the Moab Pastel Guild whose exhibiting members are Larry Thomas, Mary Collar, Peggy Harty, Thea Nordling, Margie Lopez-Read, and Marsha Modine. The tour continues in Castle Valley with Michael Ford Dunton, Adele Alsop and Yrma van der Steenstraeten. The exhibit will include a diverse array of media including watercolor, pastel painting, oil and acrylic painting, stained glass, fabric creations, photography, sculpture (wood, stone and steel) and gourds!



Desert Primrose. Pastel Painting by Margie Lopez-Read

wonderful opportunity for the community to see all of our work in one place. You can use the exhibit as a live mini tour and decide which artists you want to visit on a more lengthy and personal basis during our main event."

The original 3-artist, 3-site event has steadily grown and now includes 23 artists at 15 different sites. These sites are home and professional studios that the public is invited to visit during the annual studio tour August 31 and September 1 from 10 AM until 4 PM. The Studio Tour has



Yeah, ya can. Acrylic painting by North Frank

an educational focus. Participating artists have work in progress and visitors are encouraged to enter the process by observing and asking questions. "There are many, many people making art in Moab," says Hucko, "while the working artists of the tour may be some of the most visible, I'd venture to say that everyone in Moab has an artist on their block or in their family."

The Studio Tour artists are a persistent lot. While sales are certainly gratifying there are other reasons why the tour continues to grow. "I started out attending the Studio Tour in its early days," said artist Sarah Hamingson. "Then I exhibited with the Moab Pastel Guild, and now, I'll be showing at my home studio. You just never know where the studio tour might lead you. It's a lot of fun



pastel artist Thea Nordling

however you're involved." To which Robin Straub adds, "Why do I participate in the Tour? "Of all the events in Moab, the Artist's Studio Tour is my favorite - it provides an opportunity for me to share and sell my paintings where I live and work. What could be better than that!?"

The only thing that could possibly be "better than that" is YOUR ATTENDANCE at the Dead Horse Point Moab Artist Studio Tour Exhibit. See you there!

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MAGNETIC MOAB  
2014 CALENDAR

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FINE ART PHOTOGRAPHY

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www.tomtill.com**



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A luxurious oasis of rich colors and fibers for knitters, crocheters, spinners, weavers and felters. Featuring local farm-raised spinning fibers and yarns, accessories for every project, inspirational patterns and books, friendly atmosphere, helpful staff and a great selection of locally handmade gifts. Join us Wednesday evenings from 7-9 pm for a stitching social and enjoy getting to know other fiber artists. Hours: Tuesday - Saturday 10am - 5:30pm. Visit us online at [www.desertthread.com](http://www.desertthread.com).



**400 EAST & MILLCREEK DR. 259-6999**  
**4th East & Millcreek Dr.  
259-6999**

Dave's Corner Market is now serving espressos and Lattes and has the largest selection of whole-bean coffee in Southeast Utah. We carry over 70 varieties of coffee. Whether you are hiking, biking or jeeping, stop by Dave's to stock up! We feature Milt's breakfast burritos, made fresh daily and carry a wide variety of cold beverages, snacks, fruit, cigarettes, beer, ice, bread, ice cream, bottled water and more! Dave's friendly, old fashioned, neighborhood market is your last stop before the Slickrock Bike Trail!



**Essential Home**  
**7 North Main  
435-259-HOME**

Are you looking for a gift for that person who has everything? Or maybe you need that special tool to make cooking easier. Essential Home has Moab's largest selection of quality, unique cooking gadgets and other fine kitchen and home accessories. Bar & Wine necessities, Gifts, Souvenirs, Coffee & Tea necessities, and much, much, more. Come in and look around.



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Open 7 days a week

Locally owned and Operated. Providing Moab's Northwest end a quick stop neighborhood market. Just West of Swanny City Park and the swimming pool and rec center. Headed North or in the neighborhood? Avoid the traffic by using 500 West and stop in for a great variety of cold or hot beverages, beer, cigarettes, ice, snacks, groceries, candy, ice cream novelty and more!

**GOT WOOD?**

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Bar & Wine supplies - Coffee & Tea necessities  
Textiles - Decor & Souvenirs

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**7 NORTH MAIN**

EXPLORE DISCOVER PLAY CREATE

**Savage Spirit!**

A unique mix of local & regional handcrafted clothing, jewelry, home decor & objet's d'art!

Featuring the final works of Moab jewelry artisan, Jim Haas (1958-2012)

**87 North Main, Moab  
435-259-2ART (2278)  
facebook.com/savagespirit.moab**

EXPLORE DISCOVER PLAY CREATE

# SHOPPING GUIDE



**87 N Main**  
**435-259-2ART (2278)**  
**facebook.com/savagespirit.moab**

Savage Spirit! features a unique variety of local & regional handcrafted clothing, jewelry, gifts, home decor & objets d'art. Home of Savage Spirit! silks; scarves & clothing made in Moab by owner & award winning fiber artist, Cathya Savage-Haas. Cathya also creates Desert Savage clothing - colorful hand dyed cotton clothing. We also feature the final works of the Cathya's late husband, Moab jewelry artist James Haas (1958-2012). Jim's passion was natural stones, which he cut & polished. He taught himself silversmithing & kept the settings clean & simple to show off Mother Nature's art. In addition, Savage Spirit! features an eclectic mix of whimsical & funky jewelry, home decor & objets d'art hand crafted locally and regionally.



**61 N. Main St.**  
**435.259.5327**  
**www.tomtill.com**

The Tom Till Gallery is the Colorado Plateau's most celebrated and longest established photo gallery. Featuring the work of world-renowned photographer Tom Till, the gallery offers stunning photographs of the Moab area in many sizes and mediums. Tom's 2014 Magnetic Moab Calendar has just arrived, and it is a true work of art. Each 11x14 inch monthly photo is accompanied by an additional photo and a short essay by natural history writer, Mikenna Clokey. Read about how Moab's magnetism "attracts" many things, be reminded of Moab's beautiful landscapes and let Tom's photos grace your world every day of the year.



**Rave 'N Image**  
**59 South Main, #5**  
**LOCATED IN**  
**McStiff's Plaza**  
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The Rave 'N Image is a fabulous boutique with lots of style and variety. We carry UNIQUE & BEAUTIFUL JEWELRY, CLOTHING, ACCESSORIES & GIFTS including, hats, bags, belts & buckles, wallets, candles, soaps, lotions, perfumes, incense, sunglasses, bathing suits, cards & journals, wall art, make-up, body jewelry & so much more. Come by the Eddie McStiffs Plaza (59 S. Main St. #5) to see what people are "rave'n" about! Open daily at 10 am. 259-4968

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 Moab, UT 84532  
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Open Tue - Sat 10am - 5:30pm

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[www.desertthread.com](http://www.desertthread.com)



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Walker Drug is not an ordinary pharmacy. With 17,000 sq. ft. of merchandise overflowing from the shelves, Walker Drug is more like a general store with personality. Bikers, runners, jeepers, campers, river rafters, photographers, young & old alike, will find an endless variety of merchandise. From bathing suits, hats, fishing tackle, knives, toys, housewares, shoes, spaghetti sauce to socks & underwear, Walker Drug has something for everyone.

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## SHOPPING GUIDE MAP

The map shows a grid of streets in Moab, Utah. The main north-south street is Main Street, with a route 191 shield. East-west streets include 400 North, 200 North, 100 North, Center Street, 100 South, 200 South, 300 South, Grand, and Uranium Ave. Other streets shown are Nob Hill, Kane Creek, Cedar, and Millcreek Drive. Business locations are marked with stars: MC's on the Corner, Savage Spirit!, Tom Till, Arches Electronics, Essential Home, Moab Barkery, Desert Thread, It's Sew Moab, Pinyon Tree, Rave 'N Image, Walker Drug, WabiSabi Thriftique, Canyonlands Copy Center, Moab Mailing Center, Royce's Electronics, Got Wood?, Dave's Corner Market, and Millcreek Drive. An arrow points north towards Salt Lake City, and another points west towards Kane Creek.

# MOVIE HAPPENINGS

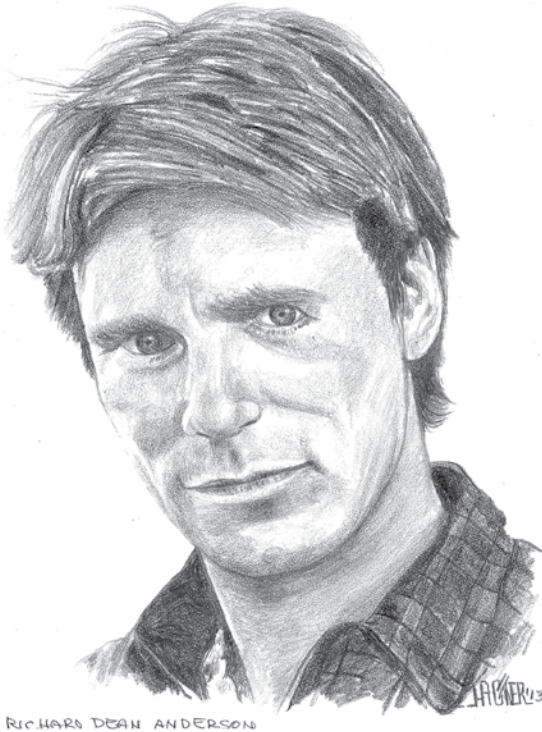
Articles and drawings by John Hagner

## Movies Made in Moab

This is the 14<sup>th</sup> in a series of articles by John G. Hagner (Founder and CEO of the Hollywood Stuntmen's Hall of Fame), a Non-profit organization that is dedicated to preserving the history of the stunt profession and to honoring stunt people the world over.

### MACGYVER - 1985 (TV PILOT)

**Starring** Richard Dean Anderson  
**Location:** Dead Horse Point State Park and Shafer Overlook  
**Story:** Two rare golden eagles facing extinction are aided by MacGyver, who simultaneously must approach the poacher trying to kill the birds and eliminate Macgyver. Mac happily volunteers for a Phoenix Foundation mission to help the golden eagles. The pair he is sent to check on lives on a steep mountain. During his first attempt to approach by a paraglider; they are attacked in flight by a rich poacher and his accomplices in a helicopter, who shoot the male by gun, far out of reach, and the female is wounded by a crossbow before taking flight. Mac descends to get the female, and teams up there with ten year old Darin Cooper, who learned a lot about eagles from his late granddad. They bring the wounded eagle to the cabin where Darin's over-protective single mother Susan brought him in an attempt to mend her bond with the growing boy. Darin who needs more space to become a man instantly takes to understanding father figure Mac. They nurse the eagle but realize the male and chicks must be found, as raising them is not a single parent job with eagles. With improvised extra climbing gear Mac risks his life to rescue the male eagle and chicks.



RICHARD DEAN ANDERSON

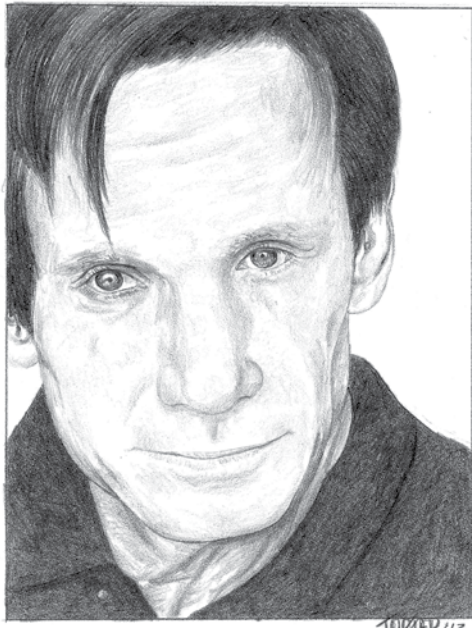
## Stunts Stars And Legends: Curt Bonn

Curt Bonn learned the hard lessons of hazardous work years ago when he worked, as a youth with bull gangs in logging camps on Queen Charlotte islands in British Columbia, as a Choker Man. He climbed trees 100 feet high with only a waist belt and boot spurs. He also raced stock cars and drove in car commercials. He started designing ratchets and cable rigging, and coordinated stunts for shows like Smallville, Scary Movie and others. Curt spent years perfecting techniques for use in the film industry, which propelled him to become one of the industries most successful Stunt Coordinators. Curt Bonn is one of the many honored Inductees in the Hollywood Stuntmen's Hall of Fame.



### THE SURVIVALIST - 1986

**Starring** Steve Railsback  
**Location:** Pack Creek Ranch, Onion Creek and Moab City  
 The story centers around John Rourke, ex-CIA officer-turned weapons and survival expert, in the aftermath of a nuclear war. He is noted for his dangerous, chameleon-like portrayals and possessing the scariest-looking pair of eyes in the business. He has mesmerized moviegoers for years with many weird, sometimes warped roles both in films and on television.



The Happy Notes entertained at the Grand Old Ranch House recently, to benefit the Museum of Moab. Pictured here (Left to right), John Hagner on drums, Ginger Clark (piano), Betty Sabo (miracas), Vera Normand (washboard), Buster Townsend (guitar) and Bob Groth (bass tub). Photo: Ruthann Robins.

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John Hagner, Founder of the Hollywood Stuntmen's Hall of Fame in 1973, just appeared in a movie produced by the Mormon Church, entitled, "New Testament - Phase III". His portrayal was that of a Priest. The Hall of Fame will be holding a giant auction on July 26 and 27 at the Santa Monica Airport (Barker Hangar), Santa Monica, Calif. Over 1,000 items of movie/stunt-related artifacts will be auctioned off to raise funds to reopen the Hall of Fame at its home-base, Moab, Utah.

The Hall of Fame is looking forward to honoring stunt people of present day. For more information call 435-260-2160 or write [johnhagner@gmail.com](mailto:johnhagner@gmail.com)

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**SATURDAY 7/20**  
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 2:00PM Little Shop of Horrors  
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# MUSEUM HAPPENINGS

## Hands On at the Museum of Moab

If you haven't been to the Museum of Moab in a while you should stop by. We're bringing the Museum to life through interactive new exhibits and interactive areas that invite you to reach out and touch history. While the principle mission of the Museum of Moab is to preserve and protect the objects and histories of the Moab area we've wanted to make it possible for visitors to get their hands on history. The Museum's hands-on handprint tells visitors where they can try their hand at ancient crafts, see how ultraviolet light interacts with florescent rocks, play our 1900s player piano and many other ways to get in touch with your history.

It's not just the exhibits that are bringing history to life, every month the Museum has been hosting special History Lectures featuring the stories of peoples and places that surround our community. We also reach out to school groups, classes, and students through our education programs which aim to give kids a big city museum experience without having to take them across the country.

Finally the Museum of Moab is always updating our exhibits and bringing in new and exciting temporary exhibits from across the country. We've been working hard to make our museum come to life and to share that history with Moab.

Every Monday is free Museum day with free for kids and adults. Children under 17 are always free at the Museum. The Museum of Moab also offers a museum membership program which gives free admission not only to the Museum of Moab but also to the Price Prehistoric Museum and discounted admission to the Fruita and Grand Junction Museums. Our goal is to make education and history fun in order to bring the past to you in an entertaining way. We invite you to come on down to the Museum of Moab and see how we're telling Moab's story every day.



www.museumofmoab.org

The Museum of Moab is located at 118 E Center Street and is open Monday through Friday from 10-5PM and Saturday from Noon-5PM.

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VISIT OUR WEBSITE  
WWW.MOABMUSEUM.  
ORG/ICECREAM

## Edge of the Cedars State Park Museum

Blanding, Utah -- The new photography exhibit "Upper Sand Island Rock Art: A Human Continuum" uses photographs of a rock art site on the San Juan River in Utah to render scale drawings of the images. The presentation shows the steps involved in that documentation process and the final results, after much editing. The Upper Sand Island site has ancient images of animals, anthropomorphs, and geometric and abstract figures extending for several hundred yards along the vertical sandstone cliffs. Given the difficult access, the site was not scientifically investigated until recently. 435-678-2288. <http://stateparks.utah.gov/node/3091> (Trough December 31, 2013)



# San Juan County, Utah Utah's Canyon Country!



### Butler Wash Petroglyph Panel



Photo: Jaquin Salazar



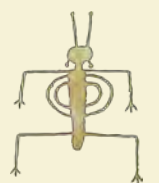
Edge of the Cedars State Park

Photo: oculusmedia.com

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- July 4: Independence Day Celebration and Opening of a new wing at the Dinosaur Museum - Blanding
- July 26: Hideout Shootout - Golf Tournament - Monticello
- July 27: Pioneer Day & Antique Tractor Pull - Monticello
- July 27-28: Hideout Amateur Golf Tournament - Monticello
- Aug. 2-10: San Juan County Fair - Monticello
- Sept. 10-15: Utah Navajo Fair - Bluff
- Sept. 12-14: San Juan ATV Safari - Monticello
- Oct. 3-10: Amelia Blanding Davey Celebration
- Oct. 17-20: Bluff Arts Festival - Bluff



www.utahscanyoncountry.com



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# MOAB TOURISM CENTER

## Treat Yourself to an Unforgettable Scenic Jeep Adventure!

By Shon Walter at the Moab Tourism Center

The grandeur of Moab is something you must see to believe, and charting your own journey deep into Moab's magnificent backcountry is the perfect way to experience some of the planet's most jaw-dropping scenery.

Driving along Moab's scenic byways immerses you in fascinating wilderness and surrounds you with irresistible beauty. One route in particular offers something for everyone in your group miles and miles of spectacularly scenic trails winding down precipitous switchbacks, through remote desert landscapes, and past countless red rock formations.

This route also treats you to stunning glimpses of the mighty Colorado River, deep canyon bottoms, dinosaur tracks, ancient rock art and local wildlife. Yet, your toughest challenge on this easy scenic route is keeping your eyes on the road during the five to six-hour journey.

To catch all these incredible sights and truly savor Moab's tranquility, drive north on HWY 191 and take the turn off for Potash Road/HWY 279 on your left about one mile past the bridge.

Wind along Potash Road/HWY 279 as it runs past the Colorado River and through the famous "Wall Street" area a favorite spot for rock climbing. Be sure to watch for petroglyphs (ancient Native American rock art dating back thousands of years) along the south-facing cliffs in the canyon walls.

Continue along Potash Road/HWY 279 to Shafer Trail an old cattle trail constructed by John Shafer in 1917. When the search for ore and uranium became popular in the 1950s, miners turned the old Shafer cattle trail into a truck route to move ore mined from the White Rim area out toward Moab. On this part of the journey, you'll join a long history of drivers who carefully traversed the same hairpin curves to the top of the plateau.

Shafer Trail also takes you past one of the most iconic scenes in movie history, where BFFs Thelma and Louise plunged their 1966 Thunderbird right off the cliff. So, keep your eyes peeled for "Thelma and Louise Point."

Eventually, Shafer Trail meets White Rim Trail. Turn left onto White Rim Trail, which takes you into the lower plateaus of the Colorado River and alongside numerous spur trails and vistas. Approximately two miles down White Rim Trail you'll discover "Musselman Arch."

Technically, Musselman Arch is a bridge (known as "Little Bridge" in the past) that was named in honor of a local resident who is well known for exploring the area around it. At 5 feet thick, 6 feet wide, 187 feet long and 300 feet down, Musselman Arch is a true gem!

After conquering Musselman Arch, back track on White Rim Trail to HWY 313. Take HWY 313 to Dead Horse Point State Park, where you can stop and look back upon a panoramic view of your journey thus far. Be sure to allow ample time for staring, leering and gawking.

From there, take Long Canyon Trail or "Pucker Pass" as it's more popularly known back to Potash Road/HWY 279. This trail leaves Dead Horse Point and travels across Big Flat until it reaches the top of Long Canyon. It then drops steeply into a narrow, sandstone-walled canyon and takes you directly underneath a huge boulder

that fell off the canyon and wedged itself into a one-of-a-kind passageway for adventurous souls.

This remarkable journey through Moab's stunningly beautiful landscape is the experience of a lifetime. Make your experience even more enjoyable in a ruggedly capable and comfortable 2013 Jeep® rental from Moab Tourism Center, where every Jeep® rental



includes complimentary satellite radio, a cooler stocked with ice, local maps, helpful hints and tried-and-true tips for designing the perfect journey. Look for our \$20 OFF Jeep Rental Coupon located inside the Moab Happenings. At this low price, it is Moab's Best Deal! You will find the Moab Tourism Center at 471 South Main Street, just south of the City Market grocery store. If you have any questions at all, please do not hesitate to give us a call at (435)259-5626.



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# NIGHTS & DAYS HAPPENINGS

## 50 years of Nights and Days

Anyone who's 50 or older will tell you, time flies by in a blink of an eye. Now try to imagine what it's like for a business to be around for 50 years. Astonishment, pride, and happy nostalgia are just a few things the members of Canyonlands By Night & Day are feeling. The business began in 1963 with one tour and has since grown to a multi-faceted family business located on the bank of the Colorado River. Canyonlands By Night & Day offers Jetboat tours on the Colorado River and often sees customers come back years and years later. "It's not rare for people to come into our office and tell us how much things have changed since the last time they visited. Sometimes it's five or ten years ago that they visited and often times they are bringing someone with them to share the experience with because they enjoyed it so many years ago," shares Mary Adair, a customer service specialist at Canyonlands By Night & Day.

Canyonlands By Night & Day had humble beginnings where guests were told to meet at the river at a certain time, and then would climb down the bank of the river and hop into the boat. Then the guide would collect everyone's money and the tour would begin. Present day brings a variety of water, land and air tours, a beautiful complex next to the river with a private dock where boats depart from and return to, and a huge dining facility. "Many of the evening boat tours now include the option of having a delicious Dutch Oven Dinner served with them. We serve many people each evening and we're highly complimented on our food and service," said Jeromy Williams, Dining Room Manager. "We have some of the best staff and we try to treat every person who comes through our doors like family and from what guests tell us, they feel like they are."

In recent years Canyonlands By Night has been honored with the "Best Boat Tours in Utah" award and 2013 brought the notoriety of being named one of the American Bus Associations Top 100 Events in North America. "It's a great honor for us! We are so pleased to have been around for 50 years and this award brings great tribute to



us," said Rachel Paxman, Group Sales Manager. "One of the reasons we've been able to grow for 50 years is our customer service. We make sure people have a great time and they tell their family, friends and it has a multiplying affect." Canyonlands By Night has created new tours in order to supply the demand for boat tours. "We have a new tour called the unWine'd & Dine, which offers guest two drinks on board the boat while we have wonderful local talent entertaining them on board," said Paxman. "It's been a real hit!"

"We are so happy we've been part of the Moab Community for 50 years. To have seen the changes in the Moab area and to have grown along with those changes is amazing," said Preston Paxman, CEO of Canyonlands By Night. "We have so many community members that have come and worked here during the past 50 years that we consider our 'Canyonlands By Night family' to be very big and we are extremely fortunate. If we didn't have the

wonderful people of Moab helping to show guests our amazing area, then we wouldn't be where we are today."

"The best way to escape the heat is to get out on the water," said Norm Moore, Light Truck Driver. "It's cooler and a great way to see the area without having to do any of the driving yourself."

Canyonlands By Night & Day is delighted to share its fiftieth birthday in the smiles, discovery and laughter of our guests as we share the wonders of our backyard. Join us as we celebrate the beauty of the desert and make unforgettable family memories.

Canyonlands By Night & Day is open seven days a week from 7am-10pm and is located two miles North of Moab on the North side of the Colorado River Bridge. Call 435-259-5261 for more information or visit [www.canyonlandsbynight.com](http://www.canyonlandsbynight.com).





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# UNIVERSITY HAPPENINGS

## New FLEX Education Program Launches at Utah State University-Moab

### Addresses Students' Increasing Demand for Alternate Course Scheduling

As technology and life converge, USU-Moab is launching its new Flexible Learning Experience (FLEX) providing students with greater flexibility in how and when courses are taken.

"This newly formatted learning experience gives our community and students the opportunity to complete classes on their own schedule," said Steve Hawks Dean of Utah State University-Moab. "Utah State University-Moab is excited to provide quality education that is accessible and convenient for each individuals' personal obligations."

FLEX will offer students two types of courses: 1) Open Entry/Open Exit – courses allowing students

to enroll at any time during the calendar year and complete the course at their own pace. These courses must be completed within a limited time period, but can be completed quicker if a student accelerates his or her studies, 2) Condensed Term – courses with intensive studies that are completed within a 4- or 7-week term.

"These are the same quality courses that fulfill the same requirements as any course taken in a traditional learning format at any of USU's campuses," said Hawks. "These courses have been designed to give students an optimum learning experience in a compressed term or open entry/open exit format."

FLEX is ideal for students wishing to take courses outside of traditional semester start and end dates, those trying to accelerate their degree completion, and those balancing a complex life-workschool schedule. Another benefit of the program is that it will alleviate enrollment bottle-necks in general education and popular courses with large numbers of students.

While a few four-week courses are being offered in May during the Summer semester, the Online Flexible Learning Program fully launches Fall semester with over 30 courses offered. An overview of courses can be found at: [online.usu.edu/flex](http://online.usu.edu/flex). For more information about degree options at Utah Sate University, please visit: [moab.usu.edu](http://moab.usu.edu)

## Canyonlands Field Institute, Connecting People & Nature.

The geologic history surrounding Moab is evident to all those that visit the area, whether seen during a visit to Arches National Park, or just a drive down spectacular River Road. For those who look a little closer at the geologic formations, the cultural history surrounding Moab also becomes quite obvious as the ancient engravings left behind on the rock surfaces begin to stand out against the dark desert varnish.

Canyonlands Field Institute (CFI) offers you the opportunity to explore both the cultural history and the geology of Moab through two half day tours, Moab's Ancient Past Rock Art Tour and Sunset Tour of Arches National Park with a CFI Naturalist-Guide. CFI is a non-profit focused on outdoor education since 1984. The proceeds from the half day tours go towards underwriting the cost of CFI's school and youth



environmental education programs. Both of these half day tours try to give participants an overview of life on the Colorado Plateau, while offering you a chance to support a unique education opportunity for youth.

Moab's Ancient Past Rock Art Tour takes you around the Moab area, visiting an interesting mix of well-known popular petroglyphs, as well as a few off the beaten track. Not only will you be assured of finding the rock art, but you will learn about the people that took the time and effort to create these engravings. Come enjoy the adventure of interpreting this form of communication in the natural setting in which it was created!

During the Sunset Tour of Arches National Park visit overlooks, geologic formations, and the arches that you have seen in photographs. See the way the light plays off the different rock formations



and try your hand at photographs of your own, or just enjoy the wonder of the landscape.

The Rock Art Tour is offered at 8:30 a.m. to 12:30 p.m. and the Arches Tour is offered at 4 p.m. to 8 p.m., every Friday, Saturday, and Sunday. Relax and enjoy the views that nature and time have created, while a CFI Naturalist guides you to their favorite spots, all the while sharing area history, geology, plants and animals, and care of America's Parks and Public Lands. The tours can be modified for the group's ability and interest.



CFI's season runs May to October. To learn more about the half day tours, or other programs CFI offers, call 800-860-5262, visit [www.cfimoab.org](http://www.cfimoab.org), or stop by CFI's office, located south of town at 1320 South Highway 191, and be sure to mention you read about it in Moab Happenings.

# MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539 .....	259-6396	Moab Duplicate Bridge Club (Gail Darcey) .....	259-1733
Alcoholics Anonymous/Alanon .....	259-7556	Moab Friends For Wheelin' (Jeff Stevens) .....	259-6119
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Garden Club (Tricia Scott).....	259-6342
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke) .....	259-4525
Arches Adult Education (Trish Hedin) .....	259-2293	Moab Horse Racing Association (Chuck Henderson) .....	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried).....	260-9252
BEACON (Stephanie Dahlstrom).....	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Bikers Against Child Abuse (B.A.C.A.) .....	210-4421	Moab Masonic Lodge #30 .....	www.moabmasons.org ... 260-9169
Boy Scouts of America (Kent Dalton) .....	259-6521	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Field Institute (Karla Vander Zanden) .....	259-7750	Moab Poets & Writers (Marcia Hafner) .....	259-6197
Canyonlands Film Society (Becky Thomas) .....	259-2286	Moab Rock Club (Jerry Hansen).....	259-3393
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Colorado Outward Bound School – Moab basecamp (Chris Benson) .....	435-259-5355	Moab Rotary April Action Car Show .....	260-1948
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Roller Derby(Jessica O'Leary).....	575-635-3898
Canyonlands Wildlife Federation (Dave Bierschied).....	259-8217	Moab Ropers Club (Terry Lance) .....	259-9972
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Solutions (Sara Melnicoff).....	www.moab-solutions.org ... 259-0910
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Taiko (Stephanie Dahlstrom) .....	259-2264
Delicate Stitchers Quilt Guild (Shauna Dickerson) .....	259-0906	Moab Teen Center-Club Red .....	259-9991
Elks Lodge #2021 (Dan Stott) .....	259-7334	Moab Trails Alliance (Kimberly Schappert) .....	260-8197
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Valley Multicultural Center (Zaida Agreda or Leticia Bentley) .....	259-5444
Friends of Arches and Canyonlands Parks (Joette Langianese).....	259-0108	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Canyonlands Health Care (Tom Edwards) .....	260-1504	Order of the Eastern Star (Fran Townsend).....	259-6469
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Parent Teacher Association (Tiffany Saunders).....	259-5830
Friends of the Grand County Library (Adrea Lund) .....	259-1111	PleinAir Moab (Sandi Snead).....	435-686-2545
Grand County Public Library .....	259-5421	Plateau Restoration/Conservation Adventures (Tamsin McCormick) .....	259-7733
Girl Scouts of The U.S.A. (Cynthia Williams) .....	259-6683	Red Rock Astronomers.....	259-4743
Grand Area Mentoring (Dan McNeil).....	260-9645	Red Rock Forests .....	259-5640
Grand County Democratic Party (Mike Binyon) .....	259-1633	Red Rock 4-Wheelers (Ron Brewer).....	259-7625
Grand County 4-H (Marion Holyoak) .....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis) .....	259-1302
Grand County Extension (Michael Johnson).....	259-7558	Rotary Club (Kyle Bailey).....	259-6879
Grand County Food Bank .....	259-6456	The Salvation Army, Moab Service Extension, (Lenore Beeson).....	435-260-2135
Grand County Hospice (Tracey Harris).....	259-7191	(or Sara Melnicoff).....	259-0910
Grand County Prevent Child Abuse .....	260-1039	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Humane Society of Moab Valley .....	Animal Services 259-4862	Senior Center (Verleen Striblen).....	259-6623
Ladies Golf Club (Chris Corwin).....	259-5344	Sierra Club (Marc Thomas).....	259-3603
La Leche League (Kathy Grossman) .....	hkkgrossman@gmail.com...801-971-3756	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith).....	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion's Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International .....	259-5767
Moab Arts Council (Theresa King) .....	259-2742	Trail Mix Committee (Sandy Freethy).....	259-0253
Moab Arts Festival (Gayle Weyner).....	259-2742	Utah Conservation Corps (Rachel Senft - southern office / Moab) .....	259-0029
Moab Arts & Recreation Center (Laurie Collins) .....	259-6272	Valley Voices (Marian Eason).....	259-6447
Moab Bird Club (Nick Eason).....	259-6447	Veterans of Foreign Wars (Matt Keogh).....	260-9822
Moab Chamber of Commerce (Kammy Wells) .....	259-7814	Young Life Moab .....	260-0285
Moab City Recreation (John Geiger) .....	259-2255	WabiSabi (Jeff Cohen)www.wabisabimoab.org .....	259-3313
Moab Community Dance Band (Miriam Graham) .....	259-8311	Word Watchers (Nancy Kurtz).....	259-0734
Moab Community Theater (Kaki Hunter) .....	259-8378	Youth Garden Project (Delite Primus) .....	259-BEAN (2326)
Moab Country Club (Rob Jones).....	259-6488		

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at Frankie D's Bar and Grill

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

# ASTROLOGY HAPPENINGS

## Your Horoscope for July 2013

By Robert Wells



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

July is a hot bed of activity. From the 1st to the 3rd aspects suggest we all close our pockets, and our mouths as there are forces trying to take our riches and dignity, a lofty combination. The 4th promises to be a great day to be patriotic and BBQ fed. True love is looking for a new home from the 5th to the 9th. Ignore all rumors and gossip from the 13th to the 22nd. The 17th bespeaks of a major breakthrough or new invention, so be ready for the news. There is an enormous artistic energy flow coming into the world on the 19th and 20th. Slowdown and take things easy on the 22nd, remember, safety first, always. Lovers may face giving up illusion for reality on the 26th. We tend to duties and obligations on the 27th. The 30th is a wonderful day for romance and love. Plan a date or activity on this day. Don't take risky moves or chances on the last three days of the month. It's a dangerous time for accidents.

New Moon: 8th, Full Moon: 22  
Holidays: 4th of July.

**June 22 - July 22 Cancer:** Happy Birthday! Your image and bank account could suffer over a tiff on the 2nd or 3rd. Your life is back to normal by the 7th for you, though. You could be the center of attention on the 17th for something you do. Be creative on the 19th. Romance could take on an obligatory nature on the 26th and 27th. The last days of the month are great for promoting a romance. Also, it's a bad time for accidents, so be advised.

**July 23 - Aug. 24 Leo:** You may be fighting powerful sources from behind the scenes in the workplace the first week of July. Don't give in. The July 4th holiday sets the tone for the rest of the week and it looks good to just relax a bit. Romance could just pop out of nowhere on the 7th to the 9th, so heads-up. A property deal could go very well for you on the 17th. Have a party with your friends on the 19th and 20th. Take care of financial obligations on the 26th and 27th, because what flows out on those dates, flows back in on the 28th to the 31st. Be mindful of stomach disorders that could flare-up suddenly on the 30th and 31st.

**Aug. 24 - Sept. 22 Virgo:** Now is the month to imagine your future for the coming year. Don't let your dreams be hijacked on the 1st through the 3rd by controlling powers. From the 4th to the 14th life is very easy and enjoyable. The 17th has good news coming your way regarding business and love. Be creative with your thoughts of the 19th and 20th, as the results could truly surprise you. Re-access your personal appearance on the 26th and 27th for improvements. Friends are your joy for the last few days of July. Just don't get caught up in doing something physically risky on the 30th or 31st.

**Sep. 23 - Oct. 23 Libra:** Efforts you have made are being undermined in the workplace from the 1st to the 3rd. Seek out the source and correct it. The 4th to the 7th is an enjoyable time to take it easy and mellow out. Romance could find you on the 9th and could take you to some fun places by the 17th at which time it could all find a creative manifestation to your liking by the 20th. Tend to matters of health and employment on the 26th and 27th. Your love life could be on display on the 28th to the end of the month. Don't do anything daring or rash to showoff on the 30th or 31st.

**Oct. 24 - Nov. 22 Scorpio:** Resources, holdings and investments are your thing this month. You pretty much have it all under control you discover on the 3rd. An old flame could blow back into your life on the 7th. Hold your tongue on the 8th. Realty is a buzz-kill for romance on the 11th and 12th. Keep your mind on matters of employment from the 17th to the 19th. Take pride in your accomplishments during the last week of the month go out and do something you have long wanted. On the last day of the month someone may be itching to read you the riot act just for they're enjoyment. Be forewarned.

**Nov. 23 - Dec. 21 Sagittarius:** You may need to focus on balancing the checkbook to chase out some problems on the 1st to the 3rd. From the 4th to the 9th you could find yourself working on a church social project. From the 17th to the 20th you could invent the next new mousetrap. Tend to matters regarding your career on the 26th and 27th. From the 28th to the 31st matters regarding your career again come into the light and you gain something in the matter. Don't do anything physically risky on the 30th and 31st.

**Dec. 22 - Jan. 20 Capricorn:** There may be friction between you and your spouse or partners in your life from the 1st to the 3rd. However, starting the 4th and running to the 9th surprises could find you and reward you for past deeds. You can put a partnership together on the 17th to the 20th that could bring major profits to all involved. If you have a church function to attend on the 26th or 27th don't pass it up. A new romance could be waiting for you there. The last few days of July are pretty mellow, however, I would say not to put life and limb at risk on the 30th or 31st. Safety First!

**Jan. 21 - Feb. 18 Aquarius:** Careful with others in the workplace who may be gunning for a reason to call an attorney from the 1st to the 3rd. From the 3rd to 9th you welcome a respite from the hectic pace you have been keeping for the last two weeks. Try to turn any idea you have into something real from the 17th to the 20th. Use the 26th and 27th to get to the bottom of financial issues and clear the decks of any unfinished business. From that point the last three days are pretty smooth if you don't press your luck by inviting an accident. Be careful.

**Feb. 19 - Mar. 20 Pisces:** A lover or a child could really test your patience during the first three days of July. After, from the 4th to the 9th, everything settles out and you can have a good time. From the 17th to the 20th you may come up with a really good idea and you should do what you can to make it happen. Be honest and above board with spouse or partners on the 26th and 27th. From the 28th, the end of July is great for romance. Be careful on the last two days of the month and don't do anything to put yourself at physical risk.

**Mar. 21 - Apr. 20 Aries:** You may find you are faced with out-of-the-blue home repairs the first three days of July. From the 4th to the 9th the party rolls along. You could make a new friend at this time, too. You get creative and inventive from the 17th to the 20th. Clever you. You could find yourself helping someone from your past on the 26th or 27th. Dig right in and get the job done. The last few days are good for business and money. Also, be very careful to avoid accidents on the 30th and 31st.

**Apr. 21 - May 21 Taurus:** Don't be the one promoting rumor or gossip during the first three days of the month. Keep all you say as honest and frank as you can. The 4th to the 9th are under very nice aspects for an extended weekend, if you can swing it. The 17th to the 29th is your chance to show the world how creative and handy you are. Dust off those power tools and get started. A romance or a child requires your attention of the 26th and 27th. From the 28th until the end of July the aspects are very nice for you. Just be careful about any accidents on the 30th and 31st.

**May 22 - June 21 Gemini:** Your finances require your focused attention during the first three days of July. Be ready to face some hard decisions about your cash. From the 4th to 9th everything mellows out and you catch your breath. The 17th to 20th bespeaks of some genius move on your part. Get creative and make it count. Obligations need to be handled on the 26th and 27th. From the 28th to the 31st it's a party again for you. Don't get crazy on the 30th or the 31st or you'll be wearing a Band-Aid. Safety First!

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# HEALTHY HAPPENINGS

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[www.sanjuanhealthservices.org](http://www.sanjuanhealthservices.org)

≈ Blen Freestone is now seeing patients Monday and Wednesday from 9-4 for family practice.  
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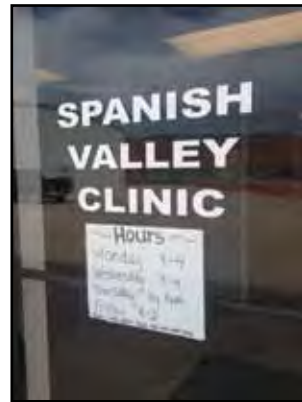
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As medical costs soar affordable healthcare is difficult to find especially in rural areas where resources are limited.

San Juan Health District offers two assistance programs to help cover the cost of healthcare for those in need. First, a sliding-scale program which covers clinic visits and procedures done in the hospital such as labs, imaging and surgery. This program can offset the physician service fee for your visit. The costs of procedures, injections, materials and pathology are not covered under the sliding-scale program.



The second program is called the "Hill-Burton Assistance Program". This program applies to many of your hospital fees however; it does not cover radiologist or pathologist reports. Based on your financial situation, you can get 5-100% of the physician service fee and hospital fees covered by these programs. If you are in the Colorado Indigent Care Program (CICP), you should qualify for these programs but would still need to be enrolled to receive the benefits. To be enrolled, you must complete both program applications and return them to the administration office or any one of the San Juan Health Clinics located in Moab, Monticello or Blanding. The application must be accompanied with: A copy of a 2012 Federal income tax and your last 2 months' pay stubs, disability checks, food stamp eligibility or unemployment information. In addition, you must have a copy of a Medicaid denial or a CICP Card.



If you are uninsured but do not qualify for these assistance programs, you can still receive a 10% discount on your bill by paying in full within 30 days and a 25% discount for residents of San Juan County.

San Juan Hospital is a 25 bed Critical Access Hospital that provides full service care; acute and outpatient services with professional dedicated providers and staff. San Juan Health Service District includes San Juan Hospital, San Juan Clinic, Spanish Valley Clinic

in Moab and Blanding Clinic. Call one of our clinics when you need medical care. Our goal is to help you have a positive experience.

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# PET HAPPENINGS

## The Savage Spirits of Main Street

Some people are lucky enough to work in an environment that they can share with their pets. Savage Spirit at 87 N. Main has a remarkable pack of tiny souls that all have unique stories to tell. Nala, Bug and Pip are the greeters and eye candy for this amazing downtown boutique that features local and regional handcrafted clothing, jewelry and gifts. Owner Cathya Haas and employees Brittany and Meg all bring their dogs to work, and since opening in August 2011 there have been wagging tails to enhance your shopping experience.

Nala a Schnauzer, Yorkie, and Dachshund mix (otherwise known as a schnorkshund) is companion to owner Cathya. Born early 2012 to a loving family that were faced with personal health issues before she was a year old decided to re-home this sweet girl. Cathya found this "gift" in the language of Swahili through her groomer and was smitten from the moment they met. Nala has a social and wild personality. She loves kids and all the mental stimulation that goes with being a professional greeter and window model. Nala takes her job as co-owner very seriously and is not interested in any other doggie visitors; she has her pack of Bug and Pip that have been thoroughly tested and trained to her standards. She is an professional ice breaker with the 30+ local and regional vendors looking to have their work featured in the shop as well as the many customers with an eye for something with color and a bit wild. Nala lives for work, and gets bored if she stays home. All the mental stimulation is a must for this mix breed sweetie, she was a hurricane of kisses during our interview. I felt thoroughly greeted and welcome.

Another addition to the pack is Bug, a sweet and mellow Chihuahua who shares his life with companion Brittany. His life started a little rough coming from a home with too many distractions, he was behind in all the crucial lessons a family dog needed like potty training and crate tolerance. Brittany was used to big dogs, but as a friend offered to foster this little guy until the previous owners were ready to take him back. It wasn't long until this cool cucumber fit right in with Brittany's big dog expectations, taking on camping and even taking river rafting trips with his XXS life-vest! He could also go where all the big dogs couldn't go like on a plane to visit grandma in Texas. This paring was meant to be and Bug has been with Brittany for over 4 years now. From the first day at work, he found his place on the table tucked into bed with his blanket. He pokes a nose out from time to time if he hears a familiar voice to offer a few sweet kisses. He is an excellent balance for Nala, keeping a pretty mellow vibe in the pack (except for the occasional bark and growl at a passing bicycle). Bug grew up with a close pack of neighbor friends, and still takes a break after a few days at work to hang with the neighborhood gang. What a sweet little wagging tail!

Rounding out the Savage Spirit pack is Pip

the toy poodle that tips the scales at a petite 4 lbs. He is nine this year and has come from a tough background. Guardian Meg found this little guy two years ago, while looking for a dog that would be easy to handle already having a Malamute and border collie/cattle dog mix. Pip was returned to the original breeder after seven years. He came with a host of problems including the fact he was only a slight 2.5 lbs. Pip has had most of his upper teeth removed and has recently had surgery for oral and nasal problems that come with a lifetime of neglect. These little dogs often have chronic problems with their teeth and without regular oral care they can become very serious. Despite having a history of cantankerous behavior from Pip when they met, there is a very gentle and sweet bond between guardian and canine. Meg has addressed all of his health issues and Pip is now a well-adjusted, happy little peach colored bundle of fluff. Quite the little character with an unusual bark and a commonly noticed little piece tongue hanging out, Pip is a great pack member at home and at work. Lucky and grateful he appreciates all the fun of hiking and being a dog when he is not at work, but his favorite place is being snuggled by his mom no matter where he is.

Another recently passed part of the Savage Spirit pack is Athena, a tiny toy poodle that was companion to Cathya and Jim. Athena's passing is being discussed because it was something of a tragedy. Jim had recently been sick and unexpectedly passed away. Cathya and Athena were there for each other, but that was soon to change. Jim and Cathya found Athena two years earlier while searching for a companion to travel with during their many journeys to jewelry shows. She was full of spunk, and was quite the little clown and charmer. She travelled everywhere with them, and the bond was close. During an evening cleaning session Cathya left a hall closet open for a few moments and Athena got into rat poison without Cathya witnessing it. It's the 6th most common thing to poison your dog according to the American Veterinarian Association, rodenticide is a tough killer and the battle is against the clock. The next morning Athena had a bright green poop, alarmed they were off to the vet with poop and dog in hand. Athena was diagnosed within 12 hours of ingesting the toxin so she was giving regular doses of vitamin K to help her liver detox, but on the 10th day of treatment she was unable to fight the poison any longer and she was gone. This story is included in

our cover of the Savage Spirits of Main Street to serve as a warning that you can protect your dog and children from products like these by keeping it locked up or by finding safer alternatives. Animals are naturally curious and rodenticide is designed to be delicious so it will be eaten. You can't keep everything from



Nala & Cathya



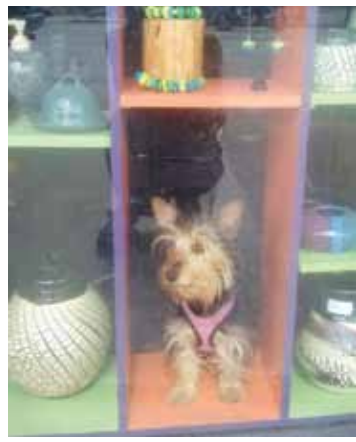
Athena



Bug



Pip

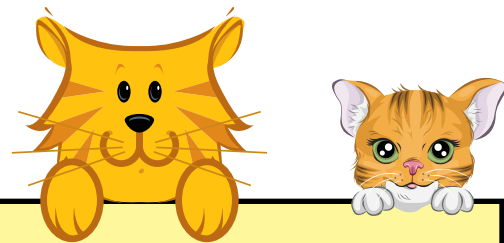


Nala

by Jessica Turquette, co-owner of the Moab BARKery

everyone, but this serves as a good lesson to be cautious with products like this. Athena will be missed greatly, but Nala is truly the gift her namesake has provided and she keeps the owner, pack members, employees and customers of Savage Spirit full of joy.

Whether you are local or just visiting Moab, don't pass up the opportunity to see the beautiful work and happy faces at Savage Spirit. Nala, Pip and Bug are a never ending source of joy for all the visitor and employees alike, it was a joy to interview and get to know this happy pack!



### Humane Society of Moab Valley

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#### June 2013 Events

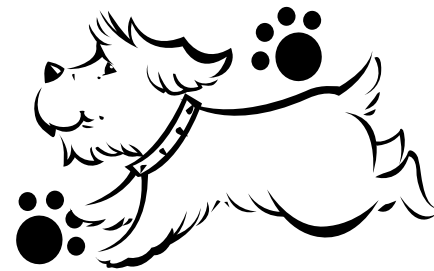
- July 6 - Cat Adoption Day at the Moab BARKery from 11am - 1pm
- July 13 - Dog Adoption Day at City Market from 10am -12pm
- July 20 - Cat Adoption Day at the Moab BARKery from 11am - 1pm
- July 27 - Dog Adoption Day at City Market from 10am -12pm

Be sure to check out our website, www.moabpets.org for other ways you can support the HSMV.



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•	•	•	10	11	12	13
•	•	•	17	18	19	20
•	•	•	24	25	26	27
•	•	•	31	1	2	3
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