



**RAGE**  
FITNESS®

ragefitness.com

## THE RAGE® STORY

RAGE® Fitness is a proud USA-based designer, manufacturer and distributor of functional fitness equipment and apparel for the enthusiast consumer. Our commitment to improving quality of life through athletic equipment is realized everyday with the sale of high-quality products as well as our involvement in supporting diverse athletic events nationwide. We are centrally located in Denver, Colorado which allows for faster delivery and lower shipping costs. Contact us at 877-660-7243 to learn more about our products and packages.

## ORDERING INFORMATION

### ACCEPTANCE OF ORDERS

All orders and contracts are subject to acceptance by RAGE® Fitness. RAGE® reserves the right to substitute improved or equal products without notice. It is understood that any installation and/or assembly is the responsibility of the buyer or user. RAGE® Fitness shall not be responsible or liable for personal injury or property damage incurred through the use of our equipment and all other products manufactured or sold by RAGE® Fitness.

### PRICES

Prices are subject to change at any time. Call for product prices and quotations on shipping or visit [ragefitness.com](http://ragefitness.com) for a current price list.

### TERMS

Orders must be accompanied by either a business check, American Express, Master Card, Discover or Visa number, official institutional purchase order, or a confirmation letter written on letterhead stationery and signed by an authorized official. Telephone orders will be accepted contingent on receipt of payment or confirming Purchase Order.

### DAMAGE IN TRANSIT

Please inspect all items immediately upon receipt. Note any damage or shortage on the delivery receipt prior to accepting the shipment. Contact the carrier immediately to request an inspection and to receive instructions about filing claim. If further clarification is needed contact RAGE® Fitness at our toll-free number 877-660-7243.

### RETURNED GOODS

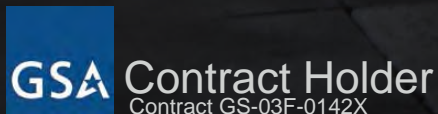
No returned goods will be accepted unless authorized by RAGE® Fitness. All freight charges are the responsibility of the purchaser. A 20% restocking charge will be assessed on all returned goods. Grips and shoes may be returned within 30 days if they are unused and in their original packaging.

### SHIPPING AND HANDLING

RAGE® primarily ships via UPS. Please call for a quotation on all shipping and handling so that we may meet your schedule and requirements. We will need your shipping address for all quotations.

### GUARANTEE

RAGE® Equipment (with the exception of grips and shoes) is guaranteed for a period of one year from date of invoice against faulty manufacturing or defects in material. The seller's sole obligation under this warranty shall be repair or, at its option, replace at its expense any defective part or parts. Material claimed defective must be returned to RAGE® for examination, if requested. Damage caused by extreme usage will not be covered as it does not constitute defective material or faulty workmanship.



## PINK RIBBON RAGE®

### 04. STRENGTH & CONDITIONING PRODUCTS

## RAGE® CAGE

06. 2" RAGE® PRIMAL CAGE™  
10. 3" RAGE® ASSAULT CAGE™

08. 2" X 3" RAGE® ONSLAUGHT CAGE™  
12. CAGE ACCESSORIES

## STRENGTH & CONDITIONING

14. PULL-UP BARS & DUMBBELLS  
16. BARBELLS  
19. PLATES, BENCHES & RACKS  
21. LIFTING ATTACHMENTS & BANDS  
23. SLAM BALLS & C2 ROWERS  
25. PLYO BOXES  
27. CLIMBING ROPES  
29. PUSH SLEDS & PULL SLEDS  
31. LIFTING ACCESSORIES

15. KETTLEBELLS  
18. BUMPERS  
20. LIFTING PLATFORM & JERK BOX  
22. MEDICINE BALLS  
24. SPEED ROPES  
26. CONDITIONING ROPES  
28. GHDS, SAND BAGS & WEIGHT VESTS  
30. STRONGMAN

## GYMNASTICS

32. RINGS  
34. MOUNTING HARDWARE

33. RINGS & STRAPS  
35. PARALLETES

## MATS & FLOORING

36. MATS

## STORAGE

38. BUMPER STANDS

39. BARBELL HOLDERS & RACKS

## MOBILITY & TRAINING AIDS

40. CHALK  
43. PULL-UP ASSIST, ABMAT, CLOCKS

41. MOBILITY/THERAPY EQUIPMENT

## APPAREL

44. FITNESS GEAR

## KIDS

48. JUNIOR EQUIPMENT

## PACKAGES

50. ASSORTED PACKAGES

Our Pink Ribbon RAGE® products are made to inspire women and men to lead healthy lifestyles and join in the fight against Breast Cancer. A portion of every Pink Ribbon RAGE® purchase will be donated to fund cancer research.



**RAGE® KETTLEBELL**

Improve your conditioning, speed and power. The strong steel handle is polished with a flawless finish for smooth handling and easy gripping. Easy to grip handle has a diameter of 1 1/4". Precisely balanced for the ultimate stability during tough workouts. Import.

CF-KB008/P 8 kg \$65.00



**RAGE® R2 TRAINING ROPE**

This rope features an adjustable cord that allows you to customize your rope for your height. Our patented speed-bearing handle provides less friction and precise movements. Made in the USA.

CF-R200P/S \$24.99

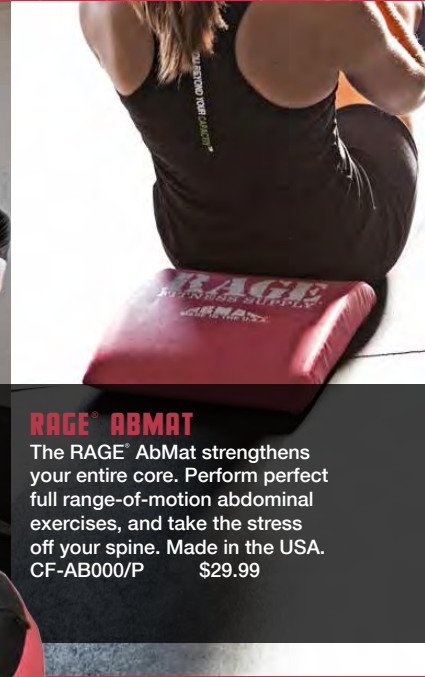


14 LB MEDICINE BALL

**RAGE® MEDICINE BALL**

RAGE® Medicine Balls are essential products for any strength and conditioning program. Made with heavy-duty 18 oz vinyl and a standard diameter of 14". RAGE® Medicine Balls are 100% hand crafted using recycled materials in Denver, CO. We are extremely proud to offer one of the highest quality medicine balls on the market. Made in the USA.

CF-MB014/P 14 lb \$89.99  
CF-MB020/P 20 lb \$99.99



**RAGE® ABMAT**

The RAGE® AbMat strengthens your entire core. Perform perfect full range-of-motion abdominal exercises, and take the stress off your spine. Made in the USA.

CF-AB000/P \$29.99

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**RAGE® SLAM BALL**

The no-bounce heavy-duty rubber shell makes the RAGE® Slam Ball perfect for intense slamming and throwing routines. Strengthen your core, improve your conditioning, and increase your explosive power with one piece of equipment. Import. **COMING SOON, FALL 2014.**

CF-SB306/P 6 lb \$29.99  
CF-SB308/P 8 lb \$34.99  
CF-SB310/P 10 lb \$39.99  
CF-SB315/P 15 lb \$44.99  
CF-SB320/P 20 lb \$54.99



**RAGE® WOOD RINGS**

Multi-laminated hardwood rings meet the international gymnastics standards of 1.1" and are the preferred choice of elite athletes all over the world. Sold as a pair. Made in the USA.

CF-RN501/P \$89.99/pair



**RAGE® PRO BUMPER**

Constructed with a superior rubber formula and steel insert design for ultimate strength and durability. Collar inserts are bonded to the rubber, preventing collars from shifting. Detailed quality checks provide the highest grade bumper. Import. **COMING SOON, FALL 2014.**

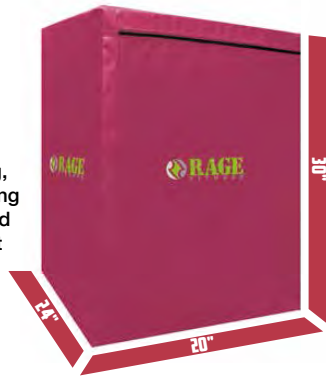
CF-WT810/P 10 lb \$24.99  
CF-WT815/P 15 lb \$34.99  
CF-WT825/P 25 lb \$49.99  
CF-WT835/P 35 lb \$64.99  
CF-WT845/P 45 lb \$79.99

20 LB MEDICINE BALL

**RAGE® SOFT PLYO CUBE**

Constructed with 18 oz vinyl and a dense inner foam. This cube provides a firm cushioned landing, while protecting joints and reducing injuries. The cube has 20", 24" and 30" sides to enable diverse height options. Made in the USA.

CF-PBP30/V \$449.00



**RAGE® TITAN BARBELL™**

Made to withstand the abuse of repetitive, fast-paced workouts for Olympic weight lifting and power lifting. Constructed with a bright zinc shaft, steel rated at 155k PSI to provide the perfect mix of flexibility and rigidity. Made in the USA.

CF-BAR26/P Men's (7' long, weighing 44 lb, 28 mm dia. bar) \$349.00  
CF-BAR27/P Women's (6.5' long, weighing 33 lb, 25 mm dia. bar) \$329.00



**RAGE® STRONG IS AMAZING T-SHIRT & TANK TOP**

Flex your strength proudly and be a part of the solution by supporting Breast Cancer awareness in the #Strong is Amazing men's t-shirt and women's tank top.

Men's Sizes: S, M, L, XL  
Women's Sizes: S, M, L, XL  
CF-TS05M Grey T-Shirt \$29.99  
CF-TT03W Pink Tank Top \$25.99



**RAGE® LEATHER HAND GRIPS**

Great training aid that allows you to train harder without ripping or tearing hands. Great for kettlebells and pull-up bars. Sold as a pair. Made in the USA.

GR-3910X/P X-SMALL \$19.99/pair  
GR-3910A/P SMALL \$19.99/pair  
GR-3910B/P MEDIUM \$19.99/pair  
GR-3910C/P LARGE \$19.99/pair  
GR-3910D/P X-LARGE \$19.99/pair





2" x 2" RAGE® PRIMAL CAGE™  
(pictured)

2" x 3" RAGE® ONSLAUGHT CAGE™

3" x 3" RAGE® ASSAULT CAGE™

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The RAGE® Cage is built tough to withstand any brutal workout. It is the most essential multi-functional structure you need to adequately equip your gym.

TOP SELLER

**2" RAGE® PRIMAL CAGE™**

- Made with heavy duty 2" x 2" - 11 gauge steel
- Floor and wall mounted; 10', 14', 20', 24'
- Black powder coated uprights and crossbeams
- 9½' uprights with 3" hole pattern from 2' to 6' to allow for rack pulls, bench press, squats, and other rack movements
- Pull-Up Bars are constructed with 1" ID schedule 40 pipe, and zinc-plated to provide ultimate gripping and prevent palm abrasions and tears.
- Pull-Up Bars - 6' sections allow for 2 people per bar and the 42" section (inside to inside) allows for one pull-up spot plus a barbell rack
- Pull-Up Bars have adjustable heights: 7', 7½', 8' and 8½'
- Made in the USA



CUSTOMIZED CAGE  
PACKAGES AVAILABLE



ACCESSORIES NOT INCLUDED



4' Add On



6' Add On



10' Unit



14' Unit



20' Unit



24' Unit

**2" RAGE® PRIMAL CAGE™ - FLOOR MOUNTED UNITS**

CF-RC013	4' Add On - includes J Cups (not pictured)	\$630.00
CF-RC012	6' Add On - accessories not included	\$585.00
CF-RC001	10' Unit	\$1,575.00
CF-RC002	14' Unit	\$2,199.00
CF-RC003	20' Unit	\$2,625.00
CF-RC004	24' Unit	\$3,050.00



4' Add On



6' Add On



10' Unit



14' Unit



20' Unit



24' Unit

**2" RAGE® PRIMAL CAGE™ - WALL MOUNTED UNITS**

CF-RC011	4' Add On - includes J Cups (not pictured)	\$405.00
CF-RC010	6' Add On - accessories not included	\$382.00
CF-RC006	10' Unit	\$1,060.00
CF-RC007	14' Unit	\$1,440.00
CF-RC008	20' Unit	\$1,725.00
CF-RC009	24' Unit	\$1,980.00



2" x 2" RAGE® PRIMAL CAGE™  
2" x 3" RAGE® ONSLAUGHT CAGE™ (pictured)  
3" x 3" RAGE® ASSAULT CAGE™

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**i** CUSTOMIZED CAGE PACKAGES AVAILABLE

**2" X 3" RAGE® ONSLAUGHT CAGE™**

- Made with heavy duty 2" x 3" - 11 gauge steel
- Floor and wall mounted; 10', 14', 20', 24'
- Pull-Up Bars have adjustable heights: 7', 7½', 8' and 8½'
- Black powder coated on uprights and crossbeams
- Pull-Up Bars - 6' sections allow for 2 people per bar and the 42" section (inside to inside) allows for one pull-up spot plus a barbell rack
- 9½' uprights with 3" hole pattern from 2' to 6' to allow for rack pulls, bench press, squats, and other rack movements
- Pull-Up Bars are constructed with 1" ID schedule 40 pipe, and zinc-plated to provide ultimate gripping and prevent palm abrasions and tears
- Made in the USA



**i** ACCESSORIES NOT INCLUDED



4' Add On



6' Add On



10' Unit



14' Unit



20' Unit



24' Unit

**2" X 3" RAGE® ONSLAUGHT CAGE™ - FLOOR MOUNTED UNITS**

CF-RC032	4' Add On - includes J Cups (not pictured)	\$700.00
CF-RC033	6' Add On - accessories not included	\$650.00
CF-RC028	10' Unit	\$1,750.00
CF-RC029	14' Unit	\$2,425.00
CF-RC030	20' Unit	\$2,900.00
CF-RC031	24' Unit	\$3,400.00



4' Add On



6' Add On



10' Unit



14' Unit



20' Unit



24' Unit

**2" X 3" RAGE® ONSLAUGHT CAGE™ - WALL MOUNTED UNITS**

CF-RC039	4' Add On - includes J Cups (not pictured)	\$500.00
CF-RC040	6' Add On - accessories not included	\$425.00
CF-RC035	10' Unit	\$1,175.00
CF-RC036	14' Unit	\$1,600.00
CF-RC037	20' Unit	\$1,900.00
CF-RC038	24' Unit	\$2,200.00



2" x 2" RAGE® PRIMAL CAGE™

2" x 3" RAGE® ONSLAUGHT CAGE™

3" x 3" RAGE® ASSAULT CAGE™  
(pictured)

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TOP SELLER

### 3" RAGE® ASSAULT CAGE™

- 10', 14', 20', 24'; floor and wall mounted
- Constructed with heavy duty 3" x 3" - 7 gauge steel
- 9½' uprights with 3" hole pattern from 2' to 6' to allow for rack pulls, bench press, squats, and other rack movements
- Pull-Up Bars - 6' sections allow for 2 people per bar and the 42" section (inside to inside) allows for one pull-up spot plus a barbell rack
- Pull-Up Bars heights adjust to 7', 7½', 8', and 8½'
- Pull-Up Bars are made with 1" ID schedule 40 pipe, zinc-plated for optimal grip that won't shred your hands
- Made in the USA



CUSTOMIZED CAGE  
PACKAGES AVAILABLE



### 3" RAGE® ASSAULT CAGE™ - FLOOR MOUNTED UNITS

CF-RC020	4' Add On - includes J Cups	\$1,100.00
CF-RC019	6' Add On - accessories not included	\$960.00
CF-RC015	10' Unit	\$2,750.00
CF-RC016	14' Unit	\$3,725.00
CF-RC017	20' Unit	\$4,450.00
CF-RC018	24' Unit	\$5,260.00



4' Add On

6' Add On



10' Unit



14' Unit



20' Unit



24' Unit



ACCESSORIES NOT INCLUDED



4' Add On

6' Add On

### 3" RAGE® ASSAULT CAGE™ - WALL MOUNTED UNITS

CF-RC026	4' Add On - includes J Cups	\$795.00
CF-RC027	6' Add On - accessories not included	\$695.00
CF-RC022	10' Unit	\$1,865.00
CF-RC023	14' Unit	\$2,445.00
CF-RC024	20' Unit	\$2,845.00
CF-RC025	24' Unit	\$3,385.00



10' Unit



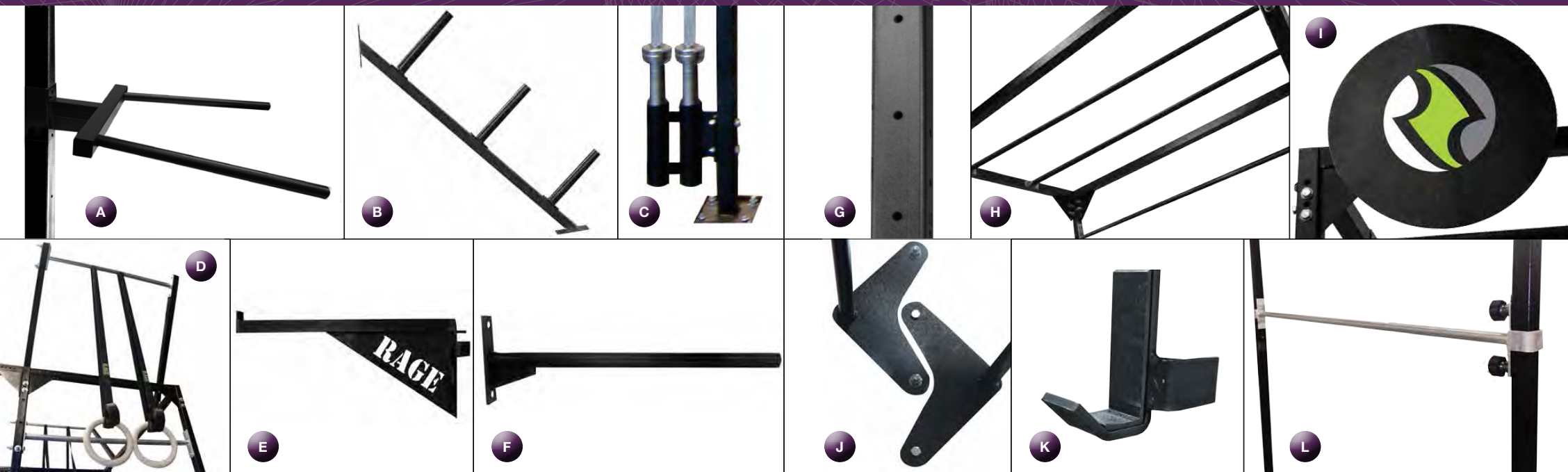
14' Unit



20' Unit



24' Unit



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**A. RAGE® DIP STATION**

This multi-functional piece of equipment attaches to any RAGE® Cage and is height adjustable. An essential piece for working multiple muscle groups; such as pectorals, triceps, shoulders and abdominals. Made in the USA.

CF-RC0DS	2" Cage	\$130.00
CF-RC1DS	2" x 3" Cage	\$130.00
CF-RMCDS	3" Cage	\$140.00

**C. RAGE® DOUBLE BARREL BARBELL HOLDER**

A great attachment for those concerned with space restrictions. This cage add-on keeps your barbells close to your cage. Made in the USA.

CF-RC0BH	Universal	\$60.00
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**E. RAGE® SPOTTER ARMS**

Constructed with 2" – 11g steel and attaches to our RAGE® Cage uprights. Spotter Arms facilitate confidence, increase strength, and improve form. Sold in pairs. Made in the USA.

CF-RC0SA	2" Cage	\$150.00/pair
CF-RC1SA	2" x 3" Cage	\$160.00/pair
CF-RMCSA	3" Cage	\$170.00/pair

**B. RAGE® UNIVERSAL KICK-STAND**

Store your bumpers, and increase rack stability. Made in the USA.

CF-RC0KS	Universal	\$105.00
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**D. RAGE® RING TOWER**

A multi-purpose unit for gymnastic ring workouts, ring push-ups, and pull-ups. Made in the USA.

CF-RC0RT/4	2" & 2" x 3" Cage	\$205.00
CF-RMCRT/4	3" Cage	\$205.00

**F. RAGE® KIDS BAR**

An adjustable bar that is perfect for varying heights to suit the continual progression and development of any child. Holds up to 175 lb. Made in the USA.

CF-RCKPU	Universal	\$55.00
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**G. RAGE® UPRIGHTS**

CF-RC0UR	9½' - 2" Cage	\$189.00
CF-RC1UP	9½' - 2" x 3" Cage	\$210.00
CF-RMCUP/95	9½' - 3" Cage	\$250.00

CF-RC0UR/125	12' - 2" Cage	\$225.00
CF-RC1UP/125	12' - 2" x 3" Cage	\$250.00
CF-RMCUP/125	12' - 3" Cage	\$300.00

**H. RAGE® MONKEY BAR**

Turn any cage into a set of monkey bars. Made with u-brackets that sit on the cross beams and secure with set screws. Sold individually (1 bar).

Made in the USA.

CF-RC0MB	2" Cage	\$80.00
CF-RC1MB	2" x 3" Cage	\$85.00
CF-RMCMB	3" Cage	\$90.00

**I. RAGE® WALL BALL TARGET**

The target is at the center of the 16" disk which is 10' off the floor. Mountable to any of the cross beams on the RAGE® Cage series. Made in the USA.

CF-RC0BT	2" Cage	\$60.00
CF-RC1BT	2" x 3" Cage	\$60.00
CF-RMCBT	3" Cage	\$60.00

**J. RAGE® BOULDER BAR**

Provides the athlete multiple height options and distance away from the RAGE® Cage enabling different types of movements. Made in the USA. *(Patent Pending)*

CF-RMCKB/4	RAGE® Boulder Bar - 4' (1.31" dia.)	\$90.00
CF-RMCKB/6	RAGE® Boulder Bar - 6' (1.31" dia.)	\$140.00
CF-RMCKP/4	RAGE® Boulder Bar - 4' (1.66" dia.)	\$100.00
CF-RMCKP/6	RAGE® Boulder Bar - 6' (1.66" dia.)	\$150.00

**K. RAGE® J CUPS**

Create a squat rack by adding these cups to any cage. The J Cups are lined with UHMW plastic to protect your bars. Sold in pairs. Import.

CF-RC0JC	2" Cage	\$65.00/pair
CF-RC1JC	2" x 3" Cage	\$75.00/pair
CF-RMCJC	3" Cage	\$85.00/pair

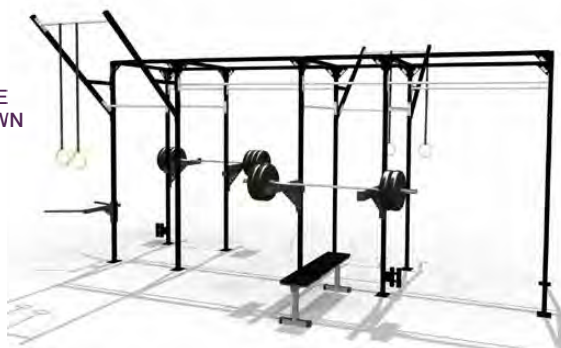
**L. RAGE® ADJUSTABLE PULL-UP BAR**

Constructed with 2 pop-pins that allow for quick release adjustment on the height of the pull-up bar. Made in the USA. *(Patent Pending)*

CF-RC0AP	2" Cage	\$125.00
CF-RC1AP	2" x 3" Cage	\$130.00
CF-RMCAP	3" Cage	\$135.00



INDIVIDUAL COMPONENTS CAN BE PURCHASED TO CREATE YOUR OWN CUSTOM DESIGN.



CHECK OUT THE RAGE® FITNESS APP

- Workout of the Day or Randomizer
- Create, time and track your workouts
- Stay motivated and workout anywhere
- Free Customized Clock

Available now - ragefitness.com





**RAGE® R1 WALL MOUNTED PULL-UP BAR**  
The RAGE® Pull-Up Bar is a must have for any gym or home set-up. Strong, sturdy and versatile, this piece of equipment will enhance all of your workout capabilities. Easily installs into standard studs. Constructed with 14 gauge steel. Dimensions: 30”(h) x 30”(d) x 54”(w). Mounting hardware not included. Made in the USA.  
CF-PU001 \$125.00

**RAGE® R2 WALL MOUNTED PULL-UP BAR**  
This bar is built to endure heavy duty workouts and long term use. Dimensions: 24”(h) x 36”(d) x 52”(w). Mounting hardware not included. Import.  
CF-PU000 \$99.00



**RAGE STUD BAR**  
Gym-quality pull-up bar made from welded 14 gauge steel and thick triangular gussets for added strength. 48” wide. Import.  
CF-STUDB/SM Small Bar (8’ Ceilings) \$139.99  
CF-STUDB/S Standard Bar (9’ Ceilings) \$139.99  
CF-STUDB/L Large Bar (10’ Ceilings) \$139.99

**RAGE® HEX RUBBER DUMBBELL**  
The 6-sided rubber encased dumbbell is perfect for home or commercial gym use. Built with steel chrome knurled handles. Sold individually. Import.

CF-WT402/RD	2.5 lb	\$3.49	CF-WT445/RD	45 lb	\$56.49
CF-WT403/RD	3 lb	\$4.99	CF-WT450/RD	50 lb	\$62.99
CF-WT405/RD	5 lb	\$6.49	CF-WT455/RD	55 lb	\$68.99
CF-WT408/RD	8 lb	\$10.99	CF-WT460/RD	60 lb	\$75.00
CF-WT410/RD	10 lb	\$12.99	CF-WT465/RD	65 lb	\$81.49
CF-WT412/RD	12 lb	\$14.99	CF-WT470/RD	70 lb	\$87.99
CF-WT415/RD	15 lb	\$18.99	CF-WT475/RD	75 lb	\$93.99
CF-WT420/RD	20 lb	\$24.99	CF-WT480/RD	80 lb	\$99.99
CF-WT425/RD	25 lb	\$31.49	CF-WT485/RD	85 lb	\$109.99
CF-WT430/RD	30 lb	\$37.99	CF-WT490/RD	90 lb	\$114.99
CF-WT435/RD	35 lb	\$43.99	CF-WT495/RD	95 lb	\$124.99
CF-WT440/RD	40 lb	\$49.99	CF-WT401/RD	100 lb	\$129.99



**RAGE® COMPETITION KETTLEBELLS**  see pg. 4

Improve your conditioning, speed and power with RAGE® Kettlebells. The steel handle is polished with a flawless finish for smooth handling and maneuvering during your workouts. Increase your workout without changing your movement. Our competition kettlebells all have the same diameter bell and handle size. The superior steel shell construction is precisely balanced for consistent quality. Sold individually. Import.

CF-KB004	4 kg / 8.82 lb	\$49.99	CF-KB028	28 kg / 61.60 lb	\$114.99
CF-KB008	8 kg / 17.60 lb	\$54.99	CF-KB032	32 kg / 70.40 lb	\$134.99
CF-KB012	12 kg / 26.40 lb	\$64.99	CF-KB036	36 kg / 79.20 lb	\$149.99
CF-KB016	16 kg / 35.20 lb	\$79.99	CF-KB040	40 kg / 88.00 lb	\$169.99
CF-KB020	20 kg / 44.00 lb	\$89.99	CF-KB044	44 kg / 96.80 lb	\$209.99
CF-KB024	24 kg / 52.80 lb	\$99.99	CF-KB048	48 kg / 105.60 lb	\$249.99



**RAGE® CAST IRON KETTLEBELLS**

RAGE® Cast Iron Kettlebells are made to increase strength and endurance through compound full body movements. Kettlebells can be used for numerous exercises such as: the snatch, swing, clean and jerk, goblet squat, and Turkish get-up. Made with impeccable quality and perfectly smooth handles to minimize hand fatigue and blistering. Sold individually. Import.

CF-KB010/I	10 lb	\$19.99	CF-KB045/I	45 lb	\$54.99
CF-KB015/I	15 lb	\$24.99	CF-KB050/I	50 lb	\$59.99
CF-KB020/I	20 lb	\$29.99	CF-KB055/I	55 lb	\$64.99
CF-KB025/I	25 lb	\$34.99	CF-KB060/I	60 lb	\$69.99
CF-KB030/I	30 lb	\$39.99	CF-KB070/I	70 lb	\$84.99
CF-KB035/I	35 lb	\$44.99	CF-KB080/I	80 lb	\$89.99
CF-KB040/I	40 lb	\$49.99	CF-KB090/I	90 lb	\$99.99
			CF-KB100/I	100 lb	\$115.99







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**A. RAGE® BEARING TITAN BARBELL™**

see pg. 4

RAGE® brings you innovative new lifting technology. Our bearing technology provides the ultimate consistency and fluidity in rotational spins, and the bar is rated at 155k PSI to ensure peak performance. A medium diamond-plated knurl covers bar to sleeves for a secure grip and smooth even ring indicators for ideal hand placement. Made in the USA (*lifetime limited warranty*).

CF-BAR26	Men's (7' long, 44 lb, 28 mm dia. bar)	\$359.99
CF-BAR27	Women's (6.5' long, 33 lb, 25 mm dia. bar)	\$339.99

**B. RAGE® BUSHING ELEVATION BARBELL™**

Made to withstand the abuse of repetitive, fast-paced workouts, Olympic weight lifting, and power lifting. Constructed with bright zinc shaft steel rated at 155k PSI to provide the ultimate flexibility and rigidity. The medium knurl provides gripping security, but is also a comfortable surface for multiple repetitions. International Weightlifting Federation spaced rings, snap ring design, and heavy duty bushing that delivers unbelievably fast spin with little to no maintenance. Made in the USA (*lifetime limited warranty*).

CF-BAR20	Men's (7' long, 44 lb, 28 mm dia. bar)	\$299.99
CF-BAR80	Women's (6.5' long, 33 lb, 25 mm dia. bar)	\$279.99

**C. RAGE® BUSHING PHOENIX BARBELL™**

Made to withstand the abuse of repetitive, fast paced workouts, Olympic weight lifting, and power lifting. Made with super strong heat-treated steel. The medium knurl is ideal for preserving your hands during multiple repetitions. The sleeves feature a snap ring design with a heavy duty bushing which delivers a smooth, fast consistent spin. Import.

CF-BAR25	Men's (7' long, 44 lb, 28 mm dia. bar)	\$199.99
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**D. RAGE® ELEMENT BARBELL™ (TRAINING)**

These aluminum barbells are a perfect starter bar for teaching beginners the technique of Olympic lifting. They can also be used as a scaled-weight bar for full-throttle workouts. They are durable and spin freely. 300 lb test. Import.

CF-BAR50	Training (6' long, 15 lb, 28 mm dia. bar)	\$119.99
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**RAGE® AXLE (FAT) BAR**

Give your barbell training a new feel with the RAGE® Axle. The bar is 7' long, 48.5 mm in diameter and weighs approximately 25 lb. Please note that standard collars will not work with this bar. RAGE® Strap Collars are required and included. Made in the USA.

CF-WT902	\$279.99
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**TROY BARS**

Troy Olympic Training Bar

CF-WT500	6' length, aluminum, 300 lb test, 15 lb, 28 mm dia.	\$169.99
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Troy Econ Bar

CF-WT503	7' institutional bar, hard chrome with a 32 mm shaft with a snap ring design. 44 lb.	\$169.99
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Troy Olympic Power Bar

CF-WT501	7' length, black oxide, 4" center knurling, 1500 lb test, 44 lb, 28 mm dia.	\$249.99
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Troy Olympic Power Bar

CF-WT502	7' length, black oxide, no center knurling, 1200 lb test, 44 lb, 28 mm dia.	\$209.99
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Troy Texas Power Bar

CF-WT504	7' length, black oxide, 4" deep center knurling, 1500 lb test, 44 lb, 28 mm dia.	\$349.99
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**YORK BARS**

York Men's Needle Bearing Olympic Bar

CF-WT422	7' length, hard chrome, 1500 lb test, 44 lb, & 28 mm with center knurling.	\$329.99
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York Women's Needle Bearing Olympic Bar

CF-WT401	6.5' length, hard chrome, 1500 lb test, 33 lb, & 25 mm without center knurling.	\$299.99
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York International "Ultra-Lite" Training Bar

CF-WT413	6' length, aluminum, 150 lb test, 15 lb, & 28 mm.	\$154.49
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**RAGE® OLYMPIC BUMPER**

The toughest bumper on the market. High quality recycled rubber with a 2" collar and a 17½" standard diameter. The minimal bounce construction, and industrial strength design is far superior to the common rubber bumper. Import.

CF-WT210	10 lb	\$19.99
CF-WT215	15 lb	\$29.99
CF-WT225	25 lb	\$44.99
CF-WT235	35 lb	\$59.99
CF-WT245	45 lb	\$74.99
CF-WT260	Set of 260 lb	\$390.00
CF-WT280	Set of 280 lb	\$415.00
CF-WT113	Set of 1130 lb	\$1,400.00
CF-WT226	Set of 2260 lb	\$2,800.00



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**RAGE® RUBBER OLYMPIC PRO BUMPER**

The RAGE® Rubber Olympic Pro Bumpers is made to last. Constructed with a superior rubber formula and steel insert design for ultimate strength and durability. Collar inserts is bonded to the rubber, preventing collar from shifting. Detailed quality checks provide the highest grade bumper possible. 10 lb bumpers are thicker contributing to a longer lifespan. 45 lb bumpers are thinner allowing more height on the bars. Sold individually. Import. **COMING SOON, FALL 2014.**

CF-WT810	10 lb	\$24.99
CF-WT815	15 lb	\$34.99
CF-WT825	25 lb	\$49.99
CF-WT835	35 lb	\$64.99
CF-WT845	45 lb	\$79.99

**RAGE® COMPETITION RUBBER BUMPER**

These bumpers feature a flawlessly smooth surface and a precision machined collar to fit securely to the bar. Exceptional quality for any athlete or Olympic lifter. Sold individually. Import.

CF-WT225/C	25 lb	\$75.00
CF-WT235/C	35 lb	\$99.00
CF-WT245/C	45 lb	\$115.00
CF-WT255/C	55 lb	\$150.00
CF-WT320/C	Set of 320 lb	\$799.00

**HI-TEMP OLYMPIC RUBBER BUMPER**

Made with recycled rubber and a stainless steel bushing for long life and durability. Ideal for indoor or outdoor use. Standard diameter 17¼" (\*5 lb bumpers diameter is 14¼"). Sold individually. Made in the USA.

CF-WT505	5 lb	\$10.00
CF-WT510	10 lb	\$20.00
CF-WT515	15 lb	\$30.00
CF-WT525	25 lb	\$50.00
CF-WT535	35 lb	\$70.00
CF-WT545	45 lb	\$90.00
CF-WT565	65 lb	\$130.00
CF-WT100	Set of 260 lb	\$450.00
CF-WT101	Set of 280 lb	\$490.00

**RAGE® CAST IRON PLATE**

Each Cast Iron Plate is milled to within 2% +/- of indicated weights. Compatible with 2" Olympic barbells. Sold individually. Import.

CF-WT202/I	2.5 lb	\$3.49
CF-WT205/I	5 lb	\$6.49
CF-WT210/I	10 lb	\$12.99
CF-WT225/I	25 lb	\$31.49
CF-WT245/I	45 lb	\$55.99

**HITECHPLATES**

These weightlifting plates are designed for safe power training and Olympic weightlifting movements. Constructed with a hard plastic compound, and compatible with 2" barbells. Hitechplates have the same diameter as the 17½" bumper plates, and are an ideal choice for beginners as well as elite athletes. Sold in pairs. Made in the USA.

CF-WT305/T	5 lb	\$130.00/pair
CF-WT310/T	10 lb	\$160.00/pair

**RAGE® FLAT BENCH**

The Flat Bench is fabricated with heavy duty 2" 11 gauge steel. Ships flat. Easy to assemble. High-density foam padding, wrapped in 18 oz vinyl. Reinforced double-stitched seams, topped with a powder coated shell makes this one of the most durable benches on the market. Made in the USA.

CF-WT211	\$199.00
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**RAGE® PLATFORM SQUAT RACK**

A highly versatile rack designed for multiple exercises. Great for squats, benches, jerks, presses, and other rack movements. Constructed with sturdy 11 gauge 2" x 2" steel, ideal 3" hole-spacing and the strongest polyethylene thermal plastic J Cups available. Space-saving and portable. 48" x 47" x 72" when assembled. Working load 2,000 lb. Made in the USA.

CF-WT212	\$299.99
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MULTI-USE

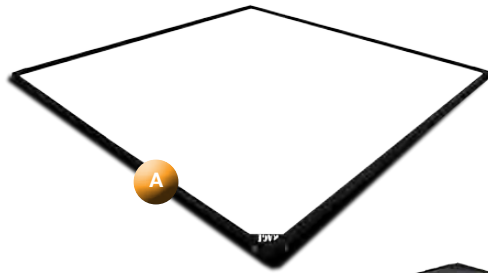
**RAGE® SQUAT RACK WITH PULL-UP BAR**

This versatile unit allows for pull-ups and many lifting movements (such as squat, bench, jerk, press, etc.). The floor space used is 48" x 47" x 112". Equipped with a pull-up bar with two height options, 101" and 94". This unit is not intended for kipping pull-ups unless secured to the ground (manufactured with pre-drilled holes for mounting). The J Cups have a tensile strength of 3,340 lb (each bracket). Total working load 2,000 lb. Max working load for the pull-up bar is 475 lb. Made in the USA.

CF-WT216	\$450.00
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SECURE FIT GUSSETS  
CREATE A STURDY FRAME.



**RAGE® LIFTING PLATFORMS**

RAGE® Lifting Platforms protect your floor from extensive wear and minimize noise. An ideal area designated for executing your strength training exercises. Constructed with a sturdy steel frame, many options available. Made in the USA.

- A. Frame only
- B. Frame and wood
- C. Frame with wood, rubber mats and branded logo

CF-OLP01	R1 (Frame with wood, rubber mats and branded logo)	\$699.99
CF-OLP02	R2 (Frame and wood)	\$499.99
CF-OLP03	R3 (Frame only)	\$299.99



**RAGE® JERK BOXES**

These stackable boxes enhance athlete efficiency for specific lifts, such as the clean and jerk. Constructed with 3/4" wood, for lasting endurance through workouts. Sold in pairs. Import. CF-JB000 \$724.99/pair



MULTI-USE



**RAGE® SPRING COLLARS**

Fits all standard Olympic bars. Made with high carbon 6mm diameter steel and rubber molded handles. This is the classic collar for all your power and Olympic lifting needs. Spring design secures the weights on the bar and virtually eliminates shifting during lifts. Sold in pairs. Import. CF-BAR30 \$9.99/pair



**RAGE® STRAP COLLARS**

Fit any size barbell, axle, or handle with the RAGE® Strap Collar. Easy on and off heavy duty Velcro design with 2" nylon webbing. Thick rubber pad grips bar to prevent side-to-side movement of any weight. Will fit all bars up to 2.4" (outside diameter). Sold in pairs. Made in the USA. CF-WT900 \$29.99/pair



TOP SELLER

**RAGE® PROLOC® COLLARS**

An innovative way to secure weights to Olympic bars. Proloc Collars are made of durable nylon plastic and are able to handle heavy loads. Proloc Collars can also be used to hold chains up to 400 lb combined weight. The patented design is easy to lock on bars and keeps weights secure during workouts. Sold in pairs. Made in the USA. CF-BAR60 \$39.99/pair



**RAGE® RESISTANCE BANDS**

Ideal for strength training, mobility and assisting with functional movements. Available in four different sizes to vary the amount of force. Import.

CF-RB000/XL	Extra Light - Black	\$19.99
CF-RB000/L	Light - Purple	\$24.99
CF-RB000/M	Medium - Green	\$29.99
CF-RB000/H	Heavy - Blue	\$34.99
CF-RB000/XH	Extra Heavy - Gray	\$44.99
CF-RB000/XXH	Extra Extra Heavy - Orange	\$54.99



TOP SELLER





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TOP SELLER

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**RAGE® 10" MEDICINE BALL**

TOP SELLER

The RAGE® 10" Medicine Ball provides athletes multiple options to enhance their strength and conditioning routines. Try one-handed movements for better coordination and balance. Also, gives young athletes the opportunity to work on essential medicine ball movements without sacrificing form. Made in the USA.

CF-MBK02	2 lb	\$49.00
CF-MBK04	4 lb	\$54.00
CF-MBK06	6 lb	\$59.00
CF-MBK08	8 lb	\$64.00



10" Diameter



**RAGE® 14" MEDICINE BALL**



see pg. 5

The RAGE® Medicine Ball is an essential product for any strength and conditioning program. Made with heavy-duty 18 oz vinyl and constructed with a standard 14" diameter. The RAGE® Medicine Ball is 100% hand-crafted from 93% recycled materials in Denver, CO. We are proud to offer the highest quality medicine ball on the market.

Made in the USA.

CF-MB004	4 lb	\$69.99	CF-MB016	16 lb	\$99.99
CF-MB006	6 lb	\$74.99	CF-MB018	18 lb	\$104.99
CF-MB008	8 lb	\$79.99	CF-MB020	20 lb	\$109.99
CF-MB010	10 lb	\$85.99	CF-MB024	24 lb	\$114.99
CF-MB012	12 lb	\$89.99	CF-MB030	30 lb	\$124.99
CF-MB014	14 lb	\$94.99			



14" Diameter

**RAGE® RUBBER MEDICINE BALL**

The RAGE® Rubber Medicine Ball is super resilient and an excellent choice to mix up your exercise routine. Clutch it tight for grip, balance and isometric strength training. Practice agility drills, partner throws, balance push-ups, abdominal work and so much more. Fun and challenging versatility with one extremely durable rubber ball. Import. **COMING SOON, FALL 2014.**

CF-MB210	10 lb	\$69.99
CF-MB215	15 lb	\$79.99
CF-MB220	20 lb	\$89.99



**RAGE® SLAM BALL**



see pg. 4

The no-bounce heavy duty rubber shell makes the RAGE® Slam Ball perfect for intense slamming and throwing routines. Strengthen your core, improve your conditioning, and increase your explosive power with one piece of equipment. Import.

CF-SB306	6 lb	\$29.99	CF-SB325	25 lb	\$64.99	CF-SB360	60 lb	\$109.99
CF-SB308	8 lb	\$34.99	CF-SB330	30 lb	\$79.99	CF-SB370	70 lb	\$119.99
CF-SB310	10 lb	\$39.99	CF-SB335	35 lb	\$84.99	CF-SB380	80 lb	\$129.99
CF-SB315	15 lb	\$44.99	CF-SB340	40 lb	\$89.99	CF-SB390	90 lb	\$139.99
CF-SB320	20 lb	\$54.99	CF-SB350	50 lb	\$99.99	CF-SB100	100 lb	\$149.99



**CONCEPT2 ROWER MODEL E**

Made to increase your work capacity with an emphasis on cardio. The flywheel design minimizes noise, maximizing the smooth feel of rowing on the water. Easy spiral damper controls the feel of each pull. Ergonomic handle promotes natural arm and hand position. Flex-foot foot rests adjust for quick and easy sizing. Made in the USA.

CF-RW00E/3	\$1,260.00
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**CONCEPT2 ROWER MODEL D-PM3**

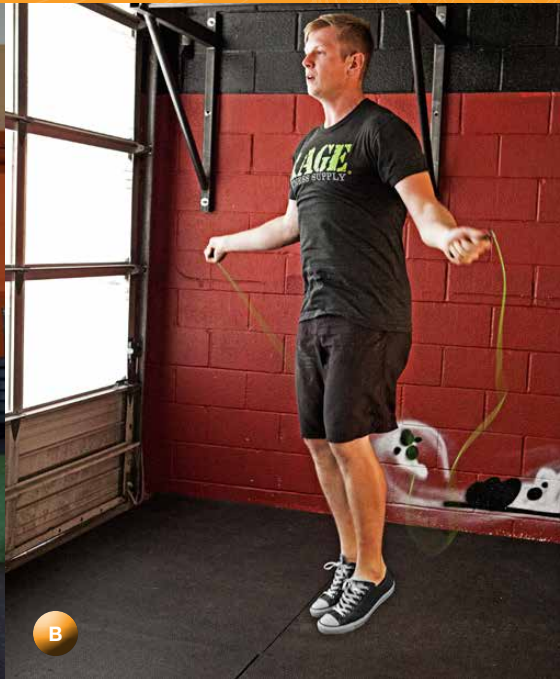
This rower provides an unparalleled full body workout. Easy spiral damper controls the feel of each pull. Ergonomic handle promotes natural arm and hand position. Flex-foot foot rests adjust for quick and easy sizing. Made in the USA.

CF-RW00D/3	Grey	\$900.00
CF-RW00D/3/BL	Black	\$900.00



A

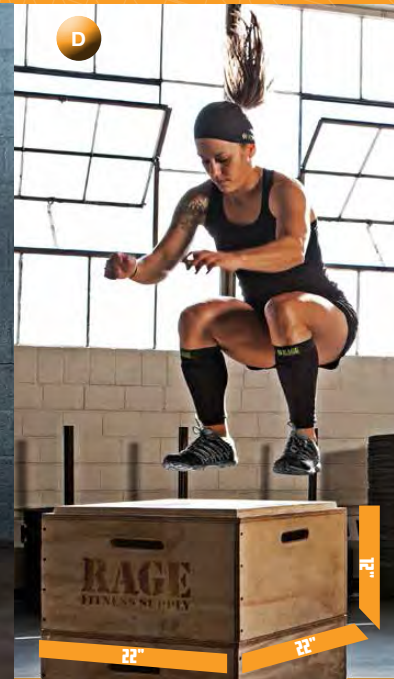
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B



C



D



E

877.660.RAGE(7243)



**A. RAGE® R1 SPEED ROPE**

Designed and tested to outperform any other jump rope available. The R1 Speed Rope has an ergonomically-designed handle that eliminates friction. Outstanding durability and unmatched speed in competitive categories. Additional features of the rope include: a height adjustable cord with a vinyl coating and technically superior speed bearings to ensure fluid and precise movement at high speeds. Made in the USA.

CF-R100C/S \$29.99

**B. RAGE® R2 TRAINING ROPE**

see pg. 4

The RAGE® R2 Training Rope is the perfect rope for a wide range of activities and fitness levels. Similar to the RAGE® R1 Speed Rope, this rope also comes equipped with an adjustable cord. The patented speed-bearing handle provides frictionless handling as well as enhancing accuracy. Made in the USA.

CF-R2000/S Green \$24.99  
CF-R2000/O Orange \$24.99



**C. RAGE® PLYO CUBE**

Get the advantage of three plyo boxes in one. With larger dimensions (20" x 24" x 30") this cube is made with our signature puzzle design for easy assembly. No glue necessary. Ship flat design saves time and money. Made in the USA.

CF-PB030/C \$159.99

**D. RAGE® STACKABLE PLYO BOX**

Our revolutionary design is engineered to stack vertically and securely with our signature puzzle design. Perfect for beginners and advanced athletes. Change the intensity and style of your workout every time. Conveniently stack and store boxes when not in use to conserve space. Dimensions: 22"(l) x 22"(w) x 12"(h). Made in the USA.

CF-PB008/W 8" Plyo Box \$75.00  
CF-PB012/W 12" Plyo Box \$85.00  
CF-PB200/W Set: 2-12" & 1-8" \$215.00



**RAGE® WOODEN PUZZLE PLYO BOX**

Constructed with our signature puzzle design and 3/4" cabinet grade plyo, these boxes are built to last. A space-saving trapezoidal design allows compact 20" and 24" storage. Ships flat. The Wooden Puzzle Plyo Box comes with hardware and pre-drilled holes for fast glueless assembly. Made in the USA.

CF-PB020/W 20"(h) \$95.00  
CF-PB024/W 24"(h) \$110.00  
CF-PB030/W 30"(h) \$160.00

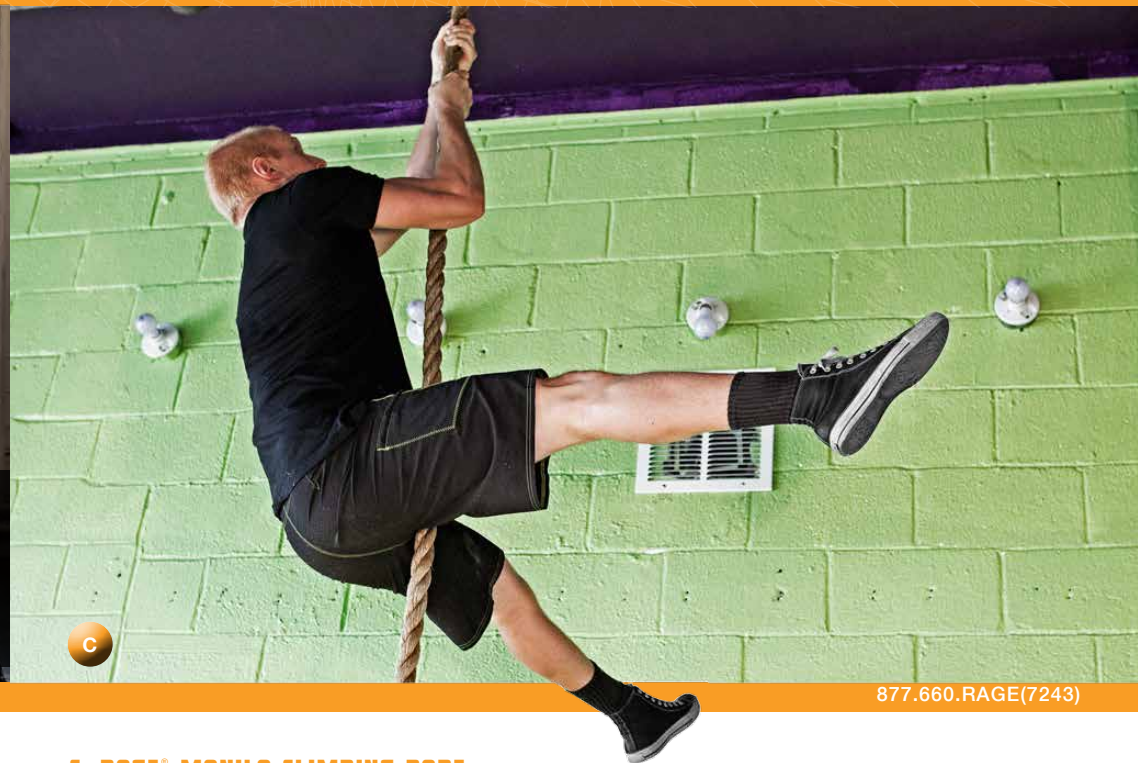
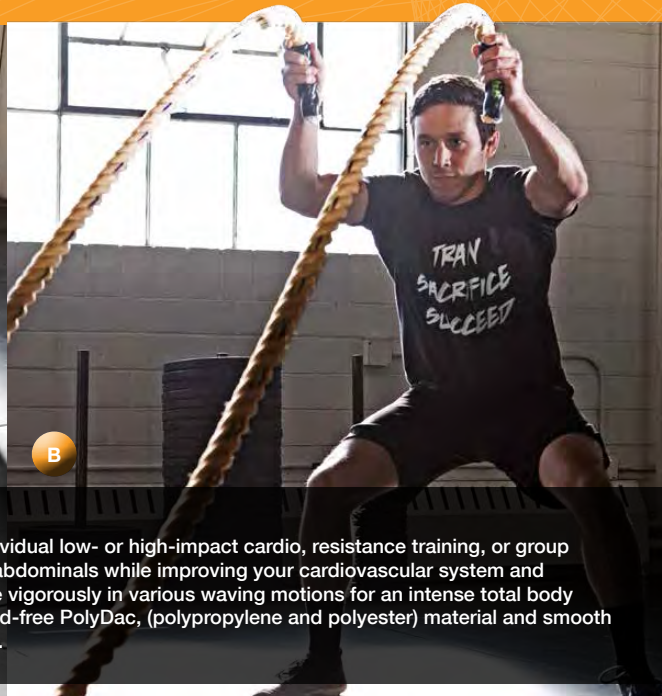
**RAGE® STEEL PLYO BOX**

Constructed with heavy tubular steel, ultra-resilient rubber top platform, and rubber feet to protect floors and prevent slipping. These superior boxes are built to handle any hard-core workout. Trapezoidal design saves space and stacks neatly. Import.

CF-PB012/S 12"(h) \$69.00  
CF-PB018/S 18"(h) \$89.00  
CF-PB020/S 20"(h) \$95.00  
CF-PB024/S 24"(h) \$99.00  
CF-PB030/S 30"(h) \$119.00  
CF-PB036/S 36"(h) \$129.00  
CF-PB042/S 42"(h) \$149.00  
CF-PB000/S Set of 5 \$395.00  
Set of 5 (12", 18", 24", 30" and 36")



see pg. 4



### RAGE® CONDITIONING ROPES

RAGE® Conditioning Ropes are ideal for individual low- or high-impact cardio, resistance training, or group activities. Work your arms, back, legs, and abdominals while improving your cardiovascular system and promoting lean muscle mass. Whip the rope vigorously in various waving motions for an intense total body workout. Constructed with ultra-strong shred-free PolyDac, (polypropylene and polyester) material and smooth secure poly-boot handles. Made in the USA.

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#### A. RAGE® POLYDAC CONDITIONING ROPES WITH POLY HANDLES

CF-BR130/P	30'- 1.5" Poly Handles	\$119.00	CF-BR230/P	30'- 2" Poly Handles	\$168.00
CF-BR140/P	40'- 1.5" Poly Handles	\$146.00	CF-BR240/P	40'- 2" Poly Handles	\$211.00
CF-BR150/P	50'- 1.5" Poly Handles	\$171.00	CF-BR250/P	50'- 2" Poly Handles	\$254.00
CF-BR160/P	60'- 1.5" Poly Handles	\$208.00	CF-BR260/P	60'- 2" Poly Handles	\$297.00
CF-BR170/P	70'- 1.5" Poly Handles	\$234.00	CF-BR270/P	70'- 2" Poly Handles	\$332.00
CF-BR180/P	80'- 1.5" Poly Handles	\$249.00	CF-BR280/P	80'- 2" Poly Handles	\$383.00
CF-BR190/P	90'- 1.5" Poly Handles	\$274.00	CF-BR290/P	90'- 2" Poly Handles	\$425.00
CF-BR110/P	100'- 1.5" Poly Handles	\$300.00	CF-BR210/P	100'- 2" Poly Handles	\$468.00

#### B. RAGE® MANILA CONDITIONING ROPES WITH POLY HANDLES

CF-BR130/M	30'- 1.5" Poly Handles	\$113.00	CF-BR230/M	30'- 2" Poly Handles	\$157.00
CF-BR140/M	40'- 1.5" Poly Handles	\$138.00	CF-BR240/M	40'- 2" Poly Handles	\$196.00
CF-BR150/M	50'- 1.5" Poly Handles	\$162.00	CF-BR250/M	50'- 2" Poly Handles	\$236.00
CF-BR160/M	60'- 1.5" Poly Handles	\$184.00	CF-BR260/M	60'- 2" Poly Handles	\$275.00
CF-BR170/M	70'- 1.5" Poly Handles	\$210.00	CF-BR270/M	70'- 2" Poly Handles	\$312.00
CF-BR180/M	80'- 1.5" Poly Handles	\$236.00	CF-BR280/M	80'- 2" Poly Handles	\$353.00
CF-BR190/M	90'- 1.5" Poly Handles	\$260.00	CF-BR290/M	90'- 2" Poly Handles	\$392.00
CF-BR110/M	100'- 1.5" Poly Handles	\$285.00	CF-BR210/M	100'- 2" Poly Handles	\$431.00

#### RAGE® SHEATHED CONDITIONING ROPE

Elevate your fitness to new levels with the RAGE® Sheathed Conditioning Rope. Amazing durability and infinite uses for cardiovascular and strength conditioning. Outer sheath is designed to withstand the toughest indoor & outdoor conditions. Each rope has two poly-boot ends. Import. **COMING SOON, FALL 2014.**

CF-BR450/M \$249.99



#### RAGE® CONDITIONING ROPE BRACKET

Our bracket is designed to work on any 1½" or 2" diameter conditioning ropes. Made from ½" flat steel and 5/16" round bar for the rope rings. Overall dimensions are 7½" x 2" x ¼" with a 3" loop. Mounting hardware is not included. Made in the USA.

CF-BR000/B \$26.99

#### C. RAGE® MANILA CLIMBING ROPE

Great for building upper body strength. Superior quality three-strand 1½" diameter "Grade A" manila rope complete with specially-designed mounting bracket for easy installation to ceiling attachments. This natural fiber rope absorbs perspiration for the best grip and is extremely durable. 2" diameter and custom lengths available. Made in the USA.

RP-81318	18' - Turk Knot	\$138.00
RP-81218	18' - Poly-boot	\$115.00
RP-81118	18' - Whipped	\$107.00
RP-81001	Additional Foot	\$6.29/foot

#### RAGE® POLYDAC CLIMBING ROPE

The strongest rope we offer. The combination of polypropylene and polyester makes this rope lightweight without compromising its superior strength. Shred-resistant, multi-functional, and resilient. Comes in 2" diameter, standard or customized lengths. Made in the USA.

RP-83318	18' Turk Knot	\$150.00
RP-83218	18' Poly-boot	\$132.00
RP-83118	18' Whipped	\$127.00
RP-83001	Additional Foot	\$9.00/foot



RAGE® FOLDING MATS ARE RECOMMENDED FOR SAFETY WHEN USING CLIMBING ROPES (SEE PAGE 38).



TOP SELLER

#### CHECK OUT THE RAGE® FITNESS APP

# WOODPLAY

- Workout of the Day or Randomizer
- Create, time and track your workouts
- Stay motivated and workout anywhere
- Free Customized Clock

Available now - ragefitness.com



### RAGE® GHD

The RAGE® GHD is stable and solidly constructed of 11 gauge steel. Perfect for commercial or home gym use. The half moon, split pad is made of high density foam and upholstered in vinyl, making it very resistant to crushing and easy to clean. The single pop-pin adjustability makes it easy to change pad-to-foot roller lengths when moving between exercises or athletes. Bolt-together design allows it to be shipped flat, resulting in considerable freight savings, especially when multiple units are ordered. Dimensions: 41"(h) x 31"(w) x 58"(l). The unit has a working load of 400 lb. Import. CF-GHD50 \$549.99



### YORK GHD

Designed to strengthen the posterior chain and core with multiple movements. The twin pad design maximizes user comfort and adjusts to 29 horizontal positions accommodating any size user. Both the knee pads and the ankle stabilizer pads are adjustable vertically. Thigh roller pads are designed to maximize user comfort. Dimensions: 68"(h) x 30"(w) x 46"(l). Import. CF-GHD40 \$749.00



### YUKON GHD

This unit is not intended for commercial use, but is an excellent option for any home gym. Fully adjustable to accommodate a variety of body types. Thick 8" pads for comfort. Non-slip foot plate built-in. Dimensions: 46"(h) x 26"(w) x 60"(l) Import. CF-GHD02 \$249.99

### RAGE® SANDBAG

The RAGE® Sandbag keeps your body challenged in every workout. Constructed with an ultra-thick Denier material, double stitching, and a reinforced layer of webbing for long lasting wear. RAGE® Sandbags have up to an 80 lb capacity, featuring leak-proof inserts. Made in the USA.

CF-SDB02	Sand Bag Insert -16 lb max.	\$23.00
CF-SDB20	Sand Bag with 1 insert-max. 20 lb	\$54.99
CF-SDB35	Sand Bag with 2 inserts-max. 35 lb	\$64.99
CF-SDB50	Sand Bag with 3 inserts-max. 50 lb	\$74.99
CF-SDB65	Sand Bag with 4 inserts-max. 65 lb	\$84.99
CF-SDB80	Sand Bag with 5 inserts-max. 80 lb	\$94.99



### RAGE® WEIGHT VEST

Push past that training plateau with the RAGE® Weight Vest. Double-stitched with heavy duty Denier material. This vest allows full range of motion without restricting your breathing. Comes with (12) 3 lb removable weights (6 front and 6 rear, 36 lb max). Import. CF-WVR36 \$109.99



### A. RAGE® PUSH SLED

Increase your explosive power, cardio-conditioning and strength. RAGE® Push Sled is excellent for weighted sprinting drills, and adding intense intervals to any workout. Easily adjust the weight of the sled for super-quick sprints or heavy duty pushing. Import. CF-SL001 \$179.99



R2 PULL SLED

### B. RAGE® R2 PULL SLED

Increase your power and train like a workhorse. Break out of your usual routine with this effective piece of strength training equipment. This compact sled and harness system is challenging, fun and easy to transport. The single post for loading plates and bumpers gives this sled incredible stability for pulling smoothly through each exercise. Equipped with a comfortable harness and 6½" straps with 90 lb weight capacity. Dimensions: 26½"(h) x 8"(w) x 16½"(l). Import. CF-SL000 \$89.99



### RAGE® R1 PULL SLED

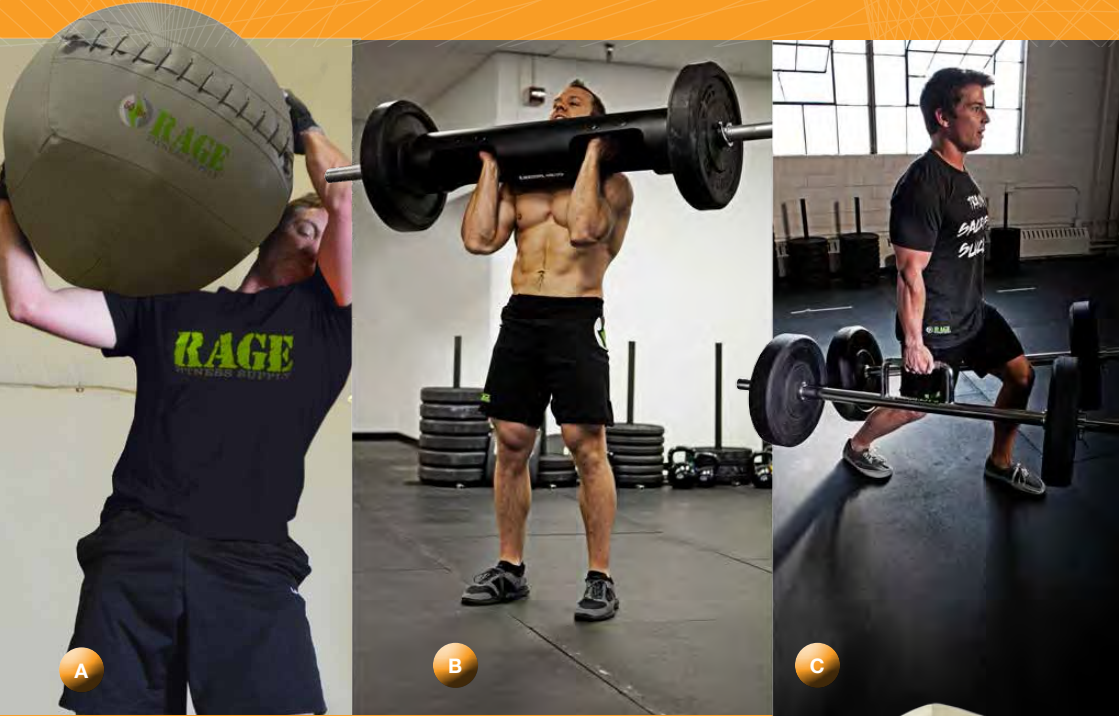
Bust through workout boredom, and stagnant progress with the RAGE® Pull Sled. Increase strength gains, and provide an invigorating new stimulus to your muscles. The durable solid bottom flat-plate has an angled lip which allows this sled to be used on all types of terrain. Generous 13" upright bar for loading multiple plates or bumpers. Made in the USA. CF-SL002 \$99.99



TOP SELLER



R1 PULL SLED

**A. RAGE® HIGHLAND ATLAS BALL**

The Highland Atlas Ball is constructed with 22 oz vinyl, 70" in circumference and 22" in diameter. Hand crafted in the USA and built to withstand high velocity impacts, this ball has a recycled rubber and fiber core that gives it a firm, high quality feel. Made in the USA.

CF-MB050	50 lb	\$149.99
CF-MB100	100 lb	\$199.99
CF-MB150	150 lb	\$249.99



10" Diameter

14" Diameter

22" Diameter

**B. RAGE® STRONGMAN LOG**

One the toughest strongman tools available. The RAGE® Strongman Log is a specialized tool for training. The neutral grip reduces stress on the shoulders without inhibiting strength or power. Presses, cleans, jerks, squats and rows; the versatility is phenomenal. 9" of loadable end space on the 33 kg log, and 13½" of loadable space on the 50 kg log. Import.

CF-SML33	73 lb/33 kg	\$325.00
CF-SML44	97 lb/44 kg	\$395.00

**C. RAGE® FARMER'S WALK HANDLES**

Train your grip, core and lower body with the RAGE® Farmer's Walk Handles. Constructed with 1.97" steel tube, these bars will work with bumpers or cast-iron plates. Zinc finish for indoor or outdoor use, 11½" of space for loading plates to bar ends, 60" in total length, and a combined weight of 69 lb. Sold in pairs. Import.

CF-FCB00 \$199.99/pair

**RAGE® GYM HAMMER**

A hammer designed for strength, endurance and fitness. The RAGE® Gym Hammer is ideal if you like extreme strength training; it is typically used for slams. Center is smooth to allow swinging motion. Safer than using a regular sledge hammer. Solid weld design. The handle is 1½" diameter and 3' long. The bottom of the handle has an 8½" of a diamond pattern in the knurl. Hammer head size varies with weight. Import.

CF-GH020	20 kg	\$175.00
CF-GH030	30 kg	\$265.00

**RAGE® WRIST SUPPORTS**

These soft wrist supports are sewn with 3"(w) heavy weight neoprene. The plush terry-cloth lining is stitched to a durable black poly-webbing material with a convenient hook and loop closure. Available in small or regular. Sold in pairs. Made in the USA.

GR-3600R/A	Small	\$19.99/pair
GR-3600R/B	Regular	\$19.99/pair

**RAGE® WRIST SAVERS**

Constructed of ¼" high-grade neoprene. Made seamless for a comfortable feel. Long shape tapers to fit snugly with a glued tape seam for a smooth finish. Sold in pairs. Made in the USA.

GR-3666R/A	Small (5" - 5½")	\$19.99/pair
GR-3666R/B	Medium (5½" - 6½")	\$19.99/pair
GR-3666R/C	Large (6½" - 7½")	\$19.99/pair

**RAGE® LEATHER HAND GRIPS**

see pg. 5

Great training aid that allows you to train harder without ripping or tearing hands. Great for kettlebells and pull-up bars. Sold in pairs. Made in the USA.

GR-3910X	X-Small (up to 3¼")	\$19.99/pair
GR-3910A	Small (3¼" - 3¾")	\$19.99/pair
GR-3910B	Medium (3¾" - 4¼")	\$19.99/pair
GR-3910C	Large (4¼" - 4¾")	\$19.99/pair
GR-3910D	X-Large (over 4¾")	\$19.99/pair



TOP SELLER

**GIBSON® TKO WRISTEEZ**

Made of high quality soft leather, this wrist support is intended to prevent damaging hyper-flexion in the wrist. Sold in pairs. Made in the USA.

FA-05990	Black	\$49.99/pair
FA-06990	Sand	\$49.99/pair

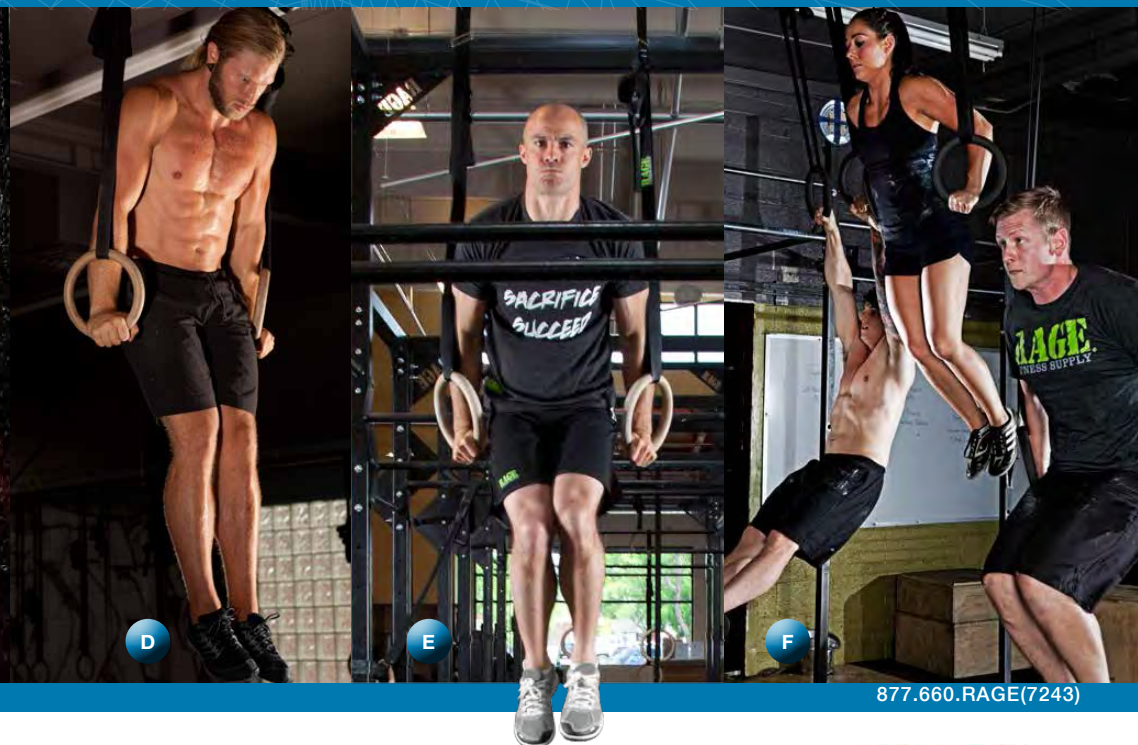
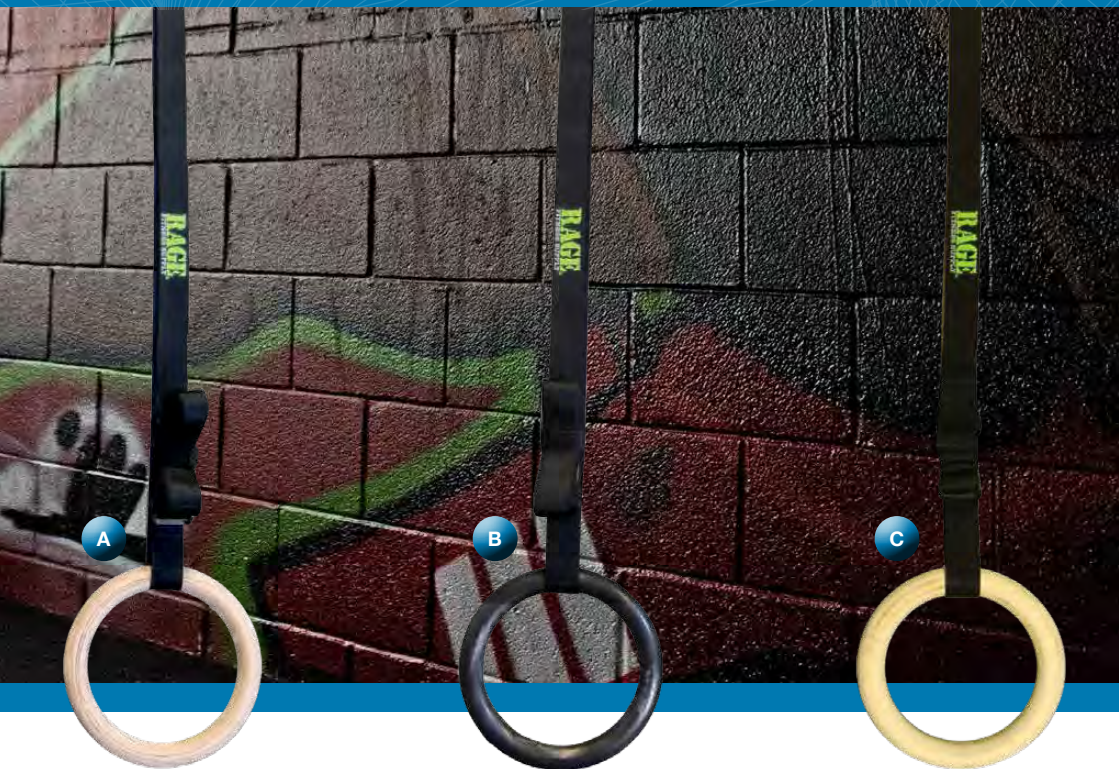
**RAGE® WRIST WRAPS**

Simple to use and adjust with ease, just twist and tuck. The RAGE® Wrist Wrap provides wrist support for a wide variety of strength training movements including gymnastics and Olympic weightlifting. A great option for athletes who don't want a bulky traditional lifting strap. Sold in pairs. Made in the USA.

COMING SOON, FALL 2014.  
CF-WR000/BL \$24.99/pair







877.660.RAGE(7243)

**DID YOU KNOW?**

Gibson Athletic, RAGE® Fitness' sister company, has been making superior-quality wood rings for gymnasts for more than 40 years.



D. RAGE® WOOD RINGS



E. RAGE® FAT WOOD RINGS



F. RAGE® PLASTIC RINGS

RAGE® Fitness offers the most options for gymnastics ring sets - competitive, recreational and home use. Ask about our spring-loaded competitive ring sets used by elite gymnasts. Comes in pairs. Made in the USA.

FIG Wood Rings 1.10" dia.	CF-RN000	\$59.99/pair
FAT Wood Rings 1.25" dia.	CF-RN001	\$59.99/pair
FIG Plastic Rings	CF-26400	\$35.99/pair



**RAGE® QUICK RELEASE STRAPS**

Our most popular strap comes in 7.5" length, with a 1.5" double grip cam buckle which provides a secure adjustable ring strap. Sold in pairs. Made in the USA.  
CF-RN010 \$49.99/pair



**RAGE® CEILING MOUNT PARACHUTE BUCKLES**

Super strong ring strap accommodates fitness facilities and athletes requiring a high ceiling mount. The buckle provides a secure adjustable loop to hold rings. Each strap has a total length of 16'. Sold in pairs. Made in the USA.  
CF-RN016 \$49.99/pair

**A. RAGE® WOOD RING SET**



see pg. 4

These multi-laminated, hardwood rings meet the international gymnastics standards of 1.1" and are the preferred choice of elite athletes all over the world. With a break strength over 1,000 lb, they are some of the strongest wood rings available. Made in the USA.

Ceiling Mount Parachute Buckle Ring Set with 16' straps	CF-RN500	\$109.99
Quick Release Buckle 7.5' straps	CF-RN501	\$89.99

**B. RAGE® PLASTIC RING SET**

Extremely durable and cost effective alternative to traditional wood rings. The perfect choice for athletes looking to train outside in the elements or indoors. Made with a superior break strength of 4,500 lb per ring. Made in the USA.

Ceiling Mount Parachute Buckle Ring Set with 16' straps	CF-RN200	\$89.99
Quick Release Buckle 7.5' straps	CF-RN201	\$69.99

**C. RAGE® FAT WOOD RING SET**

Made with the same superior RAGE® quality you have come to expect, but with a thicker 1.25" diameter for secure gripping. Made in the USA.

Ceiling Mount Parachute Buckle Ring Set with 16' straps	CF-RN502	\$109.99
Quick Release Buckle 7.5' straps	CF-RN503	\$89.99

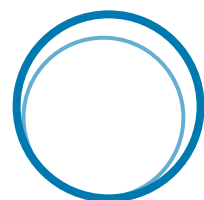


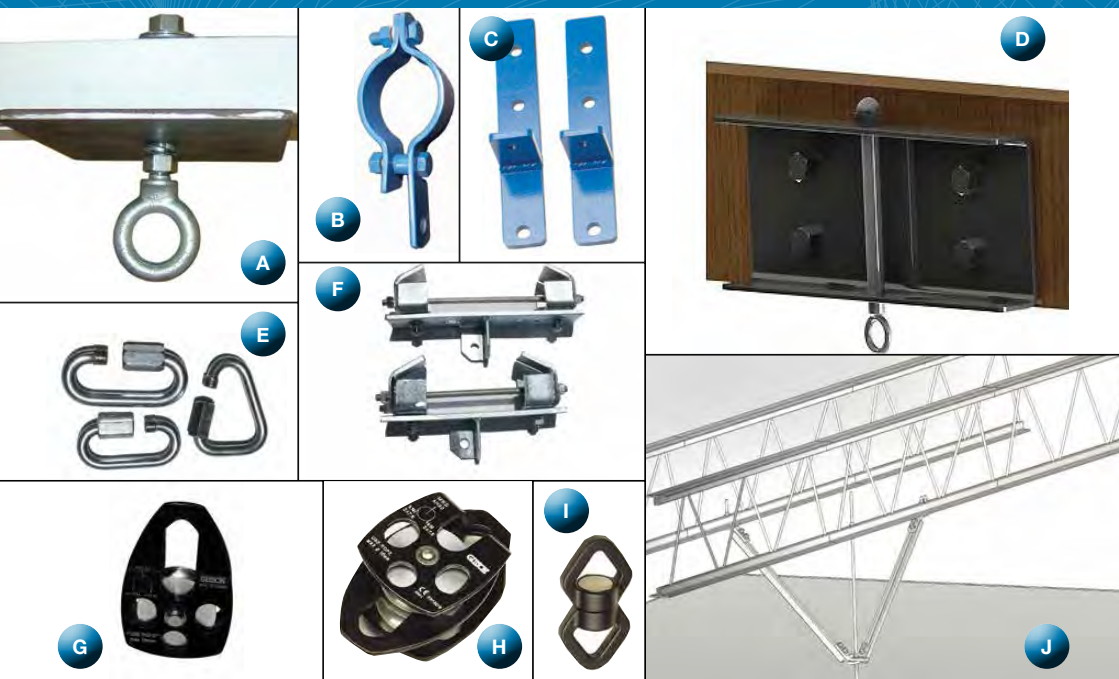
FIG = 1.10" DIAMETER

FAT = 1.25" DIAMETER

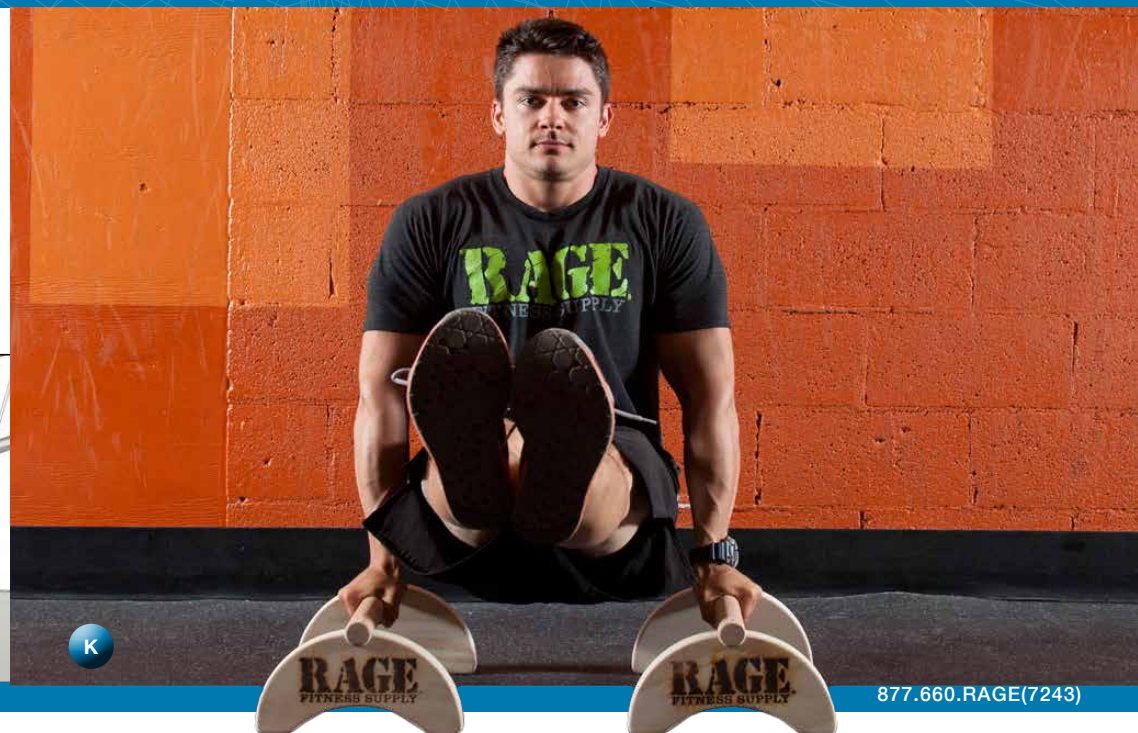


**RAGE® BAR STRAPS**

Enables the athlete to create a loop over pull-up bars and other structures to hang the gymnastic rings and climbing ropes. Break strength is over 3,000 lb. Sold in pairs. Made in the USA.  
CF-10010 \$6.99/pair



ragefitness.com



877.660.RAGE(7243)

**A. TRUSS/JOIST CLAMP**

RN-00420 \$69.99

**B. PIPE CLAMP**RN-00312 3" - 3 1/2" \$69.99  
RN-00412 4" - 4 1/2" \$79.99**C. WOODEN BEAM CLAMP**

RN-00403 \$69.99

**D. WOODEN BEAM CLAMP W/ EYE BOLT**

MM-STR08 \$54.00

**E. QUICK LINKS**MS-51610 Triangular/Delta \$4.99  
MS-51041 1/2" Quick Link \$4.50  
MS-51039 3/8" Quick Link \$2.99**F. I-BEAM CLAMP (4-8")**RN-00410 4" - 8" \$149.99  
RN-00410/14 8" - 14" \$159.99**G. SINGLE PULLEY**

OS-81401 \$51.99

**H. DOUBLE PULLEY**

OS-81402 \$72.99

**I. SWIVEL FOR RINGS**

MS-08701 \$39.99

**J. CEILING MOUNT SUPPORT STRUCTURE**

MM-STR07 \$260.00

Visit [ragefitness.com](http://ragefitness.com) for additional mounting hardware.**K. RAGE® WOOD PARALLETES**

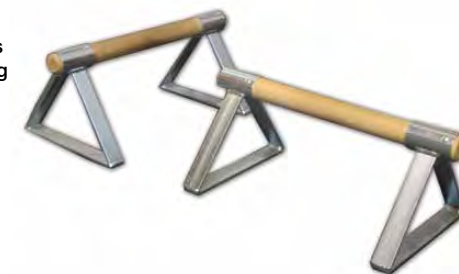
Ideal for training all ages and levels of athletes. This economical wood parallette has become an immediate favorite. Available in 18" and 36" lengths. Sold in pairs. Made in the USA.

MS-11119/R 7"(h) x 18"(w) \$69.99/pair  
MS-11120/R 7"(h) x 36"(w) \$79.99/pair**RAGE® PREMIUM PARALLETES**

Each unit is constructed with 18" hand-sanded poplar bars and steel frames, which sit 8" off the floor. Four non-marring rubber feet prevent slippage. Sold in pairs.

Made in the USA.

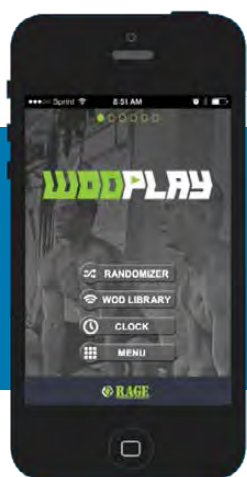
MS-11221 \$129.99/pair

**RAGE® PEG BOARD**

A multi-purpose unit for climbing and stretching. Made with high quality hardwood. Includes four 1 1/2" diameter poplar wood pegs. Made in the USA.

MS-00123 30" x 30" \$349.00  
MS-00124 15" x 60" \$349.00**INNOVATIVE WORKOUT APP FROM RAGE® FITNESS**

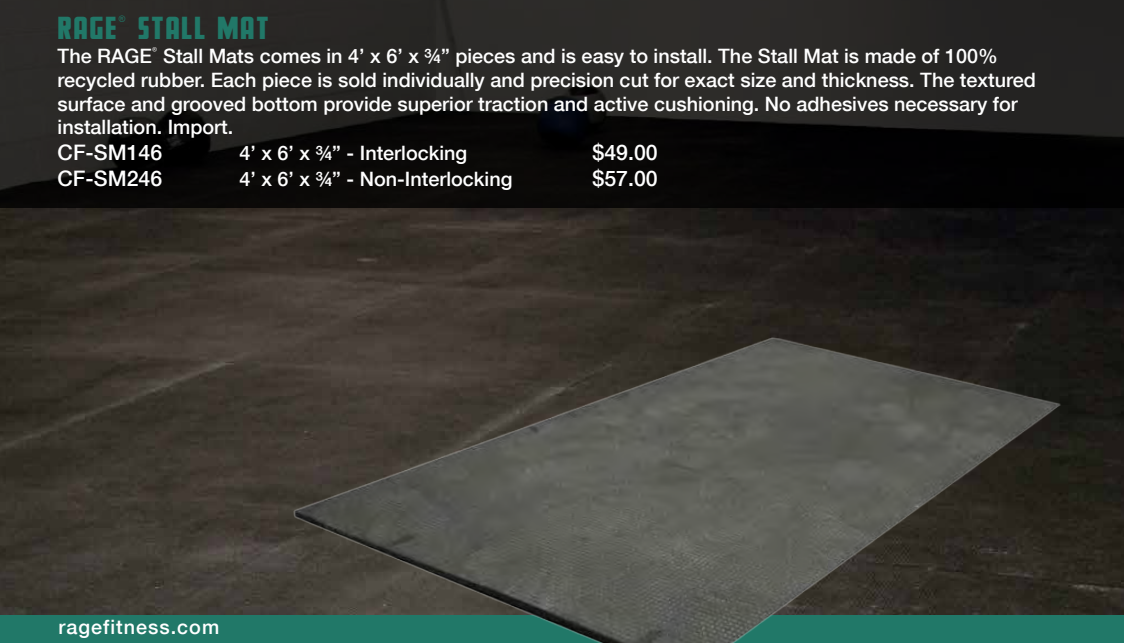
- Workout of the Day or Randomizer
- Create, time and track your workouts
- Stay motivated and workout anywhere

Available now - [ragefitness.com](http://ragefitness.com)

### RAGE® STALL MAT

The RAGE® Stall Mats comes in 4' x 6' x 3/4" pieces and is easy to install. The Stall Mat is made of 100% recycled rubber. Each piece is sold individually and precision cut for exact size and thickness. The textured surface and grooved bottom provide superior traction and active cushioning. No adhesives necessary for installation. Import.

CF-SM146	4' x 6' x 3/4" - Interlocking	\$49.00
CF-SM246	4' x 6' x 3/4" - Non-Interlocking	\$57.00



ragefitness.com

### RAGE® LANDING MAT

Custom-designed to absorb the impact and force from work on rings, climbing ropes, or other aerial movements. Encased in 18 oz coated vinyl, topped with nylon mesh material and filled with polyfoam. Mat folds to increase or decrease thickness and desired padding. Made in the USA.

CF-MA408/12	4' x 8' x 4" - folding	\$330.00
CF-MA510/12	5' x 10' x 4" - folding	\$525.00
CF-MA408/20	4' x 8' x 8" - folding	\$440.00
CF-MA510/20	5' x 10' x 8" - folding	\$690.00



### RAGE® TUMBLING MAT

Constructed with 1' or 2' wide panels that fold according to style for easy storage and portability. Inside filler is 1 3/8" thick x-link. Cover is made of 18 oz reinforced nylon and vinyl for long-lasting durability. The mat surface is textured for positive footing and balance. All seams are sewn with Dacron thread, to maintain integrity under the most demanding use. 2" wide Velcro fasteners are on each end, so mats may be joined securely end to end for physical fitness training. Also available with Velcro on all four sides for larger mat areas. Multiple colors available. Made in the USA.

MA-91480/R	4' x 8' x 1 3/8" - 1' Panel	\$182.00
MA-92480/R	4' x 8' x 1 3/8" - 2' Panel	\$168.00
MA-91510/R	5' x 10' x 1 3/8" - 1' Panel	\$280.00
MA-92510/R	5' x 10' x 1 3/8" - 2' Panel	\$230.00
MA-91612/R	6' x 12' x 1 3/8" - 1' Panel	\$360.00
MA-92612/R	6' x 12' x 1 3/8" - 2' Panel	\$310.00



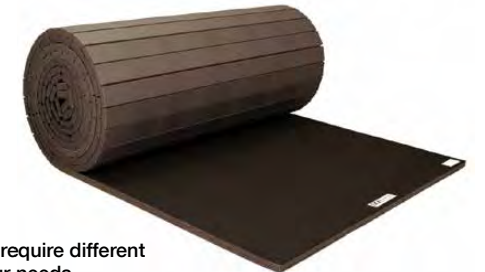
### RAGE® GRAPPLING MAT

The RAGE® Grappling Mats is the premier mat for all martial arts training. Specifically designed to endure martial arts sparring routines, competitions, throws, and take downs. Grappling mats utilize multi-foam density technology for superb shock absorption. Firm, tatami-style textured surface also provides sure footing and superior performance for all stand up martial arts. The RAGE® Grappling Mat also features a rubberized anti-skid bottom for stability. Import.

MA-70700	3'3" x 6'6" x 1 1/2"	\$134.99
MA-70701	3'3" x 3'3" x 1 1/2"	\$87.00



SAFETY IS A CONCERN FOR ALL GYM OWNERS AND ATHLETES. PROPER MATS CAN HELP PROVIDE A SAFER WORKOUT ENVIRONMENT.



### DOLLAMUR® FLEXI BONDED FOAM ROLL

Convenient rolling floor mat. Great for multi-use areas that require different surfaces frequently. Easily transform your space to suit your needs. Made in the USA.

MA-90200	6' x 42' x 1 3/8" - Single Roll - Carpet	\$690.00
MA-90300	6' x 42' x 1 1/4" - Single Roll - Vinyl (not pictured)	\$1,050.00



### DOLLAMUR® FLEXI-ROLL HOME MAT

The Flexi-Roll Home Mat is constructed with the same high quality products as the Flexi-Roll for gyms, just cut to smaller sizes for easy storage at home. Rolls may be combined to create larger workout areas. Available in blue, red, purple and grey carpet. Made in the USA.

MA-90460	4' x 6' x 1 1/4"	\$78.00
MA-90462	4' x 6' x 2"	\$102.00
MA-95120	5' x 10' x 1 1/4"	\$170.00

### GIBSON® MAT CLEANER

Used in hospitals, schools and institutions for disinfecting and cleaning vinyl mats, wall padding and fitness equipment. Use straight from the bottle for tough jobs or diluted for lightly soiled mats. Cleans and disinfects simultaneously leaving no residue, only a fresh clean smell. Safe for all vinyl materials. Shipped in concentrated form. Includes one gallon bottle for mixing concentrate. Order Spray Bottle separately. Import.

MS-02200	Mat Cleaner	\$14.49
MS-02205	Spray Bottle	\$2.79



SANITIZE YOUR GYM.



**RAGE® BUMPER STAND**

Keeping your gym organized and clean can be a big challenge for owners and coaches. The RAGE® Bumper Stand is the best way to store bumper plates vertically without consuming a lot of space. Specifically designed base eliminates the struggle of getting your fingers under the last bumper on the stack. Enables fast and easy clean up after a barbell workout to organize your gym. Stores up to (10) 45 lb bumpers vertically. Made in the USA.

CF-BR00P \$114.99

**RAGE® FLOOR 9 BAR HOLDER**

Efficient way to store all your barbells. Holds up to nine bars with 2" sleeves. Dimensions: 26"(l) x 26"(w) x 8"(h). Import.

CF-WT213 \$119.99

**RAGE® VERTICAL BUMPER STAND**

Whether you need to store several plates or the full competition bumpers, this system offers options. The spacing between each horizontal arm offers room for plates of all loads. This stand is designed to store plates with International Weightlifting Federation standards of 450 mm diameter. A great equipment organizer for limited floor space. Dimensions: 26"(l) x 25 1/2"(w) x 51 1/2"(h). Import.

CF-BR00U \$134.99

**RAGE® HORIZONTAL BUMPER RACK**

This bumper rack offers a portable solution to your bumper plate storage needs. Can fit (8) 45 lb bumper plates in place as it is moved from station to station. Dimensions: 54"(l) x 12 1/2"(w) x 12 1/2"(h). This commercial bumper rack is ideal for high school, college, power lifting, military and commercial gym use. Import.

CF-BR00H/S 3' length \$99.99  
CF-BR00H/L 5' length \$159.99

**RAGE® BARBELL HOLDER**

Free up your floor space with the wall mounted RAGE® Barbell Holder. Impeccable strength, and lasting security; this barbell holder is built tough. Conveniently rack desired weights between sets, or neatly store bars after workouts. Maximum weight bearing capacity 300 lb. Unit weight 15 lb, constructed with 7 gauge steel. Laser shaped edges and an attractive black powder coated finish. Import.

CF-BAR10 \$45.00



CAN BE GROUPED FOR  
FULL WALL RACK.

**RAGE® VERTICAL MEDICINE BALL RACK**

Easily store your medicine balls with this compact vertical system. Stable and sturdy enough to take uneven loads. This unique space-saving system keeps any fitness facility looking professional and organized. Import.

CF-MB300 4 tier-holds 8 balls \$129.99  
CF-MB400 5 tier-holds 10 balls \$144.99



TOP SELLER

**RAGE® UNIVERSAL STORAGE RACK**

A heavy duty storage rack, for home or commercial use. Cut down on gym floor clutter with this useful storage rack. Easily stores two medicine balls, two kettlebells, multiple bumpers, and two Olympic barbells. Made in the USA.

CF-WT214 \$199.99




**RAGE® BLOCK CHALK**

The finest chalk on the market. Block chalk is preferred by gymnasts and athletes throughout the world due to its superior hold. Eight 2 oz blocks per lb. Import.

CH-24000	1 lb	\$15.00
CH-24003	3 lb	\$39.99
CH-24010	10 lb	\$115.00
CH-24036	36 lb	\$299.99

ragefitness.com


**RAGE® POWDERED CHALK**

RAGE® has introduced a revolutionary chalk product to maximize your workouts, and save you money. Available in exclusive bulk quantities. One bag makes 11 lb broken chalk. Includes instructions on how to create your own broken chalk. Reusable handy plastic bucket. Import.

CH-11000/R	11 lb bag of chalk w/ bucket	\$55.00
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**RAGE® BROKEN CHALK**

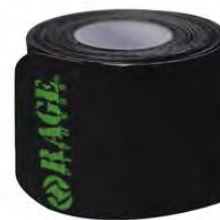
The same high quality chalk that we carry in block form. Now available in a 24 lb case. Import.

CH-55000	24 lb case	\$149.99
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**RAGE® CHALK BALL**

A convenient portable size. Just one quick squeeze and you are ready for your next lift or exercise. Keep the gym cleaner and your workouts efficient. Import.

CH-33000	2.1 oz ball	\$4.99
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**RAGE® MUSCLE TAPE**

Provides therapeutic support to your muscles, joints and tendons allowing you to move with great intensity. This tape can be used before, after or during your workout. Our nylon-based elastic tape stretches and forms to aid your body in a full range of motion. Packaged with 20 precut strips that are easily applied to the body. Strips are water and sweat resistant with quick drying technology that allows continual use. Latex free; suitable for sensitive skin. Import.

FA-30050/BL	1 Roll	\$12.99
FA-30055/BL	5 Rolls	\$54.99


**RAGE® ATHLETIC TAPE**

Recommended as the best tape on the market. Great adhesion and easy to tear. Three types to suit everyone's needs. Sold by the case. Import.

FA-30022	Premium (Case/32 Rolls)	\$66.49
FA-30032	Superior (Case/32 Rolls)	\$60.49
FA-30012	Athletic (Case/12 Rolls)	\$18.49


**RAGE® LACROSSE BALL**

RAGE® Lacrosse Ball meets NOCSAE standards. The ball weighs 5 oz and is 6.3 cm in diameter without seams. Import.

CF-LAC00	\$3.99
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**RAGE® THERAPY MASSAGE BALL**

A small ball with enormous deep-tissue and self massaging capabilities. Manipulate and precisely penetrate tense muscles. Import.

CF-TB000/BL	\$3.99
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**RAGE® HOT/COLD THERAPY BALL**

Customize your therapeutic experience with RAGE® Hot/Cold Therapy Ball. Constructed with unique material that retains select temperatures. Hot/Cold Therapy Balls soothe tired sore muscles, improve circulation, enhance muscle stimulus and restore balance. Cord allows you to stabilize the placement of the ball to target specific areas. For use before and/or after your workout. Import.

COMING SOON, FALL 2014.	
FA-TB001/BL	\$11.99

**RAGE® MYO THERAPY BALL SET**

Choose your specific massage therapy with our Therapy Ball Set. Alternate between the smooth RAGE® Lacrosse Ball, or a textured RAGE® Hot/Cold Therapy Ball to vary your routine. Changing massage devices increases muscle stimulus which helps to enhance your massage experience. Import.

COMING SOON, FALL 2014.

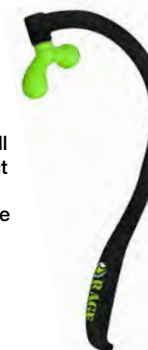
FA-TB004	\$14.99
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**RAGE® MYO THERAPY CURVE**

Target all of your sore muscles with this ergonomically designed RAGE® self-massaging therapy cane. Reach all those cumbersome areas with ease, and apply the exact amount of pressure to suit your needs. RAGE® Myo Therapy Curve is a revolutionary relaxation and massage tool that will help your body stay active, flexible, and restored. Import.

COMING SOON, FALL 2014.

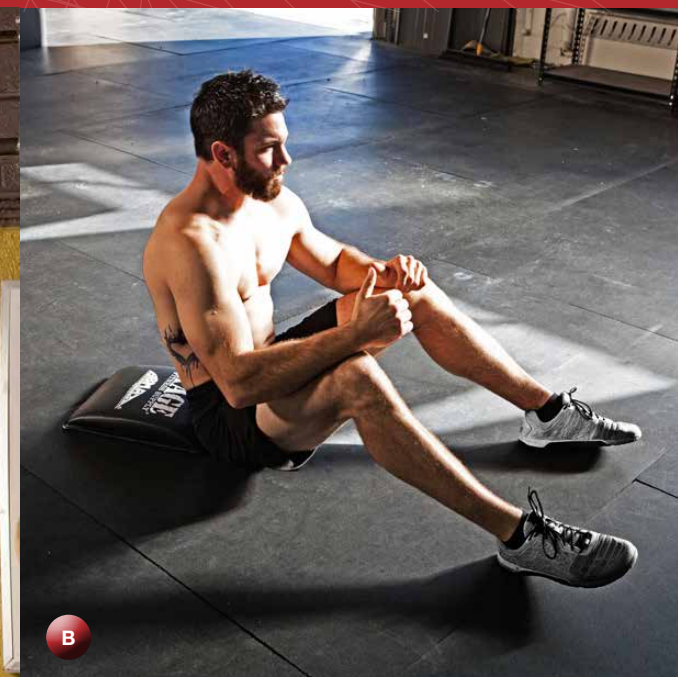
FA-TC001	\$19.99
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**RAGE® EPP FOAM ROLLERS**

An unbelievable device that makes a remarkable difference. RAGE® Foam Rollers provide aggressive, deep-tissue massage therapy (great for back and hamstrings). Foam rollers improve alignment and mobility while assisting muscle recovery. Black foam. Made in the USA. **COMING SOON, FALL 2014.**

CF-FR218	18" x 6"	\$26.99
CF-FR236	36" x 6"	\$44.99



877.660.RAGE(7243)

**RAD ROLLER**

The RAD Roller is one of the most functional massage and release tools ever designed. Compact, portable and precise enough to target almost every muscle in your body. Import.

FA-TB001	Blue - Original	\$24.99
FA-TB002	Black - Stiff	\$24.99
FA-TB003	Red - Soft	\$24.99

**TP MESSAGE BALL**

TP Massage Ball's primary focus is to relieve the muscle of existing minor aches and pains by applying pressure. Import.

CF-TP007	\$24.99
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**TP 2-BALL SLEEVE**

Effectively target more than one area of your mid- and upper-back with the TP 2-Ball. This sleeve is designed to house two TP Massage Balls next to one another, in a peanut shape, reaching either side of the spine, upper back and other targeted areas with a controlled and even movement. Import.

CF-TP009	\$9.99
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**THE GRID**

Features DistroDensity Zones, Matrix Technology and an environmentally friendly design. Being only 13" long and 5" in diameter, the sleek design of The Grid makes it an excellent travel companion. Import.

CF-TP010	The Grid-Black (13")	\$39.99
CF-TP011	The Grid-Orange (13")	\$39.99
CF-TP015	The Grid 2.0-Black (26")	\$64.99
CF-TP016	The Grid 2.0-Orange (26")	\$64.99

**DID YOU KNOW?**

*RAGE® Fitness is the first company to offer the revolutionary Pull-Up Assist -- helping athletes around the world raise the bar in their fitness routines.*

**A. RAGE® PULL-UP ASSIST**

The RAGE® Pull-Up Assist is the perfect trainer for pull-ups. Allows athletes to benefit from a full range of motion with a little boost from RAGE® technology. Comes with a bar strap, delta quick link and three bands. Made in the USA.

CF-10020	\$39.99
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**B. RAGE® ABMAT**  see pg. 5

The RAGE® AbMat will strengthen your entire core. Perform perfect full range-of-motion abdominal exercises, and take the stress off your spine. Made in the USA.

CF-AB000	\$29.99
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**RAGE® DIGITAL TIMER**

The RAGE® Digital Timer features a 10-second countdown and can be programmed to count up to or down from a set time. It also has a 20/10 tabata interval programmed in. Will function as a clock and mount to the wall. Import.

CF-CLOCK/RAGE	4 Digit Timer	\$149.00
CF-CLOCK/R6	6 Digit Timer	\$269.00



4 DIGIT TIMER



6 DIGIT TIMER



## TOP SELLER

**RAGE® T55 T-SHIRT**

The "TRAIN•SACRIFICE•SUCCEED" T-Shirt is a reminder of why you work so hard and push yourself every day in the gym and in life. Show off your hard-earned physique in this soft, body contouring t-shirt.

Men's Sizes: S, M, L, XL, XXL  
Women's Sizes: XS, S, M, L, XL  
CF-TS01M Men's \$29.99  
CF-TS01W Women's \$29.99

**RAGE® KEEP CALM T-SHIRT**

When the going gets tough, "KEEP CALM AND RAGE ON" with our form fitting, soft tri-blend t-shirt.

Men's Sizes: S, M, L, XL, XXL  
Women's Sizes XS, S, M, L, XL  
CF-TS03M Men's \$29.99  
CF-TS03W Women's \$29.99

**RAGE® DEFINITION T-SHIRT**

Define your RAGE® with our form-fitting, soft tri-blend t-shirt.

Men's Sizes: S, M, L, XL, XXL  
Women's Sizes: XS, S, M, L, XL  
CF-TS04M Men's \$29.99  
CF-TS04W Women's \$29.99

**RAGE® BURNOUT T-SHIRT**

What you wear in the gym matters. Feel stylish and comfortable in the RAGE® Burnout T-Shirt. The unique dyeing process gives this t-shirt a striking two-tone look and makes a fashionably fit statement.

Women's Sizes: XS, S, M, L, XL  
CF-TS02W Capacity; grey \$29.99  
CF-TSB1W Basic; black \$29.99

**RAGE® COLORADO T-SHIRT**

We are proud to call the Rocky Mountains home and we take pride in manufacturing high quality products in Denver, CO. Show support for Colorado and RAGE® Fitness in this soft tri-blend t-shirt. There is no better place for a functional fitness company to be.

Men's Sizes: S, M, L, XL, XXL  
Women's Sizes: XS, S, M, L, XL  
CF-TS06M Men's \$29.99  
CF-TS05W Women's \$29.99

**RAGE® RAGEFIT T-SHIRT**

Now there is a way you can represent your American-made fitness equipment in or out of the gym. Our RAGE® T-shirt promotes dedication to fitness and American pride.

Men's Sizes: S, M, L, XL, XXL  
Women's Sizes: XS, S, M, L, XL  
CF-TS00M Men's Basic \$25.99  
CF-TS00W Women's Basic \$25.99  
CF-TS07M Men's American \$25.99  
CF-TS07W Women's American \$25.99

**RAGE® T55 HOODED FLEECE**

Dedication and hard work does pay off. Sport the "TRAIN•SACRIFICE•SUCCEED" message in our tri-blend hoodie. This lightweight zip up sweatshirt is great for casual all day wear, to keep your muscles warm between workouts.

Men's Sizes: S, M, L, XL

Women's Sizes: S, M, L (no XL)

CF-HD01M Men's \$69.99

CF-HD01W Women's \$69.99

**RAGE® SPORTS BRA**

Provides superior comfort and support when you need it the most. The RAGE® Sports Bra features a double layer fabric and reinforced seams for the ultimate comfort and mobility during your workout.

Women's Sizes: S, M, L

CF-SPTB1 \$24.99

**RAGE® MEN'S FIGHT SHORTS**

These moisture-wicking shorts have breathable space that provides comfort during your workouts. Equipped with a drawstring for secure closure. These MMA / Functional Fitness shorts use a medium weight four-way stretch fabric (FLEX Series).

Men's Sizes: S, M, L, XL

CF-SRT1M \$69.99

**RAGE® MEN'S FIGHT SHORTS II**

Squat, run, jump or crawl in these breathable fight shorts. The moisture wicking four-way stretch material allows for optimal movement and comfort throughout your workout, while the combo drawstring and Velcro waistband provide a secure closure system.

Men's Sizes: S, M, L, XL

CF-SRT2M \$69.99

**RAGE® WOMEN'S BOOTY SHORTS**

These fit-to-form fitness shorts help prevent your clothing from getting caught on equipment or interrupting your work out.

Women's Size: S, M, L, XL

CF-SRT1W \$24.99

**RAGE® WOMEN'S BOOTY SHORTS II**

Don't be shy. Show off your hard work in these moisture-wicking fitness shorts featuring antimicrobial technology.

Women's Size: XS, S, M, L, XL

CF-SRT3W \$49.99

**RAGE® WOMEN'S ACTIVE SHORTS**

Squat, run and jump in our Active Shorts. The moisture-wicking four-way stretch material allows for optimal movement and comfort during workouts.

Women's Size: XS, S, M, L, XL

CF-SRT2W \$39.99

**RAGE® BEANIE**

Stay warm and dry with our outrageously comfortable beanie. This fine knit soft beanie is ideal for cold days, bad hair coverage or soaking up your hard earned sweat after a mind-blowing workout.

CF-BEEN1/U \$19.99

**RAGE® HEADBAND**

When you are racing the clock there is no time to fuss with your hair. The RAGE® Headband is comprised of high-tech polyester fabrics which draw moisture away from the body, pushing to the outside of the fabric where it evaporates. One size fits all.

CF-HEAD1/U \$10.99

**RAGE® RAGEFIT CAP**

The RAGE® RAGEfit Cap is lightweight and breathable featuring a RAGE® jacquard sweatband for custom comfort and fit.

CF-HAT01/SM \$24.99

CF-HAT01/LXL \$24.99

**RAGE® WRISTBANDS**

Our 4½" long wristbands are thicker than ever. Made with 100% cotton, RAGE® Wristbands are built to last. Designed to resist pulls from Velcro and help absorb sweat. Sold in pairs. One size fits all.

GR-358BL \$5.50/pair

**RAGE® SHIELDS**

RAGE® Shields protect shins and/or forearms from burns or scrapes, no matter the sport. Internal silicon grippers along the top and bottom bands keep the fitted sleeves in place for ease of movement during your workout. Sold in pairs.

COMING SOON, FALL 2014.

Unisex Sizes: S/M, L/XL

CF-PADC1 \$39.99/pair



MULTI-USE

**RAGE® COMPRESSION CALVES**

Improves athletic performance and endurance. Graduated compression provides support and minimizes fatigue during and after workouts. Elastic top band adjusts to fit each leg perfectly without slipping or constricting. Sold in pairs.

Sizes: S, M, L, XL

CF-CMPC1 \$37.99/pair

**RAGE® HIGH SOCKS**

Outrageously cool socks. Get ready for rope climbs, dead lifts and box jumps in these super comfortable RAGE® High Socks. Custom woven design provides light support, and protection from minor scuffs and scrapes. Sold in pairs.

CF-SK01M/A Men's \$12.99/pair

CF-SK01W/A Women's \$12.99/pair

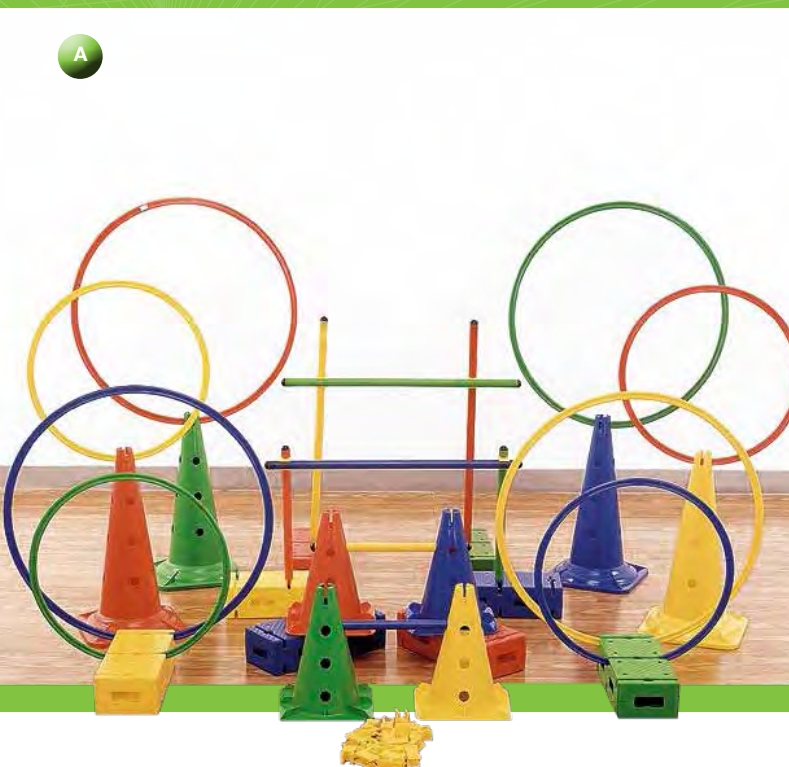
**RAGE® COMPRESSION SOCKS**

Wear these socks before, during or after a workout. RAGE® Compression Socks improve athletic performance and recovery. The graduated compression increases circulation to the legs and feet and energizes leg muscles. Sold in pairs.

Sizes: S, M, L, XL

CF-CMPS1 \$39.99/pair



**A. RAGE® OBSTACLE COURSE SET**

Tough and heavy enough to use outside with no-slip suction cup feet. Comes in assorted bright primary colors. Includes: 8 bricks, 12 universal bar clips, 12 hoop to pole connectors, 4-15½" dia. flat hoops, 4-19½" dia. flat hoops, 4 short bars, 4 long bars, 4-21" cones, and 4-13" cones. Import.

CF-30001 \$189.00

**B. RAGE® AGILITY LADDER**

Develop quickness, agility, coordination, and balance. Lightweight and portable, the RAGE® Agility Ladder features adjustable slats that vary the size of the grid to fit both smaller and larger students. Slats are specially designed to lie flat in order to prevent tripping. The ladder measures 10 yd(l) x 20"(w) and separates quickly into two 5 yd sections with the quick release buckle. Includes ladder, 20 slats, carry bag for storage and drill guide. Import.

CF-AGB00 \$62.99

**RAGE® ROUND & OCTAGON DONUT**

Can be used for climbing into, climbing through, diving, rolling and riding. Constructed with a nylon-coated vinyl covering, over a shaped poly foam filling. *Custom colors available.* Made in the USA.

PS-60010/R	Round 15" x 48"	\$299.00
PS-60020/R	Round 18" x 52"	\$370.00
PS-60030/R	Round 30" x 52"	\$575.00
PS-60050/R	Octagon 15" x 48"	\$300.00
PS-60060/R	Octagon 18" x 52"	\$330.00
PS-60070/R	Octagon 30" x 52"	\$500.00

**RAGE® NON-FOLDING DOWNHILL MAT**

Wedge-shaped poly foam shape also known as the "cheese" mat. Useful training device in the gym for pre-school and beginning gymnasts. Used for teaching a variety of different tumbling skills, walk overs, or can be placed in an obstacle course. *Custom colors available.* Made in the USA.

PS-60220/R	24" x 72" x 16"	\$130.00
PS-60210/R	48" x 72" x 16"	\$322.00



6" KIDS RING

9" FIG RING

**GIBSON® KIDS RING SET**

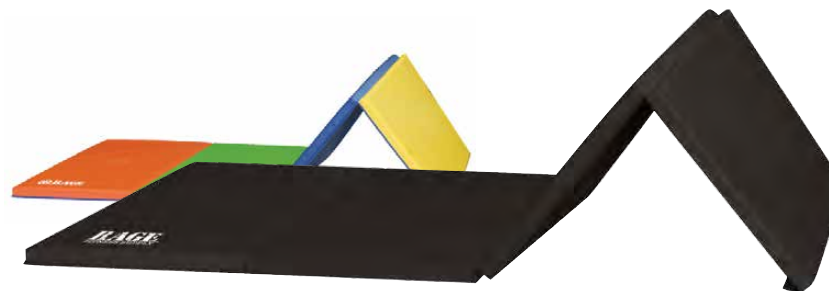
Great for beginners to build a foundation for ring movements. Constructed with a 1.25" diameter wood laminate for an easier grip. Made in the USA.

RN-26402	Rings only	\$34.99
RN-40103	Ring set (includes straps and buckles)	\$79.99

**RAGE® PANEL MAT**

Constructed of 2' wide panels that fold accordion style. Inside filler is 1" thick cross-link. Cover is 18 oz nylon reinforced vinyl for long wear and textured for positive footing and balance. 2" wide Velcro on each end, so mats may be joined securely. Also available with Velcro on all four sides for larger mat areas. *Custom colors available.* Made in the USA.

MA-92480/R	4' x 8' mat with 2' panels	\$168.00
MA-92510/R	5' x 10' mat with 2' panels	\$230.00

**RAGE® MAT MOUNTAIN**

Develop your climbing ability using this set of polyurethane-filled shapes. Complete unit measures 48"(l), 48"(w) and 24"(h). The three sections are stacked and held firmly together with Velcro fasteners.

*Custom colors available.* Made in the USA.  
PS-60302/R Set of 3 \$600.00

**RAGE® KIDS KNOTTED CLIMBING ROPE**

This 18' rope is one of the strongest ropes we offer. The combination of polypropylene and polyester gives this rope a light feel and easy gripping. Shred-free and long lasting. Made in the USA.

RP-83318 \$150.00



CUSTOM COLORS AND  
LOGO PRINTING AVAILABLE

**30+**  
**PACKAGES****RAGE® FITNESS OFFERS OVER 30 PACKAGES  
FOR AFFILIATES AND ATHLETES**Standard packages available online at [ragefitness.com/packages](http://ragefitness.com/packages). Please call a RAGE® Fitness Sales Associate at 877.660.7243 for custom packages.**RAGE® MUSCLE TAPE PACKAGE**

- (5) RAGE® Muscle Tape Rolls, 20 Pre-Cut Strips Per Roll

FA-30055/BL \$54.99

SAVE  
\$10**RAGE® GHD PACKAGE**

- (5) RAGE® Glute Ham Developers

CF-GHD50/5 \$2,250.00

SAVE  
\$500+**RAGE® CAST IRON KETTLEBELL PACKAGE**

- (3) RAGE® Kettlebell - Cast Iron - 15 lb
- 
- (3) RAGE® Kettlebell - Cast Iron - 25 lb
- 
- (4) RAGE® Kettlebell - Cast Iron - 35 lb
- 
- (3) RAGE® Kettlebell - Cast Iron - 45 lb
- 
- (4) RAGE® Kettlebell - Cast Iron - 55 lb
- 
- (3) RAGE® Kettlebell - Cast Iron - 70 lb

BN-CFKB8 \$889.99

SAVE  
\$300+**RAGE® ELEVATION BARBELL PACKAGE**

- (10) RAGE® Men's Elevation Bushing Barbell

CF-BAR20/10 \$2,500

SAVE  
\$400+**RAGE® MEDICINE BALL PACKAGE**

- (2) RAGE® Fitness Medicine Ball - 6 lb
- 
- (3) RAGE® Fitness Medicine Ball - 10 lb
- 
- (5) RAGE® Fitness Medicine Ball - 12 lb
- 
- (5) RAGE® Fitness Medicine Ball - 14 lb
- 
- (5) RAGE® Fitness Medicine Ball - 20 lb

CF-50007 \$1,350.00

SAVE  
\$400+**RAGE® 45 LB OLYMPIC BAR & BUMPER PACKAGE**

- (1) RAGE® Men's Elevation Bushing Barbell
- 
- (2) RAGE® Cast Iron Plates 5 lb
- 
- (2) RAGE® Cast Iron Plates 2.5 lb
- 
- (1) RAGE® Spring Collar (1 pair)
- 
- (1) RAGE® Block Chalk - 1 lb
- 
- (1) RAGE® Olympic Bumper Plates - 280 lb set (2 - 10, 15, 25, 4 - 45)

CF-50005 \$625.00

SAVE  
\$200+**RAGE® AFFILIATE - COMPLETE PACKAGE**

- (10) RAGE® Men's Elevation Bushing Barbell
- 
- (5) RAGE® Women's Elevation Bushing Barbell
- 
- (3) RAGE® Training Olympic Barbell - 15 lb
- 
- (12) RAGE® Olympic Bumper Plates - 280 lb set (2 - 10, 15, 25, 4 - 45)
- 
- (20) RAGE® Cast Iron Plates 5 lb
- 
- (20) RAGE® Cast Iron Plates 2.5 lb
- 
- (18) RAGE® Spring Collar (18 pairs)
- 
- (6) RAGE® Flat Bench
- 
- (3) RAGE® Squat Stand
- 
- (10) RAGE® Wood Puzzle Plyo Box - 30"
- 
- (10) RAGE® Wood Ring Set (7½' Straps, Quick Release, FIG Spec Wood Rings)
- 
- (1) RAGE® Fitness Medicine Ball - 10 lb
- 
- (3) RAGE® Fitness Medicine Ball - 12 lb
- 
- (6) RAGE® Fitness Medicine Ball - 14 lb
- 
- (6) RAGE® Fitness Medicine Ball - 20 lb
- 
- (1) RAGE® Slam Ball - 10 lb
- 
- (3) RAGE® Slam Ball - 15 lb
- 
- (6) RAGE® Slam Ball - 20 lb
- 
- (6) RAGE® Slam Ball - 30 lb
- 
- (4) RAGE® Kettlebell - Cast Iron - 25 lb
- 
- (6) RAGE® Kettlebell - Cast Iron - 35 lb
- 
- (6) RAGE® Kettlebell - Cast Iron - 55 lb
- 
- (4) RAGE® Kettlebell - Cast Iron - 70 lb
- 
- (15) RAGE® R1 Coated Speed Rope - Standard Handle
- 
- (3) Concept 2 Rower Model D (Black - PM3)
- 
- (2) RAGE® PolyPlus Climbing Rope - 18' Polyboot
- 
- (4) RAGE® Glute Ham Developer
- 
- (15) RAGE® AbMat
- 
- (5) RAGE® Pull-Up Assist
- 
- (1) RAGE® 4 Digit Wall Timer
- 
- (5) RAGE® Block Chalk - 1 lb
- 
- (1) RAGE® 2" x 3" Cage Floor Mounted 24' Unit

CF-60002 \$22,500.00

SAVE  
\$6,100+CUSTOM  
PACKAGES  
AVAILABLE**RAGE® 1 PERSON GARAGE GYM PACKAGE**

- (1) RAGE® Men's Elevation Bushing Barbell
- 
- (1) RAGE® Olympic Bumper Plates - 280 lb set (2 - 10, 15, 25, 4 - 45)
- 
- (2) RAGE® Cast Iron Plates 5 lb
- 
- (2) RAGE® Cast Iron Plates 2.5 lb
- 
- (1) RAGE® Spring Collar (1 pair)
- 
- (1) RAGE® Squat Stand
- 
- (1) RAGE® Wood Cube Plyo Box 20" x 24" x 30"
- 
- (1) RAGE® Wood Ring Set (7½' Straps, Quick Release, FIG Spec Wood Rings)
- 
- (1) RAGE® Fitness Medicine Ball - 14 lb
- 
- (1) RAGE® Fitness Medicine Ball - 20 lb
- 
- (1) RAGE® Slam Ball - 20 lb
- 
- (1) RAGE® Slam Ball - 30 lb
- 
- (1) RAGE® Competition Kettlebell - 16 kg / 35.20 lb
- 
- (1) RAGE® Competition Kettlebell - 24 kg / 52.80 lb
- 
- (2) RAGE® R1 Coated Speed Rope - Standard Handle
- 
- (1) RAGE® AbMat

CF-50006 \$1,500.00

SAVE  
\$425+[ragefitness.com](http://ragefitness.com)  
877.660.RAGE (7243)



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