

FUNCTIONAL
TRAINER

PFT

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DESCRIPTION

FUNCTIONAL TRAINER - WORKOUT NATURALLY

For your day-to-day life, sports, or leisure activities, the BODYCRAFT PFT allows you to train the way you move. You define the path of motion allowing you to strengthen every part of your body for the way you want to live. It's that simple.

Functional Training improves coordination and balance, and increases core strength.

FEATURE

- Functional Trainer Accessories Include: Attached exercise book, DVD, 2 Single Handles, Long Bar Sport Stick, Triceps Rope, Chin/Pushup Assist Strap, Ankle Cuff, 2 Chains, and Integrated Multi-grip Chin Bar.
- Cable Column Pulleys: Independent, adjustable cable columns pulleys with 30 height positions that rotate 200 Degrees allowing you to train from every angle and any height.

SPEC

- Weight Stack: Dual 160 lbs.
The weight stack to user weight ratio is 2:1.
- Weight Stack Enclosures: Full-length acrylic panels provide safety and beauty.
- Dimensions: 39" L x 52" W x 82" H



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Variety Of Accessories



Multi-grip Chin Up Bar



Dual 160Lb Weight Stacks



- 30 Height Positions
- 200 Degrees Rotation Cable Pulleys



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Notice : Bodycraft reserves the right to improve or change product specifications and designs at any time.